Suffolk receives $1.8 million grant

Christine Adams  Journal Staff

Two federal grants totaling roughly 1.8 million dollars were recently awarded to Suffolk University. One million dollars was granted to Suffolk through the Upward Bound Program, and $880,000 was awarded through Dr. Eric E. Lee's McNair Postbaccalaureate Achievement Program.

Lee explained the general purposes of the Upward Bound Program and the Ronald E. McNair Postbaccalaureate Achievement Program. He said, "Upward Bound provides fundamental support to participants in their preparation for college entrance. The program provides equal opportunity for participants to succeed in their pre-college programs and ultimately in their higher education pursuits.

Upward Bound serves high school students from low-income families; high school students from families in which neither parent holds a bachelor's degree; and low-income, first-generation military veterans who are preparing to enter postsecondary education. The goal of Upward Bound is to increase the rate at which participants complete secondary education and enroll in and graduate from institutions of postsecondary education.

Lee also commented on how the award will be used within the University saying, "The Upward Bound grant will work with eligible students students from English High, Dorchester Ed ucation Complex, South Boston Education Complex, West Roxbury Education Complex, and the Academy of Health & Science. We will encourage participants to enroll in graduate programs and then track their progress through to the successful completion of advanced degrees."

"The goal is to increase the attainment of Ph.D. degrees by students from underrepresented segments of society." He also remarked, "The McNair program will serve eligible current Suffolk students in their efforts to complete the undergraduate work while preparing for graduate school.

According to Dr. Lee, the process of acquiring the grants included many comprehensive steps that had to be taken before the award could be given to Suffolk. He said, "The Cooperations, Foundations & Corporate Office will work through various websites and listserves to identify grant opportunities for students and faculty that best represent our historical mission and strategic plan.

These grants were excellent opportunities as they serve populations dear to Suffolk's historical mission. After the grants were identified, we built a team of Suffolk staff from Financial Aid Director Christine Perry to Senior Development writer Tom Gearty to begin brainstorming and writing a plan for operating such a grant on the Suffolk campus."

Counseling Center participates in National Depression Screening Day

Alex Pearlman  Journal Staff

Every year, Suffolk University's Counseling Center observes National Depression Screening Day, during which counseling professionals as well as graduate fellows stand in the lobbies of the Sawyer and Donahue buildings and ask students to fill out simple questionnaires.

The questionnaires are short bubble-answer sheets with questions like, "Have you been feeling low in energy?" and "Have you had difficulty making decisions?" and are supposed to judge if the student is experiencing hints of depression, which might make them likely to suffer from depression.

According to the data from 2006, about 20 percent of students who completed the survey admitted "demonstrated symptoms that were likely or very likely suggestive of a major depressive disor- der."

Paul Korn, one of the resident counselors at Suffolk's Counseling Center, helped students get screened for depression last week.

"A good percentage of students come up as mildly or seriously depressed," said Korn. "Our biggest concern is that people think they have to live with this burden." Depression is one response to academic pressure, finances, and problems with parents, friends, or relationships. "Students try to ignore these feelings until they get numb, pull away and start to feel like nothing really matters," said Korn.

The data the Counseling Center compiled through face-to-face screenings, as well as online surveys, from 2001 to 2006 gives information for a total of 728 students, which was about one-fifth of the student body. Of those 73 students, 89 percent were likely or very likely to show signs of depression.

"Data from a number of other sources also suggests similar numbers of depressed students at other colleges." ABC News states the American College Health Association, 15 percent of college students were formally diagnosed with depression, and Mr. Korn of the Counseling Center said that Suffolk's numbers were "probably comparable" to the data that other schools had gathered on depression.

Suffolk's survey results for 2006 also make mention that "Seven of the 149 students who completed the survey item (4.7 percent) reported prior suicide attempts."

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"Students need a safe and supportiveplace. Medication is also an additional option. It can be incredibly powerful and incredibly helpful."

As well as one-on-one counseling with a professional, either on campus or at a referred off-campus location, the Counseling Center also offers group therapy to Suffolk students who experience feelings of mild to severe depression.

"Some students benefit most from being in a counseling group," said Korn. "[The groups] create a community and it's an alternative to individual counseling."

The groups, which are made up of between five and eight people, vary. "There are currently five, including groups named "Tools for Beating the Blues," "Life Improvement," "Letting Go of What's Not Working," as well as an "ALANA Support Group" and a "Law Student Group."

Results from the survey will be released in weeks to follow.
Suffolk sacks styrofoam, switches to paper

Sodeish, Suffolk's food services provider, has decided to discontinue using Styrofoam products in their cafeterias. Styrofoam is not biodegradable or environmentally friendly. They will be using renewable products instead, which will take far less time to degrade.

"We will be switching over to a 'Trinet product," explained Tom Fuller, the General Manager of Suffolk University Dining. "The new product will be made out of paper. Some of the paper will be fresh, and most of it is recycled and will come from things like used milk cartons."

This change will happen in all of Suffolk University's cafeterias, and Sodeish is hoping to have the transition completed by the end of October. "It is costing [the university] about $400,000 to make the switch," Fuller said.

According to Suffolk University's website, "the change will mean a small increase in the price of certain items, because the non-Styrofoam packaging has a higher per-unit price." When asked how she felt about the change, senior Sedour Al-Saleem said, "I think it's a conscious decision on the part of the school to go green because green is the new black." Junior Vivian Pereira echoed these feelings, "I believe that conserving the environment is an essential part of our society today. What better way to start educating young adults then by starting at school?"

Sodeish will continue to use all the Styrofoam that they already have in the cafeterias and will completely change over to the new material when the Styrofoam runs out.

Student Government Association update

At their weekly meeting on Oct. 4, the SGA unanimously passed all of its committee bylaws and constitution. All of the individual committee bylaws and the constitution have been revised and edited over the past few weeks and are now in place for the 2007-2008 school year.

The major changes on the main constitution are the switch from senate to nine board members from each class year (which will take effect in the spring, after underclass elections) and the change to a popularly elected e-board, a switch from the internal nomination system that was in place in the past. Changes include the introduction of a cultural landmark, theatre or other cultural facility, reconstructed to good environmental practices, said Singh.

Singh began his part of the lecture by emphasizing the importance of a brighter future for India. He expressed hope in the younger generation today, who have the power and have the courage to change the present situation in India. Singh also displayed that the only surviving democracy in the area, India could someday fall to a dictator.

"Democracy in India is not very strong," said Singh. "The ingredients are not there. People in India are not politically conscious."

Singh and Kotbani only had glowing things to say about Boston and Suffolk. "We are enjoying our trip, Boston is an excellent city," said Singh. "Americans are so nice and hospitable. There is such a high level of intelligence and discussion, I don't want to go back to India," said Kotbani. "But the world has become very small. I'm sitting here in Boston right now, but I could have dinner in London tonight."

Both professors mentioned the food they have been served on their trip and joked about their growing waistlines and gaining weight while they are here.

When asked about the importance of educating others about foreign governments, Kotbani said, "It is important to know about other democracies in order to make your own democracy more successful."

At the end of the hour-long lecture, Singh and Kotbani answered questions from the group in attendance. Singh kept true to the promise he made earlier in the lecture and limited his speech. His concise statements however did not lack in information and at the end of the lecture aアルバイト, democratic and hopeful picture of India had been painted.
Global travel seminars expand beyond SBS

Rani Smith
Journal Staff

The Global Travel Seminars, sponsored by Suffolk’s business school since 2000, are unfortunately largely unknown, yet by word of mouth, students are beginning to realize the many benefits of this experience.

Targeted mostly towards business students, attending Global Seminars are the perfect way for students to develop new skills and use them in a completely different atmosphere. Students have the opportunity to meet with business and government leaders to learn how business is administered on an international level.

"It's a unique experience," said Michael Brown, Manager of the Global Travel Seminar Program. "Business is global now. It's an opportunity for students to apply what they learn in the classroom to an international setting."

Although thought to be similar to study abroad in terms of the combination of traveling and taking classes, Global Travel Seminars are vastly different. Ranging from one to two weeks of study, students participate in "class sessions along with a travel component," said Brown. Although described by Brown as "short and intense," students can take classes and travel to various locations worldwide in these three-credit programs.

Starting as a graduate program, it is now aimed at undergraduates. Undergraduate seminars in Mexico City, London, Athens and Beijing, Global Travel Seminars offer a wide variety of places to visit and learn from.

The requirements students have to meet in order to participate in any of these opportunities are, however, similar to those of the study abroad program. Though most students are juniors and seniors, students must be at least sophomores in order to enroll in a Global Travel Seminar and have a 2.5 GPA or higher.

Although the bulk of the students participating in Global Travel Seminars are in the Business School, with appropriate approval CAS students may also apply as well, the seminars are valuable to all students.

With a combined cost of tuition for a three-credit class and a program fee, ranging from $2,000 to $3,500 depending on the destination of travel, the Sawyer Business School has tried to relieve students of some of the financial demands of this program.

"Price is an issue for some students," said Brown, but for those students who have financial aid, the program fee can usually be covered through financial aid loans. Likewise, other scholarships, such as the McDonnell Scholarship, can be used for opportunities like this.

Drawing in about 200 students a year, Global Travel Seminars give students the amazing opportunity to learn more than a classroom can teach them. "Students are immersed in the culture," said Brown. "It's a good experience for anyone to get that exposure."

Combining learning, traveling, and real life experience, Global Travel Seminars are extremely effective in providing students the chance to experience something new and exciting.

"For more information, feel free to attend the upcoming information sessions in Sawyer 1008 on Oct. 11 and 16 from 1 to 2:30 pm."

SBS Students traveled to places such as China to gain hands-on experience in global business

Study abroad honors graduates

Amy Gibson
Journal Contributor

On Thursday, September 27 the Office of Study Abroad held its second Graduation Ceremony for the 2006-2007 alumni and exchange students. At the ceremony, students spoke about their experiences of the programs and the time they spent abroad in places such as Madrid, Spain and Italy. Vice President for Student Affairs, Judith Benson was impressed with the students' progress. "Programs are substantial and the students are the stars." Series of seminars and programs were covered during the ceremony. The presentations included: "What it's Like", "Going Abroad", and "Financial Aid and the International Traveler." Upon completion of the presentations, the students and faculty enjoyed a wonderful spread of food. At the end of the ceremony the students and faculty were invited to enjoy the many benefits of International food. "It is closure anticipated in the program."

This Saturday during Parents’ Weekend the Study Abroad Program will hold a workshop for parents of students who plan on participating in the program. So far 177 parents have signed up for the first session. The parents will not only receive general information about the Study Abroad Program, but they will also hear from students and parents of students who have gone through the program. The Parents’ Workshop Presentation will be held in Donahue room 311 from 4:30 to 6:00 pm Saturday October 13.

From October 15 is the application deadline for the spring study abroad programs. Students are welcome and encouraged to contact the Office of Study Abroad Programs if they have any questions. Additionally, a number of information sessions will be held in the upcoming months. First, there are a series of information sessions for some of the more popular places to study abroad. The session for the Italy program will be held October 16, the England program November 6, and the Spain program November 20. All of these information sessions will be held from 1 to 2:30 pm in Conference room 683 of 73 Tremont. There will also be a workshop about visas on November 8. The office also hopes to arrange to have someone from the Passport agency come and talk about the process of obtaining a passport.

On November 27 there will be a Study Abroad Extravaganza with Judy Benson and Retention Services, and food will be provided.

Suffolk’s Study Abroad Program is close to having 50 affiliations with schools all around the world. Suffolk’s campuses in Madrid, Spain and Dakar, Senegal are the two most popular places to study abroad, partially because students can go during any year of their college education. Paris, Greece, Italy, Australia and England are also among the popular sites to study abroad in. In addition, students are able to study abroad in the Americas, Asia, Europe, Australia and New Zealand.

There are programs that range in length from three weeks to a whole semester. The options are endless and no matter what your major is, there are programs available for all different fields.

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Suffolk's Study Abroad Graduation Ceremony

Youmna Hinnawi
Youmna Hinnawi

A student receives an award for participating in a Study Abroad Program.
Almost everyone in college uses Facebook, but for different reasons. Some use it to keep in touch with old friends in different cities, while some try to organize an event or gathering.

Clay Adamszky

Richardson's foot in mouth syndrome

This piece originally appeared in The Tufts Daily

Hillary's ace in the hole is her well-oiled, well-funded campaign, which keeps churning full speed ahead with iron discipline.

Gillum's is his impressive record of taming the unmanageable

Michael Sherry

New York City and his perceived post-Sep. 11 leadership.

Bill Richardson's greatest asset, though, is Bill Richardson. The man has a resume to die for. U.S. Congressman, New Mexico Governor, Ambassador to the U.N., Secretary of Energy under Clinton. He's associated with some of the worst despots in the world, including Kim Jong-II and Saddam Hussein.

And to boot, he's a Tufts alumni and Fletcher grad. A Jumbo through and through.

So why isn't he leading the Democratic field? For constitutional reasons, for fairness, he hasn't. His gaffes have been compounded by lackluster debate performances, which are all universally acclaimed personal, garrulous style of campaigning.

Put simply, Richardson's Achilles Heel is his mouth. It runs a mile a minute, and every once in a while his foot finds its way into it with disastrous results.

All is not lost for our fellow Jumbo, however. It's still a long way to Iowa and New Hampshire, where voters don't start paying attention for much closer to their primary date, by which time most of Richardson's slip-ups will have been forgotten.

His biggest concern should be the effect those mistakes will have on his fundraising. If the people with deep pockets don't think he's running a viable campaign, they'll avoid the Swiss Army Knife of governing is ripe for prime time, their style of campaigning.

That's the biggest danger Richardson faces as he continues to try to weed his broad and inclusive message with some more Clintonesque (Bill) style of campaign.
Suffolk University Counseling Center
Fall 2007 Support Groups

The Counseling Center is happy to announce its new group offerings for the Fall term. Groups are enrolling now and are limited in size. Please contact us at (617) 573-8226 to sign up for a group or to get more information.

Tools for Beating the Blues
A support group for students interested in learning new methods for coping with their stresses.

Letting Go of What’s Not Working
With a focus on understanding unproductive behaviors, this group will examine the causes as well as techniques for improving the quality of one’s life.

Life Improvement
This group will focus on deepening and broadening the personal skills needed to become more satisfied with our lives.

ALANA Support Group
Open to all students interested in engaging issues relevant to college, work, and personal life in an ethnically and culturally diverse environment.

Law Student Group
A group designed to help students discuss and share their experiences with the rigors and demands of Law School within a supportive peer environment.

Please call the Counseling Center at (617) 573-8226 or visit our web page (http://www.suffolk.edu/offices/989/html) if you have any questions about our group program.

All groups are confidential; rights to privacy will be protected.
Don't walk this way to the MFA

Jeffrey Vachon
Journal Staff

If you're a footwear fiend, an art historian, or just a plain-old museum rat, then you may have gone to see the Walk This Way exhibit at the Museum of Fine Arts. The Museum opened the exhibit on September 27th, placing shoe cases throughout its numerous galleries to highlight the story of, well, shoes.

From 1000 AD to present day, the exhibit showcases shoes through the centuries, trying to fit them in to their relevant artistic periods. The text below is from an interview with Jeffrey Vachon. It is not exact, but it does convey the information.

The MFA calls the exhibit a "treasure hunt," allowing the viewer a chance to discover aspects of culture inherent in the history of the many styles of footwear. According to the "convenient and informative" map of the museum, Walk This Way provides an opportunity to step into new shoes, and experience familiar art in new ways. However, the exhibit is far from an experience, it's hardly even an exhibit.

Upon entering the building, you are immediately confronted by a pair of Adidas 'RUN-DMC' Superstar 35's. After passing the holy grail of hip-hop sneakers, the exhibit is more like a thankless Easter-egg hunt. The 28 styles of shoes throughout the museum are accompanied by a short explanation of the shoes' existence, which hardly suffices the effort one must go to in order to find the shoe cases.

Furthermore, it seemed that not a single museum visitor was noticing the shoes at all. One pair of shoes, platform pumps to be precise, was mostly relevant to American culture because actress Naomi Campbell tripped and fell on the red carpet sometime in 1993 while wearing a pair of Vivienne Westwood's. Naomi Campbell taking a digger fourteen years ago hardly qualifies as relevant to any culture.

We're going to Black Mountain!

Clay Adamczyk
Journal Contributor

Vancouver based band Black Mountain played at Great Scott in Allston on Monday to promote their sophomore album titled In the Future (Jagjaguar 2008), which debuts January 21. With the Cavengers on support, it gave Black Mountain the chance to debut new songs as well as favorites from the self-titled album released in 2005.

Black Mountain combines the intricate drumbeats of Josh Wells, the psychedelic organ stylings of Jeremy Schmidt, dreamy bass riffs of Matt McBean, the beautiful and soothing voice of Amber Webber and the wailing fuzz guitar of Stephen McBean that is unstoppable, to create their unique sound. Just after 11:30, the band slowly took the stage and bravely opened with "Night Walks," a brand new song that is very slow and mellow. This drew the small crowd inward and captivated their attention. The majority of the set consisted of songs from the upcoming LP, Black Mountain's performance left an impression on all who attended. The dual vocals of Webber and McBean provided a wide range of sound that is rare in modern music. Members share an equal part in the music, which is essential to their sound and provides the backbone to their creativity. Each member is so focused on their sound that not one would be distracted, even when McBean broke some strings. He made due with the strings he had left on the guitar and did the same on the next song as well.

The way they come together is the same reason they started the group in the first place. Bassist Camirand said, "We weren't even a band then, when we did the first album. We were just doing a recording experiment with friends and we already had a lot of the songs." That was the first time they came together for the specific purpose of writing an album. Everything since came from that initial experiment and lead to such things as the Black Mountain Army, a Vancouver collection of musicians, artists and friends who set up to give each other support.

"When we do a project, we look toward our friends first like when we need a photographer, or are doing a video, you know, get their name out there," Camirand said. Black Mountain will continue to tour parts of North America for the next few weeks. Make sure to look for In the Future (Jagjaguar 2008), and if you have not already, pick up the self-titled Black Mountain (Jagjaguar 2005).
Fall showcase preview presents

The Frog Prince
Directed by Greer Rooney

The Trial
Directed by Purnima Lampert

Where: Archer Studio Theatre
41 Temple Street

When: October 11th through the 14th

How Much?: Free

Staff Rotation

What four albums have you been listening to for the past week?

Kristin Morrell
Arts Editor

Echos
Silence Patients
& Grace
A great new album that I can not stop listening to.

Make Yourself
Incubus is just amazing and this is a great album.

Soviet Kitch
She has a unique style of music and she has a great voice.

She Wants Revenge
They have a great rock sound and their songs get stuck in my head.
THE SUFFOLK JOURNAL

FIO

WEDNESDAY, OCTOBER 10, 2007

SUFFOLK'S annual Drag Show, sponsored by Rainbow Alliance and the Performing Arts Department, on Wednesday Oct. 24 will be an extravagant display of what students learned in Drag Performance 101 in three workshops. Students performing in the Show will learn all they need to know to provide an energetic and highly amusing Drag Show thanks to their teacher and professional drag queen, Crystal Crawford.

In the first of the three workshops, the students focused on becoming more feminine or more masculine while dancing to various songs. Drag queens and drag kings alike danced to songs such as Justin Timberlake's "Sexy Back." Crawford asked them "What does the song inspire you to do?" Everything from the Spice Girls to songs from Rent burst out of the speakers and one or two students at a time would break into dance. Some students were a little more hesitant than others but through Crawford's direction their personas would come out. Although, in this class there were no costumes, students' inner drag king and queens were manifesting. The Justin Timberlake and Spice Girl imitations were just a sneak peek of things to come.

The second workshop will take the performances to another level. The students will finalize their song choice and will learn how to apply makeup. Crawford, who has perfectly penciled eyebrows, will do demonstrations with the kings and queens to show them everything from applying lipstick to creating facial hair. Crawford is full of tips to help kings and queens perfect their look.

According to Kathy Maloney, Assistant Director of the Performing Arts Office, "The third workshop is bringing it all together and going over how to use a wig and playing with audience and combining it with the song." The Performing Arts Department will supply the students with costumes and the students are welcome to add their own touches to perfect their image.

As of now there are seven females in training to become drag queens and three males becoming drag queens. The Skills Crawford had given them, along with their own inspirations will come together for what should be a highly entertaining show.

The fourth and final time everyone meets will be for the Drag Show performance.

Budding dragsters looking forward to Oct. 24 drag showcase

Improv: serious business

Alex Pearlman
Journal Staff

Seriously Bent, Suffolk University's hugely entertaining improv comedy troupe is once again set to compete in the College Improv Championships, which will determine which team is the funniest in New England.

On Monday night, the Championship opened with Suffolk's Seriously Bent competing against Emerson College's Monkey Showcase and Boston University's Liquid Fun. Seriously Bent overwhelmingly won the first round of the competition, obviously entertaining the audience much more than the two previous teams.

The Finals of the College Improv Championships are on Wednesday, October 10 at Improv Asylum on Hanover St. The winners will win a spot at Improv Asylum for performances for the year.

Minus the Bear doubleplusgood

Jeffrey Vachon
Journal Staff

On October 3 and 4, Seattle-based math rock outfit Minus The Bear (MTB) filled The Middle East in Cambridge with rabid, dance-thrifty crowds. The boys were on tour promoting their latest effort, Planet of Ice (Suicide Squeeze 2007) which has been gaining a great deal of buzz from media outlets such as Rolling Stone, Spin, and MTV.

One would expect that they would have played mostly tracks from their new album, in an attempt to further hook their rapidly growing audience, but over those two nights, MTB portrayed themselves as a band that knows their fans every way.

Front man Jake Snider made it clear to the audience early on how happy they were to be playing in Cambridge, even going as far as to say "It's like we live here" as the crowd pushed and churned in the low-ceilinged rock club. This report has the unique opportunity of seeing MTB on both nights, and though they played the same set back to back, it was far from boring.

Opening with a new single "Burying Luck," the crowd began moving as soon as the thundering bass, brought by Cory Murchy, blasted its way through the speakers. Over the span of an hour and a half, the band blazed through favorites such as "Pachua Sunrise," "Memphis & 53rd," "There's something I want," "The Fix," their sophomore album Menos El Oso (Suicide Squeeze 2005).

Lead guitarist Dave Knudson may not have well need a neck brace after each performance; not since Ronnie James Dio ruled the world has rock world has rock hanging been so fierce, and with very good reason. The band pumped out song after song with vigor, intensity and the precision of a master surgeon. The crowd nearly suffocated itself when "Thanks For The Killer Game of Dodgeball" dropped out of the band's set list. This song is a fan favorite from their breakthrough full-length debut album "Terror Pirate" (Suicide Squeeze 2002). For those of us who are fans of MTB's residency at The Middle East, the entire club was turned into a high octane dance party.

Expectations being made, of course, for the two sub-par opening acts; Ela and Subtle. Ela might possibly be the blandest band ever to grace the world stage, and while the other band's name might not be Subtle, it was wildly apparent that they were terrible. Avant guard, English, electro-rap rock should be Subtle, it was simply could not get away with not playing: "Absinthe Party at the Fly Honey Warehouse." Rarely are a Tuesday and Wednesday night made of pure electricity, but thanks to Jake Snider and company, everyone in attendance caught a glimpse of a band on it's way to the top, even if they're name is an inside joke based on the TV show B.B.J and the Bear.

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**Wednesday 10/10**

Beginning at 10a.m. today, rainbow ribbons will be distributed in preparation for National Coming Out Day Thursday. The ribbons, which signify support for the LGBT community, can be picked up in the Sawyer and Donahue lobbies throughout the day. Be sure to grab a ribbon and show your support for this important group of students. For more information about this and other events hosted by Diversity Services, log on to http://www.suffolk.edu/campuslife/22576.html.

Are you Jewish and looking to meet other young Jewish people in the Boston area? Head over to Jake Ivory’s at 9 Landsdowne Street, Boston, MA tonight from 7-10p.m. Here you can meet hundreds of young adults and dozens of Jewish organizations from the area while enjoying music, drinks and a silent auction. The cost of this event is $12 in advance and $15 at the door. For more information log on to http://www.geoishe.edu/campuslife/23250.html.

**Thursday 10/11**

Today is National Coming Out day and the celebration includes special guest speaker and human rights activist, Lilli Vincenz. Watch the screening of the documentary film Gay Pioneers and hear Vincenz speak about the demonstrations featured as well as some of her own video footage of homosexual civil rights demonstrations. This event is from 1-2:30p.m. in Donahue 403. For more information, log on to http://www.suffolk.edu/campuslife/23250.html.

Have you ever wondered what authors think about the movies their books have become? Now is your chance to find out. At 7:30p.m you can hear authors Arthur Golden, Russell Banks, Alice Hoffman and Scott Heim read short excerpts from their novels and show the corresponding scenes from the movies. The films up for discussion include Golden’s Memoirs of a Geisha, Banks’ The Sweet Hereafter, Hoffman’s Practical Magic, and Heim’s Mysterious Skin. This event will be held at the Coolidge Corner Theater at 290 Harvard Street, Brookline, MA. For more information, including ticket prices, log on to http://www.coolidge.org/node/1042.

Friday 10/12

After more than a month of living away at school, finding for yourself, finding your own meals, and doing your own laundry, wouldn’t it be nice to see mom and dad again?! Well, this Friday marks the beginning of Suffolk University’s annual Family Weekend! This will be a great weekend, totally jam-packed with cool events like a night out on the Spirit of Boston, a Boston Duck Tour, a variety show, and other exciting happenings around campus. Check-in for all participating families is today from 12-8pm and is located at the HUB Information Center on 41 Temple Street. Here you will receive materials about the weekend’s events, pick-up all tickets including Fall Fest ‘07 tickets, and get information about happenings around town. For tickets and a full schedule of campus events you can visit http://www.suffolk.edu/campuslife/5999.html.

If you are looking for a fun way to kick off your weekend come and see Suffolk’s Fall Fest ‘07: Celebrating the Super Spy! This is sure to be an exciting performance filled with secret-agent themed dancing and singing skits, featuring students from the Suffolk’s very own acting community. The show will be held in the C. Walsh Theater on 55 Temple Street. Tickets are free and are currently available at the HUB Information Center. For more information you can visit the Performing Arts Office located in the Donahue Building, Room 409, or you can email performingarts@suffolk.edu.

**Saturday 10/13**

Looking for some spooky fun a few weeks before Halloween? Come hang out with Best Buddies at their "HairSpray" themed Halloween party this afternoon. Party goers should meet at the Park Street T station at 2p.m. For more information, contact S.O.U.L.S. at souls@suffolk.edu. This event is hosted by Helping Hands Best Buddies.

"There's Something in the Cupcake Mix" (Vol. 2)! What is it? Come find out at the Johnny Cupcakes release party in his Newbury Street store. Check out Johnny’s latest t-shirt releases tonight at 8p.m. The first 130 customers receive free goodies, so get there early! Don’t miss your chance to grab one of only 150 (of each of the four styles) "There's Something in the Cupcake Mix Vol. 2" t-shirts. For more information, check out www.johnnycupcakes.com.

**Sunday 10/14**

Are you looking to make a difference in the lives of cancer patients while having fun with your friends? Come walk with Suffolk’s team in the Making Strides Against Breast Cancer walk today. Enjoy a beautiful fall day walking along the Charles River. To learn more about this 5-mile walk, contact S.O.U.L.S. at souls@suffolk.edu.

Looking to chill out to some cool grooves? Head over to the Orpheum Theater tonight and check out Regina Spektor in concert. Grab your friends and join the other folk fans as you listen to this Russian-born singer/songwriter. The show starts at 7:30p.m and will be one you won’t want to miss. For more information about the artist and to buy tickets, check out http://www.reginaspектор.com/.

**Monday 10/15**

Do you think you have what it takes to compete in LGBT Jeopardy? Come to the Sawyer lounge tonight beginning at 8p.m. and test your knowledge of LGBT history and pop culture. Bring your friends and compete for prizes. For more information log on to http://www.suffolk.edu/campuslife/22962.html.

Looking to head to a wicked good concert? Tonight is your night to hear an old favorite reunited once again. Check out the Smashing Pumpkins at the Orpheum Theater tonight at 7:30p.m. Some old favorites and new tunes will be played. For ticket information check out http://www.ticketmaster.com/venue/8318

**Tuesday 10/16**

Are you hungry, looking to meet some new people, or interested in learning how to cook? Come by the Donahue Café today at 4p.m. for Cooking 101: Stir Fry, Wok with Us. Learn how to cook some tasty food, enjoy a free meal, come meet some new people and even win some great raffle prizes! This event is being held by Off-Campus Housing. For more information, contact them at ocho@suffolk.edu.

It's Tuesday and that means it's open mic night at The Burren Music Restaurant and Pub located in the heart of Davis Square. Come enjoy food, drinks and good fun with your friends at this great Irish Pub and Restaurant. For more information and directions, log on to http://www.burren.com/.
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LIVING IN THE YEAR OF THE CHEATER

The year of the cheater is upon us. The NFL was caught recording opponents' activities, which led to a suspension for Patriots head coach Bill Belichick. And Major League Baseball has been embroiled in a scandal involving multiple teams and players.

But what does the Year of the Cheater mean for sports fans? Are we really to believe that cheating is on the rise? Or is it simply a case of a few bad apples spoiling the barrel?

Some argue that the rise of performance-enhancing drugs (PEDs) and other forms of cheating is a natural consequence of modern sports. After all, isn't the goal of every athlete to win at all costs? But others argue that such a mentality is fundamentally flawed.

For instance, the NFL has seen a dramatic increase in player suspensions for PED use. But despite the public outrage, many players continue to use PEDs, despite the risks to their health and the potential loss of their careers.

Similarly, Major League Baseball has seen a proliferation of PED use, with high-profile players like Manny Ramirez and Barry Bonds facing suspensions. But even as the league cracks down on PED use, the problem persists.

So what can be done to prevent cheating in sports? One solution might be to increase the penalties for cheating. By making it clear that cheating will not be tolerated, perhaps athletes will be less likely to take the risk.

But there are also those who argue that the focus on cheating is a distraction from the real issues facing sports today. Are we really more concerned with who's using PEDs than with the joy of watching a great game?

As sports fans, we have the power to shape the future of our favorite sports. By choosing to support fair play and integrity, we can help to create a culture where cheating is not accepted.

In the end, the Year of the Cheater is a wake-up call. It's a reminder that sports can be more than just games - they can be a reflection of our society and our values. Let's use this opportunity to work towards a future where sports are clean, fair, and true.
When Nick Papadopoulos isn’t serving up sandwiches to the horde of Suffolk students and patrons at the Deenie Street Deli (where he is busy coaching up the players of the Men’s Soccer team as the Rams’ head coach), he is busy coaching up the players of the Men’s Soccer team as the Rams’ head coach. The Blue and Gold are coming off a successful season which saw them win their first berth in the ECAC Tournament. “We lost in the first game against Babson (College), it was a close game but he and I have been okay with the experience for the players.”

However not many of those players are still around as the team lost seven members between last year and graduating seniors. In his sixth year as coach of the Rams, Papadopoulos has taken what he thought would be a rough year and turned it into a successful season, thus far. “It’s been ok; I knew coming into this year it was going to be a tough season. So far we’ve been ok but I’m not completely satisfied” said Papadopoulos.

However the team is still hopeful they’ll see a return to the ECAC tourney. “That’s one of our goals. We’ve had a few injuries in the past 2-3 weeks with some of the starters and that’s going to make it tough!” said Papadopoulos.

Cheating rules!

With steroids, spying, and all those other sports scandals are actually good for fans

Adam Reilly
This piece originally appeared in the Boston Phoenix on October 3, 2007

A month ago, St. Louis Cardinals outfielder Rick Ankiel was the feel-good sports story of 2007, a welcome corrective to Barry Bonds’s successful - and joyless - pursuit of Hank Aaron’s career home-run record. Ankiel originally broke into the majors as a pitching phenom in 2000, but imploded in a playoff game that same year, throwing five wild pitches and walking four batters in one inning. His career subsequently derailed, but Ankiel didn’t quit. Instead, he eventually reinvented himself as an outfielder (a dubious proposition, given pitchers’ tendency to be shifty hitters) and started making his way back to the majors.

On August 10, the Cardinals called Ankiel up from Triple A, where he’d hit 32 home runs in 2007. Sports Illustrated (SI) contritely launched to skeptically track the player’s performance; the “Ankielometer,” which was originally intended as a sub-discipline known as “philosophy of sport,” was abandoned. Babes in the Masculine, another pitcher-tumed-slugger, had been launched to skeptically track the player’s performance; the “Ankielometer,” which was originally intended as a sub-discipline known as “philosophy of sport,” was abandoned.

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Ankiel received a year’s supply of Human Growth Hormone (HGH) from a mail-order pharmacy back in 2004. Since Major League Baseball (MLB) began HGH testing until 2005, Ankiel may not have violated league rules; nor is it clear that he broke any law. Still, his achievements - just like Bonds’s - are now permanently tainted in the eyes of many fans. In light of this new info, Ankiel seems to be just another disheartening example of professional baseball players’ willingness to take ethically dubious measures to get ahead.

Baseball didn’t have a monopoly on sinners in 2007, however. This year also saw ethical breaches in other sports, including football (the Patriots videotaping scandal, starting head coach Bill Belichick, and Patriot safety Rodney Harrison’s own suspension for HGH use); basketball (the revelation that NBA referee Tim Donaghy had officiated); cycling (the ongoing implosion of the Tour de France, including the team’s leader of 2006 winner Floyd Landis’s title and the ejection of 2007 leader Michael Rasmussen amid doping-concerns); and auto racing (Formula One’s McLaren scandal, which included the suspension of 2006 winner and 2007 leader Michael Schumacher amid-doping-concerns); and auto racing (Formula One’s McLaren scandal, which included the suspension of 2006 winner and 2007 leader Michael Schumacher amid-doping-concerns); and auto racing (Formula One’s McLaren scandal, which included the suspension of 2006 winner and 2007 leader Michael Schumacher amid-doping-concerns).

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Rams soccer doesn’t rebuild, it reloads

Ben Paulin
Journal Staff

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