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Suffolk Journal, vol. 68, no. 15, 2/20/2008

Suffolk Journal

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Recommended Citation

Suffolk Journal, "Suffolk Journal, vol. 68, no. 15, 2/20/2008" (2008). *Suffolk Journal*. 486.
<https://dc.suffolk.edu/journal/486>

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THE SUFFOLK JOURNAL

VOLUME 68, NUMBER 15

WWW.SUFFOLKJOURNAL.NET

WEDNESDAY • FEBRUARY 20, 2008

SGA gears up for March elections

Lauren Gondert
Journal Staff

As Suffolk students are getting ready for mid-terms, the Student Government Association (SGA) is looking ahead to next year and gearing up for their March elections. SGA nominees for the upcoming Executive Board and senators election will be announced this Thursday, Feb. 21 in Archer 365 at 1 p.m.

The elections will have several differences from previous years; this will be the first year that the Executive Board will be elected by a popular vote, and the number of student senators will be increased from seven to nine.

"In the fall, our Board passed a brand new constitution... we aimed to make the Student Government Association

more democratic," said SGA president Jared Cain. "In past years, classes were limited to seven senators per class. With [the] passage of the constitution, we have increased it to nine senators per class to accommodate the increasing class sizes."

According to Cain, the Executive Board will now be elected by the student population "in an effort to restore the organization and turn it completely over to the students." He said that because voting for the Executive Board was an internal election, "internal strife, inner quarrels, and inner politics [were sometimes] at play."

The Executive Board includes the president, who is the chief representative of the student body, the vice president, who serves as the chief

justice of the Student Judiciary Review Board, the secretary, who tracks the minutes of SGA meetings, and the treasurer, who is the chairperson of the Finance Committee, among other duties.

The elections will be held from March 10 through 12. Students will have the chance to vote for the Executive Board, the nine senators of each class, and the senators at large for the 2008-2009 academic year. Any student with an ID number will be eligible to vote.

"Students will be able to vote online, and will be sent a link through their Suffolk e-mail account every day of the elections," said Cain. "They will be prompted to choose their class, and enter their ID number."

Cain feels that it is impor-

see SGA page 2



Photo by Colleen Koperek

Current SGA President Jared Cain

BSU explores stereotypes

Rani Smith
Journal Staff

A deafening uproar flooded the third floor Donahue classroom as videos of "blackface" – white people painting their faces black and dancing around – filled the screen. While these videos were once popular entertainment, today they are recognized as blatantly racist and illustrate the hurdles that African Americans have endured and overcome. Through clips of The Cosby show to modern hip-hop videos, Suffolk University's Black Student Union (BSU) sought to highlight stereotypes and racial prejudices that have bled into the media over the years.

On Feb. 19, the BSU celebrated Black History Month

along with Suffolk and local high school students, faculty, and staff by hosting a presentation about African Americans in the media, reflecting on images and video clips depicting the progress African Americans have made throughout history.

Presenting video clips that dated back to the days of the Jim Crow era, circa 1876, to current television shows, this event not only commemorated African American roles in the media, but sought to address issues of racism and stereotypes.

The interactive event showed the audience a different side of African American history. "This event demonstrates the adversity and stereotypes of the African American culture in

see BSU page 2

Tuition rates upped by seven percent

Caitlin Castello
Journal Staff

Suffolk's tuition rates are going to be raised for the upcoming 2008-2009 academic year. Current rates will be raised seven percent for both the College of Arts & Sciences and the Sawyer Business School along with the three residence halls. The new tuition will be raised to a new total of \$25,850 for undergraduates.

For 150 Tremont and Miller Hall a single will cost \$13,130 and \$11,630 for a double/triple and \$11,130 for a quad, however, these numbers do

not reflect the meal plan. The rates for the suites at 10 West have been made official, and will be \$13,130 for a single, and \$11,630 for a double. The meal plans are required for all residents of all dorms, with the exception of apartment dwellers at 10 West Street, as they have kitchens built in.

The tuition for the Law School will also see an increase of 5.9 percent. The rate for the Day Division will be \$38,070, and \$28,552 for the Evening Division.

"Our basic expenses are increasing," said Maureen Stewart, director of Budget and

Risk management. "So what we do is a rough budget and try to figure out what we need for funds and what's fair to raise the tuition rates by."

While Suffolk's tuition is being raised, it is still one of the least expensive universities in the area. Boston University currently costs \$35,418 and Emerson College's tuition is \$27,497 for this school year, according to The Chronicle of Higher Education.

According to the email sent out by President David J. Sargent, financial aid will be increased due to the rising tuition costs.

news

BRIEFS

POLICE BLOTTER

Wednesday, Feb. 13

73 Tremont St.

12:29 p.m. Report of individual trespassing on the twelfth floor, Dean of Students Office. Former Suffolk student Scott F. Barron of Boston, Mass. was placed under arrest for trespassing. Report filed.

Sawyer Building

9:00 p.m. Vandalism of property. Report that the emergency call box in elevator five was ripped off. Report filed. The Budget Office was notified.

Thursday, Feb. 14

10 West St.

10:46 p.m. Report of alcohol confiscation. Report filed.

Friday, Feb. 15

10 Somerset St.

3:50 a.m. Report of a simple assault. Report filed.

150 Tremont St.

9:33 a.m. Report of graffiti found on the second floor. Report filed.

Sunday, Feb. 17

Law School

2:24 a.m. Drunk individual was removed from behind building. No report filed.

From BSU Page 1

the industry of entertainment," said BSU President Alexandria Taylor. "Viewing various video clips of the way African Americans were perceived can spark conversation as to where our culture originated from and where it is headed."

Even notable cartoons such as Porky Pig and Bugs Bunny were also laced with racial stereotyping, depicting themes of black slavery and white dominance, including one clip showed Bugs Bunny impersonating a slave, with plates in his mouth to enlarge his jaw line, and Yosemite Sam dressed as a Confederate soldier, holding a whip in one hand.

Continuing throughout history, television shows like Roots and The Cosby Show paved the way for other African American-based shows such as In Living Color and The Fresh Prince of Bel-Air to hit the airwaves, increasing representation and depicting African Americans in a positive light.

With commentary from Chris Clemens, associate professor of the Communication department, as well as Jacinda Felix, the director of Diversity Services, the event explored the history of Blacks on television to celebrate how far the African American community has come to make a name for themselves in not only the media but society as a whole.

According to Taylor, celebrating Black History Month is not only about celebrating

African American culture, but learning from it.

"Looking at these video clips enables students to see for themselves how Blacks were looked at and develop a better understanding for the culture," regardless of who attends, said

"We all need to understand one another better in order to progress in the world."

Taylor.

"This event caters to everyone," Taylor said. "We all need to understand one another better in order to progress in the world. The more diverse the audience, the more we can learn from one another."

From looking at the 2008 Presidential Election, African Americans are becoming more prominent, which is also the case in the media, according to Taylor. "I think we have somewhat made progression in entertainment," she said, citing shows such as 24, ER, and Law & Order as examples of African American representation."

However, there is also more to overcome, she says, as representations aren't always positive. "Networks such as BET and MTV have glamorized the negative images that we are trying to get away from," she

said. "Those stations have the biggest influence on our youth today, which are our future potential leaders."

The BSU hopes the event will have lasting affects, and Taylor hopes it can propel further representation of African Americans in future media, as well as in other societal roles.

According to Taylor, the event gave students the opportunity to learn about each other's history, and was intended to create an atmosphere to encourage understanding and respect.

One attendee, Efe Osifo, freshman marketing major, said, "It was great to see especially the high school kids, and people our age talking about these issues," and expressing their opinions.

"If people took the time out to listen, learn, and observe then we would all have a better discernment of one another," said Taylor. "If we create a place to talk about this issue that is not common for discussion, then we can begin to respect each other and be informed on the struggles of others."

Taylor said she became involved in BSU through friends who were already members of the organization. She soon worked her way up from secretary to president. Taylor feels the BSU serves as an important outlet for students at Suffolk. "The organization is for people to come and educate themselves."

From SGA Page 1

tant for students to vote. "The elections affect the student body tremendously," he said. "All those that are elected, whether it be an Executive Board member or a general senator are there to represent the interests of the students."

One class will not be included in the upcoming elections. "While Senators will be elected for next year, the incoming freshman class have their elections in the fall," said Cain. "If there are open seats in each class or the senator at large positions, they will also be out on the fall ballot so that they may be filled."

According to Cain, all students are eligible to become a senator. The requirements include 25 signatures from individuals within their class, and attending at least one SGA meeting before turning in their election packet. "The same rules apply for senator at large positions, though their

signatures must be from individuals within their respective cohort," he explained.

"Executive Board positions are open to any voting member who has had one semester's experience," said Cain. "The individual is nominated within the Board, and then seconded. They may accept or decline the position. Once they have done so, they must collect at least 50 signatures from anyone in the student body to be considered a legitimate candidate. Once they are approved, they may begin campaigning."

If students want to find out more about the candidates, there will be an open forum in the C. Walsh Theatre from 1 to 2:30 p.m. on Thursday, March 6. "[This] will be an opportunity for students to ask questions of the Executive board candidates," said Cain. "[It] will allow some debate time for candidates themselves."

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Self defense class aims to empower female students

Alyssa Mitchell
Journal Staff

With news headlines constantly speaking of women being attacked on the streets and at parties, Suffolk University is taking strides towards crime prevention. For the past 13 years, in order to eradicate some of the dangers of living in a large city, especially on a campus whose grounds consist of Boston Common, Suffolk University has provided a Rape Aggression Defense (R.A.D.) program for all female students. As stated by Suffolk University Police Officer Moe Brown, the only problem with the class is that it isn't mandatory.

Taught by Brown, the program teaches females both the physical and the mental aspects of preventing a sexual assault.

"I wanted to be apart of this program because of the empowerment, independence and options it gives to females," states Brown. "I wanted to prove that it is okay for a female to have a voice in this society in regards to domestic violence, sexual assaults and personal safety."

With the help of Corin Bourque, another R.A.D. certified Suffolk University Police Officer, Brown organizes the 2-hour program that runs once a semester during a three week span. This semester's classes take place on Feb. 13, 20 and 27 in the auditorium of the 50 Tremont St. dorms.

During the course students are provided with a workbook that indicates numerous scenarios and the responses women should have. It teaches how to make conscious decisions and pay close attention in order to remove the opportunity for an attack.

For the situations in which a female has already been confronted the class teaches you maneuvers that are both minimally invasive and effective. The incentive for both Brown and Bourque in providing their time is to help you help yourself.

Suffolk graduate student

Gabriella Priest said, "I have wanted to take the class for years, and my schedule finally allows me to. I think the class is great and that more students should take advantage of a free chance to learn self defense."

According to Brown, a typical session consists of five to 15 females. However, it does seem like an injustice to the program to have so few participants and ideally she feels as though the class should be mandatory.

"The program should not only be used as a defense class, but as an educational tool for males and females," said Brown. "There should be educational program geared towards males to respect boundaries and to take a stand against sexual assault and domestic violence. Males have an important role to prevent sexual assault and domestic violence. Our voices together... can make a difference."

Priest also commented, "Not only are the defense skills important, but also the fact that they teach you about being aware of your surroundings and about not getting into bad situations. While Suffolk's location is great, it is necessary that students know that they are in the middle of a city and it can be dangerous at times."

For females who are not able to attend the course provided at Suffolk, Brown does suggest taking the initiative to go onto the R.A.D. website. The website not only includes all the information provided in the course, but also lists other places that the course can be taken.

"I think one of the reasons the class is so effective is because Moe and Corin are in-your-face," said Suffolk University freshman, Ashley Derman. "They try to imitate real situations and instill the fear in you that an actual sexual assault would. It teaches you how to use your instincts and rely on yourself."

Bourque, said to the course participants, "If one of you walk out of this class today knowing how to defend yourself against a rape crime, then I have done my job."

PREVENTION TIPS FROM OFFICER MOE BROWN

1. When away from home, leave on some of the lights and/or the television.
2. When getting into your car, look it over first and check the back seat.
3. If you think you are being followed, don't go home. Drive around populated areas and if it continues then drive to the nearest police station.
4. When in a parking lot stay in well lit areas and do not walk between cars.
5. Hold your keys in your hand and place one key between your index and middle finger sticking out. This can be used as a weapon in times of emergency, go for the eyes.
6. When on a bus, try and sit near the driver.
7. Exercise with a partner and if you want to wear headphones only put one in your ear.
8. Be aware, look around and take in your surroundings.
9. Suspect everyone, be cautious and do not allow someone to make you feel uncomfortable.
10. Distance is your friend, always back away keeping your eyes on the attacker.
11. Don't scream, instead yell and verbalize statements about what is happening.
12. Only run if you are confident in your ability. Running will wear you out and lessen your ability to physically defend yourself.
13. Always notify the local police or the Suffolk police of any threats or potential threats.
14. For more information and safety tips, refer to the RAD website, www.rad-systems.com
15. If anyone would like to co-sponsor a RAD class or have any questions please email Officer Moe Brown at mbrown@suffolk.edu

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Project #3: Supply Cost Analysis. Conduct a supply cost analysis in our acute care facilities; work with hospital CFOs ensuring cost reporting consistency; and help create supply cost-per-unit benchmarks.

Please apply online or email: David_Fraser@covenanths.org.

Pastry soirees aid students in communications careers



Sophomore Jordan Nye, chair of the Academics Committee, talks to Laura Piscopo, the director of Alumni Relations, CAS.



A group of students network with Suffolk alumni at the event Pros, Profs and Pastries, hosted by the Student Government Association, the Alumni Association, Career Services, and the CAS Dean's Office. The event connected students to valuable resources and information about career paths and options after graduation in the fields of communications and print journalism.

Photos and captions
by Emily Holden



In an informal discussion, students were able to ask speakers Nancy Varela, class of '94, and Jodi-Tatiana Charles, class of '04, questions about such topics as surviving in the real world and what employers look for on resumes.

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Global Travel Seminars are a program of the Sawyer Business School.

Staff Editorial

No one was ever told to watch out for the well-rounded straight-A student with the seemingly perfect life. People were comfortable with assuming that the “good ones” never caused trouble. No one ever had reason to suspect that a student such as that would ever pose a threat to others.

Just last week, within six minutes, six young lives, including the gunman's, were taken at Northern Illinois University. The gunman, an average, well-rounded, good student, never fit the description or displayed any of the warning signs typical of a troubled youth. He was pegged as one of the good students unlikely to cause trouble. His teachers and fellow classmates never expected him to act out in anger.

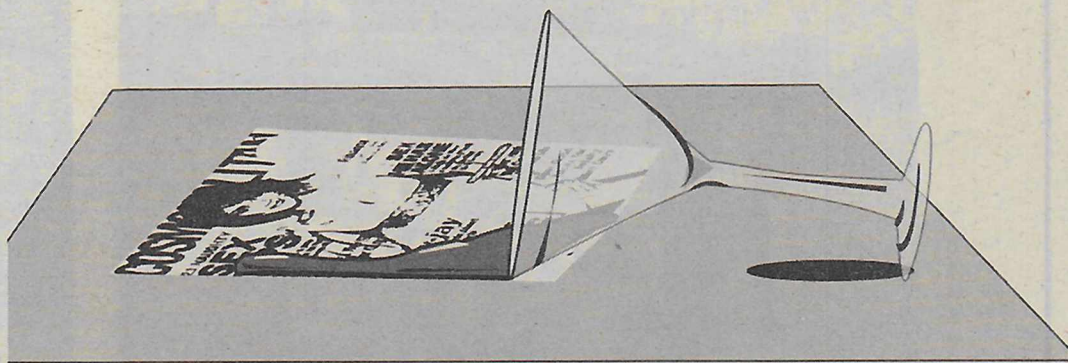
The shooting at NIU has the potential to change the way we look at others. The conventional warning signs are now being redefined; it took a horrible event to make people realize that anyone is capable of such destruction.

After the Virginia Tech shooting, the stereotype of a troubled student was reinforced. A list of suggested warning signs was distributed as a way to help and prevent future tragedies, but in doing so, may have caused more harm. But in the course of six short minutes, that changed.

By pointing out other's differences, we are creating a stigmatized environment for not only those who are considered a risk to themselves, but also for those who aren't overtly displaying any of the “typical warning signs.” Society says it is acceptable for those who fit the stereotype to admit to needing help, but for those who are labeled as the “good” kids, reaching out for help almost seems inappropriate.

If the NIU gunman didn't feel any shame in admitting that he was getting help, perhaps the shootings wouldn't have happened. It is essential for people to know that it is acceptable for anyone to receive help in times of crisis or need. It is not just those who are in trouble that need to get it; even the outwardly optimistic students need help sometimes. By reinforcing the stereotypes, we are creating a social environment that is not conducive to helping students thrive in a comfortable and accepting atmosphere. Stereotypes work both ways, and the “good” and the “bad” students are equally affected in negative ways.

Had the gunman in the NIU shooting known this, we may have been able to prevent another tragedy.



wartz

Cosmo: How to hold back your gender, disgruntle readers

Caitlin Castello
Journal Staff

What the hell happened? I don't know why I did it. Last week I did something I totally regret; I bought the March issue of Cosmopolitan. I used to consider myself a “Cosmo” girl; I remember rebelliously buying the magazine when I was 13, and then getting a subscription during high school.

When I became a poor college student, I would only pick up the magazine from time to time. Now I realize why I made my purchases so sparse. When I cracked open the issue, and read such articles such as “How to Train Your Man” and “The Juicy Stuff the “Other Woman” Knows,” I was totally thrown through the proverbial loop.

Well of course your boyfriend would have another woman, especially if you listen to Cosmo and treat him like a puppy that hasn't been housebroken yet. What happened? Where in the mix of the Spice Girl's “Girl Power” campaign and

Destiny's Child's “Independent Woman,” did feminism regress to the 1950's? I was half expecting an advertisement for the newest vacuum to pop up. Most of the women I know are smart, opinionated and are goal driven, though throughout the pages of Cosmo all that ambition is lost.

Yes, men are frustrating, I'll be the first one to admit it, they now prefer text and instant messages to phone calls. Sometimes you get more closure from a “Law and Order” episode than from your last relationship. They are just human though, flesh and blood. Let's not reduce them to elephants and monkeys

But really, why is it so bad to be a strong woman? Thanks to Carrie Bradshaw and the gals from Sex and the City, we had the latest and more provocative sexual revolution, but somehow after reading Cosmo it doesn't seem like enough. In addition to having to constantly be on your game with looks and behavior, Cosmo redefined, yet again, how to be a “bad girl” in bed.

It's enough to make a girl throw her self down a shame spiral, I'm sorry if I can't entertain myself with lots of sex every minute of every day, I have other things to think of.

I bought the magazine as an impulse buy- I thought at the least I'd get a few good fashion tips. Instead I felt ashamed to be a woman. A few other college aged women I talked to agreed, Cosmo was demeaning. For such a revered woman's magazine it claims to be there is a lack of substance, the magazine cleverly repackages the same fluff every issue. It's basically a how to guide for losing your self worth as a woman.

There is a woman running for President, yet, no mention of such a groundbreaking event in this issue of the magazine. No matter what you think of Hillary running for president is a feat within itself, and is something to be celebrated.

Maybe I'm cynic, or just tired of the standards but from now on; the only Cosmo I'll be interested in is the drink.

The Suffolk Journal

Suffolk University's Student Newspaper



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If you can think it, you can write it.

Send your op-eds to
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Hanoi Jane drops C-bomb on natl. TV trend wearing out its welcome

C. U. Next Tuesday!

Rebekka Blaha
Journal Contributor

I first saw the headline while sipping on my mid-afternoon coffee and browsing through the daily gossip on the most reputable of all celebrity blog sites. It had thus far been an uneventful Valentine's Day, so the caption, "Jane Fonda says 'Cunt' on the Today Show," was easily the most shocking piece of news. I immediately switched my browser over to YouTube so that I could see this atrocity for myself.

As I waited for my ailing laptop to load the clip, all possible scenarios ran through my head, each funnier and more ridiculous than the last. I thought to myself, "Wow, somebody's finally done it. Somebody's actually called Meredith Vieira a cunt, and on live national television to boot." When it was all loaded, I double clicked the play symbol in eager anticipation of what was to come.

Anyone who watched the clip knows what happened, and was probably just as disappointed in what they saw as I was. No, Fonda did not call Vieira a cunt, and for that matter, she did not refer to any person as the dreadful "C-word." Fonda merely used the word sarcastically in reference to the title of a monologue from the female empowerment play the "Vagina Monologues," a show she is currently involved in.

In fact, I had to replay the clip in order to even hear the comment. The remark was said in jest and uttered in the most politically correct form that it could have possibly been used in.

My first thought was that this would be the last I would hear about this incident. There was no harm or foul, and to ensure that no offense was taken.

Vieira spoke out later



Graphic Credit: Rachel Schwartz

on the program, explaining the reference to the word and how it is not usually used on television. She even apologized saying, "It was a slip and obviously [Jane] apologizes and so do we. We would do nothing to offend the audience, so please accept that apology." And all I could think about was how innocent and reasonable this all was, and therefore I graciously accepted that apology, having not even been offended by the off-hand, barely audible slip.

Unfortunately, the censors and various public outlets did not agree with me, as public outcry ensued over the next few days. One on-line article held the ever so witty title, "Censors not Fonda Jane." Actually, I cringed before reading that article, in which it was demanded that NBC further apologize and pay a fine for the comment. I also found out that Fonda's remark was silenced and her face was even covered with a still photo during the West coast airing of the show.

In all seriousness I would never condone the use of the word "cunt" as a derogatory term, and if Fonda had used it in such a manner, I assure

you that my initial amusement with the shock value of it all would have immediately been replaced by disgust and embarrassment for the 70-year-old actress/activist. However, Fonda did not use it in the derogatory sense, and it is therefore offensive that it is being dragged through the mud and treated by the sensors as if it was.

Eve Ensler, "Vagina Monologues" playwright, issued a statement to Access Hollywood regarding the term in question, stating, "The whole point of the play is to reclaim that word, and to make that word beautiful, and to make that word powerful, and not denigrating, and not ugly."

Though Fonda's comment was referring to the monologue which she turned down because of its title, her slip-up on Thursday's Today Show made use of the controversial term in an a proper and inoffensive way, which only emulates Ensler's feminist goals for the term. For those who don't agree, apologies were issued and should be more than enough.

So as an end to this turmoil I say, rock on Jane, you are one righteous cunt!

Mary Stevens
Journal Contributor

Lately as I've walked around campus and Boston in general, I've felt as if I was missing out on some crucial piece of information. Was there a new gang in town, or did I simply miss the memo telling the girls of Boston to come out wearing black North Face jackets and Ugg boots? This trend of black fleece North Face jackets and Ugg boots is a trend that has had an impressive shelf life, and shows no sign of stopping anytime soon.

While the appeal of the North Face jacket is understandable, because of its ability to pair with just about anything, the appeal of the Ugg boot is something that completely evades me. Ugg brand footwear had a fairly small start, originating in Australia as a small one man operation and evolved into the formidable force it is today.

After Ugg boots were featured in episodes of Oprah's Favorite Things, the boots became a must have. Resembling an oversized, elongated, padded canoe, and available in a variety of colors from black to your "favorite" Easter egg hues, it's hard not to notice them.

Confused as to the appeal of the Ugg, I even decided to try on a pair, hoping to find the answer to its appeal in the actual fit and comfort. While some people might find them comfortable, I found them to be nothing extraordinary, just average.

Thinking then that it must be the price which made them so popular I looked at the price tag and was shocked to see a tag for \$100, and those were the least expensive pair. It seems that the allure of Uggs is meant to remain a mystery to me.

What I did learn about Uggs is this: while they might not be the world's most comfortable, and the price tag might reflect their quality, it did not reflect my willingness to pay for them. On the other hand it's that Ugg has in society that myself tried

So why is and footwear popular? Is it to be more we see, is it in with those is it simply action we mechanism?

reason behind might be, it is important keep one thing in mind; underneath all those clothes we're all naked.

Your personality is ultimately what makes clothes work for you. What you wear is not only for practical reasons, but a way in which to express who you are. This might not be everyone, but it certainly is for many people.

The only advice I can give is that if your personality shouts Uggs or North Face, go with it. At least then you will know that you're dressing in something because you want to and because that's who you are, not because you feel you should just because everyone else is. As for me, I'll stick with my \$12 pink velour Converse.

It seems that the allure of Uggs is meant to remain a mystery to me.

quite impressive such a firm grasp even a skeptic like on a pair.

it that clothing trends are so because we want like the celebrities our desire to fit around us, or an unconscious use as a survival Whatever the following a trend

Suffolk siblings put a little love in T-shirts

Elizabeth Mullen
Journal Staff

Suffolk University senior Jonathan Mendez and his sister, Olivia Chamberland, a former Suffolk student, have set out to change the world through selling t-shirts that feature the word "love" written in a variety of languages, and donating some of the proceeds to charity. Their "It Says Love" clothing line and company, Zamforia Industries, was born about two years ago, after Chamberland was asked at a seminar to draw something that reminded her of a time she felt love. Her drawing concentrated on her family's get-togethers, where they bond through playing music together. Mendez took this drawing and created the "love" logo, which features the word both right-side-up and upside-down, surrounded by translations of "love" in different languages.

Mendez and Chamberland took this idea and ran with it. Mendez designed the shirts while Chamberland focused on the financial aspects, and

Zamforia Industries was born. Mendez defines Zamforia as "the perfection of your passion," a word he came up with while driving and listening to music.

In the eyes of the siblings, passion is something that can unite everyone. "Love to do something, love to hate something, it doesn't matter... it's a fuel to everything," Mendez explained. "If you have that passion, it's your responsibility to perfect it."

During his years at Suffolk, Mendez, an International Affairs major, has studied abroad in Spain and Korea, and has also spent time studying in Washington, D.C. He explained that he valued this opportunity: "It allowed me to experience different cultures and gave me a global perspective."

Mendez also describes his family as one of his main inspirations. His grandparents immigrated to America and worked hard to build a good life for their children. Donating proceeds from his company, he says, "is a way to give back for

all that people have given me."

Mendez, who designs all the shirts, says that each design incorporates something personal that may not be initially apparent. "The t-shirts are a product of who I am," and draw inspiration from his life experiences. For instance, the shirt that portrays music as love has an image of Michael Jackson worked into the design, since he was Mendez's inspiration to learn to dance.

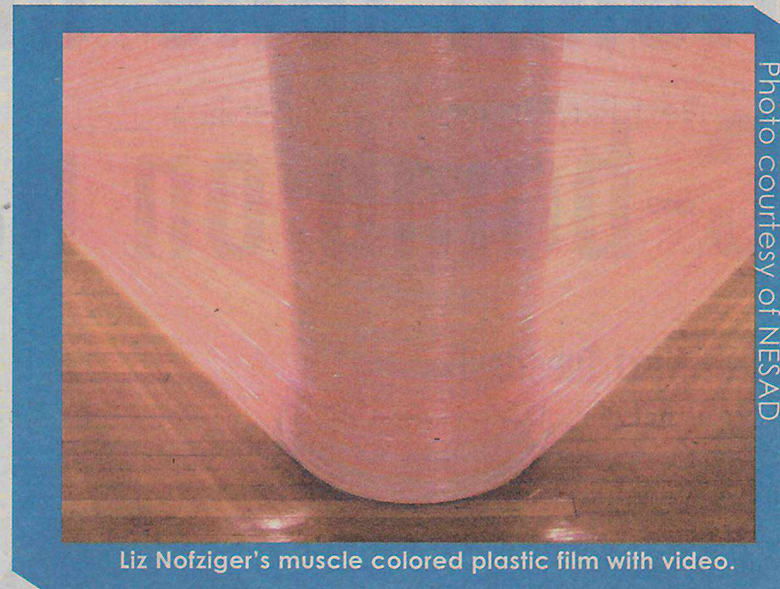
With the help of Jenna Pecoraro, a journalism student at Suffolk who works as publicist for the company, Zamforia Industries has been able to create a website and online store. Mendez explained that it's difficult to be taken seriously until people can see a product firsthand. "You have to prove yourself...you're just faking it until you just do it!"

The company plans to introduce more styles within the next six months, and has a tentative 15-year-plan that includes building a factory in a community that needs assistance in creating jobs and funding schools.

For now, the company selects organizations to donate a portion of their proceeds to. Currently, they donate about 10 percent of their profits to the Strong Kids Foundation, a YMCA organization that provides financial assistance to help kids go to summer camp.

Along with donating money, Zamforia uses their web space to feature people and groups that are working towards similar goals of spreading love and peace. Currently, they are featuring an interview with Bomani "D'mite" Armah, a hip-hop artist whose lyrics attempt to send a strong, positive message to the listeners about being socially responsible.

More information about Zamforia Industries and the online store can be found at www.zamforia.com. The average T-shirt price is about \$29 each.



Liz Nofziger's muscle colored plastic film with video.

Photo courtesy of NESAD

Eccentric artists collaborate on work at NESAD's main gallery

Eleanor Kaufman
Journal Staff

The gallery at NESAD is currently showcasing the work of two artists who work with a variety of different mediums to create an interactive body experience. The artists, Bebe Beard and Liz Nofziger, use video, sound, and elements of sculpture and architecture as tools to create a relationship between viewer and the space they inhabit.

Beard, who has shown work around the world including Barcelona, Cologne and an upcoming exhibit in London, as well as in spaces around New England and the U.S., is interested in the idea of non-verbal communication. Her work abstracts the emotions and feelings of the experience of conventional art. Her installation at the NESAD gallery called *Con-flict* uses recycled wire and other material from previous projects. The jumble of material, working alongside the sound work by Lou Cohen, a Boston performer and digital animator, creates an interesting and forced audience interactivity.

The gallery is effective no matter which way you enter. Even before entering the gallery space, the jarring sound of scratching wires can be heard from down the hall. The experience of sound alone is harsh and disruptive when first entering the space. The scratching is unsettling and very loud. The viewer is first confronted with a large-scale projection of a magnetized moving, spazzed-out, creature-like jumble of entangled wire

and bent line forms, which looks like a moving organism viewed under a microscope. The space is dark and eerie but amongst the harsh interaction of the different elements, there exists an interesting attraction and attention pull. Beard's work sits beside Nofziger's colored video projection. The site is intriguing and different than anything previously seen at the NESAD gallery.

Nofziger's work, which has also showed around the world in places like Medellin, Columbia and throughout the U.S., "examines space within the physical, political and pop-cultural landscape." Her installations always take into consideration the architectural elements of the space. Nofziger considers the space of a room to be an integral part of her exhibits. By using the already-existing shapes, niches and curves of a room, Nofziger creates an elevated and more dramatic ambiance for viewing her work and understanding her ideas. An example of this is the video projection onto the pillar in the entrance of the NESAD gallery.

Although Nofziger and Beard have never worked together in an exhibit, this display proves to be successful. Each of their works inspires awareness for the different aspects of their exhibit. Nofziger's colored projection adds a nice contrast to the severity of Beard's wire organism and sound feature. Both artists use the structure of the room as a base for their work and to

See NESAD Page10

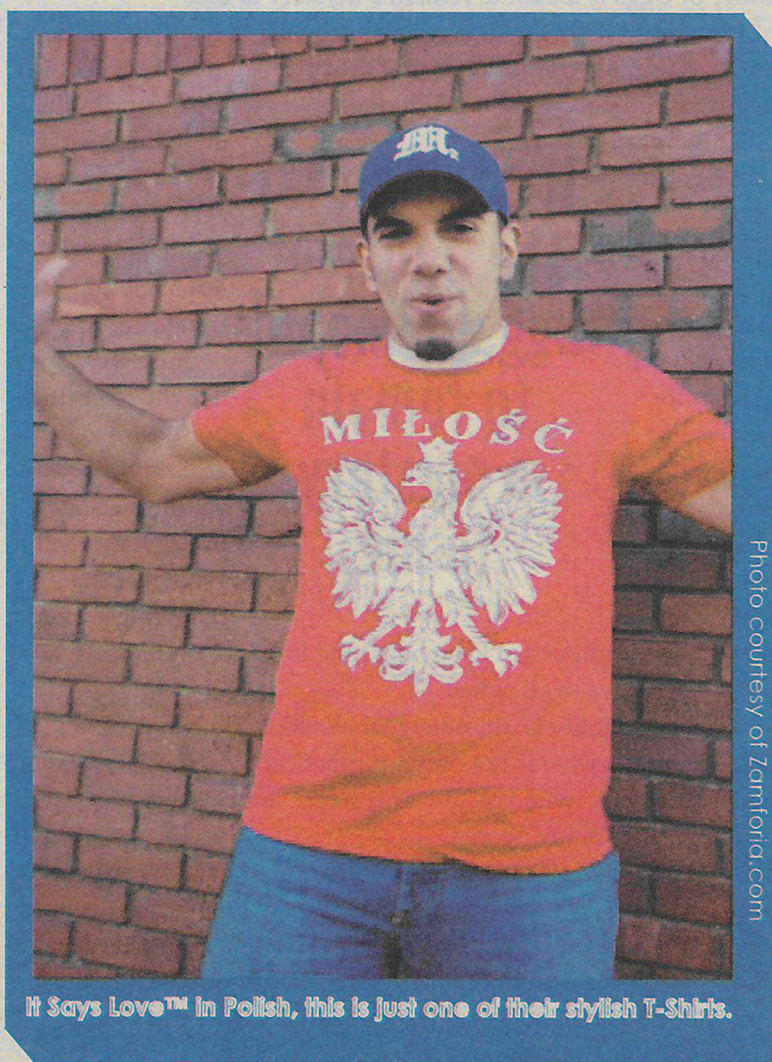


Photo courtesy of Zamforia.com

It Says Love™ In Polish, this is just one of their stylish T-Shirts.

And the envelope should go to...

Best Performance by an Actor in a Leading Role

George Clooney in *Michael Clayton*
Daniel Day-Lewis in *There Will Be Blood*
Johnny Depp in *Sweeney Todd*
Tommy Lee Jones in *In the Valley of Elah*
Viggo Mortensen in *Eastern Promises*

Journal Pick: Daniel Day-Lewis

Achievement in Directing

The Diving Bell and the Butterfly: Julian Schnabel
Juno: Jason Reitman
Michael Clayton: Tony Gilroy
No Country For Old Men: Joel and Ethan Coen
There Will Be Blood: Paul Thomas Anderson

Journal Pick: Joel and Ethan Coen

Best Motion Picture of the Year

Atonement: Focus Features/Working Title
Juno: Mandate Pictures/Mr. Mudd
Michael Clayton: Warner Bros./Clayton
No Country For Old Men: Miramax
There Will Be Blood: Paramount Vantage

Journal Pick: *There Will Be Blood*

Best Performance by an Actress in a Leading Role

Cate Blanchett in *Elizabeth: The Golden Age*
Julie Christie in *Away From Her*
Marion Cotillard in *La Vie en Rose*
Laura Linney in *The Savages*
Ellen Page in *Juno*

Journal Pick: Cate Blanchett

Best Original Screenplay

Juno: Diablo Cody
Lars and the Real Girl: Nancy Oliver
Michael Clayton: Tony Gilroy
Ratatouille: Brad Bird, Jan Pinkava, Jim Capobianco
The Savages: Tamara Jenkins

Journal Pick: Diablo Cody

Graphic Credit: Rachel Schwartz

Enjoy a good meal in jail, kind of

Mary Stevens
Journal Contributor

Equal parts of chic and historical décor make CLINK restaurant worth making a reservation at. Located in the Liberty Hotel on Charles Street, near our very own campus, it's a restaurant sure to grab your attention even before you're seated. Fashioned after the Charles Street Prison, which was the building's former occupant before it became a hotel and restaurant, CLINK brings together the elements of its past and present to create a memorable dining experience.

Upon first walking through CLINK's entrance, one's eyes are drawn to the jail doors and bars that adorn most of the dining area. Diners look happy as they sit talking and eating, all the while surrounded by jail cell dividers. Quite possibly the most eye-catching displays of the jail cell doors near the entrance, set against lights

which continually change color. Manager Ari Brownstein commented that people love the way that CLINK is

includes many tapas-style items, along with traditional entrees. While the breakfast and lunch menu contain many

in the same place. Many of the dishes are based around seasonal ingredients, offering fresh and ever-changing options year round.

Some of the more impressive and interesting items include the Blood Orange Salad, Raw Yellowtail with vanilla infused olive oil, and the Ricotta Gnudi. For those feeling less adventurous, there's always the Fried Mac and Cheese with Clink ketchup, a variety of salads, or the 10oz. Rib eye steak. Whatever it may be that you decide to order, manager Brownstein stresses is that CLINK is a place where "you can have

any experience you want." When asked to describe what type of experience people could hope to have at CLINK, Brownstein said "Social food... We really encourage people

to share." He explained that whether you order something to share, or order your own entrée, the experience is more about being together, socializing, and eating good food. Along with having any experience that you want, Brownstein also adds that the staff are there to "tailor to your wants and needs."

What Brownstein says is more than just words, but the actual reality of CLINK. Looking around and seeing the faces of both young and old seemingly enjoying the company of each other, their surroundings and the food, one can't help but get drawn in. This expands beyond the patrons to the staff who are sincere, professional, and extremely friendly. Whether you're looking to share a meal with a loved one, have dinner and drinks with some friends, or simply want to go check out the former jailhouse, CLINK is worth the stop.

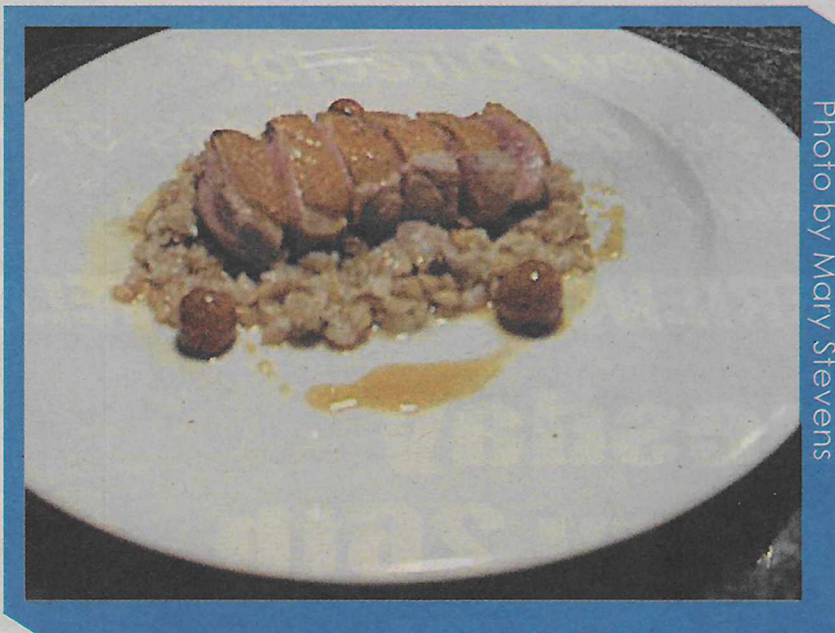


Photo by Mary Stevens

decorated. "Many people, including the hotel's guests, come just to look around."

On par with the overall appearance of CLINK is its impressive menu. The menu

familiar items, the dinner menu is a real showcase of diversity and sophistication. Since there is no set style of food, the menu showcases a large number of cultures not often seen served

From NESAD Page 8

create a path that the viewer flows through. Curator Jim Manning, who chose the two artists for the exhibit, wanted an environment made from experimentation and play. His intentions for Interventions and Objects can be thought of as a mystery. Knowing and having worked with Nozfiger and Beard before, he understood

what they could produce and knew that the exhibit would be exciting and different.

Interventions and Objects features the work of Bebe Beard and Liz Nofziger. The installation runs from Feb. 14 to March 15. There will be an artists' talk on Tuesday, Feb. 26 at 1:00 pm.

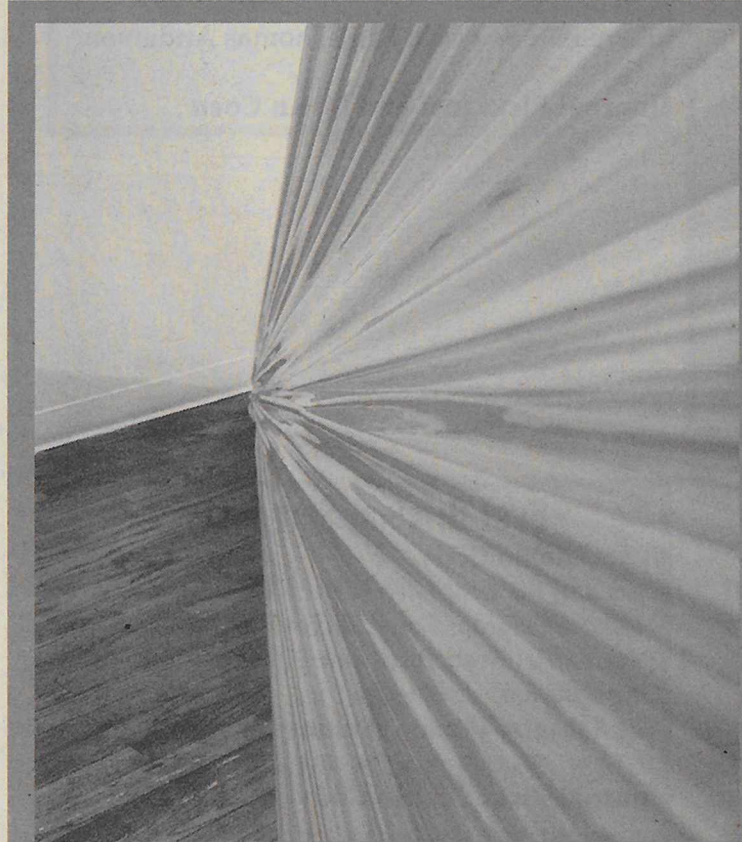


Photo courtesy of NESAD

Old Growth brings new sound

Clay Adamczyk
Journal Staff

After three years since their last album *Feathers* (Matador 2008), and their return to the original trio leaving short-lived guitarist Cory Shane behind, Dead Meadow finally releases *Old Growth* (Matador 2008). A 60's psychedelic meets 70's rock album, *Old Growth* incorporates some blues and tons of Jason Simon's trademark fuzz/wah guitar. Like *Feathers*, *Old Growth* goes continually deeper, with Dead Meadow shedding their "stoner-rock" motif, and shows how worldly they really are in style and in influence. Though homage has always been paid to bands like Black Sabbath and Led Zeppelin throughout Dead Meadow's span, heavy influence of blues is found on *Old Growth* on tracks like "Between me and the Ground" and folk ballads

like "Down Here." "I'm Gone" even pays tribute to some country progressions that illustrates the band's lighter side. "Seven Seers" takes a middle-eastern style with Stephen McCarty taking on percussion hand drums and Steve Kille leaving the bass behind for a sitar.

Those looking for Dead Meadow's classic sound are not to worry, though. Kille's chugging bass structure, McCarty's intensely deep drums that could almost be songs in themselves, and Simon's soul grabbing guitar are all there along with their long jams that make every song unmistakably Dead Meadow (though catchy "Keep on Walking" could be a Tom Petty song.)

If there is a tradition in Dead Meadow's albums, it is that they have to open with a song that is totally epic. Self-titled *Dead Meadow* (Tolotta 2000) had it's "Sleep Silver Door" and

Old Growth has its "Ain't Got Nothing to Go Wrong," which truly is as epic as any of them. Here is where you find their standard exemplary riffs and progression that makes you want to skip work and play guitar all day. "Ain't Got Nothing to Go Wrong" sets the bar high for the entire album and Dead Meadow makes it over the bar most of the time.

Though *Old Growth* may arguably not be their strongest album, it certainly is their tightest. Over the ten years Dead Meadow has existed, they have evolved into one of the best bands around and are not to be taken lightly.

Old Growth is out on CD and LP now and Dead Meadow is playing the Middle East Upstairs on April 20.

THEN COME SING WITH US!

THE NEW & IMPROVED

VOCAL ENSEMBLE

INVITES YOU TO COME AND CHECK THEM OUT.

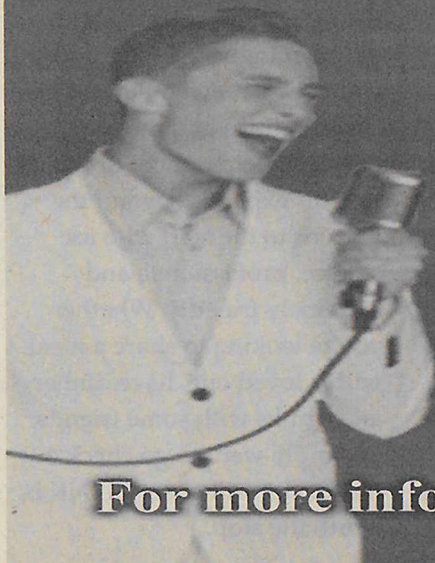
Meet the new Director

Bring your favorite songs and styles of music

Sing and play with the group

ALL PARTS AND EXPERIENCE LEVELS WELCOME!!!

**Tuesday
February 26th
6:30 pm
Donahue 220**



For more info contact: (617) 305-6307 / performingarts@suffolk.edu

PERFORMING ARTS OFFICE
PIONEER PERFORMANCE SERIES PRESENTSA black and white photograph of the cast members of the play "The Exonerated". There are six people in the image, arranged in a line from top left to bottom right. They are all looking off to the side with serious expressions. The background is dark.

THE EXONERATED

GUILTY...UNTIL PROVEN INNOCENT

BY JESSICA BLANK AND ERIK JENSEN

FEBRUARY 21 (1 PM + 8 PM), 22 (8 PM) & 23 (8 PM)

C. WALSH THEATRE

TICKETS ARE FREE AND AVAILABLE AT THE HUB

FOR MORE INFORMATION OR TO RESERVE TICKETS, CONTACT
PERFORMINGARTS@SUFFOLK.EDU OR 617.305.6307

POST-SHOW DISCUSSIONS!

*Join us after the performance each night for a
post show discussion with professional panels and our cast.*

YOUR WEEK

PAGE 12

THE SUFFOLK JOURNAL

WEDNESDAY • FEBRUARY 20, 2008

WEDNESDAY

Tonight nature will put you in total awe. Look in the direction of the night sky and enjoy the show the moon will be putting on, as a lunar eclipse is imminent. Brave the cold weather and climb up onto your friend's roof deck (weather permitting) and enjoy the blood-red moon that'll be hovering over our city. The eclipse starts at 9 p.m. and ends at 11 p.m., peak being around 10 - 10:30 p.m. The next lunar eclipse is in two years. Don't miss it.

Just like every other college student in the city, you're probably sick of the microwave pizza and chicken nugget diet that you've been on ever since you moved into your apartment. If you're starving for some treats after eating all your Valentine's Day candy, you're in luck. Sodexo will be presenting Desert 101, giving you a chance to learn how to cook some quality food for your sweet tooth. Take a break from the classic college diet as well as being entered in a raffle. A free event for commuter students, in the Donahue Café, 4 - 5 p.m. Want more information? E-mail off campus housing at ocho@suffolk.edu.

THURSDAY

Another free event! "Simpsons" writer Mike Reiss is going to be returning to his college-based hometown of Cambridge to lecture on his time writing for the show. He'll talk of his contributions to such classic episodes like the Simpson's Tree House of Horror Halloween series as well as his independent works "The Critic" and "Queer Duck." Simpson and Futurama fans take note: bring your questions about the future of the TV show and the various movies that have been produced. It'll be at Rosovsky Hall in the Harvard Hillel on 52 Mt. Auburn St. in Harvard Square. Starts 7:30 p.m. Free admission and if you have any questions call (617) 495-8676.

Interested in studying abroad, but don't think you could handle an entire semester in another country? There will be a meeting about some very intriguing two-week-long study abroad programs that professors at Suffolk will lead. Some of the locations include Italy, England, and Spain. Subjects that will be covered range from photojournalism to examining the British Parliament. If American living has got you down, go to the CIE Conference Room on the sixth floor of 73 Tremont St., 10 a.m. to 3 p.m.

FRIDAY

Comedian Bob Marley from the movie "The Boondock Saints" will be performing at the Comedy Connection. This Maine resident will be entertaining performing his own written material, rather than playing the incompetent police officer getting Willem Dafoe coffee. Located inside 1 Faneuil Hall Market Place on the upper deck of the food court, Marley goes on at 10:15 p.m. with the show starting at 8 p.m. Tickets can be purchased at the ticket booth anytime before the show.

I hate to ruin anyone's Friday, but just a reminder, because nobody remembers these: Tuesday classes that meet at 4 p.m. and later meet today to make-up for President's Day. Remember, the weekend is just one class away.

SATURDAY

Become one of the many who will meet up in front of the Samuel Adams statue in Faneuil Hall and put on your iPod headphones or mp3 player and cue up a favorite song of your choice. Make sure it's something good to dance to, as you'll be a part of Boston's Silent Dance Experiment. All over various major cities, silent dance parties have been performed inspired by the iPod commercials that we have all grown to love to make fun of. Wear something fancy; everyone's going to be dressed to impress. It'll start at the sound of an air horn at 1 p.m.

You can enjoy the guitar-smashing Welsh rock band Super Furry Animals at the Paradise. Their blend of rock genres will simply amaze you, taking classic rock guitar riffs and adding techno-pulsed tempo to spice up their performances. The British invasion is not dead, they're playing at the Paradise Rock Club on 967 Commonwealth Ave. on the green line's Pleasant Street stop. Tickets are \$17.50, can be purchased off of livenation.com or at the Paradise box office.

SUNDAY

Now that the writer's strike is over, tune into ABC to see the Oscars in all its glory. The lovable John Stewart will host. Nominations include soon-to-be classic movies such as *There Will Be Blood* with Daniel Day-Lewis and *Sweeney Todd* with Johnny Depp. Tonight, stay glued to the couch and break out the chips for this lazy Sunday. 8 p.m. on ABC, located right on your television, Channel five.

If you're in the mood for hip-hop, tonight is your night at The Middle East for Dorchester-based artist Akrobatik's "Absolute Value" album release party. This Roxbury Latin School graduate will be featuring special guests such as Mr. Lif, along with Termanology and Therapy. The Middle East is located on 472 Mass Ave. in Cambridge off of the Central T stop. Tickets are \$17 at the door, \$15 in advance. They can be purchased through www.ticketmaster.com or over the phone at (617) 931-2000.

MONDAY

The East Coast Grill & Raw Bar will be facing off against the Highland Kitchen in a rib eating contest tonight, if you're in the mood for good food and samplings of the various delicacies either group has to offer. Its three rounds of nine different types of ribs that'll have your mouth watering. Located on 1271 Cambridge St. in Cambridge off of the Central Square red line stop, its \$35 starting at 7 p.m.

Are you a communications or film major that heard the rumor that Suffolk built a new media studio? The rumors are true, and you can bask in the electric glory of television via tours, which will be offered by Allyson Gill. This studio is a huge step for any student wishing to peruse a career that involves direct technological involvement with camera and editing equipment. The studio will be at 73 Tremont St. with tours from 5:30 - 7:30 p.m. To reserve, email agill@suffolk.edu.

TUESDAY

Our beloved Boston Bruins take on the Pittsburgh Penguins tonight in an all-out hockey duel. With baseball season almost in full swing (pun intended) and football season coming to a brutal end, Boston sport fans need to warm the winter with their spirit. The game is at the TD Banknorth Garden, starting at 7 p.m., tickets range from \$10 - \$176.50 and can be purchased through ticketmaster.com.

If sports aren't exactly your thing, the Program Council will feature acoustic guitarist Jason LeVasseur tonight. If you're in the mood for good music and refreshments, this is the place to be. LeVasseur is a Nashville native that is touring colleges from the Midwest to the Northeast. Support this artist by going to the Donahue Café at 8 p.m., refreshments will be served and the performance is free.

Your Week...so you can survive

By Matt Altieri

Firstly, I'd like to apologize for the mix up of last issue's Your Week for all of my readers (love you, mom and dad!). Technical issues have never been my expertise, but nobody's perfect. If anyone doesn't know what I'm talking about, the previous week's Your Week was featured, creating a very confusing issue.

Secondly, I'd like to once again put my section to somewhat of a good use. All the blurbs above I have written, but I'd really like to turn this section into a hands-on, useful section full of the events happening university- and city-wide. I guess you can call this a call to all clubs, organizations, and students in general: if you want your events to be featured, send a write up to sjyourweek@gmail.com.

Lastly, March will come in bringing light, as the glorious day of the ninth of March will warrant the springing ahead of daylight saving time, giving us a little brighter setting to this seemingly gloomy city now. Valentine's Day has also come and passed (thankfully!) and we can now look forward to this city's undisputed favorite holiday: St. Patrick's Day! So buy your Dropkick Murphy's tickets and hop on the Red Line to see the parade in Dorchester when the time comes. February is fleeting and March is looking all the better, but just beware the ides of March...et tu, Brute?

Stay Connected: Earn Credits Toward Your Degree This Summer!

The College of Arts and Sciences is offering **online courses** this summer to help you stay ahead! What better way to earn credit than from your very own home!

Courses offered Summer I:

ENG 101 W1 Freshman English I Instructor: Dr. Rich Miller	GVT 347 W1 Legislative Politics Instructor: Dr. Ken Cosgrove
SCI 171 W1 The Build World Instructor: Dr. Patricia Hogan	SOC 113 Introduction to Sociology Instructor: Dr. Felicia Wiltz
SCI 161 W1 Physical Science Instructor: Dr. Walter Johnson	

Courses offered Summer II:

HST 181 W1 US History to the Civil War Instructor: Dr. Pat Reeve	SCI 161 W1 Physical Science Instructor: Dr. Walter Johnson
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Extended Summer Semester:

PHYS 151 W1 University Physics I (12 Week Course) Instructor: Dr. Prashant Sharma
Math 165 Calculus (13 Week Course) Instructor: Dr. Edith Cook

For more information, please contact Mr. Mark Rotondo by email (mrotondo@suffolk.edu), call (617-305-1966), or stop by the CAS Deans' Office on the first floor in the Donahue Building!

Fish out of Water Should Land in Foxboro

Ben Paulin
Cody Moskovitz
Journal Staff

The Patriots offered former Miami linebacker, Zach Thomas a contract on the same day he went to visit the team. Showing signs that the Pats may be looking to cut ties with elder statesman Tedy Bruschi and the elderly Junior Seau.

Clearly New England wanted to snatch Thomas up before he went traveling across the country in search of a new home. Whether the fact that New England was Thomas' first stop on his campaign trail to various teams, is any sign of his desire to play here is yet to be seen however, his acquisition would certainly be huge for this Pats club.

He will likely be looking for a long-term contract, with guaranteed money, but he assuredly wants to play for a legitimate contender as well. Which begs the question: Does he want money or glory in his

remaining years in the league? With fairly formidable career statistics including 19.5 sacks, 17 interceptions, four touchdowns and more than 1600 career tackles, he could likely land a big contract somewhere, but it isn't implausible that he would want to come to a place where he has a legitimate shot at a title. Where better to go than to a consistent contender like New England?

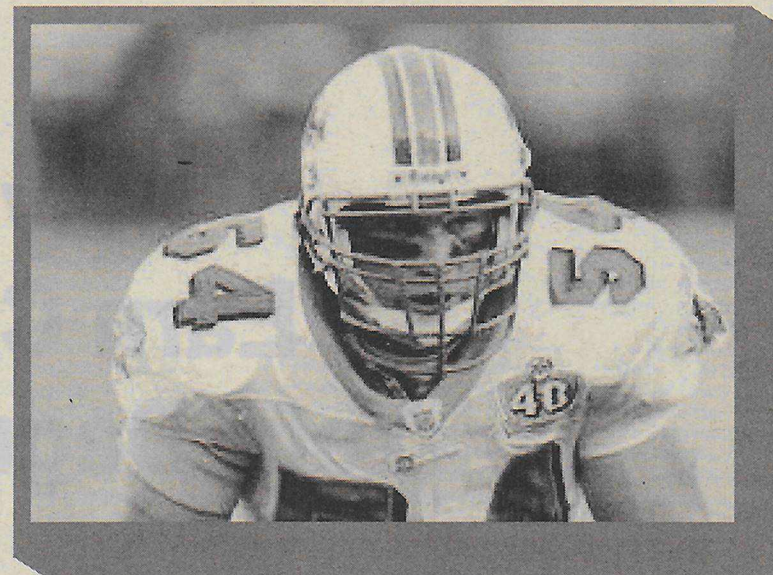
Hardnosed agent Drew Rosenhaus may make the negotiation process a difficult one, but if the Pats can land Thomas at a reasonable rate, it would be in their best interest to do so.

The Pats have a knack for turning so-called washed up players into perennial studs in the league. 30+ veterans like Bruschi, Seau, and Harrison might not be playing on younger, more speed-oriented defenses. And even Randy Moss was said to have lost a step or two before being reborn in New England. The point is that Thomas, while he is not

getting any younger, would still bring proven statistics and valuable veteran experience to the Pats club, something that they may lose in guys like Bruschi and Seau if they are to head elsewhere or retire.

The Pats will likely get either Seau or Bruschi back from free agency, which would still leave one-and-a-half holes in the middle of the field, but if acquiring Thomas isn't an improvement it definitely keeps them at the same level at linebacker.

After being the man on the Dolphins for 11 years, he may not have the desire to carry the defense on his shoulders anymore. The Patriots don't need their middle linebacker to be the heart of the defense because they play as a single unit. Playing for the Pats would take slack off the aging Thomas, who would be joining an already deep core at linebacker. The Patriots stellar defense is truly the sum of all its parts which Thomas would only en-



hance if he comes to Foxboro. He didn't want to leave Miami, but after being cut by the team that drafted him, he may want to exact some revenge on them by playing for one of their division foes. Plus, it's probably not the worst thing in the world to be departing from a team that had just one win last season and will need to see a huge turnaround in South Beach to be competitive again, even with the Tuna.

But should New England make the move to acquire Thomas would it be a big surprise to anyone? They seem to be sticking to the same blueprint they've always used regarding the signing of veteran players. It just depends on whether he'll be sporting the number 54, which he has worn his whole career, and which also happens to be the number Bruschi wears.

Point

Zach Thomas

Counterpoint

Thomas won't Jump Ship to New England

Tim Rosenthal
Journal Staff

Although Zach Thomas has been offered a contract to come play for the Patriots, will they really be getting an improvement?

Thomas' stats in 2007 were the worse of his career. True, part of it was due to injury and who knows what he would've done later. However, Thomas did not help the Dolphins win a game while he was there.

The Dolphins defense in his five games played was abysmal. Opponents scored 165 points on their defense (33

points per game). Although Thomas played well in those games, the Dolphins still couldn't buy a win.

Let's consider the age factor. Thomas is 34 and probably only has a few years of solid play remaining.

The Pats should either consider going younger at linebacker, or keep their veterans. Mike Vrabel and Teddy Bruschi are the heart and soul of the middle of the defense, and with a healthy Roosevelt Colvin coming back to go along with Adalius Thomas and possibly Junior Seau (if he decides to return), the Patriots depth at

LB is still one of the best in the league.

However, if Thomas were to go anywhere, he should consider such teams as Washington, Dallas, Philadelphia, New York Giants, New York Jets, Buffalo, or any other team that needs a linebacker. Thomas would do wonders on those teams.

Thomas would not look good in a Patriot uniform because of the system. True, he most likely would get significant playing time, but the Patriots are in no need of a linebacker. I would much rather get Ronde Barber of Tampa Bay and fill the corner spot if

Asante Samuel decides to leave for the money.

Go ahead, say that he would improve the Patriot at linebacker. Thomas would not fit or even be guaranteed a starting job. And the Pats should try to re-sign their key players first, such as Randy Moss, who wants to be a Patriot. I am not saying that Thomas doesn't, but priorities come first.

Say what you will about the Super Bowl loss. Blame the offensive line and the linebackers. However, is Zach Thomas the missing piece of the puzzle? The answer... no! After all what

if he gets injured again? That money would go to waste and their salary cap would take a hit for next year, while in the 2009 off-season, he would be let go.

Let's face the facts. Thomas does not belong in a Patriot uniform. Reward the veterans that won you three Super Bowls in Vrabel and Bruschi. Have a younger Colvin show what he is made of; get Thomas to prove a point.

Who knows where Thomas would wind up in the free agent market; hopefully anywhere but New England.

sports BRIEFS

Men's Basketball

beat Norwich 93-85
posting their third win
of the season.

Men's Hockey lost 7-3

in their game against
the Curry Colonels,
Tuesday night dropping
their sixth straight
game.

SGA Sports Rally: Ram

It Up Tuesday March
4th 1 p.m.-2:15 p.m.
in the Ridgeway Gym.
Food, games, raffles,
and prizes.

2008 Fantasy Baseball Preview

OF- Matt Holliday (COL)

Arguably, one can make a case for Holliday as the NL MVP for 2007. This year, Holliday should continue to improve his stats and this year should be no different. The Rockies were no fluke, neither were his numbers in 2007. 2008 Should be another fine year as Holliday will look to lead the Rockies to another post-season appearance. 2008 Projections: .332, 34 HR, 111 RBI

OF- Manny Ramirez (BOS)

Manny being Manny. That's been the catch phrase for many in Red Sox nation for the past few years. However, Manny is usually guaranteed for at least .300 with 35 HR and over 100 RBI during his career. This year expect a stronger performance from Manny (barring injury) as he should improve on his injury plagued 2007 season. 2008 Projections: .306, 37 HR, 112 RBI

SS- Jose Reyes (NYM)

Reyes' speed and crafty hitting puts him as the top shortstop over that's right, Derek Jeter. The top leadoff hitter in the game will could top the stolen base record by career's end. Reyes turns 25, and if his 78 stolen bases are an indicator of his future, than the Mets have a bright future. His power numbers might not be there, but this would be a steal for owners if he is past the fourth round. 2008 Projections: .284, 10 HR, 58 RBI, 69 Stolen Bases

3B- Alex Rodriguez (NYY)

Last year, A-Rod gave most fantasy owners what they wanted out of him. The fastest person to 500 HR hit 54 last year, with a .314 average and 156 RBI's. Although the numbers might drop a little bit, owners will most likely take him as the top player in their drafts. 2008 Projections: .311, 50 HR, 139 RBI

C- Jorge Posada (NYY)

Coming off a contract year, Posada posted a .338 batting average, which was his career high. His 20 home runs and 90 runs batted in surely didn't disappoint either. Though the team could be falling a little bit, with a new manager in Joe Girardi, and some key players such as Hideki Matsui and Jason Giambi on the slide, Posada will be once again one of the key offensive players on the Yankee squad. 2008 Projections: .311, 18 HR, 91 RBI

OF- Vladimir Guerrero (LAA)

Although Guerrero did not post his usual 30-plus home runs in 2007 (27), he was still the heart and soul of the club. With former Twins outfielder Torii Hunter now in an Angel uniform, Guerrero has someone to protect him. Expect Guerrero to get back to his 30-plus Home Runs and have a similar RBI and batting average total from 2007 (.324 BA, 125 RBI). 2008 Projections: .321, 38 HR, 122 RBI

2B- Chase Utley (PHI)

In his three years with the Phillies, Utley has an average of .310 with 27 home runs and 103 runs batted in. If last year's stats are any indication (.332, 22 HR, 103 RBI) of what he has proved time and time again, than Utley will unquestionably be a force. Consider Utley a steal, if he is not drafted in the first three rounds. 2008 Projections: .321, 26 HR, 108 RBI

1B- Ryan Howard (PHI)

Basically, the argument came down to Howard and Prince Fielder of Milwaukee. However, right now, Howard has the upper hand over Fielder. His late season surge, helped the Phillies overcome a seven game lead with 17 to play and overtake the then, slumping Mets. Although his average slipped from .313 in 2006 to .268 in 2007, Howard still had the power numbers with 47 homers while driving in 136 runs. 2008 Projections: .286, 51 HR, 141 RBI

DH- David Ortiz (BOS)

The obvious choice for DH, Ortiz saw his power numbers slide a little, but his average was the highest of his career in 2007. With pitchers now forcing to pitch to him (with a healthy Manny), Ortiz will see his power numbers go up again. Expect Ortiz to be the key in clutch situations again, which fantasy owners will love. 2008 Projections: .308, 43 HR, 120 RBI

P- Johan Santana (NYM)

The fact that Santana is in the National League will help his stats significantly. His Earned Run average will be lower, his strikeouts will go up and his walks should go down. Expect Santana to possibly get 20 wins, and owners should consider him the top pitcher in their drafts. 2008 Projections: 20-8, 2.14 ERA, 258 Strikeouts

Suffolk Ballers Zito and Small Selected for All-District teams

Ben Paulin
Journal Staff

Suffolk basketball standouts, Stephanie Zito and Brian Small, have each been selected to the ESPN The Magazine College Division Basketball Academic All-District teams.

"To be chosen for the All-District team speaks highly of the well-rounded accomplishments, on the court and in the classroom, these two athletes were able to achieve," said Suffolk Sports Information Director Jim Seavey. Selections for the award were done by the College Sports Information Directors of America, who also decide on the Academic All-Americans in 12 sports on the national level. Suffolk is located in District I, which includes the states of New England and New York; the All-District squads are at the level right below national recognition.

Brian Small, a junior forward, was named to the second-team Academic All-District club. Small, a finance

major has a 3.96 G.P.A. He is currently third on his team in scoring, with 13.4 points per game and is tops in rebounding with 7.3 boards a game. He is one of three Great Northeast Athletic Conference representatives to receive All-District accolades for the men, and also had the highest G.P.A. out of all first and second team players in his district.

For the women, sophomore Stephanie Zito was the only GNAC delegate, receiving third-team All-District honors. The young forward leads her team in scoring with 11.2 points per game, on a successful 14-6 Lady Rams club. She is also the top student in her class with a 3.96 G.P.A., as an English major.

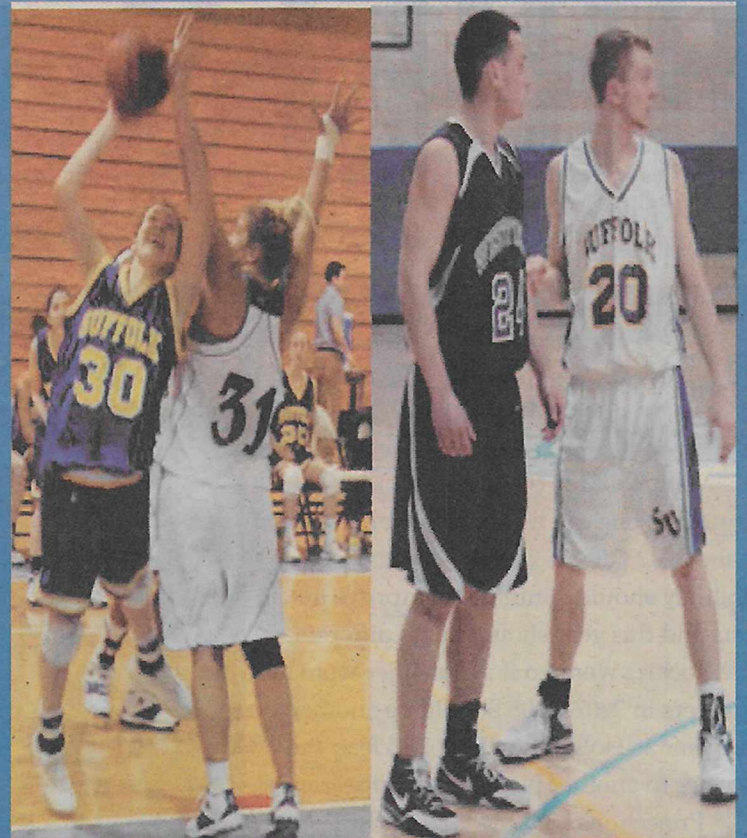
Maintaining a skyscraping G.P.A. is only part of the reason behind these athletes attaining such laurels. The honor is weighted equally between performance in the classroom and in the field of play. "Academics play a large part of it," said Seavey. "[But there is a] rule of thumb; you have to be a major contributor, you can't be

coming off the bench."

Suffolk has had several Academic All-District players in the past but has never had an Academic All-American. "That's one of my goals to have here," Seavey told the Journal, who said, the winners will be receiving certificates to show for their accomplishments. Suffolk Athletic Director Jim Nelson was proud of his players' accomplishments.

"Suffolk student-athletes always strive to be very successful both on the court and in the classroom, and I congratulate both Stephanie and Brian on this richly deserved honor. Their hard work in both endeavors has led to this recognition, and to be part of this prestigious program is something to be proud of."

Certainly this recognition brings pride to the athletes and to Suffolk as a whole, their roles as leaders on the court and in the classroom are certainly now exemplified by their selections to represent these esteemed teams.



Stephanie Zito and Brian Small members of the All-District team

Photo courtesy of suffolk.edu

Hall of Fame Nominations, Ceremony Postponed till '09

Cody Moskovitz
Journal Staff

Despite plans to select the next class to be inducted into the Suffolk Athletic Hall of Fame, the school's athletic department has pushed back the ceremony until spring 2009 from its previous date in the upcoming fall 2008 semester. Last year in the spring of 2007, the Suffolk University Athletic Department inducted its first ever Hall of Fame class consisting of eight standout individuals and two full teams. The second class will have to wait longer than initially expected to receive this honor.

The school was scheduled to hold their second Hall of Fame induction ceremony on Oct. 30 at the Royal Sonesta Hotel in Cambridge. According to Head Athletic Director and member of the Suffolk Hall of Fame James Nelson, "due to scheduling conflicts with the venue, the ceremony

had to be pushed back to best accommodate the Sonesta hotel and Suffolk itself." The hotel could not reserve the specific date and that, combined with a busy fall schedule of specific school events on and around campus were the reasons for the postponement. Although delayed, a second class will be voted on, selected and officially enshrined on May 7th 2009. Regarding the change in schedule, Nelson said that "this ceremony does not necessarily have to be an annual event and that hosting it every few years is probably a more appropriate schedule to employ, at least at the present time."

Suffolk's Hall of Fame classes are voted on by a small committee comprised of school administrators, athletic department personnel and a group of Suffolk alumni. Nelson said that the committee has a "long and distinct list" of capable nominees who have a chance to be elected. When further

"Due to scheduling conflicts with the venue, the ceremony had to be pushed back"

questioned about the potential honorees, Nelson jokingly said, "we have an idea of who will get in, but I'm not letting you know quite yet!" He believes that by January 2009 a class will be selected and then will be given their recognition at the formal ceremony in May. He also anticipates that future classes will have lesser members inducted at one time, "maybe five or six", as opposed to the 10 who were enshrined as the inaugural group.

Each person inducted to the Hall receives a plaque for themselves while another plaque is made for the school to be displayed on campus. Unfortunately, as of now, the Hall of Fame does not have an official home on campus, although Nelson says that "strides are being taken to make space at the school for this important project." According to Coach Nelson, potential spaces being discussed to house this initiative are the library, the Sawyer

lounge and somewhere in the Ridgeway building.

"Suffolk athletics have half a century of great achievement and excellence" said Nelson, who believes that this Hall of Fame "is a necessity to help carry on the dignified tradition of Suffolk sports."

Last year's inaugural class had their ceremony on May 10 2007 at the Royal Sonesta Hotel which overlooks the Charles River and provides spectacular views from its Cambridge location. "Last years ceremony was a great event and really showed how much admiration Suffolk athletes had for their own athletic experiences [and] for the school itself" said Nelson. "We hope future classes will continue to have a proud feeling of their accomplishments here at Suffolk and that they can take away positive memories from their experiences as athletes at the school."