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Summer Training Education Program At Northeastern

By LOUIS CRUZ and FRANCIS MARTINEZ

The Action for Boston Community Development's (ABCD) Summer Training and Education Program (STEP), which operates in conjunction with Northeastern University, is a program designed to help young and 15-year-olds perform better in school and in the job market. It is part of a national effort sponsored by the Ford Foundation. The program provides comprehensive academics and instruction in life skills.

"What we are trying to do is provide the youngsters with education over the summer and then check up on them during the school year to see how they have improved," said Mary Lesley, supervisor. The 50 participants added, are divided into two groups."We have a control group just working, and we are going to see if there is any significant change between the two groups.

Lisa Lopez, 15, likes the program. "We take reading and math classes in the morning. In the afternoon we work," he said. This is Lopez's first time working for ABCD.

Alptra Harris, 14, spends her working hours typing. Other work activities include filling and maintenance.

All of the youngsters, whether they work full-time or participate in the part-work/part-education group, earn the same amount of money.

Interview With Bob Coard

Coard And ABCD

By ANTHONY CLARKE

Heading a staff of "good people" and administering a budget of $35 million pays the greatest challenges for Bob Coard, Executive Director of Action for Boston Community Development (ABCD).

Coard, who attended Boston University, M.I.T. and Harvard, began his career in ABCD around 1966. He was asked to write a paper for the Ford Foundation to fund ABCD. After that he joined the organization to direct the first Task Force. In 1966 when he became the Executive Director, the budget for the agency was $7 million. Since then a larger budget and expanded goals have kept the agency at the forefront of community development. Noting the tremendous success of the Summerworks Program Coard said, "Sometimes we have to turn people down. On what he will be doing in the next five or 10 years. Coard, expressing uncertainty, will leave that up to fate. He stressed: "I don't know. I let things come as they may."

The Boston Committee, Inc. Impact And Success

By SABRINA GILLIARD and JEANNEETTE HUTTON

Although the Action for Boston Community Development's (ABCD) Summer Training and Education Program (STEP), which operates in conjunction with Northeastern University, is a program designed to help young people perform better in school and in the job market. It is part of a national effort sponsored by the Ford Foundation. The program provides comprehensive academics and instruction in life skills.

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The Boston Committee, Inc. Impact And Success

BY TERRI WILLIAMS and ANITA R. SCHULZ

Over a year ago, two openly gay males were approved as foster parents by the Department of Social Services (DSS) following a DSS investigation and screening process and the completion of a DSS foster parents training program. The gay couple, 21-year-old brothers, were viewed in the gay community as a significant role in the struggle for gay rights and adoption. However, a gay rights bill has been presented 'by more than four dozen gay rights groups. "At first it was purely a political issue," said Kevin Calhoun, a lawyer and executive director of GLAD, said that "these groups are gay foster parents everywhere like in New York, California, Michigan, New Jersey, New York, and California."

"It's very important because gays are human, too. It's not the issue of sexual orientation, the main issue is how well they can care for the child," he noted. In California's opinion, having gay parents as does not effect the ultimate success of children. "It will not effect the child because I know that "polite" parents who have children who look like them have become older," he pointed out. The main issue is "who are the gay foster parents everywhere like in New York, California, Michigan, New Jersey, New York, and California."

There is no current legislation in Mass. specifically concerning gay rights and adoption. However, a gay rights bill has been presented before and will be up before the state legislature again this year. "If it is passed," noted Calhoun, "this will be the second state that passed a law." Minnesota was the first state to pass legislation which protects the rights of gays. GLAD, which has been in existence for 14 years, plays a significant role in the struggle for gay rights.

The Dangers Of Chewing Tobacco

By LOUIS CRUZ, ANTHONY CLARKE and FRANCIS MARTINEZ

Snuff and smokeless tobacco, more commonly referred to as snuff or chewing tobacco, has become increasingly popular among today's teenagers. While some see it as a relaxation alternative, it does pose a serious health threat to those who use it.

The mother of a 19-year-old boy who died from mouth cancer recently urged Congress to require warning labels on chewing tobacco. Effective Dec. 1, 1985, Massachusetts will be the first state to place a health warning label on all containers of snuff. The label will read: Use Of Snuff Can Be Addictive and can cause mouth cancer and other mouth disorders. Snuff is a finely ground tobacco that is placed in the mouth on the gum tissue. The nicotine contained in it is absorbed into the blood stream. Heavy advertising by the industry has provided it as a safe, clean alternative to smoking. Many teen users are young, teenage males.

Dr. Gregory Connolly, director of the dental division of the Mass. department of public health, told the Boston Spotlights that using snuff is "just as dangerous" as smoking cigarettes. From a 1984 survey of 5,000 high school boys in Massachusetts, added Connolly, "28 percent said they used it regularly." And 12 percent reported using it several times or very often. Out of the diseases that come from chewing snuff, stressed Connolly, are cancer, gum diseases and nicotine addiction.

Snuff contains high levels of nitrosamines, a chemical shown to have Produced cancer in animals. Eight other states are considering legislation that would require health warning labels on smokeless tobacco. Those states include Delaware, Illinois, New Jersey, New York, Oregon, Pennsylvania and Utah. At the federal level, the Surgeon General has notified the Federal Trade Commission (FTC) that the use of smokeless tobacco does pose a cancer threat. In June 1985 the Surgeon General appointed a committee to investigate the situation. The report will be available until May 1986. At that time the FTC will review the findings and decide whether to do something about the dangers from the use of tobacco products. "The use of smokeless tobacco can cause harm to human health," American Cancer Society, the American Dental Association, the American Lung Association, the Coalition on Smoking in Health, the Federal Centers for Disease Control, the National Cancer Institutes, the Public Citizen Research Group, and the World Health Organization.
**Is Reagan Too Old To Be President?**

By **Jeanette Hutton**

On Monday, July 14, President Reagan underwent major abdominal surgery. According to malpractice specialists, his recovery at age 74 was astounding.

However, Americans still feel that Reagan is too old to run this country. This, of course, raises some very important questions. Should there be a limit on how old a person can be to run for the presidency? Do Americans have the right to know about the President's health?

Most people will agree that the President is too old to be President. Jennifer, a Watertown resident, feels that although there should be an age limit on how old the President can be, “it’s nobody’s business to know about health.”

In the case of Lisa, a Newton resident, Reagan is too old to be President, “although the public have the right to know about the President’s health if he is running this country adequately.”

Does the President’s physical health interfere with his ability to run this country? According to Cindy from Lowell, the public does not have the right to know about the President’s health, “because it doesn’t affect his job.” However, Cindy feels Reagan is too old to be President.

“It is very, very important to the people to know how our President is doing,” said Charles from Somerville. Charles also feels Reagan is too old to be President.

In essence, the general public would agree that Reagan is just too old to be sitting in the White House, but yet he didn’t win a landslide victory last year. The truth would appear to be missing somewhere.

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**TWA Hostage Crisis: Media Coverage And Justice**

By **BOSTON SPOTLIGHT STAFF**

On June 14, Shiite Moslems hijacked a TWA jet in Greece and captured 40 American hostages. The hostages were flown from Greece to Beirut, Syria, where they were later freed. Throughout this crisis media coverage was extensive. However, some people have expressed the opinion that the media overplayed covered the crisis.

John James, 28, a dentist, said the media did overplay coverage of the hostage crisis. He, like many others, had already scheduled programs on television were interrupted to report news of the crisis. In James’ opinion the media could have done a better job.

Gina Williams, a 22-year-old secretary disagreed. She pointed out: “We needed to be informed on the latest developments.” But, she added, the media could have done a better job “by interviewing people who had more to do with the crisis.”

Although President Ronald Reagan welcomed the release of the American hostages, he warned that the matter would not be over yet. He was right. Some Americans support the idea that the President should be brought to some kind of justice for their actions.

Bill Kane, a legislative aide, said: “They (the hijackers) should go through the same treatment they gave out.” However, Kane said he would not support any retaliatory action against the Lebanese.

Karen McNeil, attorney at law, said the hijackers should be given the highest capital punishment there is. But, she added, “a retaliation might start another war.”

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**Understanding Nuclear Arms Issue**

By **BREnda JACHez and MONIQUE AVENGER**

The development and use of nuclear weapons and the after effects of third world war is an issue that has divided many people. Appealing for peaceful negotiations and denouncing violent acts, people from all over the world have come together. Some Massachusetts residents spoke out against the use of nuclear weapons, but suggested that “People should think into the possible and darkest hour before dawn.”

Similarly, a 21-year-old Boston student said that if there is a problem, “we may not be able to outdo the scientists.”

Another 21-year-old student from Brookline, expressing concern for the individuals in the event of a nuclear war, said, “Innovators, mathematicians, artists, etc., need to know that I don’t think violence is the answer to the problem.”

Both students felt that “People should think more positively before the darkest hour before dawn.”

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The Boston Chapter of Institute of Technology in physicists, ma the ma ticians, between 1930and 1938 when it was Laboratory developed ocean photography and has constructed a program working on software for the complex.

Charles Stark Draper Laboratory, Cambridge (Photo by Brenda Sanchez)
Health And Family Planning

By SABRINA GILLIARD and JEANNETTE HUTTON

The ABCD Health Services Dept./Family Planning Program through its 25 Family Health Centers offers services to people in neighborhoods throughout Boston. Mayor Dwyer, who has served as Coordinator of Education and Training for the Department for the past year, Dywer would like to see more teenagers take advantage of some of the services provided through the Health Centers.

In 1984, the Family Planning Program, which has been in operation since 1968, reached over 25,000 women. Various Health Centers offer services like in-depth counseling and education on adolescent health, birth control, and infertility, pediatrics, dental care, dermatology, nutrition, podiatry and optometry. The Community Education and Outreach staff conducts educational workshops for educators, adults and adolescents.


South End Community Health Center Now In Partnership

By JEANNETTE HUTTON

The South End Community Health Center, which is now in its 9th year of operation, has become a partnership clinic as of July 1. The clinic is now able to manage and operate under its own name.

The outpatient clinic serves up to 250 patients a week, anyone has can receive services regardless of ability to pay. The clinic serves adolescents as well as adults.

The Department of Mental Health staff the clinic and pays the salaries. The South End Community Health Center, itself, also has a nursing staff of its own which includes Dr. David Belton. Altogether there are 25 people on staff.

"It's important that high quality services are available for everyone. I believe that people can change and solve problems with help and support," said Belton.

Dr. Belton explained that people can receive help through programs like Medicare and other state insurance programs.

National Black Nurses' Association

By BRENDA J. SANCHEZ, SABRINA GILLIARD and JEANNETTE HUTTON

Black nurses in the U.S. have established a national organization to investigate, define and determine the health care needs of black Americans and to implement changes to insure that blacks and other minorities receive quality care.

The National Black Nurses' Association, Inc. (NBNA) was formed in 1969 and grew from the need of one black nurse, Ms. Lauraine Sams, to join with and mobilize other black nurses and play a more meaningful role in implementing the health care needs of black Americans. The national office for the Association is located at the Boston City Hospital complex.

Saddaka Sato explained that the philosophy behind the NBNA is "to give back nurses the opportunity to come together as a support group for each other and to be applicants in the health care for blacks and other minorities."

She said there are problems and issues of concern among black nurses that have to do with racism. According to Sato, the organization has 35 chapters throughout the country with a membership of 5,000, of which 3,000 are active.

Minority nurses' associations include: The National Association of Hispanic Nurses; the American Indians/Alaska Native Nurses Association; the National Male Nurse Association; the Gay Nurses Alliance; and the National Network of Minority Nurses in Science. For further information on the NBNA or other minority nurses' associations, call 266-9703.

Nursing: Training And Education Worth The Effort

By HATTIE SMITH and DEBRA PARKHAM

Nursing as a career offers a lot of satisfaction and many rewards. But, as a worthwhile career, the academic preparation for nursing presents a challenge well worth the effort.

And even more encouraging is a job market with opportunities for employment after graduation.

Boston University’s School of Nursing has a Baccalaureate Program, a Master of Science Program and a Doctor of Nursing Science Program. The Baccalaureate program is a four-year program. Incoming students generally should have taken college preparatory classes in high school. These include English, mathematics, biology, science and chemistry, accounting to Ann H. Himmelberger, School of Nursing instructor and administrator of the Student Services Center.

Candidates are chosen for admission to the baccalaureate program, she stressed, on the basis of secondary school records, including recommendations from teachers and the principal, Scholastic Aptitude Test scores, physical and mental health, character and breadth of interest and other personal qualifications.

Tuition for full-time students is $10,000 a year and, said Himmelberger, students usually get scholarships and loans. There are about 300 students, including eight males, currently enrolled in the baccalaureate program. Graduates of the program can take a state examination to qualify for registered nurse status.

The Master of Science program is a two-year program, full-time and generally follows completion of the baccalaureate program. Areas of specialization at this level include administration, community health, gynecological, medical-surgical, pediatric and primary care, psychiatric, community health and rehabilitation.

Two of the requirements for admission to the Doctor of Nursing Science Program are a Bachelor's and Master's degree in nursing.

Himmelberger, pointing out the success of graduate finding jobs, said: "All our graduates find jobs, and many of them are people working who have a bachelor's degree."

Juanita O. Long, dean of Northeastern University's College of Nursing, noted the wide range of required course work at Northeastern University, which involves lectures and laboratories, including English, chemistry, biology, anatomy and nursing.

Long's career as a nurse has spanned three continents. She has worked in the U.S., South America and Africa.

The Action for Boston Education Worth The Effort

By HATTIE SMITH and TANIA PERRY

Addressing the issue of teenage pregnancy involves a comprehensive program. Such a program has the four elements of: family life; sex education to help teenagers make responsible decisions about sexual activity, pregnancy and parenthood; family planning services to help sexually active youngsters avoid an unintended pregnancy; and social services to avoid unintended births when preventive measures have failed.

"A broad range of health education and social services for teenagers to decide to carry their pregnancy to term and either take on the responsibilities of parenthood or place the baby for adoption."

"City Hospital is where teenagers can receive prenatal services and information about birth control and family planning. Karen, a teenage mother of two and a patient at the adolescent center explained the services available.

Karen said: "I'm very happy with the care I have been getting and feel I have been well taken care of by the staff."

Patients meet individually or in a group with a social worker and a nurse to discuss a pre-natal care plan and begin the process of labor and delivery.

Clinical consultation visits are scheduled with a midwife, obstetrician, a nutritionist and a family counseling nurse. "The Action for Boston Education Worth The Effort helps adolescent learn more about the signs of labor, breathing exercises, nutrition during pregnancy, child care, breast and bottle feeding methods and family planning. Classes also include a tour of labor and delivery areas in the hospital.

In the Teen and Tot Clinic both mother and baby can have their health care needs attended to at the same time. The purpose of this clinic is to insure the continuity of health services for the teenager.

The adolescent center adolescent between the ages of 13 and 19. Floyd stressed that teenagers ask questions mostly about abortion. In her opinion, the rate of teenage pregnancy is so high because "the parents don't sit down and talk about birth control." Families can help, she said. They can "talk to the kids."
Pets Make Great Companions And Playmates

By ANTHONY CLARKE, LOUIS CRUZ and FRANCIS MARTINEZ

Selecting and buying a pet is no easy task. On a visit to your local pet shop you'll find a wide range of animals available at various prices. The Back Bay Aquarium and Pet Supplies store at 157 Newbury St. has all different types of animals that range in price from $1 to $1,800. The most popular pets, according to Jeanne Brodsky, manager of the store, are fish.

Brodsky pointed out that people are attracted to animals because "they like playing with their pets when they are lonely and bored."

The most dangerous pets are the large birds. But, said Brodsky, which of the animals make good house pets "depends upon the person who buys them." Generally, they all make good pets.

Caring for all of the different types of animals requires a large staff and does create problems at feeding time, said Brodsky, "because they have to be fed properly."

In addition to the wide selection of animals to choose from, many pet owners have a range of supplies, including food, to consider for maintaining and caring for their pets.

Depending on your selection you might choose a fresh or salt water aquarium. Or, you might select something from a variety of dog and cat supplies. If your house pet is a reptile or a bird, there are different supplies to consider. Like their owners, pets need entertainment and activity. For active animals like gerbils and hamsters, said Brodsky, exercise toys are best. Swings, she added, are good for birds.

The Charles St. Pet Center at 250 Cambridge St., which has been in operation for 10 years, carries six general species of animals which fall into different categories, according to owner Brad Stearns.

Prices range anywhere from $9 cents for a goldfish to $2,000 for a maxaw parrot.

Their selection includes a red-tailed rat snakes that sells for $90, a yellow rat snake at $60, short-haired guinea pigs that go for $12.99 and Taddy bear guinea pigs at $10.99.

Other choices include Peruvian hamsters worth $19.94, Abyssinian hamsters at $15.94, Dutch rabbits selling for $10, and lop-eared rabbits at $28. An African side-neck turtle is available at $47.

A Central African twist-neck turtle can be purchased for $43.

The most popular pets Stearns sells are cats and dogs. He pointed out that pets attract people because "people like companionship."

"People also buy them for "artistic reasons," Stearns continued.

And like at Back Bay Aquarium and Pet Supplies, cleaning and feeding the animals on time poses the biggest problem for the pet store staff.

The Charles St. Pet Center also offers a variety of supplies for home care and feeding. "We sell anything from a house training kit for rabbit to a toilet training kit for cats," noted Stearns. And for entertainment and playtime, he added, "we have balls and mouse toys for cats, bones for dogs and wheels and savings for birds."

Whatever you select have lots of fun. 

DUTCH RABBIT sells for $10.

Young Boy checking out the kittens.

Pets Need Preventive Medical Care

By FRANCIS MARTINEZ

Along with the fun and enjoyment of owning a pet comes the responsibility of providing the animal with regular health care. This means both ongoing preventive care and medical care for any special illnesses or problems that may come up at any time.

According to Dr. Bennet D. Fagan of the Brookline Animal Hospital, it is difficult sometimes for pet owners to budget in the cost of medical care for their animals. He explained, "People don't have much money for their pets. If there is an economic problem, the owner has different things like rent, food and other items to consider."

The Hospital treats a variety of animals.

"We visit just about everything that comes around here. About 50 percent cats, 35 percent dogs, 10 percent birds and five percent snakes, rabbits, gerbils, etc.," said Dr. Fagan.

Dogs and cats, he added, get mostly rabies. Dogs also contract viruses and worm diseases. Dr. Fagan, who has two cats and a dog, said the most popular dogs in the Brookline area are golden retrievers.

Reptiles: The First True Land Dwellers

By BERNARD McLemore and RODNEY STEPHENS

Reptiles are the first true land dwellers. They have bony skins. Almost all of them have scales and plates. They are long-breathing vertebrates with two pairs of limbs. Each limb has five fingers. They do not kill with poison, but instead wrap themselves around their victims and choke them to death. They do not lay eggs, but lay their young live.

The Franklin Park Children's Zoo in Boston houses an array of reptiles that have exotic names and come from all over the world. Herpetologist Don Wissan spends most of his time taking care of them. Accompanying Boston Spotlight reporters on a visit with the snakes, Wissan explained that Boa Constrictors come from Central and South America. They grow to be about 15 feet long in the wilderness. They eat birds, but in the zoo, Wissan said, they eat rats. They do not kill with poison, but instead wrap themselves around their victims and choke them to death. They do not lay eggs, but lay their young live. Boa Constrictors mate and breed in the Winter and Spring. They can only live in a warm, humid climate.

Ball Pythons are similar to Boa constrictors. They kill and live in the same way, according to Wissan. Pythons live in Africa in trees, and they lay about a dozen eggs. They roll up into a ball and put their heads in the middle to protect themselves. Like the boa constrictors, pythons live in a warm climate.

Iguanas come from Central America. Those currently housed in the Children's Zoo are baby-geckos live in Africa and have tails that fall off easily. Roxy boas are very smooth, and they eat rats, birds and lizards. Corn Snakes live in barns and are always mistaken for pet owners. Wissan explained that most of his time taking care of the snakes, Wissan explained that Boa Constrictors come from Central and South America. They grow to be about 15 feet long in the wilderness. They eat birds, but in the zoo, Wissan said, they eat rats. They do not kill with poison, but instead wrap themselves around their victims and choke them to death. They do not lay eggs, but lay their young live. Boa Constrictors mate and breed in the Winter and Spring. They can only live in a warm, humid climate.

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Relatively new areas of The Metropolitan Park System began operations of the MDC islands. George's Island (now not an island) in South Boston's Esplanade, a dozen islands and Fort Independence on Castle Island. These are all part of the natural and historical sites and monuments, such as Fort Warren on George's Island and Fort Independence on Castle Island. These are all part of the Metropolitan Park System's recreational and park reservations.

The Metropolitan District Commission Mission

The Metropolitan District Commission is a listing of the activities of that jurisdiction covering 544 square miles, Middlesex Fells Reservation, the Arnold Arboretum and Thompson Island, the Franklin Park Reservation, and supervises a staff of four. His job, he explained, is "to see that the kids get five hours of environmental education." Elaborating on the goal and purpose of the program, Johnson pointed out: "The goal of this program is to give them (participants) an awareness of the environment and help them to become conscious of pollution. They are taught how to conserve water and electricity. They have to become aware of pollution and how to prevent it, and how to take pride in their neighborhoods. They take soil samples by picking empty lots where houses used to be and where they think lead is. Then they take the samples to the laboratory and test them." In addition receiving the environmental education, participants have an opportunity to earn money.

By IRIS DIAZ

The Metropolitan District Commission (MDC) was created by the Mass. Legislature in 1889. The Metropolitan Parks District originated in 1893, and the Metropolitan Water Board was organized in 1895. All three were consolidated in 1919 as the Metropolitan District Commission. The original police force was appointed in 1884. The Metropolitan Police assumed patrol duties over a series of new parkways and boulevards constructed to connect different Commission facilities. The addition of Revere Beach in 1896, Nantasket Beach in 1899, and the opening of the Equinox Speedway in Brighton in 1899 added further patrol duties and involved the Metropolitan Police in beach and roadway patrol work where no other police force had jurisdiction.

The Metropolitan Police Force began with jurisdiction over parklands, which were within the legal confines of 38 different cities and towns and were legally state property. The Marine Patrol Division added further patrol duties to the Metropolitan Police and supervises a staff of four. His job, he explained, is "to see that the kids get five hours of environmental education." Elaborating on the goal and purpose of the program, Johnson pointed out: "The goal of this program is to give them (participants) an awareness of the environment and help them to become conscious of pollution. They are taught how to conserve water and electricity. They have to become aware of pollution and how to prevent it, and how to take pride in their neighborhoods. They take soil samples by picking empty lots where houses used to be and where they think lead is. Then they take the samples to the laboratory and test them." In addition receiving the environmental education, participants have an opportunity to earn money.

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The Metropolitan District Commission (MDC) was created by the Mass. Legislature in 1889. The Metropolitan Parks District originated in 1893, and the Metropolitan Water Board was organized in 1895. All three were consolidated in 1919 as the Metropolitan District Commission. The original police force was appointed in 1884. The Metropolitan Police assumed patrol duties over a series of new parkways and boulevards constructed to connect different Commission facilities.

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FRANCIS MARTINEZ, Bernard McLemore and Anthony Clarke — Spotlight Staff pose with Channel 7 cameramen.

HOW WOULD YOU like to be tied up with this?

BRENDA SANCHEZ, taking time to pose for the Spotlight camera.

ANCHORMAN Jim Boyd at A B C D, Tremont St., Boston.

KAREN has Pac-Man Fever.

JEEPSETTE HUTTON, Sabrina Gillard and Hattie Smith — Spotlight reporters.

CAN YOU 'THINK of names for these darlings?

DEMPSEY RIVERA, checking out some new leads.

ANOTHER view of Hooker.
ONE WAY to keep Sabrina Gilliard quiet in the journalism office.

FRANCIS MARTINEZ and Louis Cruz relaxing in the ABCD Suffolk Journalism workshop.

IRIS DIAZ gets some helpful suggestions from Maryalice Guilford.

THERESA PRINCE, Counselor.

BOSTON SPOTLIGHT's reporter Louis Cruz likes to come to school in style.

LISA D. FENNELL — ABCD Suffolk Journalism program's "Mini" Mouse.

ANTHONY CLARKE is no Larry Lunchbox when writing for the Boston Spotlight.

GETTING READY for the News!
Cooper Community Center

By LISA D. FENNELL

The Cooper Community Center is located at 1891 Washington St., Roxbury. The Center has been located in that area since 1975. According to Erving Whitten, staff assistant, the Center had to be relocated to make room for the Madison Park Development. The Center was established in 1916. The Center operates a preschool for children ages 2.9 months to six years old and for fifth to seventh graders. It has a Youth Department that consists of three men's basketball teams and one women's team. The eligible ages to join these teams are 13 and under and 19 and under. The teams are called the Cooper Comets. They were city champs for two consecutive years and are going for a third year as champs.

The Cooper Community Center employs 35 people. It serves the South End, Roxbury, and the Brandywine Health Center in Jamaica Plain. The Center serves about 200 people.

The funds to run the Center come from the United Way Agency, the Board of Global Ministries, the United Methodist Church, Haymarket Foundation, private donations and the City of Boston. This year there are 14 Action for Boston Community Development (ABCD) students working at the Cooper Center. They work in Senior Services, the Day Care Center and Camp Unity.

Performing And Show Biz: A Personal Account

By LISA D. FENNELL

The best thing I like about performing is when you're upset and you get a show to do that same day or night. And you're mad when you arrive and you stay mad until you're off. Or you open up when you open up when you get on stage and you can't get off. It's like an audience. It's like a world. Sometimes you feel you're in another world, and nothing else matters. You look at the audience and see some of the most interesting people, people you can relate to better than you can relate to your friends.

I've been on some private stations like VCR and cable. I've also been on Urban Beat. It's fun, and if you're not nervous, you'll do well.

"Performing has taught me that if you want something in life, you have to work hard in order to get it. When you're singing, I enjoy reading, writing, playing basketball, boys and kick'n with my girl.

My expectations from the entertainment world are not that high. I can't really expect too much right now, but my hopes are a different story. I hope to make it very big in the business. I'm satisfied with the way my career has turned out so far because I've accomplished a lot of things that others are still trying to do.

In case the entertainment business doesn't work out for me I plan to start a career in cosmetology. My advice to the people out there who are interested in the entertainment business is to strive and practice hard all the time... I know a fact for the only way you can make it is to practice because practice makes perfect. If you want to be hot, I advise you to work hard and give it all you've got.

Sharing my ideas about performing and plans for the future, Michelle said: "The best thing I like about performing is when you're about to do a show nothing else seems to be important. Say you just heard something either good or bad, you don't think about it until after the show, and that is important when you're about to go out in front of an audience. "I like to be able to let the people know that I'm here to entertain them. I've performed on some private television like VCR and cable. I liked it because it gave me the chance to see what it's like to be rated on television. Entertainment and performing have taught me that if you expect something out of life you have to go for it. Don't let anything stand in your way. Other than performing, I enjoy singing, watching movies, playing basketball and boys.

In the entertainment world I expect to be famous but I don't have time. Entertaining can be fun but you have to work hard and do it. I'm satisfied with the way my career has started out so far because I've accomplished a lot of the things I thought I would take me longer to do.

"Just in case the field of entertainment doesn't work, I plan on doing other things. Pursuing other career goals is what I'll mainly work on.

"Entertaining is a lot of hard work and if you're not the working type this business is not for you. My advice to all who are interested is to take it one day at a time and do not let worries stop you from doing what you think is best for you. After all, you're looking out for you, not the man beside you."

At a group we would like to say that entertaining for us is a lot of fun. Right now we do it for fun, but some day we really hope to make it big.

"We would just like to say that if this is something you'd like to do, be careful not to let the people get to you. There are a lot of people out there who only want money. They don't care who they hurt to get it.

"You have to work hard to accomplish so little at first. Then as time goes on, the harder you work the more you'll accomplish. Never let anybody bring you down. Always be alert. When in public don't let your future fans see the bad side of you. Always strive for excellence."

Video Games Bring Excitement

By TONY CLARKE, LOCUST VALLEY, LONG ISLAND

FRANCIS MARTINEZ

In recent years video games have become more popular. People from all over go to places like Funspot, Dream Machine at Fun and Games to engage in combat, fight a karate master and save the world from space invaders. In 1976, the first video game was invented. The game was called "Pong" which is a lot like ping pong but is played with a set of joysticks and a monitor. Games like Asteroids and Space Invaders dominated the market shortly after Pongs introduction. Pac-Man followed and is still among the top video games around.

For some people arcades were too noisy and crowded. Companies such as Coleco and Atari have a home version, so people can play their favorite games in the comfort of their own homes. Coleco's 15K memory allows for better graphics, but Atari has a wider variety of games. The choice is yours and you should be the one to decide which one you want to buy before buying your own game.

The home version consists of two and two-players. These are bought separately which can range from five dollars to as high as fifty dollars.

However, nothing can compare to the excitement and challenge of visiting your favorite arcade. Such is the case of Walter Banks. He enjoys going to Fun and Games, where he plays space games.

Shawn Matolla enjoys a different type of game. His favorite is the Karasage which is a fairly new game. Matolla also enjoys going to Fun and Games in Framingham, but only goes to the arcades occasionally.
Dear Miss Spotlight:

Dear Miss Spotlight: I have a girlfriend whom I broke up with today. I broke up with her because I saw her with another girl. He told me that the girl was his sister’s best friend, and that she likes him. Then I asked him why he was walking with her. He was trying to tell me something, but I was too stupid to understand. I kept calling her and telling my mother that he wants to talk for a little while. I won’t listen to him. What should I do?

Sincerely yours,
Mr. Spotlight

Dear Miss Spotlight:

I brought the person home, my parents rejected that person. They don’t want me to get involved. They don’t want me to get involved. Should I stand up and tell them how I feel? Or should I just end our relationship?

Sincerely yours,
Mr. Spotlight

Dear Confused:

I have a problem with a friend who always yawns and never covers his mouth. What should I tell him?

Sincerely yours,
Mr. Spotlight

Dear Mr. Spotlight:

I have a big problem with a boy who likes me. I don’t like him, but he likes me. Always tell him I have a boyfriend, which I do. What should I do?

Sincerely yours,
Mr. Spotlight

Dear Mr. Spotlight:

I have a boyfriend who just went to Puerto Rico, and he told me before he left not to cheat on him. So I told him that I wouldn’t. But when he left I heard that he has a girlfriend in Puerto Rico. But I don’t know if this is true. Should I call him and ask him, or should I wait for him to write me and have him tell me what is going on? I just don’t know what to do. I really love him.

Sincerely yours,
Lover Girl

Dear Mr. Spotlight:

On October 22, I saw my boyfriend’s dad at the Boston Common. He was with a girl who always yawns and never covers her mouth. What should I do?

Sincerely yours,
Mr. Spotlight

Dear Miss Spotlight:

I have a problem with a boy who always yawns and never covers his mouth. What should I tell him?

Sincerely yours,
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# DINNER

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**SATURDAY, OCTOBER 28, 1939**

**Yesteryear**

**Today**

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THE LOCKE-OBER RESTAURANT on 3 & 4 Winter Place, Boston.

(Photos by Iris Emo)
Puerto Rican Vietnam Veterans Remembered At Traditional Festival

By IRIS DIAZ

The 15th annual Puerto Rican Festival took place in Dorchester at Clifford Park from July 18 to July 28. The Puerto Rican Festival is a traditional festival celebrated every year to remember Puerto Rican veterans.

The Festival began with sports week that included basketball, baseball and soccer games and a road race. A flag-raising ceremony was held on City Hall Plaza. Live music and dance, cultural food and exhibits and arts and crafts were all part of the festivities.

Two of the groups that performed were El Grupo Coqui and El Grupo Chipita. On Sunday a parade with 15 floats, including the Queen’s escort, proceeded from City Hall Plaza to Clifford Park. The parade was long, and everyone enjoyed it. An estimated 30,000 people attended the Festival.

The Mysterious Rainbow

By CONTRIBUTING REPORTER

They are sometimes called optical phenomena, but they are better known as rainbows.

What is a rainbow? To some it is an arc that has the most magnificent colors. To others it is a prism of colors that leads to an endless journey to find a pot of gold.

According to Collier’s Encyclopedia, a rainbow is a huge arc of colors in the heavens observed typically when the sun shines on part of the sky that is filled with water drops. After observing a rainbow, some people will never be able to see all of the colors present because the colors tend to overlap. The standard colors are red, orange, yellow, green, blue, indigo and violet.

When looking at a rainbow, it appears to be two-dimensional. However, Collier’s Encyclopedia regards this as an illusion. Rainbows have great depth and are to be considered as occupying an arc that has the most magnificent colors. To others it is a prism of colors that leads to an endless journey to find a pot of gold.

According to Coomes, hiking is popular because it is good exercise and is less expensive than trying to maintain a car. Usually the only repairs a bicycle needs may be a flat or warped tire.

If you are not looking for a brand new bike, Community Bike Shop also carries a line of used bikes, which range from $20 to $150.

Biking: A Great Way To Keep In Shape

By BREnda SANCHEZ and MONIQUE AVINGER

Community Bike Shop, which is located at 490 Tremont St., has been in the bicycle business for 10 years. The shop carries an estimated 1,000 bikes in stock, some 600 to 700 are sold a year.

Richard Coomes, manager of Community Bike Shop, said the most popular bikers are the Peugeot and Bridgestone models.

The cost depends on the different models, which range from $120 to $2,000.

According to Coomes, hiking is popular because it is good exercise and is less expensive than trying to maintain a car. Usually the only repairs a bicycle needs may be a flat or warped tire.

If you are not looking for a brand new bike, Community Bike Shop also carries a line of used bikes, which range from $20 to $150.

SWS Explores Hurricane Island

By IRIS DIAZ

When I heard about the trip to Hurricane Island it sounded like it would be a lot of fun. After I found the person giving out the applications, they told me I had to be in the School Within School program (SWS).

After I filled out the application, there was a $25 fee that I had to pay to go on the trip. We got to Hurricane Island and unloaded the boats. After setting up our tents we were ready for the fun to begin. It was like living in the wilderness. We learned how to sail, which took about three days. The next day we went through the ropes course, which was scary and also exciting. That same day we explored the rest of the island.

The following day we started to get ready for our first expedition, which also lasted about three days. After much preparation we were ready to see if we could survive on the island by ourselves. I sat down on a rock and looked out over at the ocean wondering what I was going to do on my first solo. I had to keep myself occupied. But how? The three days went by slowly. I had to wake up at 5:30 a.m. and jog, and afterwards go swimming. The most exciting part of the trip was rock climbing. The food we ate out there was different from the food we eat in Boston. It is hard to describe the type of food we ate, but it was definitely different.

The counselors were really nice to the students. If there was something wrong they were always there to lend a hand.

August, 1985 BOSTON SPOTLIGHT PAGE 11
Walk In And Roller Out

By MIGUEL ROLDAN JR.,
DEMPSEY RIVERA,
RODNEY STEPHENS

Owner Roland Cosby, who originates from Richmond, Va., has been operating the business for six years. Cosby said he happened to see someone skating and decided it was something he wanted to do. After working with a number of outdoor roller skate companies, Cosby ventured out on his own. The opportunity to buy an already-established business on Newbury Street arose, and he seized it. Cosby stands firmly behind what he sells and what he services.

He noted: “Many customers come in knowing they will receive quality. We guarantee the product, and we give free maintenance.” When asked if he has had any problems with the business, Cosby said: “No. Each customer is treated royally. Good service seems to help us grow.”

Cosby organizes different community projects and, in his spare time as an artist, enjoys painting large murals. He also works as a YMCA volunteer.

Wheels is open Tuesday through Sunday, from 12 to 7 p.m.

BNBL Concentrates
On Hard Work

By ANTHONY MILLER

More effort and hard work on the court are what the Jamaica Plain team of the Boston Neighborhood Basketball League needs to concentrate on. Coach Joe Bishop told the Boston Spotlight:

“I think the team plays good but they need to work harder. The team needs to improve on the court,” he said.

The Jamaica Plain team has been around for about four years. Bishop, explaining how the team started and what kept it going, said:

“What started this program was a lot of us sitting around trying to find a way to keep the kids out of the street and out of trouble. We have small game rooms and we do arts and crafts. All the things we make we usually sell.”

Each player pays $10 at the beginning of the season. Games are played at Jefferson Field and at the Roxbury Boys Club. While youths 19 years old and under are eligible to join, Bishop pointed out that doesn’t necessarily mean a 12-year-old can qualify because, “he might get hurt out there.”

One of the players interviewed supported Bishop’s idea of how the team can improve. He noted:

“The players are good, but they are also weak. They run up and down the court two times and then they are tired.”

Another player stressed the need for more effort on the part of the coach.

Scary And Funny

By HATTIE SMITH and
SABRENA GILLIARD

Fright Night is a scary, funny and good movie. Having a vampire move into the house next door is not a common occurrence in most neighborhoods. But on the screen and in Charlie Brewer’s neighborhood it was an event no one took lightly.

Charlie Brewer is a normal and average teenager devoted to his mother, his girlfriend, Amy, and a red 1968 Mustang. His friend Bruce who, better known as Evil, turns into a vampire. After a vampire moves into the house next door, neither the neighborhood nor Charlie Brewer’s family and friends would ever be the same again. Some of the scenes with bone-chilling special effects successfully captures the challenges created by the presence of the vampires.

One challenge for Charlie was rescuing girlfriend Amy from Evil while they were all at a dance. Another more scary challenge for Charlie and the vampire killer, Peter Vincent, was getting Amy out of the vampire’s house. Once inside the house, armed with a gun and a stick, they proceeded up the stairs. The fate of a vampire sneaking up behind them will tingle your spine. Don’t miss Fright Night!!!