the SOUNDS of STRESS
Calendar 1999-2000

November

WEDNESDAY, NOVEMBER 10
"Thinking Systematically about Leadership and Change"
Peter Senge, author
10:45am-1pm
Contact the Office of Corporate Education at (617) 573-8784 or email ibiscont@admin.suffolk.edu

THURSDAY, NOVEMBER 11
"Building Partnerships"
A forum on restorative justice
Old South Meeting House
310 Washington Street
Boston
7-9pm/ free and open to public
Contact Carolyn Boyes-Watson at (617) 573-8085

SUNDAY, NOVEMBER 14
Emmanuel Music Concert
C. Walsh Theatre
4pm

December

WEDNESDAY, DECEMBER 1
"The Essence of Leadership"
Warren Bennis, author
C. Walsh Theatre
10:15am-1pm
Contact the Office of Corporate Education at (617) 573-8784, or email: ibiscont@admin.suffolk.edu

WEDNESDAY, DECEMBER 1
Volunteer Recognition Reception
Alumni Function Room
Sargent Hall
5:30pm

DECEMBER 4, 5, 11, 12, 17-19, 27-30
Boston Children's Theatre
The Little Prince
C. Walsh Theatre
All performances 2pm

WEDNESDAY, DECEMBER 8
NY Alumni Event
1999 Christmas Spectacular
Radio City Music Hall, NY
8pm
Contact the Office of Alumni Relations at (617) 573-8457

THURSDAY, DECEMBER 9
Alumni Night at the Nutcracker
Wang Center
7:30pm
Contact the Office of Alumni Relations at (617) 573-8457

January

SUNDAY, JANUARY 16
Emmanuel Music
C. Walsh Theatre
4pm

FRIDAY, JANUARY 21
Alumni Night at the Celtics
FleetCenter
7pm
Contact the Office of Alumni Relations at (617) 573-8457

February

FEBRUARY 5, 6, 11-13, 19, 20, 22-27
The Boston Children's Theatre
Heidi
C. Walsh Theatre
All performances 2pm

March

SUNDAY, MARCH 5
Emmanuel Music
C. Walsh Theatre
4pm

April

SUNDAY, APRIL 16
Collage New Music
C. Walsh Theatre
7pm

SUNDAY, APRIL 30
Emmanuel Music
C. Walsh Theatre
4pm

Contact Information:
C. Walsh Theatre
41 Temple Street
Boston, MA
(617) 573-8282
Email: destefan@zeus.suffolk.edu

Gallery 28, NESADSDU
81 Arlington Street
Boston, MA
(617) 536-0383

Office of Alumni Relations
(617) 573-8457
Email: jneenan@admin.suffolk.edu
ezack@admin.suffolk.edu

Office of Public Affairs
(617) 573-8447
Teacher Testing
A Suffolk graduate reflects on Massachusetts' educational controversy.

The Sounds of Stress
Technology has brought many positives to the workplace—but has it also brought on more stress?
As we usher in the class of 2003, we take great pride in the University’s expanded and improved facilities.

The opening of the new Law School building at 120 Tremont Street has freed up much needed room for the College of Arts and Sciences and the Sawyer School of Management. Although some of the remodeling of this space is ongoing, much has been completed and we are greatly pleased with the results. You will find stories and accompanying photographs to acquaint you with these changes, in the following pages.

We hope you will find the feature article in this issue timely and relevant to your life. It explores stress in the workplace and home, and the juggling act we all seem to perform in order to keep some balance in our lives.

This issue also highlights many stories of people you may know and recognize—familiar faces who have devoted their time, energy and talent to Suffolk University. Longstanding members of this community are truly the hallmark of the University.

And of course, we inform you of new programs and innovations at the school, as we continue to expand and develop. As always, we invite you to visit the campus and reacquaint yourself.

Sincerely,

David J. Sargent
President
Letter to the Editor

Dear Editor:
I was pleased to receive the spring issue of Suffolk magazine. It was great to be included in this issue along with the review of the NESADSU's 75th anniversary. The photos and story were very interesting. The New England School of Art (as NESADSU was formerly known) made my design and teaching career a reality. I am very proud that we are now a part of Suffolk University.

Lawrence A. Nicolosi, fashion design, '63

We know you're out there, and we want to hear from you. Let us know what you think of Suffolk Magazine. Compliments, concerns, questions and comments are welcome!

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Dream Comes True for 70-year-old Graduate

Hugo Ascolillo has taken some big steps in his life. "Walking across that stage was a dream come true for me," said the 70-year-old East Boston native, who received his undergraduate degree from the University on May 23 at the FleetCenter. "This is a privilege and an honor I will never forget."

Ascolillo attended Suffolk more than 20 years ago, going to school nights and summers while working during the day for the US postal service at Logan Airport. He was scheduled to graduate in June 1976, but he suffered a heart attack two weeks before the ceremony.

"I was in the hospital for 19 days," recalled Ascolillo, whose brother, Louis, graduated from Suffolk in 1954. "I couldn't believe what was happening to me. It took me five years of hard work to finally get my college degree, and I wasn't able to graduate normally like everyone else."

Much to his surprise, however, Thomas A. Fulham, the late president of Suffolk University, visited Ascolillo at Massachusetts General Hospital and presented him with his Bachelor of Science degree in government.

"I was so excited; it's a wonder it didn't kill me," laughed Ascolillo. "All my family and friends were in the room—they all knew about it, but no one told me. They put me in a cap and gown and gave me my degree in the hospital bed. They even took pictures. I really appreciate everything that the people at Suffolk University did for me."

Believe it or not, this wasn't the first time that Ascolillo was deprived of walking across the stage for graduation. Ironically, he also missed his other opportunity in the academic spotlight when he was called to fight for his country in World War II, just prior to graduating from Boston English High School in 1946. "My brother, Ronald, went up to receive my diploma," he said. "That's just the way things have worked out for me."

His academic luck changed for the better this year. He received an invitation from President David J. Sargent to walk across the stage and receive his college degree as part of this year's graduation day ceremonies.

"We at Suffolk University are proud and delighted to offer Hugo Ascolillo the opportunity to receive his college degree in the traditional manner of walking across the stage," said President Sargent. "His unique story should have a happy ending, because he is truly an inspirational individual to all of us."

Now retired, Ascolillo remains active in the community with his wife of 49 years, Theresa.

"I've led an eventful life," Ascolillo said. "One of the regrets I've always had was not being able to walk across the stage to receive my college degree. But now I've been able to do it."

He gazed down at the Suffolk University Class of 1976 ring he was wearing. "It's funny how everything comes together," said Hugo Ascolillo. "It's like my life is now complete."
CAS/SSOM Graduation Highlights

Total number of graduates = 640
60% female, 40% male
Average age of graduate 27.5 years; youngest 19; oldest 70
CAS/SSOM graduates represent 12 states and 39 foreign countries

Speaker: John Kasich, US Representative for the 12th Ohio Congressional District

Honorary Degree Recipients:
Kasich; Douglas R. Brown, president and CEO of Advent International; Dalton Kaye, vice president finance-Latin America for Dell Computer Corp.; Joanna Lau, founder and president of LAU Technologies; Shannon O'Brien, Massachusetts state treasurer and receiver-general.

Suffolk Launches Electronic eMBA

In the fall of 1999, Suffolk became the first University in New England to offer an MBA completely online. In collaboration with eCollege.com, one of the largest online education providers in the United States, the University has once again forged into the future.

And in September the University was awarded a $110,000 grant to develop the online program.

"The Sawyer School of Management online eMBA continues Suffolk's tradition of opening the doors to educational opportunity," said Dean John F. Brennan.

The program makes it possible for many career-oriented professionals with busy lives to earn a quality, accredited MBA in a convenient, flexible environment. Students enroll on a part-time basis, and can complete the program in two years or less.

If you are interested in finding out more, look at the Web site at www.SuffolkeMBA.org, or call Teri Malionek at the Sawyer School at (617) 573-8631.

New University Web Site

Not unlike many high-tech companies in Massachusetts, Suffolk University is doing its own upgrading to keep up with the ever-changing world of technology. This spring, Suffolk launched a newly redesigned, interactive Web site. And if you haven't seen it, be sure to log on to www.suffolk.edu.

The Web site was launched about six months after the University hired a full-time Web master, Bonnie Borthwick. She, of course, had her work cut out for her. "It's a lot of work to organize so many goals and different aspects of the University community, but we got to a consistent style and look and are quite pleased with the site," Borthwick said.

An entire section of the revised site is devoted to alumni, who can find out about upcoming events, career services and placement options, alumni travel programs and associations, and University news.

NESAD's Interior Design 1999 Graduating Class

Shannon O'Brien and President Sargent

Suffolk Magazine
Student Services Now Online

No longer do students need to stand in line to register for classes at Suffolk. The registrar is now online through the University Web site, and students are taking full advantage of the new mode of enrolling for the semester.

Through the Student Academic Internet Link (SAIL), all students need is their University identification number and a pin number assigned to them by the registrar, and they are allowed access to their personal records at the University. A student can check his/her grades before they arrive in the mail, check out his/her current GPA, and find out about the status of financial aid. Students can also look at their class schedule—all done for them electronically online. ♦

Sargent Hall Formally Dedicated

The seven-story, 300,000-square-foot David J. Sargent Hall was formally dedicated in September with three days of festivities featuring keynote speaker Supreme Court Justice Stephen Breyer. More than 3,000 Law School and University alumni, faculty, administrators, students and guests from the legal community crowded the Tremont Street area September 8-10 to celebrate the building's naming in honor of President David J. Sargent. Over the years, Sargent has forged a powerful bond with the Law School. He is a class of 1954 Law School graduate and served as a professor and dean.

The Law School moved from its home on Temple Street, where it had been housed since 1966, into its new facility in May 1999. The new building is recognized as a national model for Law schools of the future. It combines classical elegance with the latest information technology. Indiana limestone, Mason granite and an atrium skylight are highlights of the building's construction. The technological features include a high-speed data network linked to every desktop in classrooms and the library, advanced multi-media classrooms, an integrated media retrieval system, and broadcast-quality recording capabilities in the moot courtrooms.

Guests at the dedication toured the building and attended a gala reception, a Boston Massacre Trial reenactment, a black-tie fundraising dinner in honor of Sargent, and a variety of high-tech lectures and demonstrations. The event was the largest gathering of Suffolk Law School alumni in the school's history. ♦

Campus Renovations

Since the Law School has moved to Tremont Street, many people are asking: What happens to the Donahue Building? Only minutes after movers took the last box of law books out the door in May, renovations began.

As part of a University-wide master plan, Donahue now serves as a central location for a variety of University student administrative services, additional classrooms and College of Arts and Sciences deans’ offices. Financial aid, the registrar and student accounts are now located in Donahue, as are a new student center and computer labs. With the closing of the Sawyer Cafeteria on April 29, Donahue's cafeteria was expanded and renovated. In turn, the Sawyer Cafeteria will be reconfigured to make room for much-needed classroom space and a snack bar.

The Archer, Fenton, Goldberg and Sawyer buildings are all undergoing renovations and improvements this year. ♦
New Partnership Offers Accelerated MBA for Pharmacists

The Sawyer School of Management now offers an accelerated MBA program to Bachelor of Science and Pharmacy graduates of the Massachusetts College of Pharmacy and Health Sciences.

Candidates for the MBA for pharmacists may complete the program in 12-16 months. "Pharmacists have always needed business acumen. And it's especially important today when more complex management and negotiation skills are necessary because of managed care and the evolving health care industry. The Sawyer School of Management will ably provide these critical competencies," said President David J. Sargent.

Established in 1823, the Massachusetts College of Pharmacy and Health Sciences, located at 179 Longwood Avenue in Boston, is a private, independent college offering undergraduate and graduate degrees in several health care disciplines.

Shamie Center Established at Beacon Hill Institute

Suffolk University has established the Ray Shamie Center for Civic Enterprise, to be housed within the University's Beacon Hill Institute (BHI). The center is named in memory of entrepreneur and political leader Ray Shamie, who died after a long battle with lung cancer last winter. He was the Beacon Hill Institute's senior adviser and co-founder. The new center's mission is to develop innovative and compassionate solutions to civic and social problems.

A self-made millionaire, Shamie is credited with masterminding the resurgence of the Republican Party in Massachusetts. He was awarded an honorary degree from the University in 1992. Said Governor Paul Cellucci, "He really did lay the foundation for Gov. Weld and me to win the 1990 election."

Shamie was also well known for founding Metal Bellows Corporation of Sharon, Massachusetts, the manufacturer of a precision instrument for controlling fuel, air and water pressure in jet aircraft. He also founded Infusaid Corporation of Norwood, Massachusetts.

David G. Tuerck, chairman of the Department of Economics and executive director of the BHI, said that the center will develop private initiatives to empower nonprofit organizations for the betterment of the disadvantaged.

To formally inaugurate the center and celebrate the life and legacy of Shamie, a kickoff dinner was held in October. Arianna Huffington, the syndicated columnist and author was the keynote speaker. The BHI has garnered the respect of the executive and legislative branches of government, the private sector and the media for its analysis of federal, state and local economic policies as they affect Massachusetts citizens and businesses.

Expert Gives Advice on Healthy Work Environments

In May, Daniel Goleman, world-acclaimed author, presented "The Business Case for Emotional Intelligence" to a packed crowd at the C. Walsh Theatre. "Academics alone will not make you successful. Eighty percent of career success is related to emotional intelligence," said Goleman.

"Emotional Intelligence" is defined by Goleman as "the extent of one's ability to understand, regulate, control and adapt one's emotions to most effectively interact with others."

Goleman described to the crowd of Boston-area business professionals, faculty, students and practitioners from the Suffolk community that there are personal competencies that determine our ability to self-manage and, in effect, work healthily. These include self-awareness, self-regulation, motivation, empathy and social skills.

Goleman's recent book describing these skills is titled Working with Emotional Intelligence, Bantam, 1998. The presentation was organized by the Department of Corporate Education at Suffolk University; the Sawyer School of Management; the Human Resource Management Group; the Massachusetts Society of Certified Public Accountants and Linkage, Inc. The facilitator was Suffolk Professor Suzyn Ornstein.

The Corporate Education department offers customized executive training programs for management development. If you or your company are interested in finding out more, please call corporate education at (617) 573-8784. Please see the Calendar for upcoming corporate education seminars.
University's Home Court Named the George K. Regan, Sr., Gymnasium

In a special sports celebration, Suffolk University dedicated its gymnasium in memory of George K. Regan, Sr., on May 13 in the Ridgeway Building.

The dedication ceremony attracted a number of prominent people representing the local higher education, business, government and athletic community. Robert Kraft, owner of the New England Patriots, was among the celebrities who participated in the tribute.

While Regan (1917-1996) was first and foremost a loving husband and father, his greatest passion in life was sports. He was an outstanding athlete who played semi-pro baseball and football. With his playing days behind him, he nurtured his love of sports by rooting for all the local Boston teams—Red Sox, Celtics, Bruins and Patriots—often attending games in the company of his son, George K. Regan, Jr., BSJ '72. The Ridgeway Building has been the home of the University men's and women's basketball teams since February 1991.

EMBA 2000 on Fast Track

Launched in April 1999 to fund new space for Executive MBAs in the Sawyer building, the EMBA 2000 fundraising project has been tremendously successful. The generosity of alumni and the hard work of the Executive Programs Alumni Council volunteers has generated more than $75,000 in gifts and pledges. The goal of the first phase is to reach $100,000 in donations.

Deborah (Merrigan) Elgarhi, EMBA '01, major gifts officer for SSOM said, "This is a big step forward for the EMBA program and will benefit both current students and alumni. The space will provide an environment for EMBA- past, present and future- to meet, interact, network and utilize resources.''

If you are interested in donating to the project, you may make a commitment to be paid over a two-year period. All gifts of $2,000 or more will be acknowledged with a donor plaque exhibited in the new space and membership in Suffolk University's summa club.

For information about how you can make a pledge, call Elgarhi, in the University's development office at (617) 305-1949 or email delgarhi@admin.suffolk.edu.

"This is a big step forward for the EMBA program and will benefit both current students and alumni. The space will provide an environment for EMBA- past, present and future- to meet, interact, network and utilize resources."

—Deborah Elgarhi
Major Gifts Officer
New developments

Canadian Debates Donated to Sawyer Library

Mary Clancy, the Canadian Consul General of New England has donated her collection of *Hansard* reports to the Sawyer Library. The reports are records of parliamentary debates (in English and French) that occurred in the Canadian House of Commons. They are a helpful research source for students studying in the Master's of Political Science North American politics track and for Law School students. Clancy is a former liberal member of the House of Commons, representing Halifax, Nova Scotia.

1999-2000 Annual Fund Off to Strong Start

The 1999-2000 phonathon season began in September with more than 20 students making calls to over 20,000 alumni from the College of Arts and Sciences, the Sawyer School of Management and the Law School.

The 1998-1999 annual fund raised over $400,000 in unrestricted gifts to the University. This represents a seven percent increase over the previous year. The increase was a direct result of the 4,897 alumni, friends and matching corporations who contributed to the fund. In addition, matching gifts increased 55 percent over the previous year.

If you are interested in finding out more about the annual fund, please call Rob Walsh, director of the annual fund at (617) 573-8454 or email rwalsh@admin.suffolk.edu. Also, you can make pledges online now, through the University Web site at www.suffolk.edu/pledge.html.

How to Provide for Suffolk University and Yourself

Many people find that making a planned gift is an excellent way to benefit both themselves and Suffolk. One way is to make a bequest to Suffolk in your will. You can state a specific dollar amount, or give a percentage of the residue of your estate after specifically providing for your family and friends.

A charitable bequest may provide savings in estate taxes. You can also consider naming the University as a beneficiary of your life insurance policy, pension plan or IRA.

There are also a number of planned gift options, such as pooled income funds, charitable remainder trusts, and charitable gift annuities, which would provide you with an income for life, tax deductions and the satisfaction of knowing that ultimately you will be enhancing the educational experience of future Suffolk students.

Those who have included Suffolk in their estate plans qualify for membership in the George Frost Society. If you would like more information on planned gifts or the George Frost Society, please call Jean Martinho, JD '96, director of planned giving, at (617) 573-8658, or email jmartinh@admin.suffolk.edu.

Welcome Students!

The third annual student convocation drew freshmen to the Tremont Temple.

Students don robes before the event.

A group of new friends enjoy refreshments after convocation.

Suffolk Magazine 8
Testing Veteran Teachers—
Why the Gimmick?

By Arthur J. Pippo, MBA '97

Pippo is a consultant for the Massachusetts Teachers Association’s Division of Higher Education

On the heels of the first teacher competency test results, Governor Paul Cellucci’s proposal to require veteran teachers to pass a test in order to keep their jobs is unfair and purely politically motivated. Under the governor’s plan, veteran teachers who fail the test would be placed on three months’ probation, and those who fail a second time would be fired.

Evaluation of veteran teachers is a legal requirement of every school district in Massachusetts. This means that a teacher’s actual performance is reviewed annually. Dr. George Madaus of Boston College, a nationally renowned expert on assessment, testified that the governor’s proposal “flies in the face of a fundamental measurement principle.” He stated, “When a direct measure of whatever skill or ability you are interested in is available, it is preferable to any paper-and-pencil test.”

On June 16, 1999, more than 20,000 teachers from across the state marched up Beacon Street to the State House, where they expressed the frustrations felt by professional educators about the governor’s proposal, among other issues.

Throughout my 25 years of experience working with school systems, I have found that public schools consistently take the responsibility of evaluating teachers very seriously. Department chairs, assistant principals, principals, assistant superintendents and superintendents, as well as peers all evaluate teachers not only formally, but informally, on a daily basis. Parent groups are also an integral part of these assessments. From my experience, it is clear that teachers who do not perform or do not have the skills necessary to do the job are identified and weeded out early in their teaching careers.

Teachers in Massachusetts are required to be recertified every five years in order to hold their teaching licenses. To accomplish this, all teachers are required to take professional development courses in their particular fields, compiling 120 classroom hours and about three times that amount in preparation and study.

By my calculation, this professional development requirement amounts to 45 eight-hour days during every five-year certification cycle. It should be noted that this time and effort is at a teacher’s personal time and expense. As professionals, teachers do not object to this recertification process. They understand that this is not unlike what doctors and other professionals are required to do to keep up-to-date. However, those same doctors, lawyers, CPAs and other professionals, once they are allowed into the profession, are not subject to a career-ending paper-and-pencil test like the one the governor is proposing for teachers.

Public money for education is needed for early childhood education, smaller class sizes (particularly in the lower grades), technology, and sound and clean school buildings. However, the governor, who seems to prefer the political gimmickry of testing veteran teachers, is not publicly championing these issues. It is my opinion that the governor’s proposed expenditure of many thousands of dollars for testing veteran teachers offers little that will realistically improve public education and, in the end, will only cause the type of backlash and professional fury that was witnessed during the summer when 20,000 teachers rallied on Boston Common.
the SOUNDS of STRESS
ALL WORK AND NO PLAY
a dangerous concoction

We've all heard it: "I was away from my desk for five minutes and I came back to fifteen voice mail messages!"

Hopefully, your work life isn't quite this full of interruptions, but, unfortunately, this is not an uncommon scenario. Is work stressing Americans out? Both health and business experts say: yes indeed.

Voice mails, emails, faxes, cell phones and pagers—we are in constant communication. If you even think of telling someone you might be hard to get in touch with, they will probably look at you as though you have three heads.

WHERE DID ALL THE TIME GO?

According to an August 1999 report published by the UN's International Labor Organization, Americans are working more hours than anyone in the industrialized world, a full two weeks more per year than the Japanese. Since 1980, the number of hours worked per person has increased 4 percent, from 1,883 in 1980 to 1,966 in 1997. This makes US workers the most productive in the world, but does it also contribute to making us stressed out?

Meanwhile, highly skilled and educated workers can command high salaries, but they are quite unlikely to work these average work weeks. These specialized workers have to work even longer hours, because there just aren't enough of them to fill all of the available jobs.

Also, many companies are offering jobs on a part-time basis because they don't have to offer health insurance, vacation time and other benefits to their part-timers. Employers are attempting to get more labor out of their current employees rather than create new jobs.

Another major change facing the workforce: Since 1970, the number of couples in which both partners work full time has soared from 36 percent to 60 percent. This doesn't leave much time for domestic tasks, which adds to stress levels. And for those couples choosing to rear families, finding time to fit everything in becomes even trickier.

Aca demicians and Students
FACE PRESSURE

Professor Paul Korn has been working in the counseling center at Suffolk for 24 years. He has watched the University evolve from a relatively small school to a much larger and more diverse place today. With students coming from different areas throughout the United States and international locations where learning cultures are completely different, there are more stresses for both students and teachers in the academic setting today.

"It's a wonderful thing to have a multi-cultural atmosphere for people to learn from one another, but I've seen a lot more stress in the last ten years due to this influx, too," Korn said. He explained that teachers today look out into a sea of students in their classes and see a rainbow of people who operate and learn in very different ways. "There are students in our classes today who may be offended by some of the literature we've traditionally read in the United States," he explained. In this case, the teacher is faced with something he or she didn't have to think about before—whether or not the reading is still appropriate for a more diverse classroom.

Korn, noted what seems like the adoption of an extremely unhealthy amount of self-pressure in US culture today.

"Our society has become so success driven, not only in..."
Advice for managers—
how to keep your best employees:

Vary the workloads of each individual

Are businesses listening?

In a 1992 nationwide workforce survey, 80 percent of those people working more than 50 hours a week said they would prefer to work fewer hours, and more than 25 percent said they'd be willing to take a pay cut in order for it to happen. So what are US businesses doing about this preference?

Suffolk Professor Suzyn Ornstein believes companies are listening. For the last two years, Ornstein has taught Creating and Managing Healthy and High-Performing Workplaces to graduate students in the MBA program at Suffolk. How to manage stress was high on both Ornstein's syllabus and the list of what students wanted to learn.

Through the students' research, the class found that many companies are now offering "Wellness Programs" to their employees. Ornstein said the students were surprised to learn this, and some even found that their companies offered stress reduction classes and seminars that they didn't know existed or were available to them.

But Ornstein warns that many of these programs are responding to the symptoms but not the disease. For example, when a company offers on-site dry cleaning to save employees time, Ornstein said, this is a quick fix. It doesn't actually afford employees more free time, it just gives them one more thing to remember in the morning—bringing the dry cleaning in to work.

Some researchers do not believe that the business world is responding to the increasing stress and demands workers face. They believe businesses are ignoring the cries of workers, because they do not see change as efficient or beneficial to the bottom line. The effects of businesses' ignoring the warnings are beginning to show up in our society, with more reports of people "losing it" at work, road and air rage and similar scenarios played out each day across the nation.

Give sabbaticals after
approximately five years
WAYS TO AVOID BURNOUT
Not every workaholic gets burned out, but for those who do, it can be disastrous. Experts advise the following ways to avoid overextending yourself:

1 PARE DOWN YOUR LOAD. Follow the "Three D" rule: First delegate what you can, then dump more work altogether, and, finally, do the rest.

2 SLOW DOWN. You won't make as many mistakes, and you won't overlook important details.

3 ASK FOR HELP. Don't let pride keep you from getting the help you need.

4 REEXAMINE YOUR MOTIVES. Are your actions directly related to your goals? It's easy to get caught up in other people's agendas, demands and value systems. Get in the habit of regularly asking yourself what you're doing, why you're doing it, and who you're doing it for.

5 APPRECIATE THE PROCESS. Success is a journey. When you get frustrated because you haven't quite reached your goals, stop. Review where you are and acknowledge how far you've come.

6 ESTABLISH BOUNDARIES. Learn to say no. When you learn how to draw the line, you will feel empowered.

7 PAMPER YOURSELF. Don't wait until vacation time to treat yourself to something nice. Simple things like a soothing bath or playing relaxing music and turning the phone off can take you to a faraway world.

8 LOOK AT YOUR LIFE. When was the last time you laughed? Are you tired, angry or depressed much of the time? Make changes to your life if you feel stuck. Take a self-inventory and make sure you have a self-purpose.

9 BE ACTIVELY INACTIVE. Sit on the porch and just watch the grass grow. People tend to get their best ideas when they're not consciously thinking.

It's all in the WAY OF THINKING

What may be stressful to one person may not be to another. "You've got to understand that stress starts out as a perceptual activity," Ornstein explained. We each perceive situations very differently. The key is to determine what is stressful for you and then avoid that stress. Taking stock of what makes you tick will also help you get a grasp on what types of career paths are most appropriate for you.

Some people may find their jobs stressful, while others find the same work exhilarating. Similarly, some may find their job boring because they demand more stress to feel fulfilled at work, while others may be completely satisfied with a low-stress job that has predictable daily tasks and routines.

And, according to researchers at Cornell University, not all stress at work is bad stress. Good stress might include increased job responsibility, time pressure and high-quality assignments. What rates as bad stress includes office politics, red tape and a stalled career. The researchers found that when employees perceive that the stress will bring them value such as money, new skills or a promotion, they tend to see it in a better light.

Our modern world TAKES A TOLL

"TechnoStress" is a relatively new term. It is used to explain the phenomenon of why so many people are feeling anxiety about the new and constantly changing options with technology—especially computer hardware, software and the Internet. In short, all of this information can create mind-boggling overloads of data and, with it, stress.

In a February 1999 Workforce survey, half of all executives, managers and clerical workers questioned described themselves as stressed because of technology. They cited as problems little control over what they use, minimal training on how to use it, and little respite from the constant bombardment of innovation.
GIVE PEOPLE A TIME OUT—
BOTH ON THE JOB AND OFF THE JOB
(I.E. VACATION).

Although technology promised to make our lives easier and our work more productive, ironically, it often has had the opposite effect in the work setting. Corporations spent more than $1 trillion on technology between 1980 and 1998, and productivity actually suffered by one percent during the same time period.

One of the problems is that, in many companies, management doesn't realize that the purchase of some new piece of technology is only the beginning. Workers are told to use the new software installed on their computers, but often aren't given appropriate training on how to use it.

Every day new communication devices are introduced in the workplace, changing the expectations surrounding a job. Cellular phones and the Internet have workers virtually wired to the office 24 hours a day—leading to the assumption that workloads can be increased. The fast and furious pace of advancements makes people feel that as soon as they've learned how to use the latest introduction to their workplace, they are yet again asked to learn something else new. Of course, we feel compelled to keep learning or we'll fade into the woodwork. This, too, creates a lot of stress.

Use it
OR LOSE IT

Studies as recent as 1996 show that even though close to 80 percent of senior managers at some of the largest corporations in the United States have a computer on their desk, as many as 50 percent never use it. An MCI-Gallup poll also showed that 91 percent of executives are not online, 66 percent don't use email, and 67 percent don't carry pagers. This has been dubbed the "Techno-Generation Gap."

This gap widens when executives are the ones making decisions about buying upgrades and new technology, yet they want nothing to do with learning how to use it. Because many managers are unwilling to ask for help about using a new piece of equipment, equating it with losing face in front of colleagues or employees, they would just as soon ignore the new technology.

Meanwhile, corporate management is being told by the media, consultants, their MIS departments and their competitors that they must constantly improve and update their systems or they will surely sink. Not only do these executives decide about big purchases and their merits without being completely clear on what it is they're buying, but often they also are responsible for setting budgets for the maintenance of these systems.

The role stress plays
ON THE BODY

There are numerous physical signs of stress. Back, neck and eye pain and headaches have all been linked to stress. Also related are overconsumption of alcohol, drug use, lack of performance and problems with concentration. Long-term effects of constantly bombarding the body with stress often lead to ulcers, heart attacks, coronary heart disease, high blood pressure, intestinal problems and even death.

Ornstein said there's no question about the link between stress and the physiological effects it plays on the body. She believes there's "absolutely a definite connection between the mind and the body," adding, "Do you know that the most likely time for someone to have a heart attack is on a Monday morning?" She said that emergency room personnel have come to expect and prepare for problems due to stress on Monday mornings.

SET A TIME FOR INDIVIDUAL AND GROUP REJUVENATION
What can WE DO?

The first step in dealing with stress is recognition and acceptance of the fact that life is stressful, at various times, for most people. If you are feeling stressed, it may help to know that you definitely are not alone.

There are numerous self-help books and workshops on dealing with stress. Reading about stress can help bring awareness of the problems and consequences of it and give insight into solutions for dealing with it.

Many researchers believe that job stress is too often treated with medication or counseling rather than by making changes in the workplace, in the workload and in an individual’s lifestyle. It is up to each of us to make changes in our lives.

Advice includes learning to slow down our minds; or trying meditation, yoga or relaxation techniques. There is good reason why these methods have become so popular—they are exercises that can have amazing results on our minds and bodies. The positive effects can often be felt in a short time, if not immediately. People who use these techniques report increased comprehension, creativity and focus.

Lean ON ME

Professor Joshua Guilar in the communication department at Suffolk advises seeking out social support in order to reduce stress. The three most frequently identified workplace stresses are workload, role conflict, and role ambiguity. Guilar believes that our social roles at work are a key area where we can easily get stressed out. He has worked as a consultant for many years, helping companies figure out where their communication problems are and what can be done to alleviate them.

"Oftentimes I’ve found that there is much conflict within the workforce and not a lot of social support. This can be extremely destructive," he said. Guilar explained that people need to seek out others in the work environment who will support them. The support needs to include getting information integral to functioning in the job, getting needed emotional support from a boss (i.e. "great job on the presentation") and receiving support from co-workers, those people one can most easily talk to about the work setting. And if this seems impossible, then the work environment is probably a toxic one. "There’s a lot of unreality and phoniness in the workplace, which leads to feelings of meaninglessness and stress," Guilar said.

Guilar advises gauging yourself, watching where you lose your energy during the day. If long meetings and paradoxical relationships seem to sap your energy, you’ve got to find a way to get out of them, he advises. This may be easier said than done, but again, Guilar, along with work stress experts, say it comes back to taking care of ourselves and being responsible for our own work situations.

High EXPECTATIONS

Economic, business and technological forces combined have dramatically increased the workloads of Americans. Downsizing, a tight labor market, the shortage of skilled workers and other factors have increased the responsibilities of all employees. Excessive workloads and a frenzied workplace, once seen only during crisis times, are now commonplace and acceptable on a daily basis in many work settings. People in fast-track careers are highly vulnerable to stress and burnout.

But there are numerous approaches to warding off stress. Self-help books, new exercise techniques, lectures and meetings continue to spring up across the country.

And, some businesses do seem to be taking stress and its repercussions on workers seriously. As we move into the twenty-first century, we will hopefully continue to see a trend toward reducing stress and making our work and home lives less hectic.
Suffolk's Number One Sports Fan

Although he has never scored a basket or hit a home run, Charlie Melanson has been a valuable member of the athletic teams at Suffolk University.

"I'm Suffolk's number one fan," said the Cambridge, Massachusetts, native, quite proudly. "I always cheer the teams on from start to finish, no matter what the score."

There have been many outstanding student athletes at Suffolk over the last 30 years. Amazingly enough, Charlie Melanson, 71, has seen them all.

Melanson is celebrating his 30th year as team manager for sports teams at the University. "I've had so many good times and great memories over the years. All the players and coaches have been very good to me."

His introduction to Suffolk began in 1969. Melanson was exercising at the Cambridge YMCA with Walter "Buddy" King, BSJ '71, a close friend and former two-sport standout at Suffolk. They went upstairs to where the Suffolk basketball team was practicing, and Melanson began picking up stray basketballs and placing them in a bag nearby. After practice, he talked with Charlie Law (Suffolk's first athletic director and basketball coach) and Jim Nelson (former Suffolk basketball coach and current athletic director). "They asked me if I'd be interested in being the team manager," explained Melanson. "I said 'yes' right away. And I've been doing it ever since."

What makes Melanson's story so special is that he has persevered despite being physically disabled since birth. Nelson has known Melanson from the start and cherishes his longtime enthusiastic support for Suffolk sports. "The association of Charlie Melanson and Suffolk University over the past three decades has touched many lives in a positive manner," said Nelson. "From those earliest of days at the Cambridge YMCA, to the present era at the Regan Gymnasium, he remains a family member in every sense of the word."

Today, Melanson works all of the home games and some nearby road games for the men's and women's basketball teams. Much of what can be said about Charlie Melanson can be expressed merely by watching him at a Suffolk sporting event. He is that humble gentleman at the far end of the bench, sitting on a folding chair with "CHARLIE" monogrammed on it. His hands are folded, his head high, his eyes completely focused on the action only a few feet away. He encourages the players with comments like "keep your hands up" and "use your feet." It's also a ritual for him to pass out chewing gum to the players and coaching staff before every game.

"Charlie is a real inspiration to all of us," said Ed Leyden, head coach of the Suffolk women's basketball team. "Our players respect and care about him, always looking over their shoulders to make sure he's on the bench. He's our good luck charm."

Reflecting on his past, Melanson said that being involved with Suffolk athletics has been more than a volunteer opportunity—it has been a way of life. "Suffolk has helped me to keep busy, physically and mentally, doing something I love to do," said Melanson. "Suffolk always knew that I loved sports, but the main thing is that they make me feel a part of the team."

Editor's note: At the time of publication, it was announced that Melanson will be retiring from Suffolk for health-related reasons.

Nelson Elected to North Cambridge Catholic High Hall of Fame

Suffolk University Athletic Director Jim Nelson was inducted into the North Cambridge Catholic High School Hall of Fame May 13 for his accomplishments as a basketball player for the school.

Nelson was one of six North Cambridge Catholic athletes to be inducted. He starred in basketball and continued his basketball career playing under Celtics great Bob Cousy on the Boston College varsity team.

"This is a wonderful honor for me, and I am proud to be one of this illustrious group that the school cited," Nelson said.

Other nominees with Nelson were Jim Ryan, BS '88, for baseball and basketball; Francis "Red" Sullivan, baseball and coaching; Tom Riley, baseball; Katey Sullivan, softball; and Anthony Taylor, basketball.

Nelson has spent virtually an entire career at Suffolk University, starting as the late Athletic Director Charlie Law's assistant basketball coach and later becoming head basketball coach and athletic director, a position he has held since 1978.
Suffolk Softball Team Posts Most Wins Ever

Suffolk University's 1999 softball team posted more victories than any softball team in the school's history. The Blue and Gold finished its season with a 20-12 record and lost to Emerson College in the first round of the Great Northeast Athletic Conference post season playoffs.

"Any time you win 20 games in a season you can't complain," said head coach Christine Carr, who directed the team for her fifth season and bounced back from a 12-21 record a year ago. "I was very pleased. It was a solid team and very supportive to its members. We had deeper pitching and better hitting this season with a team batting average of .362."

The hard-hitting Suffolk team was led by two-sport star Katie Norton of Randolph, Massachusetts, who batted .521 and led the club in stolen bases with 29 in 33 attempts. The former Fontbonne Academy star also led the team in runs scored with 37, total bases with 74, and doubles with 11.

Right behind Norton was shortstop Kathleen Tolson of Holbrook, Massachusetts, who posted a .446 average and appeared in all 32 games, was second in runs batted in, with 29, and second in total bases, with 70.

Perhaps the most pleasant surprise was the play of sensational freshman third baseman Amber Conte of Agawam. She batted .444 and led the team in hits, with 52, and runs batted in, with 36. Her Agawam High School teammate, Shauna Hadden had a batting mark of .389, playing in 18 games at first base.

Suffolk Baseball has Another Fine Season

Suffolk University's 1999 baseball team enjoyed its second 20-win season in a row, again qualifying for the Eastern College Athletic Conference's (ECAC) post-season tournament.

The Rams, under fifth-year coach Cary McConnell, finished their season with a 24-15 record and lost only two players from this year's squad. The millennium year should be a good one.

"It was another successful year, a solid one," said McConnell, whose team lost to Worcester State College in the opening round of the ECAC tournament.

"One of the notable things that happened this season was our base-running. We stole 90 bases compared to 29 a year ago."

—Coach McConnell

One of the notable things that happened this season was our base-running. We stole 90 bases compared to 29 a year ago.

—Coach McConnell

Suffolk catcher Charlie Fox
College of Arts and Sciences

Robert Allison, History, traveled to Turkey last year to participate in the 23rd annual American Studies Conference at Mersin. During the trip, he also visited Ege University in Izmir. In June, he attended a Middle East studies conference at Yale University, titled “The United States and the Middle East: Diplomatic and Economic Relations in Historical Perspective.”

Jon Bekken, Communication & Journalism, was named Outstanding Club Advisor of the Year for his work with the Suffolk Journal. Also, he presented a research paper on “Woodhull & Claffin’s Weekly” at the annual meeting of the American Journalism Historians Association in October.

Linda Leslie Brown, NESADSU, exhibited her work as part of the Emerging Artists exhibition held in April at the CEPA Gallery in Buffalo, New York.


Karen Clarke, NESADSU, was featured in Stuff Magazine, September 1999. She was interviewed for the article “Inside Stories” which explored six of Boston’s top interior designers and how they live. Clarke was flattered to be chosen as one of the six. She and the new master’s in interior design program were also featured in Design Times, August/September 1999.


Luis Garcia, Sociology, has completed a survey research project on various public safety and social issues for use in long-range planning and policy development for the town of Oak Bluffs on Martha’s Vineyard. Also, he is currently administering a survey to 5,000 Boston neighborhood businesses to measure various aspects of commercial crime victimization for use in long-range planning efforts by the Boston Police Department.

Kathleen Grathwohl, English, chaired the panel, “Newly Lewd: Recent Work on Female Transgression,” at the annual conference of the American Society for 18th Century Studies held in March in Milwaukee, WI.

Josh Guilar, Communication, went to Belarus, Russia over the summer, taking part in a faculty development project organized by Suffolk University, Bryant College and the European Humanities University (in Belarus). He taught classes in negotiating, conflict management and leadership, topics he said are “well developed in the US but quite new to Eastern Europe.” He also found through his travels that the study of communication is just now being introduced to the former Soviet Union. Out of the trip developed future collaborations. In January, Guilar is planning to team teach with teachers in Russia, via distance learning, the course Leadership and Communication in Organizations.


Joseph McCarthy, Education and Human Services, was elected president of the Northeast Region Popular Culture Association/American Culture Association.

Steve Patterson, Chemistry, had his article, "A Simplified Method for Finding the pKa of an Acid-..."

Melissa Hausmann, Government, Suffolk University's liaison to the Washington Center, accompanied the students pictured on a two-week seminar last January. Topics covered in the program included "Presidency and Power" and "Media and Politics." Suffolk has been affiliated with the Washington Center, the nation's oldest (and world's largest) private internship program since shortly after its founding in the early 1970s. Hausmann currently sits on the group's national advisory board. Students take part in internships in offices of US House members, Senators, the US Information Agency, the State Department, Voice of America, and various interest groups.

Robert K. Johnson, English, gave readings of his poetry at Agape and at Royal Discount Books as part of Arlington's "Heart of the Arts Festival".

Marilyn Jurich, English, delivered the annual lecture to the Graduate School in Children's Literature at Hollins University. Her topic was "Folktales Study, Gender, Ethos and Tricksters." In July, she presented her paper "Of Beasts and Men: Philosophic Ventures into the Eighteenth Century English Fable" to the Tenth International Congress on the Enlightenment held in Dublin, Ireland.

Teodros Kiros, philosophy, received the 1999 Michael Harrington Book Award at the annual American Political Science Association meeting in Atlanta for his book, Self-Construction and the Formation of Human Values: Truth, Language, and Desire. Kiros said the book is an attempt to develop a theoretical defense of the potential of ordinary individuals to construct values, and through them become empowered, responsible participants in a democratic community.

Krisanne Bursik, Psychology, presented two papers in August at the American Psychological Association Conference, including one with Jennifer Young, a third-year graduate student in the psychology doctoral program. "Identity Development and Life Plans," examined identity development among Suffolk University women athletes vs. non-athletes.

The researchers were interested in finding out whether these two groups of women described varying life plans and goals. Their results indicated that athletic participation moderates the relationship between identity achievement and life plan maturity. In short, those on sports teams expressed stronger commitment to their future life plans, as compared to those who were non-athletes. On the other hand, those who did not participate in sports indicated more complex life plans—possibly because they have more free time than the athletes to explore after-graduation opportunities.

Bursik also presented, "Psi and Personality: Investigating the Correlates of Paranormal Belief and Precognitive Experience," with Shelley Rattet, a third-year Suffolk psychology graduate student, in April at the Eastern Psychological Association annual meeting in Providence, RI.
Sawyer School of Management

Richard Beinecke, Public Management, was appointed as the University's consultant to the Consumer Satisfaction Team project, funded by the Division of Medical Assistance and the Massachusetts Behavioral Health Partnership. He also had his article "The Massachusetts Behavioral Health Program: Year 5" accepted for publication in Administration and Policy in Mental Health.

Frances Burke, Public Management, is pictured reunited with two of her former students at a birthday celebration for State Treasurer Shannon O'Brien. Pictured (L-R) Charles Flaherty, MA '62, former Massachusetts Speaker of the House; Burke; and Gregory Casey, MPA '76, vice president of institutional sales for H.C. Wainwright & Co.

Morris McInnes, Accounting, is the first academician to be elected president of the Boston chapter of the Financial Executives Institute, the professional body for corporate financial executives of large companies. The Boston chapter is the largest in the country with 1,000 members. McInnes has been a member of the group since 1991, serving as vice president and treasurer as well as chairperson of the academic relations committee.


Robert DeFilippi, Management, is the course leader and visiting professor at City University Business School in London. He delivered the only presentation at the London Business School's Human Resource Exchange, a quarterly gathering of human resource directors from some of England's top companies, including British Petroleum, British Telecom, Barclay Bank and the BBC. He spoke on "Project-Based Learning Implications for Individual and Company Transformation."

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Veteran PR Man Lou Connelly Receives Alumni Awards

It's a good thing that Lou Connelly is a good sport. Especially when news traveled that the man who has promoted Suffolk University for nearly 30 years had been "scooped"—by the school's Department of Communication and Journalism.

"The people around here did a good job of keeping this from me," said Connelly, in the aftermath of receiving the distinguished alumni award by the Suffolk University communication and journalism department. "I had no idea that I was going to receive this award. They caught me completely by surprise."

The accolades, however, did not stop there. Two weeks later, Connelly became this year's recipient of the outstanding alumni service award from the Suffolk University General Alumni Association. "Like the communication and journalism award, this was also a great honor," said Connelly, BSJ '57, MEd '74, a dual graduate of the University.

Connelly, at 68, is the consummate public relations professional, well respected and admired by everyone he meets. "If we at Suffolk pride ourselves in being a family, then Lou is the uncle everybody loves," said Robert Rosenthal, chair of the Department of Communication and Journalism. "He has touched the lives of many alumni, making a great impact on their careers," said Rosenthal.

Karen Mancini, BSBA '89, president of the General Alumni Association, has known Connelly for many years and considers him somewhat of an institution on Beacon Hill. "Lou is looked up to by everyone in the Suffolk community," she said. "He is a warm, caring and outgoing person who has been willing to go that extra mile for any organization associated with the school."

After Connelly graduated from Suffolk, he pursued his dream of becoming a reporter. He joined the staff of the New Bedford Standard-Times, and less than a year later, he became a reporter for the old Boston Herald Traveler. He served that newspaper for nearly a decade, covering the courts in Suffolk County, police headquarters and other general assignments. In 1965, he moved to the sports department, covering various events for three years. His major beats were the Patriots and the Red Sox, including the 1967 Impossible Dream team.

In November of 1967, Connelly was appointed Suffolk University's first full-time public relations director, and he held that post for 29 years before retiring in June of 1996. He has continued working at Suffolk in a part-time capacity as sports information director.

"Sports has always been a big part of my life, so this is a perfect fit for me," said Connelly, who played basketball at Suffolk under Charlie Law, Suffolk's first coach and athletic director. "I work three days a week, and it keeps me going. The sports program at Suffolk has come a long way over the years, and I feel fortunate to be part of it."

One of Connelly's closest friends over the years has been Suffolk University athletic director Jim Nelson, who began his career at Suffolk in 1966, one year before Connelly arrived. "It has been the good fortune of this University, as well as the Department of Athletics, to have been associated with Lou Connelly for more than three decades," said Nelson. "His wealth of knowledge about the history and charm of Suffolk University has been invaluable in promoting the positive image of athletics on behalf of our student athletes throughout New England and beyond."

Connelly has always been known for his hardworking, no-nonsense, roll-your-sleeves-up approach to the job. He prefers facts and structure over bells and whistles. He remembers those early years clacking away press releases and feature stories on his Royal typewriter. A true traditionalist, he is proud of his own ability to change with the times. "Unlike Andy Rooney (of "60 Minutes" fame), I use a computer," he said.

Connelly and his wife, Maureen, have been married for 39 years. They live in Melrose and have five daughters (all Suffolk graduates) and three grandchildren. He says he will continue to work as long as he can, because he enjoys what he's doing. His enthusiasm, after all these years, is refreshing.

"In this business, you must have a general curiosity of different things that are happening around you," said Lou Connelly. "It has to be something inside you. You also need an open mind and a nose for news."
Alumni Relations Office News

The office of alumni relations has been reorganized to better serve the needs of Suffolk alumni. Now, there are four alumni directors, one for each school, to coordinate increased outreach to our graduates. Directors include: Jean Neenan, CAS director of alumni relations; Eric Zack, SSOM director of alumni relations; Kerry Campbell, Law School director of alumni relations; and Margaret Loret, international alumni director.

Join the Club

Eric Zack, the Sawyer School of Management's new director of alumni affairs, is working to develop regional alumni clubs for SSOM graduates nationwide. Zack said that if alumni can't come to Suffolk, he wants to bring the school to them. Beginning with Washington DC, Los Angeles, New York City and San Francisco, Zack hopes to recruit volunteers to head up the new clubs in their cities.

Closer to home, Zack is planning an alumni seminar series in banking at downtown banks and a luncheon at the State House for alumni who work there.

Zack joined Suffolk in April 1999. He was most recently assistant director of regional alumni clubs at the University of Massachusetts at Amherst. Prior to that, he was western regions coordinator for the alumni office of the University of Michigan, where he earned a bachelor's degree in communication.

Zack looks forward to meeting graduates of SSOM and welcomes your comments and suggestions about alumni programs. If you'd like more information about regional clubs, please contact him. His office is located on the seventh floor of 20 Beacon Street, where he can be reached at (617) 573-8456 or ezack@admin.suffolk.edu.

Get Reconnected—Become a Class Agent

The alumni office is actively seeking class agents. Class agents assist the University in identifying and involving other alumni within their class as volunteers; serve as communications coordinators for class members; provide feedback and guidance to the alumni relations office about events and services; and assist the admission staff in recruiting new students.

The College of Arts and Sciences is seeking class agents for the years:


If you are interested in becoming a class agent for CAS, please call Jean Neenan, director of alumni relations for CAS at (617) 573-8457 or email jneenan@admin.suffolk.edu

The Sawyer School of Management is seeking class agents for the years:


If you are interested in becoming a class agent for SSOM, please call Eric Zack, director of alumni relations for SSOM at (617) 573-8522 or email ezack@admin.suffolk.edu.
Gatherings Bring Alumni Together

A group of Suffolk alumni were on hand at Red Sox opening day to cheer on the hometown heroes on April 13. Even the chilly temperature couldn't cool off the red hot Red Sox as they handily beat the Chicago White Sox.

Communications and journalism alumni had a special night at the Red Sox on May 10, as did the Executive MBA graduates on June 17, and chemistry alumni on September 21.

The Class of 1949 celebrated its 50th reunion during the weekend of May 1. After a continental breakfast on Saturday morning, the group took a tour of the University campus and Boston.

One of the highlights of the Saturday dinner at the Swissotel was when each graduate present shared his/her memories. Many of these special alumni talked of returning home from World War II and being welcomed to Suffolk University by Dorothy McNamara. They reminisced about dances at the Women's City Club (which is now the Sawyer Building) and playing tennis on the roof of the Archer Building. Several graduates brought photos from the late 1940s and some even had the yearbook!

Sunday afternoon was spent cruising the harbor on the Spirit of Boston. Alumni relations would like to thank the 50th Reunion Committee, which was chaired by John J. McCarthy, BSBA '49.

The chemistry alumni reunion was held on May 14 at the Holiday Inn Select in Boston. Following a buffet dinner, the group was treated to a slide show produced by Mike Moore, BS '84.

Professors had searched through their files for old photos, which were displayed at the event. Department of Chemistry Professor and Chair Doris Lewis greeted guests and CAS Dean Michael R. Ronayne brought everyone up-to-date on what is happening in the College of Arts and Sciences.

The General Alumni Association and the SSOM Graduate Alumni Association hosted the annual Outstanding Alumni Awards Reception on May 26 at the United States Courthouse in Boston. Award recipients were presented with plaques for their outstanding achievement and service.

The Outstanding Alumni Achievement Award was presented to Dr. Malcolm M. Gotterer, BS '55, MBA '56. Gotterer is author, co-author and editor of nine books. He has traveled extensively, lectured and consulted in seventeen foreign countries. Gotterer was profiled in American Men and Women of Science, Who's Who in the World and Contemporary Authors.

SSOM Graduate Alumni Association award recipients were Jeanette G. Clough, MHA '96, president and chief executive officer of Mount Auburn Hospital and Steven Chittenden, BSBA '91, MSF '95, vice president, investment operations at Evergreen Investment.

The 26th Annual Alumni Evening at the Pops was held on June 16 at Symphony Hall. The program "Star Spangled Jubilee" began at 8pm, and was followed by a champagne reception in the Higginson North room. Guests were treated to a special appearance by the US Army Field Band and Soldier's Chorus. ♦
Good-bye Mr. Chips,  
Hello Mr. Seto

Steven Seto, BS '77, MA '78

**His Face Trembled.** "Can you believe it?" he blurted, "I've got a 15-year-old student in my class who can't even tell time! How am I supposed to make up all those lost years of education?" As he spoke, Steven Seto, first-year teacher, was obviously having serious doubts about his chosen profession.

It is now more than two decades later, and Seto is celebrating his 23rd year as a teacher. His persistence is clearly paying off. Two years ago, he was named Massachusetts Social Studies Teacher of the Year. This accolade joins many others, such as Teacher Recognition Awards from WBZ. Until recently, Seto served on the Faculty Advisory Board for Nova on WGBH-TV and also the Bias Review Board for the newly implemented Massachusetts Teacher Exams.

Seto became a teacher in 1979 after earning a bachelor's in history and a master's in education at Suffolk. In his early years, he taught at Charlestown High School. It was a tumultuous time. He was slashed in the hand breaking up a hallway brawl and was regularly assaulted by racial slurs, but his passion for teaching survived. When he was invited to teach at Snowden International High School in Copley Square, Seto's alma mater, it was like going home. Teaching grade 10 and 12 social studies and history, his presence was immediately felt.

Headmaster Dr. Gloria Coulter recalls her first impression of Seto at Snowden. "My office was right next to Steven's class, and I was alarmed when I heard shouting and fierce exchanges. I burst into the classroom for some explanation, and I was surprised to see that Seto and his students were involved in a heated but friendly debate. I knew then and there that we had someone special teaching here. To evoke that kind of passion in the classroom takes commitment and talent."

OUTSIDE OF CLASS, SETO TAKES THE term "open door policy" to a new level. During a typical free period, no fewer than eight students trek through his office with various requests...a Band-Aid for one, a tissue for another...advice on a broken romance for two others...and dispute mediation for several more. But when students seek his counsel about college, his eyes light up. Although many have gone on to higher education, there aren't nearly as many as Seto would like.

"Sometimes at graduation ceremonies, I will fix on one kid and get a pang in my gut. I know that too many teachers have swept him or her along without challenging the person. When kids like that leave, I can't help but feel somehow we've failed them."

Seto is the son of Chinese immigrants who settled in Boston's Back Bay, where he grew up. Lauragene Bradley, a student of Seto's during his first year at Snowden, said his background and high expectations gained him immediate respect in the classroom. "To city kids like us, we placed great stock in the fact that he was one of us. He went to this very school and grew up on the same tough streets as us. We knew he was on our side," she said.

One of Seto's most memorable teaching challenges was a "mean-as-hell, underachieving redhead from Southie," who regularly disrupted his class. "I worked extra hard to involve him, tried to be patient with him, and refused to be intimidated by him," said Seto.

Eventually, he started to grow up and develop some goals beyond gas station work. On his senior-year second-quarter report card, he got all As and Bs. He couldn't wait to show me. When he burst into my office holding it up like a trophy, all I could see was white teeth and red hair! He asked me for a letter of recommendation to UMass-Boston. He's graduating there next year—I'm going to be there to see that!"

As much as he enjoys counseling students, Seto shines in the classroom. He loathes lazy teachers who conduct class by rote, or as he calls it, "chalk and talk." In his classes, Seto is a combination of Alex Trebek and Mick Jagger—he's smart, physical and grabs your attention. In the middle of a history lesson, it's uncommon to spot Seto hopping atop his desk reciting impassioned oratory like Nathan Hale or John Paul Jones.

IN TODAY'S SCHOOLS, A TEACHER'S job is tougher than ever. And in inner-city schools, it's even more so. To teachers in this environment, the lines can get fuzzy. How much can they give? How many roles can they fill? How can they keep kids safe, interested and in school. Steven Seto is filling as many gaps in kids' lives as he can. And when he's reminded of that frustrating first year 23 years ago, his reply is, "Well, I may not have many Rhodes Scholars, but at the very least, they can all tell time!" Seto has done more than help kids tell time—he's given them a future.
Shaping the High-Tech World

Will Stewart, MBA ’83

AT THE YOUTHFUL AGE OF 39, Will Stewart must pinch himself some days. It wasn't too many years ago that he could be found tending bar at Ames Plow in Faneuil Hall. Today, you'd likely find him brokering multi-million dollar deals somewhere in Asia or on the West Coast.

Stewart is a venture capitalist in the high-tech world. He began two successful businesses in the early 1990s, Asia Pacific Ventures (APV) and later, APV Technology Partners. He comes from a family of techies, so you could say working in this field was always in his blood and bound to surface. As far back as he can remember, he's been fascinated by everything to do with computers and the promise they've brought to so many industries.

After graduating from St. Anselm College in New Hampshire, Stewart came to Boston looking for work. A fraternity brother of his had completed his MBA at Suffolk and recommended it to Stewart, who knew it sure couldn't hurt his career. A smart shopper, he looked at many schools in the Boston area, but found Suffolk was his number one choice. He sat in on a class one evening and was inspired by the students and teacher. "Everyone was discussing how the topic related to their work. I knew they had practical experience and I wanted to learn from these people," he said.

IT ALL HAPPENED PRETTY FAST after graduation day for Stewart. He completed his MBA in one year and started the interviewing process. He landed a job as a marketing manager for NEC and moved to New York. Within one year, Stewart was promoted to the overseas assignment he wanted in Japan.

Stewart comes across as a laid back, down-to-earth guy, and you'd never imagine he gets stressed out, but he must have been working hard at NEC. He became the first executive to be transferred to NEC headquarters in Tokyo.

He spent the next five years learning everything he could about NEC and the high-tech industry. He learned to speak Japanese, and most importantly, he learned about the vast differences between the US and Japanese cultures and business environments. This, he said, is one of the reasons why he started his own business. "I was constantly baffled by how little American business people knew about Asian cultures and business styles. They would come over and meet with me in Tokyo and try to pick my brain," he said.

Stewart believes Japan is the hardest market for US companies to penetrate because of general ignorance of the vast cultural and business differences between the two countries. In the broadest sense, while the United States is an individualistic country, where each person aspires to become successful on his or her own; Japan, is a collectivist country where success is measured in group effort.

Stewart realized that there was a great demand for consulting services to US businesspeople from those who had worked and lived in Japan and Asia.

Stewart continued to work for NEC from 1984 to 1990. He then founded APV, offering strategic consulting to US high-tech companies targeting Asian markets. The consulting services his company offers include product distribution, technology licensing, direct investment, opportunity analysis, fund-raising and strategic partnership services. The company's successes include selling AST Research to Samsung for $450 million and launching US companies like US Robotics, WebTV, Intuit, and others in Asia.

IN 1994, FORESEEING THE OPPORTUNITY to yet again fill a huge void in the venture capitalist world, Stewart and others founded APV Technology Partners. He saw many Japanese, Asian and US investors “losing their shirts unnecessarily” in the direct investments they were making. He also saw many start-up high-tech companies with lots of promise having a difficult time getting proper funding for their ventures. Stewart saw the possibility of a mutually beneficial match between more established companies looking to make investments and the start-ups looking for help. Subsequently, APV Tech was established and today manages more than $150 million in investment funds.

You may think Stewart would have no time for fun with all of the demands of two businesses, but he does make time for relaxation. He loves to play golf and spend time with his wife and three-year-old. "I travel with my clubs and was fortunate enough to develop my game in Japan," he said. Does he get back to Boston ever? "Absolutely. I love Boston and am there a lot," he explained, adding that the Route 128 belt is a favorite spot of his for seeking out new companies for investment.

"There are many software and Internet start-up companies in the Boston area that I invest in and visit regularly," he said.

Bright ideas, foresight and friendliness seem to work for this successful graduate. And with Stewart at the helm of the venture capitalist industry, we'll have to keep our eyes and ears open to whatever niche he next carves out.

Suffolk Magazine
NOTE: Cities and towns are in Massachusetts unless otherwise noted.

Send news and photos to the editor or the class representative listed with your year or email suffolkmag@acad.suffolk.edu.

57 CLASS AGENT:
Louis B. Connelly, BSJ
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Suffolk University
Athletic Department
41 Temple Street
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64 CLASS AGENT:
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65 CLASS AGENT:
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Somerville, MA 02143
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(617) 625-4731 fax

67 CLASS AGENT:
Mary A. Hefron, MA
91 Fifer Lane
Lexington, MA 02420-1228
(781) 862-3024 phone

Dennis P. Ryan, BA, is the author of A Journey Through Boston Irish History, published by Arcadia. The book is a comprehensive photographic record of Boston’s Irish immigrants. Ryan is also the author of Beyond the Ballot Box: A Social History of the Boston Irish, 1845-1917.

68 CLASS AGENT:
Paul J. Killion, BA
545 South Third Street
Lemoyne, PA 17043
(717) 770-0568 phone

Gerald J. Alleyne, MEd, is chairperson of the social studies department for grades 7-12 in the Malden school system.

69 CLASS AGENT:
Mel Tobin, BA, has joined BCB Group, Inc., a Meriden, CT, based advertising agency as creative director and copy chief.

70 CLASS AGENT:
Lois Landy, BS
(617) 846-6081 phone

71 CLASS AGENT:
Barbara Freedman, MEd, was named sales associate at DeWolfe New England’s Natick sales center.

72 CLASS AGENT:
Mary Ferris, BA
200 Swanton Street, Unit 505
Winchester, MA 01890-1947
(781) 721-0834 phone

73 CLASS AGENT:
Gerald J. Alleyne, MEd, is chairperson of the social studies department for grades 7-12 in the Malden school system.

74 CLASS AGENT:
Joseph Favaloro
Richard Aucoin, BS, was named chief of police for the city of Malden.

75 CLASS AGENT:
Neil G. Buckley, BA
24 Jay’s Lane
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(781) 826-6286 phone
ngbuckley@juno.com

76 CLASS AGENT:
Patricia DeLuca, BS, has married Edward Monahan. They are living in Braintree.

77 CLASS AGENT:
Judith M. Sgarzi, PhD, MS
280 Main Street
Kingston, MA 02364
(781) 586-1933 phone
(781) 888-8290 fax
drjudie@adelphia.net

Suffolk Magazine
Vincent Capozzi, MPA, is director of sales at ConnectCare, Inc., located in Farmington, CT.

Jonathan C. Gary, BSJ, is a research assistant in the Newcombe Laboratory, department of neurobiology, at Stanford University.

82 CLASS AGENT: Barry Fitzgerald

83 CLASS AGENT: Ann Harrington

Joseph P. Delaney, BS, was married to Michelle M. Marszalek. They are living in Cranston, RI.

84 Noreen Ruggiero, BS, has married George Sacco.

85 CLASS AGENT: Louis Ambrosino

Mark A. O'Clair, BS, vocational coordinator at Hillcrest Educational Centers Inc., was married to Nancy J. Levine. Margaret B. O'Toole, BA, a senior account executive at Fidelity Management Trust Co. in Boston, has married Brian F. Driscoll. They are living in Hanson.

87 Edward M. Augustus, BS, was named chief of staff for US Representative James P. McGovern of the third congressional district. Andrew C. Corbett, BSJ, has married Brenda J. Morris. They are living in Boulder, CO. Corbett is a doctoral candidate at the University of Colorado School of Business Administration.

Anne M. Tolley, BS, was named postmaster for the town of Barre.

88 Joanne M. Dana, BS, has married Joseph Rabs. They are residing in Marshfield.

Gail Sullivan, CAG, was appointed assistant superintendent of School Administrative District 35 in Eliot, ME.

89 CLASS AGENT: Lois Landry, MS

(617) 846-608 phone

Paul M. Mullane, BS, (see SSOM, MPA, '98)

90 Lori Boudrow, BA, has been named assistant to the president at Partners & Simons, a marketing communications firm.

Julie Dieselman, BS, received a Master of Science in Nursing magna cum laude from Florida Atlantic University. She is an advanced registered nurse practitioner in Boynton Beach, FL.

Jennifer Mahan Golden, BSJ, and husband, Stephen Golden, BA '88, announce the birth of their second child, Aidan Martin, who was born on February 23, 1999. He joins his three-year-old brother, Christopher, at their Quincy home. Jennifer is a registered nurse in the ICU Burn Unit at Massachusetts General Hospital.

Patricia A. Hannon, BA, a fifth grade teacher at the Marshall School in Quincy, has married Robert A. Pattison, Jr.

91 CLASS AGENT: Gail Mansfield, BS

Director of Development and Public Affairs

Epilepsy Foundation of MA & RI
5 Berkeley Street, Suite 409
Boston, MA 02116
(617) 542-2292 phone
(617) 542-7312 fax
gailm@vision.eri.harvard.edu

John A. Case, BA '85, MS, is teaching Spanish at Rockport High School.

Mark Lombardi, BS, a Massachusetts state police trooper, has married Meredith L. McGovern. They are living in Hanover.

Christine Santapaola, BA, was named branch officer for Medford Bank, where she has been employed since 1986.

92 CLASS AGENT: Sarah Kelley, BA

97 Standish Road
Watertown, MA 02472
(617) 926-0223 phone
standishrd@aol.com

Katherine LaVita, BS, a police officer in Revere, has married Michael Fish. They live in Stoneham.

93 CLASS AGENT: Sarah Kelley, BA

97 Standish Road
Watertown, MA 02472
(617) 926-0223 phone
standishrd@aol.com

Jose Maria Gutierrez-Cortines, BSBA, has been working as an insurance broker for Spain's largest insurance company called MAPFRE. For several years, he has received the Madrid office's award for the Best Broker of the Year. Recently, he was appointed chief of a group of brokers. He has completed a postgraduate degree in economics at the International University of Menendez Pelayo, receiving distinction at graduation.

Theresa Manganello Marini, BA, JD '96, an attorney in Hanover, has married Daniel Marini, BSBA '89. They are living in Quincy.

94 CLASS AGENT: Carolyn Connelly

Thomas Barry, (see Ann Montlouis, '97)

Timothy F. Collins IV, MEd, an English teacher and Boys Varsity basketball coach at Walpole High School, has married Jessica A. Hild. They are living in Boston.

Bernard E. Greene, Jr., BS, has joined the Boston law firm of Roche, Carens & DeGiacomo, PC, as an associate.

95 Deborah A. Shea, BA, office manager for Peter F. O'Brien, Inc., in Norwood, has married Colin Norton. They are living in Walpole.
Ilene Wilkins, MPA, was recently promoted to vice president of program operations for United Cerebral Palsy of Central Florida. UCP provides services to children with disabilities, in five centers, to over 400 families in the Orlando area. Wilkins resides in Orlando with four of her children.

96 CLASS AGENT:
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fancy.rapunzel@excite.com
(508) 651-6857 phone
(508) 651-6167 fax

Christa K. Burgess, MEd, director of student retention at Suffolk University, has married Robert H. Flanagan.

Ryan W. Foley, BSJ, sports editor at the Billerica Minuteman, married Marc Melchiori. They live in Westerly, RI.

Janet L. Luxton, BA, received a JD from the Dickinson School of Law at Pennsylvania State University. She is an account executive for Trade Wings in Dover, NH.

Lisa M. Regis, MA, has married Michael A. Davis. They are living in Peabody.

97 CLASS AGENT:
Laurie Voto
Alexandra MacMurdo, MA (see SSOM, MBA, ’98)

Jocelyn Meek, BA, joined the newsroom staff of the Brockton Enterprise as a reporter.

Ann Montlouis, is currently enrolled in Boston College Law School. She and Thomas Barry, ’94, are engaged. Barry currently works for Thomson & Thomson, a trademark corporation, and owns his own business called Genis Research (a polling company).

Denise Y. Casey, BS ’96, MPA, was appointed personnel analyst for the town of Bedford.

David Eldredge, BS, was married to Marlene Lauerzer. They are living in Carver.

Nicole S. Gouldston, BFA, married Donald A. MacLenan. They are living in Boston.

David U. Latessa, MEd, associate director of financial aid at Suffolk University, has married Rachel A. Murphy. They are living in Belmont.

Paul M. Mullan, BS ’89, MPA, was named Holbrook town administrator.

Kim Littlefield-Provencher, MS, joined Keystone Associates of Boston as vice president of business development.

71 Francis L. Marini, JD ’78, BSBA, a Massachusetts state representative (R-Hanson), was voted House minority leader.

72 John Shea, BSBA, was named regional vice president for eastern Massachusetts and Rhode Island by Money Concepts International, a North Palm Beach, Florida-based network of 450 financial planning centers.

75 John P. Bevilacqua, BSBA ’70, MBA, has taken an early retirement after 29 years in finance and administration with Honeywell/Bull. He will continue to teach business courses at Newbury College.

76 John F. Treanor, MBA, joined Washington Trust Bancorp, Inc., as president and chief operating officer.

77 Joseph Misleite, BSBA, joined the staff of Gerry Abbott Realtors in Mansfield.

78 David Brussard, MBA, was appointed president and chief executive officer of Safety Insurance Co.

Craig McMullen, MBA, has joined Output Technologies as a financial controller.

Patrick F. Scanlan, MBA, was elected clerk of the Massachusetts State Senate.

79 Margaret O’Neill Fichera, BSBA, joined the Arlington office of Hunneman Coldwell Banker as part of a national account sales and marketing team.

Victoria Bertucci, BSBA, has joined the corporate accounting group at Thomas H. Lee Company.

Patricia L. Jones, BSBA, principal of the firm P.L. Jones & Associates, PC, in Worcester, announces the opening of a second office in Athol. The firm offers accounting, auditing, consulting and taxation services.

81 William G. Hinchev, MPA, was appointed town manager of Charham.

Doreen Tremblay, BSBA, the town clerk of Bedford, has designated a certified municipal clerk by the International Institute of Municipal Clerks.

83 Nancy J. DeCarlucci, BSBA, and her husband, Matthew, announce the birth of their first child, Raphael Matthew, born on January 5, 1999. They live in Burlington.

David Fraser, MPA, was named business administrator for the Mohawk Trail and Hawlemont regional school districts.

James J. Morris, BS ’81, MBA, has been named administrator of the Briarwood Healthcare Nursing Center in Needham.

Alan P. Morganson, MBA, was named vice president-operations and compliance officer of the Williamstown Savings Bank.

Paul Hines, BSBA, JD ’91, has been appointed assistant city solicitor for Quincy.

Nancy E. Lydon, BSBA ’82, MBA, joined Summit Bank as vice president of residential and consumer lending.

77 Todd Adelman, MBA, president of Trade Wings in Dover, NH, was elected trustee of trust funds for the town of Rollinsford, NH.

William J. Doucette, BSBA ’79, MBA, has been promoted to zone manager for Daimler Chrysler in Milwaukee, WI. He will oversee the automotive sales and service functions at 150 Chrysler-Plymouth-Dodge and Jeep dealerships in Wisconsin, western Missouri and Iowa.

Ivy Callender, MBA, was elected chairperson of the advisory board of the Egleston Square YMCA. She is an account executive for commercial accounts at Liberty Mutual in Westwood.
Anastasia Papajannis Maranian, BSBA, and her husband, Ronald, announce the birth of their third son, Thomas Ron, born on December 1, 1998. He joins brothers Michael and Stephan, in their Quincy home.

Matthew Crane, MBA, a certified public accountant with Parent Nafah & Co. in North Andover, received the Certified Valuation Analyst designation.

Daniel Marini, BSBA, (see Theresa Manganello, CAS, BA '93)

Karl J. Stinehart, BS '83, MPA, and wife, Beth, welcome their third child, Madison Margaret, born on April 9, 1999. She joins older brothers Erik, 5, and James, 3, at their home in Southwick.

Lisa J. Bonanno, BSBA '84, MBA, an accountant at Schools for Children, Inc., has married Steven E. Blaustein. They live in Billerica.

Michael F. McLaughlin, MBA, is president of Flagship Forest Products, Inc.

James R. Corcoran, BSBA, married Andrea Rabinowitz, MBA, JD '99, and wife, Beth, welcome their third child, Madison Margaret, born on April 9, 1999. She joins older brothers Erik, 5, and James, 3, at their home in Southwick.

Lisa J. Bonanno, BSBA '84, MBA, an accountant at Schools for Children, Inc., has married Steven E. Blaustein. They live in Billerica.

James R. Corcoran, BSBA, married Andrea Rabinowitz, MBA, JD '99, and wife, Beth, welcome their third child, Madison Margaret, born on April 9, 1999. She joins older brothers Erik, 5, and James, 3, at their home in Southwick.

Matthew Mansfield, BSBA, married Michael O'Keefe. They are living in Somerville.

Erich Smith, MBA, was promoted to first vice president of Mellon Private Asset Management, a registered service mark of Mellon Bank Corporation. He previously served as sales manager.

Scott Crowley, BSBA, a building specialist with Walker Associates, Inc., in Boston, married Sharon Almeida, BSBA '95, a representative with Liberty Mutual in Boston. They are living in Somerville.

Stephen F. Delaney, BSBA, an accountant for Primus Automotive Financial Services, married Amy Norton. They are living in Quincy.

Craig C. Hall, MPA, a Weymouth businessman, was named a team leader for the Innovations in American Government program.

William J. McAvoy, MPA, director of external affairs for Plimoth Plantation, has been elected to the board of directors of Plymouth County Development Council.

Domenic Mercurio, MPA, director of development and public affairs at the Alliance for Education in Worcester, has married Sandra DiGregorio. They live in Southbridge.

James R. Rice, MBA, was promoted to senior vice president at CompassBank, where he has served as director of marketing since 1997.

Scott A. Saumsiegle, BSBA, has married Susan Vallere. They are living in Magnolia.

William R. Kulik, BSBA, an investment executive at Paine Webber in Wellesley, has married Michelle L. Benedict. They are living in Pembroke.

Grace E. Murphy, BSBA, vice president of corporate banking at Citizen's Bank of Massachusetts, was appointed to the Quincy Hospital Board of Managers.

Gary T. Kroll, MBA, is an asset management analyst for AEW Capital Management in Boston.

James Pipilas, MBA, was appointed executive director of the Provincetown AIDS Support Group.

Jennifer A. Souza, BSBA, payroll and benefits administrator at OneSource Information Services in Cambridge, has married William F. Comoros III. They are living in Woburn.

Sharon Almeida, BSBA, (see Scott Crowley, SSOM, BSBA '93)

Tracy M. Plummer, BSBA, a sales representative for Arrow Electronics, married James O'Toole. They are living in Braintree.

Brian Hart, MBA, has joined the Pillsbury Co. as national account manager for club accounts.

Michael J. Lawlor, MBA, was named vice president of client services and operations at Boston Financial.

Laura Nicotra, MST, a senior tax analyst at Carter Wallace, Inc., in New York City, has married Brian Patton. They are living in Elmont, NY.

Vincenzo Qualtieri, BSBA, married Annalisa Abate. They are living in Rever.

Brian Connolly, MPA, was appointed town administrator for Charlton.

Francis J. Gorski, MPA, a project manager for the Boston public schools, has married Paula M. McNult. They are living in Dorchester.

Susan E. Schumacher, MBA, senior vice president of marketing communications at Lehman Miller Incorporated, a Boston-based medical advertising agency, served as president of the Alumni Board of Directors at Regis College, for the past year.

Maria Scimemi, BSBA, married Frank Coccimiglio. They are living in Revere.

Charles M. Garabedian, MBA, a financial broker for Fidelity Investments, married Elizabeth M. Gayoski. They are living in Charlestown.

H. Dustin Kilgore IV, MBA, a sales consultant at Connecticut Computer Service, married Samantha L. Andrew. They are living in Framingham.

Brian M. O'Connell, MBA, a grants manager at Harvard Medical School, married Tonya L. Baehge. They are living in Brighton.

Shannon M. Vautour, BSBA, married Scott Dukes. They live in Tewksbury.

Richard Hendi, MSF, was named national sales manager of the intermediary services group of Scudder Kemper Investments.

Peter McCarron, MBA, a senior claims representative at American International Group in Boston, has married Dorothy A. Cooke. They are living in Billerica.

Alexandra MacMurdo, MBA, MA '97, has relocated to Marietta, GA. She is the director of sales and marketing at Business Owner Resources, a publisher of books for family-owned businesses. She can be reached at alex@family-business.net

Paul M. Mullane, MBA, BS '89, was appointed town administrator for Holbrook. He was previously working as a senior auditor/auditor in charge in the Office of the State Auditor of the Commonwealth of Massachusetts. He also served for the past two years as a member of the town of Hanover's advisory/finance committee.

Meaghan Murphy, MBA, a benefits administrator at CMGI in Andover, married Derek Jackson. They are living in Methuen.

John C. Thomas, MBA, was appointed legislative aide to Massachusetts State Representative Ruth Balser.
In memoriam

Suffolk University expresses sympathy to the families and friends of these alumni.

Donald Fiorillo, a Suffolk professor for more than 30 years, died in March at the age of 75. Fiorillo taught and was director of the Department of Sociology at the University. In 1949, he founded a sociology internship program for undergraduates, the first of its kind in Greater Boston. In 1951, he and his brother founded Appian Way Food Co., which markets homemade pizza mix. At that time the product allowed customers, for the first time, to add water to a mix and create their own pizza dough. Initially a two-man operation, the business soon grew to a national corporation with plants in Worcester and California and yearly sales of more than $2 million. Fiorillo was awarded an honorary degree from Suffolk in 1971.

Patricia Kindregan, MPA '77, a former civil servant and businesswoman, died in November 1998 of Lou Gehrig's Disease. She was 64. Kindregan earned a master's degree from Villanova along with her Suffolk master's, and began working for the US Immigration and Naturalization Service in Austria soon after graduation. She assisted refugees from the Soviet invasion of Hungary. She also worked for the US Navy ship repair service on the restoration of the battleships Missouri, Iowa and New Jersey. In 1986, she left government service and became business manager for Legal-Medical Publishing Company. In 1958, Kindregan and three other women became the first women to drive the full length of the Alcan Highway to Fairbanks, Alaska. She married Charles Kindregan, a Suffolk Law professor, in 1962 and moved to Boston in 1967.
Talk to Us!
We want to hear about you!

If you recently began a new job, earned a degree, married, celebrated the birth of a child, or have any news to share with your fellow alumni, please fill out this form and send it in. We'll include your news and photos in the Class Notes section of the next issue of *Suffolk*, the magazine for the University community.

You may also email class notes to suffolkmag@acad.suffolk.edu. (When corresponding by email, please include your name and phone number so that we can confirm this information with you.)

Name
Former Name
Home Address
City State Zip
Phone email
Title
Business Address
City State Zip
Phone email

Mail to: Suffolk University, Class Notes, Office of Development and Enrollment, 8 Ashburton Place, Boston, MA 02108-2770

Refer a Student ...

If you know someone who might be a prospective student and you would like us to send her/him admission information, please fill out the following:

Student Name
Address
City State Zip
Phone email

Please check appropriate box:
☐ Undergraduate student ☐ Graduate student
Richard Rosenberg
BS '52, DCS '91 (Hon.)

"Suffolk is a hands-on institution that taught me what I needed to know. That basic learning experience was very important to me. You can't be just a visionary to be a successful CEO."

Richard Rosenberg's climb up the proverbial ladder came the old-fashioned way—through hard work and perseverance.

In rising to become a nationally known figure in the banking industry, Rosenberg credits his education at Suffolk University for playing a key role in his success.

"Suffolk is a hands-on institution that taught me what I needed to know," said Rosenberg, retired chairman and chief executive officer of BankAmerica Corporation and its wholly owned subsidiary, Bank of America. "That basic learning experience was very important to me. You can't be just a visionary to be a successful CEO," he said.

Looking back, Rosenberg, 69, remembers Suffolk as being flexible enough for him to attend classes and hold a job during his college years. "I worked as a junior assistant for the Massachusetts Heart Association," he explained. "My job was to do everything from writing press releases to being a gopher."

While a student at Suffolk, Rosenberg, a native of Fall River, Massachusetts, had the reputation of a bright individual and a voracious reader. His classmates marveled at his capacity to retain detailed information. He once memorized the Taft-Hartley Act on labor relations and surprised his professor by quoting an entire passage in the classroom.

Although he is now located on the West Coast, Rosenberg still has fond memories of the University and the local community. A few years ago, he generously made a gift of $100,000 to the College of Arts and Sciences. "I always thought Suffolk had a lot of potential," he said. "I don't get back there as often as I would like, but I'm very happy to hear about the continuous progress the school is making over the years."

Rosenberg served in the US Naval Reserves from 1953 to 1959. He then began a career in banking, starting as a publicity assistant with the then Crocker-Anglo Bank in San Francisco. In 1962, he joined Wells Fargo, where he remained for 22 years, eventually serving as vice chairman and director. Next he served as president and chief operating officer of Seattle-First National Bank and Seafirst Corporation before joining Bank of America in 1987. He was appointed to chairman and CEO in 1990, and served in that role until 1996.

Always searching to improve and expand his learning capacity, Rosenberg went on to receive a master's degree in business administration and a doctorate of jurisprudence from San Francisco's Golden Gate University. He earned both degrees at night while working during the day.

Throughout his illustrious career, Rosenberg was considered unique in his profession. In a profile on him in the San Francisco Chronicle, he was described as having a "down-home, nice-guy image that makes him a refreshing exception to the stuffed-shirt executive."

Early in his career, Rosenberg was recognized for his innovations in bank marketing, including the now-common scenic check, personal banking for large holders, and the comprehensive bank account. As a leader, he is known for fairness and wise judgment, along with a commitment to profitability and community service.

Today, Rosenberg and his wife, Barbara, a former high school teacher, are enjoying life in California. They have two sons, who both work in the financial industry, and four grandsons. While he still keeps busy professionally as a member of many boards and councils, Rosenberg also spends a lot of time reading, collecting military and naval historical materials, and playing tennis.

His success as a businessman went beyond understanding the intricacies of the banking profession. He believes he knows about people and how to bring them together: like a sports team wearing business suits and dress shoes instead of uniforms and cleats.

"It's critically important to listen to people and to trust and respect the people you work with," he explained. "I think the only true role of a manager is to help the people who work for him or her to succeed. That's how everyone succeeds—when your primary goal is to help the people who work for you to succeed."