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757 graduate at harborside commencement

Matt Wilder
Journal Staff

The sun shined brightly while 757 students received their undergraduate degrees from Suffolk University on May 18 at the FleetBoston Pavilion.

The event was the first of its kind at the pavilion, which usually hosts summer concerts at its harborside location. University officials were under scrutiny during the spring semester when they announced that the ceremony wouldn't be held at its yearly venue, the FleetCenter.

FleetCenter executives told Suffolk administrators that if the Boston Celtics made the playoffs, a game would be held at the arena on graduation day and therefore could not guarantee the space. University officials scrambled to find a compatible location and settled on the FleetBoston Pavilion. The pavilion is an outside venue that holds 5,000 people, compared to the FleetCenter's 19,000 open seats.

Dean of Students Nancy C. Stoll said the feedback she received about the new location was positive. "We received numerous comments that day and in the days that followed from families and guests," Stoll said. "They were unanimously positive and very generous in their praise of the whole commencement experience."

Graduates seemed focused on their significant day rather than the headaches they had leading up



Photos courtesy of John Gillyoly

"Meet the Press" host Tim Russert addresses new graduates.

to it. Senior Michele Colameta said she was overwhelmed. "It's a rush of emotions," she said. "I'm so excited." Senior and Student Government Association President Sean Powers joked about the future that awaits him. "Now what do I do?" he asked. Powers also remarked on how quickly his time at Suffolk flew by. "It doesn't seem like four years," he said.

President David J. Sargent introduced the ceremony's keynote speaker, NBC's "Meet the Press" moderator Tim Russert.

Russert told various stories of meeting world leaders and impressive political figures, like Pope John Paul II.

Russert began his address by stating, "You have finally made it." Russert light-heartedly spoke of his profession. "David Brinkley once told me that if Moses came down from the

mountains today ... with the 10 Commandments this is how TV news would cover it: Moses came down from the mountains today with the 10 Commandments, now here is Sam Donaldson with the three most important," he said.

The political expert also had serious comments during his speech. He quoted Massachusetts native John F. Kennedy's presidential inauguration speech: "Let the word go forth from this time and place, that the torch has been passed to a new generation of Americans."

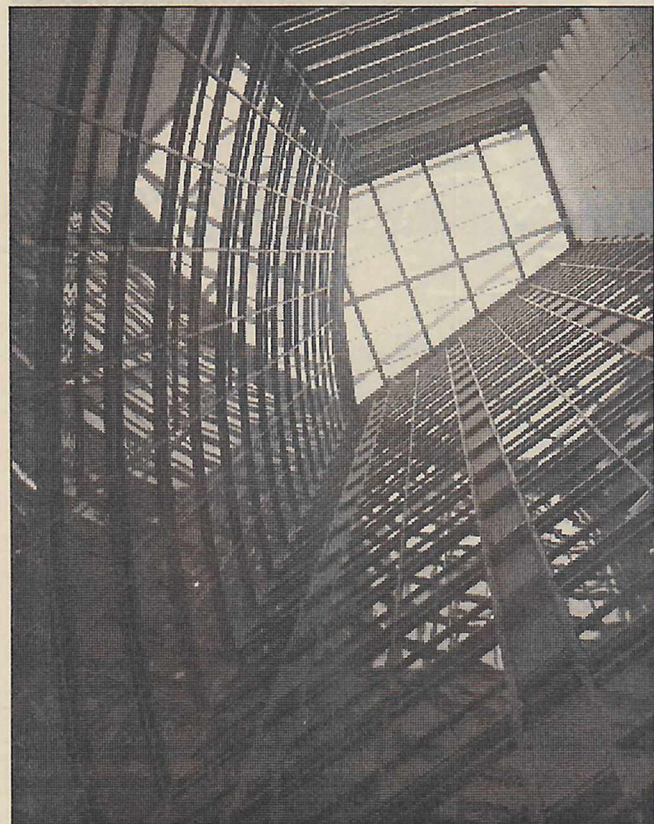
Russert told the graduates that they are just as qualified as students from Ivy League schools. "The diploma you are about to receive has prepared you to compete with anyone, anywhere," Russert said.

"The future leaders of this world will not be born the sons of see **Russert**, page 2



A Suffolk graduate celebrates after receiving her diploma at the FleetBoston Pavilion on May 18.

Modern residence hall boasts atrium, views



Adam D. Krauss - Journal Staff

A view of the glass atrium inside 10 Somerset St.

Adam D. Krauss

Journal Staff

The completion of the new 10 Somerset St. dorm is rapidly approaching. For more than a year, union laborers have been working to make sure every piece of wood and metal is in place in the 19-floor building. What was once an expensive parking lot has now become a state-of-the-art residence hall.

"It has been smooth sailing so far and we look forward to finishing the project," said Michael Feeley, project counsel for the new dorm. "We've been getting positive feedback from surrounding neighborhoods."

About 200 freshmen will move into the dorm Aug. 31. Another 130 students will move in the next day.

Once inside the building, glass encompasses students' every move. A 208-foot atrium takes center-stage and is visible from any location that is not facing the back of the building.

To help the growth of plants and to use as much natural energy as possi-

ble, the dorm will feature "extensive day lighting," Feeley said. Windows are fritted to reduce heat absorption on those terribly hot days.

Multiple 50-inch plasma TVs, fully operational with hook-ups for a DVD player, a VCR or PowerPoint presentation are scattered throughout the building.

The cafeteria on the third floor seats 84 people and can be used as a "multi-purpose space," Feeley said.

Rooms are equipped with satellite cable and have two phone and two data port hookups. There are 147 double rooms, 19 single rooms and eight quads. Rooms are also handicapped-accessible. There is a director's suite, located near the building's computer lab, which will feature some Apple computers for NESAD students.

The carpet is made from recyclable materials, Feeley said. He said Suffolk has tried to make the dorm "as environmentally friendly as possible."

For security, the dorm will have cameras inside the elevators and in "key areas throughout the building,"

Feeley said.

There has also been some administrative shuffling for the new residence hall.

Shannon Werner has been named assistant director of Residence Life and Summer Programs and is going to be in charge of the completion of the 10 Somerset St. dorm. Last year she lived at 131 Tremont St. and ran that building, according to Residence Life and Summer Programs Director Maureen Owen Wark.

Owen Wark will continue to be the department's director, but the days of day-to-day operations for her at 150 Tremont St. are over. "I'm very excited. It's time to move off campus."

To fill her spot at the 150 Tremont St. dorm Suffolk hired Tikesha Morgan, who was named assistant director. She will begin work July 1.

"I think the university will have a major grand opening" for the new dorm, Owen Wark said, whose department is not responsible for such an event. However, she said, "The grand opening will be getting everybody in."

NEWS Briefs

Professors' publications on display

Biographies of a former female professional baseball player, the frontman of rock band Echo and the Bunnymen and a respected African American slave are among the many books authored by Suffolk professors and alumni that are on display at Suffolk University Law School.

The exhibit, "Suffolk's Bookshelf: A Showcase of University Authors," is open at the Adams Gallery on the first floor of David J. Sargent Hall from 10 a.m. to 6 p.m. daily. The display will be presented until June 23.



Photo courtesy of the sports department

Suffolk's women's softball team gear up for a game.

Women's softball season ends

The sun set on the Suffolk's women's softball team's season, but the players are looking forward to a bright tomorrow. The season record was 24-10.

The team was selected to compete in the Eastern College Athletic Conference post-season tournament after recording a Great Northeast Athletic Conference record of 19 wins and three losses. Pitcher/outfielder Erin Pagel was named Conference Player of the Year. Pagel, catcher Brenna Burr, second baseman Lauren Uttaro, shortstop Emily Cullen and center fielder Christina Nay were named All-Stars and received All-American honors from the National Softball Fast Pitch Coaches Association. Pagel and Uttaro were also selected for the Eastern College Athletic Conference New England Region All Star Team.

Students, staff receive leadership awards

Student Government Association members, a communication and journalism professor, unsung heroes and other members of the Suffolk community were recognized for going "above and beyond the call of duty" at the Student Government Association Leadership Awards Banquet.

The dinner and awards ceremony, which took place during the last week of classes in the spring semester, honored 16 "outstanding" students, staff or student activities groups. The recipients were chosen based on nominations made by community members. A selection board of students from activity groups made final decisions on who should receive the awards.

The following is a list of the award recipients: SGA member Emily Ruskowski, Outstanding Freshman of the Year; Students for Peace and Justice member Rob Laurent, Outstanding Sophomore of the Year; SGA President David Rodrigues, Outstanding Junior of the Year; Black Student Union executive board member John Essieh, Outstanding Senior of the Year; Chris Aguiar, Outstanding Transfer Student of the Year; Communication and Journalism professor Jodi Maffioli, Outstanding Faculty Member of the Year; University Registrar Mary Lally, Outstanding Administrator of the Year; Student Activities office coordinator Kim Heagney, Outstanding Support Staff of the Year; Women's Cross Country runner Allison Curran, Outstanding Female Athlete of the Year; Men's Basketball Captain Tom Carey, Outstanding Male Athlete of the Year; Black Student Union, Outstanding Student Club/Organization of the Year; Suffolk Step Team, New or Most Improved Club/Organization of the Year; PHOCUS: Bringing it back to the dot, Outstanding Program of the Year; Club Allocation Board Secretary Anthony Hightower, Student Unsung Hero Award; Student Activities Assistant Director Dan McHugh, Staff Unsung Hero Award; and Rainbow Alliance advisor Curtis Hoover, Outstanding Student Club Advisor of the Year.

Study: students lacking sleep

Michael Fruzzetti

Journal Staff

Are you feeling tired or a little drowsy during classes? Students are some of the most sleep-deprived Americans according to a recent study by the National Sleep Foundation.

The non-profit organization found that people ages 18 to 29 are more likely to be sleepy during the day, take medication to stay awake and have difficulty falling asleep on weekday nights.

Only 26 percent of students get more than eight hours of sleep per night.

Some students stay awake every night studying, procrastinating and completing assignments.

"I get only around 5 hours of sleep a night, and it definitely affects morning classes," said senior Mitchell Reid. Some students have trouble catching "Zs," but others get enough sleep.

"I get about eight hours of sleep (a night) on average, but it doesn't affect my classes," said freshman Verena Seipp.

The organization's study, conducted in 2002, found that this age group sleeps less than it did five years ago, with more symptoms of insomnia. It also drives drowsy more than any other age group.

Dr. Paul Korn, a psychologist at the Suffolk University Counseling Center, said some students have trouble getting to sleep because they're thinking about deadlines for mid-term papers or an exam the next day.

"There are a fair number of students who are anxious and have too many racing thoughts," Korn said.

Korn said students are often under pressure but they should "just relax. Take it easy. It is necessary to side-step this habit of constantly worrying, but just don't forget about everything."

Korn said students should write down their thoughts before going to bed so they can ease their anxiety.

He also recommended that students listen to soothing music or read a book before trying to fall to sleep.

Coffee drinkers, hoping to remain coherent for a few more hours, might have a few problems in their sleeping patterns and health. Caffeine increases

Sleep solutions

A relaxing bedtime routine can make it easier to fall asleep.

Avoid job-related work and household chores that are mentally and physically stimulating.

Do not eat or drink too much before bedtime.

Create a quiet, comfortable environment.

Avoid alcohol, nicotine and caffeine, especially close to bedtime.

Exercise, but not within three hours before bedtime.

Avoid naps, particularly in the late afternoon or evening.

Keep a sleep diary to identify your sleep habits and patterns.

Establish a regular bedtime and get up at the same time every day.

Do not stay in bed to make up for lost sleep or beyond your regular rise time.



metabolism, accelerates breathing and raises heart rate and blood pressure, according to the National Sleep Foundation. Consuming caffeine-related products can inhibit the total hours of sleep, increase the time it takes to fall asleep and increase awakenings during sleeping periods.

The organization recommends that people try to maintain a normal sleep schedule by falling asleep and waking around the same time each day.

Story from page one

Russert commends grads

Russert from page 1

kings and queens but will be the blood of immigrants," he said. Russert also mentioned that the graduates will be challenged during their lifetime. "Every generation will be given the opportunity to be tested," however he reminded them they are not alone. "Remember people struggle alongside you and below you," he said.

"Have a great life, be careful tonight and go Suffolk Rams," were the words Russert left the packed house with as he adorned a Suffolk University baseball cap.

Student speaker Kim Duca told her fellow graduates that she was "afraid" of what lies ahead. Duca assured her fellow graduates that the nervousness was expected but not necessary. "The only limitations are those we put upon ourselves," Duca said. "Let's be happy that Suffolk did happen," she said just after remarking on how sad she was to be leaving. "Leave here today knowing that it doesn't matter what you tried and failed at, leave here knowing there is still so much more to do," she said.

Honorary degrees were given to eight distinguished guests during the law school and undergraduate ceremonies.

The morning ceremony for the university's law school boasted an equally well-known keynote speaker, former U.S. Attorney General Janet Reno.

Administrators are still planning next year's ceremony, and no venue has been



Photo courtesy of John Gilloly

A Suffolk graduate shows class pride at the 2003 commencement ceremony at the FleetBoston Pavilion.

Suffolk honors Fenton at celebration dinner

Karolina Stefanski
Journal Staff

Suffolk University Law School raised approximately \$600,000 at the John Fenton Tribute Dinner held at the Westin Copley Place Hotel on April 30.

The grand fundraising event, which attracted over 850 guests, was organized to recognize John E. Fenton Jr., a professor of law and leader at Suffolk University Law School for more than 45 years.

Proceeds from the dinner will benefit students who are pursuing careers and internships in public service, associate dean and co-chairman of the dinner John Deliso said.

The “honorable” Fenton, a lawyer, professor, judge and visionary, was born in Lawrence, Mass., and began teaching at Suffolk Law School in 1957.

During his career at Suffolk, Fenton gained a reputation for his teaching and became a favorite among students. His “evidence course fills quickly each fall, as word passes from one class to the next about his teaching excellence and wonderful sense of humor,” according to a statement in the dinner brochure.

Dana Iannacone, a second-year law student and former editor in chief of the law school newspaper *Dicta*, took an evidence class with Fenton last year. “He truly is a great professor,” she said. Iannacone said that Fenton is exceptional because “he has the amazing ability to engage and hold the attention of the student and is truly excited about the material he teaches. Fenton doesn’t lecture at his students; he lectures to them so that by the end of the class, every student understands evidence.”

She said that “people sit in the aisles of



Photo courtesy of John Gillooly

President David J. Sargent and John Fenton greet at the Tribute Dinner on April 30.

his class. And yes, (she) was one of those people.” Iannacone said that the one thing she learned from Fenton is “that in a profession where there are so many lawyers out for themselves, there are still lawyers with heart. Fenton has heart and that comes across in his teaching.”

Fenton graduated cum laude from the College of the Holy Cross in 1951 and from Boston College Law School three years later. He received an LLM from Harvard Law School in 1955. During his career at Suffolk, Fenton has received numerous Suffolk Law School awards.

Suffolk University President David J. Sargent said, “No one in the history of the law school has had such a profound influence on students.” He added, “[Fenton] is

one of the most extraordinary people I know. He is the very best.”

Chairmen of the Board of Trustees Nicolas Macaronis said, “John Fenton does not have an arrogant bone in his body.”

Secretary of the Commonwealth of Massachusetts William Galvin said that if he had to describe Fenton in two words, he would say Fenton is “authentic and sincere.”

When asked to respond to these comments, Fenton said that being the subject of the event “has been a little uncomfortable for (him).” Fenton said he was thankful for the genuine respect he received.

He said that his will for community service was stimulated when he first saw immigrant mill workers who asked Fenton to teach them “how to become a good U.S. cit-

izen.”

The crowd cheered when Fenton said, “I certainly love what I am doing and I want to continue as long as I can.”

Dean of Suffolk University Law School Robert H. Smith pointed out that “this is not a retirement party,” but a recognition dinner for “our legend” John Fenton. He said that the money that was raised at this event will be used to support law students who are planning to pursue internships in public service.

Dean Deliso said that 20 to 25 percent of law students pursue work in the public sector. He explained, “We are creating a fund. It will be called the Fenton fund and it will be used to provide financial assistance for people who are involved in the public sector.”

The invitation states that tickets for the Fenton dinner ranged between \$500 and \$5,000. But Deliso said that some people donated even more money.

One of the three gold sponsors of the event was Paul M. Barrett, a Suffolk graduate from 1983, who contributed \$25,000 to the tribute dinner. Barrett, who practices health law, said he was glad that he can help Suffolk students through his contribution.

Deliso said the tribute dinner was a “special event.” It was organized to recognize Fenton for his lifetime achievement and took a lot of time and effort to plan. Deliso said, “To put a dinner on like the Fenton Tribute Dinner requires a very significant effort.” Deliso said he organized this dinner for ten months.

Deliso said he was pleased that such a large number of guests attended the event. Iannacone said, “Actually, I’m not surprised that so many people showed up, Fenton has touched so many lives over the years.”

MIS builds web portal

Gillian Reagan
Journal Staff

Suffolk administrators are developing a web portal that will connect students to personalized message boards, calendars, class schedules and university announcements that is expected to be completed during the fall semester.

Management Information Systems’ Director of Administrative Computing Robert DiGuardia said the “student-centered” portal is an “online community for students to gather for academic and social purposes.”

DiGuardia described the portal, called “CampusCruiser,” as “one-stop shopping” for students. “Students can go one place and get everything they need,” he said.

Each student will have a log-in name that will consist of their first and middle initials and their full last name. The opening page in the software may include headlines from Suffolk’s public relations office, CNN and the sports department. There will be links to personalized calendars and agendas, student activities clubs announcements and class schedules. The portal will alert students about appointments and new club and university announcements.

Faculty, students and staff will have accounts and students will also be able to use the portal long after they’ve graduated. “We hope to make it a life-long connection to the university,” DiGuardia said. “This is about community-building and a community relationship doesn’t end when you grad-

uate.”

The system and software was created by Timecruiser Computing Corp., which specializes in developing portals for educational institutions.

Many universities, including Berklee College of Music, use the CampusCruiser software, according to DiGuardia.

The Management Information Systems staff will customize and administer the program. DiGuardia said the idea for the portal originated from Suffolk University Law School’s staff, when they were trying to find a system that would allow students, faculty and staff to communicate. DiGuardia said the university is “always looking for ways to build community.”

He said the system’s “tight integration with our database makes it a lot more efficient.” The portal will be connected to SAIL, Suffolk’s class registration program, and email server.

University Registrar Mary Lally, who is also on the team supporting the software, said the portal will save Suffolk money. Announcements to students that used to be sent through mail and cost her office postage can be sent through the portal and save the office money. Student activity groups can also benefit from these savings.

Lally said a marketing committee has been formed to help publicize the portal once it is completed and students can look forward to a portal kick-off some time in the fall. DiGuardia said Management Information Systems staff hopes to have the portal ready for September.

Opportunities at the Journal

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Letter from the editor

An introduction...

First and foremost, I would like to take this opportunity to introduce myself as the new Editor in Chief of *The Suffolk Journal*. I have been involved with the *Journal* since I was a freshman, simply contributing rock music reviews in hopes to see my name printed in the Arts and Entertainment section every week.

There was no better feeling than stopping by the Donahue building on my way to a class to pick up a copy of the *Journal*, knowing that an original piece of my own work was on display for the entire campus to see. Sure, it might have only been a review of a Bon Jovi concert, but I was proud to have something printed in a well-respected publication.

The excitement of journalism has been running through my veins since high school, and I'm glad to be continuing that thrill throughout my college career. I jumped at the opportunity to become Arts and Entertainment Editor, because it involved the main interests of my life: journalism and music.

What started as a mere interest in writing back in high school soon turned to an evocative career force, and I believed I was on my way to not only utilizing my writing, but also furthering myself at this university.

It has been quite an experience since those early college days, and now I find myself "running the show," so to speak. I am exultant with the chance to further the boundaries of this college medium, and am confident enough to progress the journalistic integrity of the *Journal*.

Print journalism is a dying field, and here's the proof. Those "talking heads" at Fox News and CNN are making more money than some of our nation's top newspaper editors, and those publications are pumping out better views and opinions than most of those rehashed talk shows.

I believe that this country's most important medium is the newspaper. Before the internet, before television, and even before radio, there was print journalism. To this day, a casual read over a particular paper can enlighten a reader in many different ways.

The aforementioned idea is my main goal for *The Suffolk Journal*. At Suffolk, there are a wide variety of students that walk on and walk off this campus. However, many of them lack the drive to get involved with any clubs or organizations at Suffolk. Many commuters come to class, and hop back on the T to head home. Many residents have the ability to get more involved with Suffolk, but choose not to. The bridge needs to be gapped; Suffolk University needs more involvement from its students, whether they live an hour's long train ride or a five minute walk from the residence halls.

The Suffolk Journal is our voice, the voice of the students. We are here to provide the members of the campus with information on events and happenings around Suffolk. We are here to voice our concerns. We are here because this university needs a medium in which to express its opinions.

I hope to bring *The Suffolk Journal* into new and interesting areas in hopes of reaching the masses of Suffolk University. This publication is an intricate part of the campus and plays an essential role in the networking of this community.

That said, we are looking for fresh new talent to grace the pages of this prestigious paper. Check out flyers, drop us an email or stop by our office on the fourth floor of the Donahue Building. With your help, we can broaden the dexterity of this publication and reach a whole new audience, proving yet again that the best way to reach the world is through a newspaper.

The Suffolk Journal


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www.suffolkjournal.net

Finding yourself at Suffolk

"You'll find that you're not the first person who was ever confused and frightened and even sickened by human behavior. You're by no means alone on that score, you'll be excited and stimulated to know. Many, many men have been just as troubled morally

Erica Lugo

and spiritually as you are right now. Happily, some kept records of their troubles. You'll learn from them - if you want to. Just as someday, if you have something to offer, someone will learn something from you. It's a beautiful reciprocal arrangement. And it's education. It's history. It's poetry." (The Catcher in the Rye, J.D. Salinger)

There will be times when you will feel completely alone and other times when you will feel completely fulfilled. There will be times when you will want to run back home; back to comfort; back to familiarity; back to ease.

There will also be times when you will not be able to picture yourself anywhere else. You will feel independent, dependable and free. So how does one survive in this world of paradox? The answer is: balance.

The truth is college can either make or break you. You have to come to the realization that you are leaving everything behind, but be open to the fact that you are now in control of building your future. You're starting over and you can be excited or absolutely horrified. So my advice to you is not to overwhelm yourself. Rather, find balance. Find balance in a world of success and failure, love and heartache, failure and accomplishment, honesty and betrayal, fear and strength, tears and smiles.

As oppose to striving for one, find balance between the two. Learn from your mistakes. Accept the rewards and consequences of a decision. For every hard time there will be a lesson learned. For every happy time there will be motivation for more. For as the saying goes, "these are the best years of your life."

You are about to embark on a life-changing experience. The thrills and apprehensions of college life are staring you in the face. Thoughts about this transition will most likely generate many questions. Just remember that with every question there is an answer. And if you find yourself lost, turn to the people around you. They are your age and they are going through the same feelings, dilemmas and confusion. If you just sit around and wait until relationships form, you may find it more difficult to make friends. Get involved. Join a club. Volunteer. Try out for a team. Start a conversation with a classmate. Open your dorm room door while your working. Keep in touch with students you meet at orientation. The friendships you form will be unlike ones you've ever had. Why? You're away from home for four years. Your friends become your family.

Take courses you are interested in. Find something you enjoy. Don't forget about those core requirements, but don't lose touch of your passion. You are moving into adulthood and searching for a potential career to achieve your dream. Challenge yourself. Become inspired. Remember to do what feels right. College is a major investment of time and resources, so take the time to get it right.

The adjustment into college is not easy. I'm not going to sugarcoat it. In some cases you will be living away from home, dealing with roommates and most fright-

ening: washing your own clothes! You'll feel stressed and homesick. But don't be scared to make that first phone call home. Keep in touch with those friends you had in high school. You are leaving behind a lot but that does not mean you have to forget what is behind. Stay true to yourself. Take time out to figure out your needs and wants. Discover what makes you happy. Do something you love. You will never feel bored, empty or abused. Energize your days. Take credit for your own efforts, even if nobody else does. Be open minded, stay loyal and most importantly have fun.

In my personal experience at college, it wasn't easy. There were times when I wanted to leave; when I felt alone; when I had no one to turn to; when I just wanted to run away. As I look at myself today, I realize that I'm stronger, more confident and I no longer fear being on my own.

Through all the dramas, through all the breaking points, and through all the dead ends, I also went through all of the joy, through all the love and through all the laughter.

As I enter my senior year, I almost envy the incoming freshman. They have a new start in life. They can pave any path they want. I'm at the point in my life when I fear the real world. The world after college. And I already know what it's like for the freshman, but who knows what it's like for the soon-to-be-graduating seniors?

It seems like we're always in a cycle. Finishing something to start something else. The beginning of an end.

So why take my advice? In a way, I'm in your position, just four years later. I survived. I don't know exactly how I did it, but I enjoyed the majority of it and now I'm ready for round two.

Opinion

A New Perspective

Wasting history



By
Nick
Delena

In ancient Rome, Caesar's sovereignty was embraced by the majority of Roman subjects. After decades of civil war, culminating in the assassination and defeat of Pompey, Caesar became sole ruler of the Mediterranean world.

Roman culture had long despised despotism. As legend goes, there were seven kings in early Rome. The last king, Tarquinius Superbus ("Tarquin the proud"), was expelled from Rome and the Republic founded in 509 BC. Since those early days, anyone of great power was viewed with suspicion and mistrust and the senate typically aligned itself in opposition, typically through bloodshed. But after years of civil war, Romans had grown tired of politics; they had become sick of the chaos of war and wanted nothing but a prosperous peace, regardless of its preconditions.

Thus Caesar's (and later Octavian's) accession was largely embraced.

Modern America may seem at first entirely incomparable, but I believe we are adrift along the same indolent course.

In the spring 2003 print of *Free Inquiry* magazine, Lawrence W. Britt wrote a column titled "Fascism Anyone?" in which he outlines the 14 most common traits of fascist dictatorships.

"Powerful and continuing expressions of nationalism, disdain for the importance of human rights, identification of enemies/scapegoats as a unifying cause, the supremacy of the military/avid militarism, rampant sexism, a controlled mass media, obsession with national security, religion and the ruling elite tied together, power of corporations protected, power of labor suppressed or eliminated, disdain and suppression of intellectuals and the arts, obsession with crime and punishment, rampant cronyism and corruption, and fraudulent elections."

It is easy to match these traits to Hitler's Germany, Franco's Spain, Salazar's

Portugal and Pinochet's Chile. But what is more disturbing is the prevalence of these traits in our democratic republic.

In ancient Rome, religion was used mainly as a political tool, and quite obviously so. When the empire would annex a region, the senate would vote to make the victorious emperor the deity of the subjugated province.

Men were also appointed to positions in the pontifices and augustales through patronage and cronyism. These positions were quite influential (and mostly undeserved).

In America today we see the power of religion and its shadowy grasp on our constitution. We also see a massively overwhelming, all-powerful military and we see its place up high on a pedestal, peer in tandem only to the American corporation.

We are on a very disconcerting path. As this war in Iraq has proven, the United States is entirely unrivaled in the world militarily and economically, as Rome was in antiquity. We have demonstrated an uncanny ability to defy world opinion; to act against the wishes of billions of people with little or no immediate consequence. We truly are on the cusp of a historic moment for our nation, be it a positive or negative implication. What is needed now is the suspicion, the watchful eye, and the critical examination.

The commonly accepted notion best phrased by John Updike is ultimately a dangerous belief: "That's one of my goddamn precious American rights, not to think about politics."

We have seen from the Roman example what happens when a people leave politics: tyranny reigns.

And of this Augustus George Bush? A quote from historian Edward Gibbon comes to mind, from his book "History of the Decline and Fall of The Roman Empire": "Trajan was ambitious of fame; and as long as mankind shall continue to bestow more liberal applause on their destroyers than on their benefactors, the thirst of military glory will ever be the vice of the most exalted characters."

Whether you smoke it, grow it, love it or think it's the work of the devil, if you care even a smidgen about your rights you'll be interested in the recent ruling regarding Ed Rosenthal, the self-proclaimed "Guru of Ganja," who was facing a maximum 100 years in prison for cultivating the zany weed.

Last year federal authorities arrested Rosenthal, 58, for growing and selling marijuana. In January he was convicted of the

Ed Rosenthal was facing a maximum 100 years in prison for cultivating the zany weed.

indiscriminately labeling people "enemy combatants" and rounding up immigrants and treating them like terrorists based on information that in most

cases is still to this day – at least publicly – not known, the federal government was also trampling over the sovereignty of one state, all in the name of winning the war on drugs. Who would have thought Mary Jane would cause so much trouble?

In a trial practically void of the truth, a jury found Rosenthal guilty on felony charges of marijuana cultivation and conspiracy.

After the case, when jurors learned of the shortsightedness they were forced to bear, they immediately launched a letter-writing campaign seeking a new trial or at least a very light sentence for Rosenthal, whose only real crime was trying to help sick people feel good.

This brings us to his June 4 sentencing in San Francisco, in which Federal Judge Charles R. Breyer – the same buzz kill who used his robe to hide the truth months earlier – concluded that Rosenthal was not cognitively operating beyond the scope of the law by growing marijuana.

Breyer sentenced him to one day in jail, a \$1,000 fine and three years of court supervision. (Sorry, Ed.)

A victory for Rosenthal and state's right's, you say? Sure, one would think so. But Rosenthal wasn't totally satisfied. He called on the judge to resign and promised to fight for the abolition of marijuana laws. This case alone probably won't spark that movement to the next level, but at least in the end justice was salvaged and a healer didn't go to jail.

Certainly, more needs to be done to confront the domestic imperialism of President Bush's government in 2003. At his press conference after the ruling, Rosenthal kind of began that effort. He said: "This is day one in the crusade to bring down the marijuana laws, all the marijuana laws. The federal government makes no distinction between medical and recreational marijuana. They're right. All marijuana should be legal."

Adam D. Krauss

crime. The case was cashed as quickly as it got packed.

The problem with the verdict was that the federal judge who presided over Rosenthal's case refused to let evidence that the plants were being grown for medicinal reasons under a city ordinance to be brought into court, meaning jurors were forced to deliberate the consequences of his actions and subsequent fate without being fully aware of the facts.

Meanwhile, the opinions of the Bush administration, notably chief liberty-curtailer Attorney General John Ashcroft, were well known.

They were going to make Rosenthal the federal government's "don't buy-don't smoke-don't think about pot" poster-boy. Rosenthal has written 12 books on marijuana and is an ardent advocate for the legalization of it.

Rosenthal's operations were bubbling in Oakland, Calif., where an ordinance was passed in 1996 by the citizens of that fine golden state to allow such activity for medical reasons and he was deputized the guy to run a city-wide operation to carry out such activity. The federal government, which abides by no such provision in its drug laws, flexed its enhanced post-Sept. 11 muscle and swept into Rosenthal's life with a degree of force which is supposed to be reserved for instances when the targets are armed with guns or bombs, not bongos.

So while the federal government was

Advising graduates against advice for the real world

Although this edition of the student newspaper is primarily intended for the incoming freshman this summer, it also presents a timely opportunity to address this year's graduated class. And since many of

James Cormier

them might never read this, I can comfortably step up onto my soapbox without having to worry that too many burgeoning young citizens will make any nasty missteps due to this most dangerous of all discourse: advice.

My point is relatively simple: practicality, like Jack Daniels, is best served in small doses – because too much at one time can damn near kill you, and will at least hinder social, intellectual and cultural growth. I am speaking to every one of you nascent members of society who has a dream or goal that is going unfulfilled because of a more reliable, "down-to-earth," practical position or path. While I admire drive and common

sense among college students, it can often be a suffocating force: too many students view the end of college as the end of their youth and freedom, while awaiting exposure to the harsh reality of the "real world" – commencement, indeed.

Most students are fairly well adjusted, experiencing nothing more than a mild tendency to wax nostalgic and pine over chances they did not take or avenues they never pursued. However, such language is dangerous and deceptive: "well adjusted" implies an adaptation to an initially strange or unpleasant environment, or an "adjustment" to one's personality or ethos. Students graduate with such baggage and most of it is unfortunately due to the influence of others. Parents, authority figures and society in general will always attempt to guide and control the younger generations, always with good intentions, always "for our own good."

"That kid has got a good head on his shoulders," they'll say. They'll either subconsciously or blatantly bestow upon you the weighty mantle of responsibility that goes along with a generation's coming of

age. But no matter how much they love you, the only person who knows what is right for you is you. I'm advising you against taking advice – a blatant double standard, I know. You simply have to learn some things for yourself; true understanding comes from a first-person perspective. You will regret every chance you never took.

Money isn't everything – money is so far from being anywhere close to everything one could want that it is laughable how diligently and vainly some people pursue it. True independence is not economic, it is the ability to say that you followed your instinct and your heart – even if your instinct was wrong. Independence is understanding that whatever you may pursue, the self-knowledge and self-reliance gained in the pursuit has prepared you for life more thoroughly than any advice Mom and Dad could ever hope to.

So my advice is: don't put too much stock in advice and go out and do that thing you know you really want to do – because everyone has got one, whether they know it or not. Move to New York, L.A., London or

Saigon. Go into theater; act in a little playhouse and don't worry about agents or money or "being discovered." Write anything and everything, type out the dictionary until something inspires you, just write. Read books that will never serve any purpose but giving you a sense of satisfaction in your accomplishment and more interesting things to talk about. Start a band even if you can't play guitar yet. Put everything you've got into creating that little web start-up you've been dreaming about, no matter what the market people tell you. Do anything but that job that would provide you with just enough income to comfortably avoid taking another risk ever again.

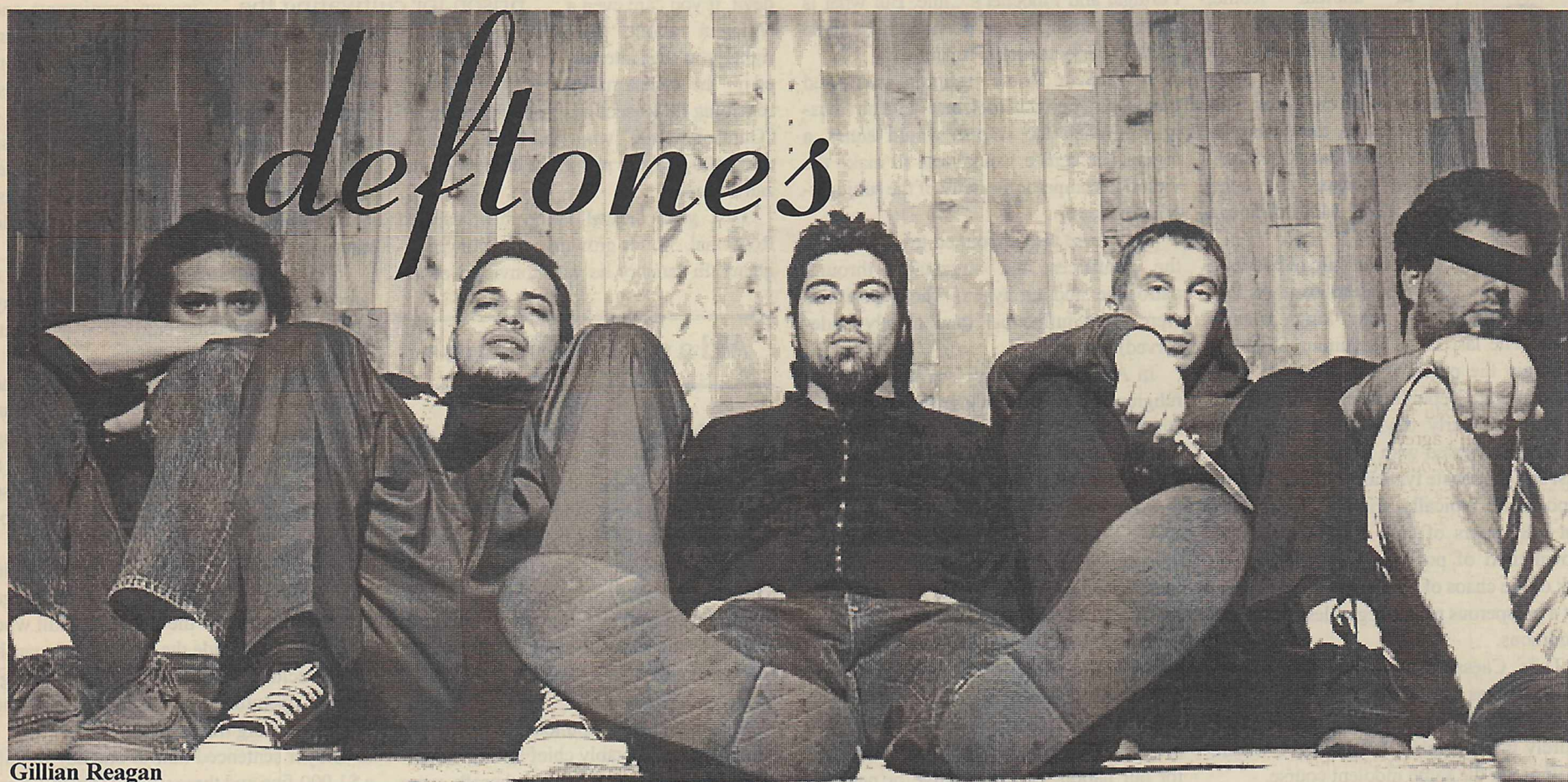
The world may be a rough place sometimes, but I think it's often nicer than you imagined, particularly if you're not grinding away the days doing something you hate. I know that many of you think this is all terribly clichéd and overdone but a few of you need to hear this. Those who have difficulty reconciling the fact that a younger person is giving you advice on your life, well, remember what I said about advice?

Arts & Entertainment

Wednesday, June 11, 2003

The Suffolk Journal

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Gillian Reagan

Journal Staff

In "Good Morning Beautiful," a melodic, moody track from the Deftones' latest release, lead singer Chino Moreno lets out a banshee scream: "You should wake up before the wrath comes." A banshee, the Gaelic word for "ghost," is a spirit that wails to warn the death of a loved one. Moreno's fierce voicework on the Deftones' self-titled album embodies the banshee spirit, which can be seen washing the bloodstained clothes of those who are about to die outside the family's home, according to Irish folklore. Despite Moreno's ominous lyrics, the Deftones are more alive than they've ever been.

From the strumming opening riff of "Hexagram" to the dark, desperate "Moana," the new release is a stunning journey through the spirit of the Deftones: breaking the boundaries of metal and rock with passionate songwriting and blistering vocal and guitar work.

It has been three years since the Deftones staggered the rock world with *White Pony*, a collection of individual, original songs and singles, including "Change (In the House of Flies)" that would make it high up the charts.

This new release is their first fully realized album. *White Pony* had excellent singles. *Deftones* is a cohesive album, revealing a journey through thunderous rhythm from drummer Abe Cunningham, guitarist Stef Cunningham and bassist Chi Cheng, moaning, atmospheric samples from DJ Frank Delgado and advanced shrieks and bawling screams from Moreno.

In the liner notes, lyrics are printed over blurred snapshots of a mustached man holding a small boy and an empty table decorated with a cake and cards, among other photographs provided by Moreno. The pictures are haunting, personal moments from the past, which reflect album's intimacy.

The band takes the listener into their world, a dark seascape, with an ebb and flow of in-your-face aggression with songs like "When Girls Telephone Boys" and "Battle Axe" and calm, vulnerable tracks like "Lucky You" and "Anniversary of an

Uninteresting Event."

Despite the musical assault during hard-hitting highs, Moreno's lyrics are at their most emotional on several songs. "Cross your heart and pray the ocean will take us all the way in ... You'll give in to me and the whole heartache makes me feel alive," he sings on "Bloody Cape."

"Anniversary of an Uninteresting Event" is a ray of light through the thunderous clouds, with a soft, simple piano tune and slow drumbeat, scattered with a tinkering triangle and rhythmic tambourine.

Lyrics like "No more gold lights for the queen earth to keep you warm in your kingdoms, high on the waves you make for us. But not since you left have the waves come," describe hopeless loneliness.

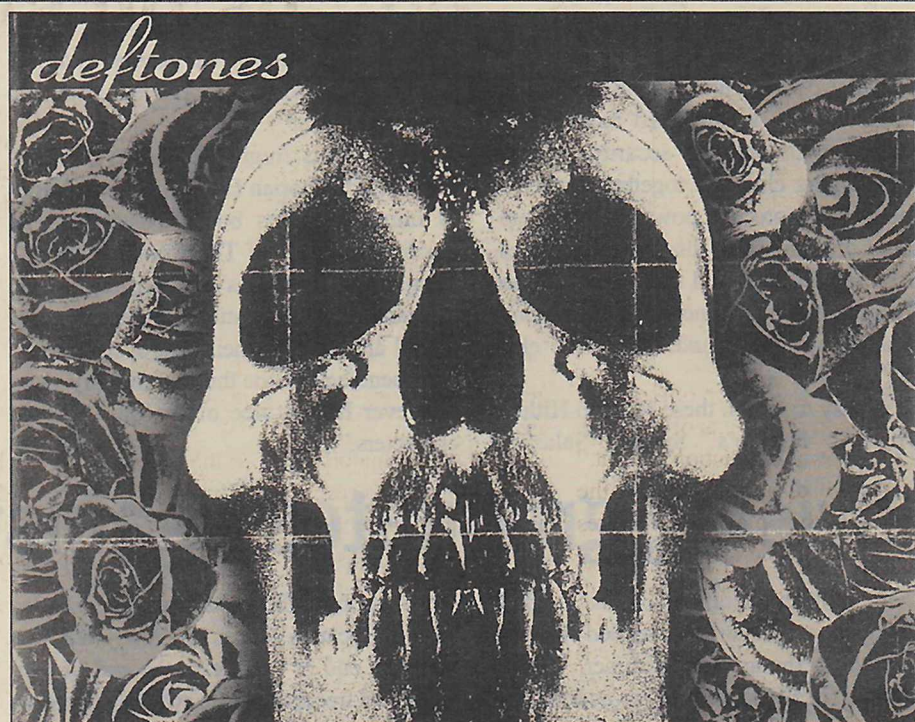
Besides the recurring lyrical theme of water and waves, music seems to be another motif on *Deftones*.

"Needles and Pins" seems to be a tribute to the relationship between the band and the crowd: "Tune out everyone in the crowd because now it's just me and you. Come fall in love with the sound."

"Minerva," an obvious choice for the album's first single, is an inspirational experiment in the Deftones' trademark balance of melody and heavy roots. Moreno seems to let go vocally and lyrically, almost moaning, "I get all numb when she sings it's over. Such a strange numb and it brings my knees to the earth. And God bless you all for the song you saved us."

The Deftones certainly saved us. With all of the rehashed metal and self-indulgent, mainstream rock out there, Deftones have once again comforted fans in the fact that they'll be there to bring something fresh to the masses, amazing listeners once

Sacramento crew defy rock's boundaries



Flowers are a girly thing no more: The Deftones rock with aggressive emotion.

again.

Deftones seem invincible through their talent. As Moreno challenges in "Needles and Pins," "Who wants to fuck with us now?"

Enhanced action

For those few who are willing to plunk down \$12 for the actual CD rather than searching for the mp3s on Kazaa, the album has an enhanced section. There are short videos for each member of the band, which songs from the new album as the soundtrack. Most of the videos are uneventful and scattered, featuring the guys driving around in their cars, jamming to their own music. "It's serious tightness," Cunningham said on his video. "They're all hits. ... We just write hits ahead of their time." Fans can watch

Cunningham hang out with his young son, Moreno ride on a scooter, Delgado shop at a record store, Carpenter play air guitar and Cheng get plastered and subsequently take an ever-lasting piss on a fence.

Cunningham's has the most content, with his adorable son as the lead star. It features the two having conversations about their favorite Power Ranger, getting a dollar every time "Dad" says a "bad word" and introducing the cat, "Meatpot."

The enhanced CD also features equipment and tour photos, a link to their website and another video called "writing sessions." The video basically consists of the guys hanging out in the studio and procrastinating, which explains why the band had to dish out more than \$2 million in late fees to their record label.

Metallica's frantic kind of feeling: all Anger

Chris Dwyer
Journal Staff

A couple of minutes into the title track of Metallica's new disc, *St. Anger*, a moment arises where there's enough tin-can double-bass drum frenzy and searing speeding riffage to make the calendars turn themselves back to 1986.

That moment passes when frontman James Hetfield's growling vocals take over, and the tune slows down like a Porsche taking an interstate highway exit after barreling ahead at 120 miles per hour.

Oh yes, we forgot. It's 2003. Metallica have a big enough catalogue of vast speed metal wonders and pre-grunge heaviness to wallow in a cart blanche of rock solitude. Too bad the majority of their fans don't agree.

Load and *ReLoad* weren't masterpieces of heavy metal excess, but they weren't misfires either. Sure, the band traveled down a grunge-esque road, and even stopped off for a blues-laden influence, but the songs were tight and Hetfield's lyrics were his strongest yet.

During the post-*Load* era, Metallica saw some drastic changes. Longtime bass player Jason Newsted left the group, stating a concern over the lack of interest the band were giving to writing new material.

Next came frontman James



Photo courtesy of Elektra Records

Kings of rock Metallica get down and dirty with the newfound patron saint of metal, *St. Anger*.

Hetfield checking into rehab for alcohol abuse.

It's no wonder that after all the non-musical chaos the band has encountered (not to mention the controversy surrounding the band's tangle with Napster) that Metallica have finally made a return to the furious rage of the past.

Mega-producer Bob Rock is at the controlling helms again, only this time serving as the band's studio bassist as well.

Metallica eventually settled

upon former Suicidal Tendencies and Ozzy Osbourne bassist Robert Trujillo to fill the vacant slot.

St. Anger is a 75-minute blast of Metallica's fiercest emotions yet. Opener "Frantic" entails a crunching downbeat of distorted guitars, shared by both Hetfield and lead axeman Kirk Hammett. Drummer Lars Ulrich fuels the fire at hand, adding a serious overtone of hard-hitting snare repercussion. "My lifestyle determines my death-style," screams Hetfield.

The agitation continues

throughout *St. Anger*, as riff after riff of metal delight smack the face off of every nu-metal act parading in the free musical world.

"My World" waves between groove and velocity, combining Hetfield's helpless screams, "Not only do I not know the answer, I don't even know what the question is."

The absence of guitar solos is one thing a casual listen might entail. Replacing Hammett's usual display of burning solos is the addition of rip turning new riffs

that blast out of nowhere. "The Unnamed Feeling" is a rabid exhibit of Hetfield's deepest demons, "It comes alive, and I die a little more."

The tune is highly reminiscent of something off the 1991 black album, but plays the role of one of *St. Anger*'s many gems.

"I just want to get the fuck away from me," screams Hetfield as Ulrich, Trujillo and Hammett pound away until the track hits the seven-minute mark.

The album's title track and first single, "St. Anger", begins with a slight hint of the fury about to explode.

Before long, Ulrich's drums and Hetfield and Hammett's grainy guitars kick into high speed, inspiring one of Metallica's most memorable outlets of malignant metal. "Sweet Amber" follows in similar livid fashion, complete with double-timed drums in line with a punishing riff.

"Some Kind Of Monster" and "Dirty Window" are further arrays into *St. Anger*'s newfound neo-thrash aggression, fronting on the horizon of the album's uniquely unpolished production work.

While the new disc will likely garner negative reactions from critics and fans alike, the fact remains that Metallica have ventured into a territory where the intricate frenzy of their past unites with the gritty edge of their middle-aged selves.

"Tick Tick" booms on stage

Jenn O'Callaghan
Journal Staff

Jonathan Larson's musical titled "Tick Tick...Boom" definitely makes an impression on its audience. The carefully crafted show is energetic and interesting to watch.

The music for each of the numbers was strong. Fans of Larson's better-known production, "Rent," won't be disappointed by the music in this play. It features solid, rock music. The harmonies are similar to some of those in "Rent."

The story features some ideas in "Rent," such as anxiety over making decisions that will dramatically affect one's life, keeping a sense of humor and hope, and living life to its fullest.

Larson's play is partially autobiographical with Jonathan as the main character.

The show also features two other main characters, Michael and Susan. The four-piece band that provides the music performs on stage.

The show featured a talented cast of actors. Former New Kids on the Block member, Joe McIntyre, starred as Jonathan.

Throughout the play, he appeared confident in the role and his ability to sing the songs. Wilson Cruz played Michael. Cruz appeared as Angel in Larson's

"Rent." Nicole Ruth Snelson was played by Susan. She had a great voice and danced well.

The other characters that appeared briefly were played by Cruz and Snelson. The character changes were made clear through various articles of clothing, voice changes and often humorous exaggerations of expression and movement.

One of the major issues in the play is Jonathan's reaction to turning 30 years old and having anxiety about making important decisions that will affect his future.

He works as a waiter to support himself while trying to write musicals. He has to decide whether to continue following his dream or to find another job.

His former roommate Michael grew up with him and was an actor until he sold out and took a high paying job in marketing. Susan is Jonathan's girlfriend. She is a dancer that desires to leave New York and settle in a suburb to start a family. These issues are dealt with through dialogue and song.

"30/90" deals with the ticking sound that Jonathan thinks he's hearing as he gets closer to turning 30.

Michael and Susan offer their thoughts on it, but it doesn't make him feel better.

"Sunday" is a great number about how stressful working for others can be. Jonathan works as a

waiter and customers don't treat him with any respect. Michael and Susan offer examples of customers who yell at him and complain about things.

"No More" is a lighter number that is fun to watch. Michael gets his own apartment and is showing Jonathan the benefits of his job. Jonathan and Michael sing about the end or "No More" of Jonathan's unpleasant problems.

"Therapy" deals with Jonathan and Susan's relationship. It highlights miscommunication and not listening to one another in relationships.


It also foreshadows the likelihood that Jonathan and Susan need to go their separate ways or at least take some time off from their relationship because they want different things.

"Why" is a touching song that reflects on the importance of friendship. Jonathan reminisces about the years that he was friends with Michael and the things that they did together.

The final number, "Louder Than Words" is a strong ending to the play because it is hopeful. "Jonathan" received a call congratulating him on the show from Stephen Sondheim which makes turning 30 years old a bit better for him.

Nevertheless, he has a much greater appreciation for his friends Michael and Susan.

upcoming
concerts



Poison
Vince Neil
Skid Row
Tweeter Center
885 South Main St.
Mansfield, Mass.
Sunday June 15
7 p.m.

★

Pearl Jam
The Buzzcocks
Tweeter Center
885 South Main St.
Mansfield, Mass.
Wednesday July 2
Thursday July 3
Friday July 11
7 p.m.

★

OzzFest 2003
Tweeter Center
885 South Main St.
Mansfield, Mass.
Thursday Aug. 14
Friday Aug. 15
9 a.m.

★

Aerosmith
KISS
Saliva
Tweeter Center
885 South Main St.
Mansfield, Mass.
Monday Aug. 25
Wednesday Aug. 27
7 p.m.

★

Summer Sanitarium:
Metallica
Limp Bizkit
Linkin Park
Deftones
Mudvayne
Gillette Stadium
One Patriot Place
Foxboro, Mass.
Sunday July 6
3 p.m.

★

Unsure how to get involved at college like you were in high school?

FLIP

**Freshmen
Leadership and
Involvement
Programs**

...over your first year at Suffolk University!

- Represent the interests of your class and build community within it, join **Class Council**
- Strengthen your leadership skills, participate in the **Emerging Leaders Program**
- Help serve those in need through community service during **First Service Week**
- Get insight and referrals to campus resources from a mentor through the **Campus Connections Program**
- Get involved in your residence hall community and develop activities in Suffolk's **Resident Community Council**

**For more FLIP info check your Orientation Folder
or send an e-mail to getinvolved@suffolk.edu**



Save These Dates!

- Sept. 2 Campus Connections Reception (Donahue Cafe)
Emerging Leaders Kick-off Event (Donahue 403)
First Week of Service Reception/
S.O.U.L.S. Open House, Donahue 403
- Sept. 2-13 First Week of Service
- Sept. 4 Class of 2007 Town Meeting
- Sept. 9 Student Activities Fair (Temple Street)
First Resident Community Council Meeting, 9 pm at 150 Tremont and 10 Somerset

University Dateline

**For more information for getting your event listed in Dateline
contact the Student Activities Office at (617) 573-8082.**

Aug. 31

Move-in day for NEW resident students.

Sept. 1

Resident student orientation, sponsored by Residence Life Class of 2007 Cruise

Sept. 2

Campus Connections Reception, Donahue Cafe
Emerging Leaders Kick-off event Donahue 403
New student convocation for all new students and their families
First Week of Service Reception/SOULS Open House, Donahue 403

Evening classes begin

Sept. 2-13

First Week of Service, sponsored by

SOULS Community Service Center

Sept. 3

Day classes begin
Free popcorn

Sept. 4

Class of 2007 Town Meeting

Sept. 9

Student Activities Fair on Temple Street
First Resident Community Council meeting, 9 p.m.
150 Tremont and 10 Somerset

Sept. 15

Comedy Night featuring Sabrina Matthews

Sept. 16

First Program Council Meeting, 1 p.m., Archer 365

Sept. 17

AHANA Welcome Reception
Common Grounds Coffee House

Sept. 18

Sheer Madness

Sept. 24

GLBT Student and Ally Welcome Reception

Sept. 23-25

SGA Elections

Sept. 24

Red Sox vs. Baltimore Orioles

Oct. 1

Drag Coffee House

Oct. 3

SGA Fall Leadership Retreat

Oct. 17-19

Ninth Annual Family Weekend