Despite new menu from Sodexo, students give mixed review of meal plan

Sodexo Assistant Manager Francisco Lara at the 150 Tremont cafeteria assures that the company takes health as well as other concerns from students seriously.

"We definitely pay attention to students and what they like," Lara insisted. "We have a special program for health to create a balanced diet and try to incorporate that as much as possible.

As an example of this, Sodexo officials said that this spring it has incorporated two new programs that will increase the variety of food weekly as well as add healthier options. Lara said this is in response to many issues Sodexo noticed from student feedback.

Still, Suffolk freshman An-chal Vasandani, who visits the cafeteria at 150 Tremont on a daily basis, said her choices as a vegetarian are lower in variety and less in quality than those offered for other students.

"My options are always very small," Vasandani said. "I think they try to offer a vegetarian option daily, but it's almost always pasta or just a salad. I'm sure they consider us, but they don't make a big effort."

The cafeteria in Miller residence hall also appears to be causing similar concerns among students. Samson reports that a lack of variety is a problem for all students, but particularly vegetarians.

"My roommate is vegetarian, and she literally eats the same thing every day," she said. "It's always either a veggie burger or a wrap."

Some students offer a more positive opinion on Sodexo meals, but still have criticisms for the food provider.

Sophomore Josh Willis said, "the pizza is awesome. Especially the buffalo chicken one." However, he clarified that his opinion on the pizza does not apply for all the plates Sodexo serves on campus.

"The food is generally a bit of a miss," he said.

Based on such feedback, Sodexo has began to take into consideration the nutrition and health facts behind its food. As an effort they are calling "Mindful," which is being implemented across all the

See FOOD page 4

On air live with NECN: Aspiring broadcasters chosen for Suffolk in the City

Each semester, students compete for one of four spots to report on live television. Recently, four new student reporters were chosen and now is their time to shine.

This semester the student reporters are seniors Melissa Graham and Heidi Walsh, and juniors Peter Costanza and Daveson Perez. All four students are broadcast journalism majors.

The student reporters all showed an interest in journalism early on in their lives and were attracted to Suffolk because of its location and broadcast journalism program.

"I was always a big fan of writing," said Graham. "I always thought it was very important to be up to date with the current news and it's something that a lot of young kids may not too focused on. A lot of time it is stuff that will really affect them and they don't realize it."

Her plans after graduation include applying to every news station she can find.

"I know getting on the air will probably be impossible here in Boston because Boston is the seventh biggest media market," Graham said. "But

See NECN page 4
**POLICE BLOTTER**

**Friday, January 24**
7:48 p.m.
150 Tremont

**Saturday, January 26**
3:06 a.m.
150 Tremont

**Crime down at Suffolk? Check out next week’s SUPD blotter to see.**

---

**NEWS BRIEF**

**Students get involved at the commuter social**

David Frederick
Journal Staff

For all the commuter students who often feel detached from the rest of the Suffolk University community, the first of many Student Government Association-sponsored commuter socials was held Tuesday.

The socials are the brainchild of SGA President Billy Cerullo, who is a commuter himself, and would not be possible without the SGA and the Suffolk University community. These socials are meant to bring together the greater Suffolk commuter community, so that they can make new friends in a pressure-free social setting.

Ideas were shared among those in attendance, including how commuters could make their voice heard among the system. After pizza and formal introductions were swapped, many students answered Cerullo’s question, “What is the difference between a commuter and an off-campus student? Or is there even a difference?”

University, the students agreed that if one cannot walk to school, or if it takes around at least a half hour or more, then you are a commuter student.

The attendees also discussed how many students feel there is a real challenge in finding events they can attend on campus.

Students also agreed that attending extra credit events for class is troubling. A student suggested creating “a bull’s-eye to pinpoint who exactly is a commuter. So that we can reach out to more students.”

Cerullo also mentioned that he wants to bring back a commuter student union that hasn’t been active for the past few years,” a bold idea that will help centralize commuter needs to the fullest.

Above all though, Cerullo wanted to foster a relaxing environment for the commuters. If you want to check out the socials, SGA will be having them on the last Tuesday of every month, from 1 to 2 p.m. in Donahue 403. SGA hopes to play music, have good conversation, and discuss ways to further reach out to commuters.

---

**TO WRITE LOVE ON HER ARMS.**

**Will Searf**
Journal Contributor

To Write Love On Her Arms (TWLOHA) is the name of a not-for-profit organization that aims to help people struggling with depression, self-harm, thoughts of suicide, and other negative coping mechanisms.

Suffolk’s own chapter was started by Sunny Jordan Shannonhouse when she was a sophomore but she wanted to start it as soon as she started college. Shannonhouse, now a junior, felt that Suffolk needed a place where people could go to deal with their problems and sometimes fundraisers and events.

“We advocate talking about it, there’s a stigma of talking about self-harm,” said Shannonhouse. “People are afraid and there are a lot of myths because conversations aren’t bad. And people talk about it with a very hush tone.”

Shannonhouse discussed that she once suffered from self-harm and tries to help other people overcome those issues.

She discovered TWLOHA when her mom showed her a story in a newspaper about Renee Yohe, the inspiration for the name of the organization, or sometimes making the session a fun time where members can watch movies or play games. When they do have serious meetings, they discuss how a certain word or issue affects them and how it makes them feel. The meetings are safe zones but are carefully monitored by officers so topics do not become a trigger.

For those uncomfortable in such a public setting, Shannonhouse and other officers offer one-on-one opportunities to talk.

The Suffolk chapter is not exclusive to Suffolk students though. Officers can help students from other schools and even graduate students and professionals. Shannonhouse recently helped a young woman from Boston College. The group also collaborates with other chapters, including BC and UMass Lowell, to spread the word and even just to meet other members.

This semester, TWLOHA will be holding its second annual open mic night where anyone can come and sing songs, perform skits, and even slam poetry. The date has not been set, but they hope it will be successful.

“People donate money to the event and we send it to headquarters and that is how we contribute monetarily to TWLOHA so they can continue helping people,” Shannonhouse said.

TWLOHAs meetings are held on Thursdays from 5:30 to 6:30 p.m. in Sawyer 1128. Students can contact TWLOHA on its Facebook TWLOHA Suffolk University, Twitter @ twlohasuffolk, or e-mail at twlohasuffolk@gmail.com.
Gubernatorial roundtables continue, Baker and Grossman discuss healthcare, education

Sam Humphrey
Asst. News Editor

Charlie Baker and Steve Grossman outlined their plans if elected governor to dozens of attendees at the Suffolk University Law School Rappaport Center last Tuesday and Thursday, highlighting issues from healthcare to casino construction.

Baker was the first Republican candidate to speak at the roundtable series on Tuesday, offering solutions that differed from the Democrats on the ballot.

"Business owners in Massachusetts tell me three things: that we have a smart workforce, but we've a very expensive state to do business in, and that makes it difficult for them to make decisions," Baker said, noting that rising health care costs were one of business owners' top worries.

Baker, served as Massachusetts' administrator of health and human services, and later administrator of administration and finance in the 1990's. He joined Harvard Vanguard Medical Associates, but quickly received a "battlefield promotion" to CEO of its parent company, Harvard Pilgrim Health Care.

Harvard Pilgrim was running yearly losses of almost $60 million, but Baker significantly changed the company's structure and practices to return it to profit. The company's health care plan has been rated the best in the country for 10 years.

Making health care systems more transparent and improving communication between health care providers should be a top priority, Baker said, noting that patients often receive duplicate procedures when test results are easily lost. Baker acknowledged that many communities needed expanded availability to primary care.

Baker criticized the federal health care law, saying that Massachusetts should be able to keep running its state healthcare coverage program. "I don't know what I'm going to do if I hear from one more person saying that they sent a check to the state that was cashed, but they still don't have coverage," he said.

News outlets reported earlier this week that Massachusetts' federal health connector website is currently the worst performing in the country. Baker proposed tracking the connectors' performance through statistics and using them to find errors.

Baker, who served on the Massachusetts Board of Education for five years and is currently a trustee at a Chelsea charter school, also said that better communication between teachers and administrators can improve public schools.

"Every community in Massachusetts goes great schools and underperforming schools, and people can tell you which schools in their towns are good and which ones aren't," Baker said.

Baker also supports modestly increasing the minimum wage, but suggests pegging it with a state-run earned income tax credit based off of the federal model. He opposes legalizing marijuana, but wants to focus on reducing drug offenders to get better treatment instead of harsher punishment.

Addressing towns that lack sufficient transportation to Boston, Baker said that investing in better transportation was necessary, but that funding would likely be limited. He emphasized that growing local economies would bring more benefit than increasing transportation alone.

Baker criticized Governor Deval Patrick's most recent budget, saying that it should not have taken revenue from the rainy day fund or raised taxes. He also noted that local aid sent out to towns across the Commonwealth is down 40 percent, which strains police and fire departments, among other agencies.

Nonetheless, Baker seemed optimistic about the state. He spoke fondly of his parents - his mother was a Democrat, his father a Republican - who argued about politics at the dinner table, but always tried to work our solutions.

"Their discussions were friendly... it was about working out a solution, not proving the other wrong... I saw that attitude when I began in government in 1990." He hopes that such an attitude can improve our state government today, too.

In a discussion last Thursday, Democrat Steven Grossman, Massachusetts' current state treasurer, focused on healthcare, improving the state economy, and reforming the state education system.

"When I talk to small business owners across our state, they talk about three challenges: burdensome regulations, rising healthcare costs, but most importantly, a lack of access to capital!" he said.

During his time as treasurer, Grossman started Massachusetts' Small Business Banking Partnership, which has lent more than $1 billion dollars to small businesses in the state, focusing on those owned by women, minorities, and veterans.

Grossman also pushed to bring taxpayer money that had been invested in foreign banks back to banks within the state. "Massachusetts' taxpayers' money should be in Massachusetts banks and lent to Massachusetts' people and businesses," he said.

To grow the state economy, Grossman intends to draw more benefit from the state's manufacturing base, including specialty manufacturers.

"We need universal pre-school in Massachusetts too. Right now there are some 25,000 kids on a waiting list for pre-k. Only 1,700 have been given a spot so far, and the next budget will reduce funding for these programs. That's not acceptable."

Grossman also outlined a three point plan for health care: improving the state's community hospitals and health centers, reducing the cost of prescription drugs, and emphasizing preventative care programs. He also called Massachusetts' shortage of primary care physicians "particularly in rural areas, especially in rural areas... a crisis." He has suggested underwriting doctors and nurses' medical school debt in exchange for service in especially underserved communities.

Next week, the roundtables will continue with Attorney General Martha Coakley.
The club behind the scenes of Suffolk theatres

Dani Marrero
Asst. Inf'l Editor

They are the ones behind the scenes, behind the soundboards, and focused on the cues through their headsets. They are the quiet workers that make sure the music is at the perfect volume and the lights are shining in the right spots, the microphones are powered when they should be and the speakers are working properly. The Techies Union is the organization that makes the “magic” happen for Suffolk events on campus in theaters.

The Techies Union works with all Suffolk organizations that require technical help, including any event that may need sound and lights or just a microphone. Prior to the group starting as an organization, groups on campus would have to resort to hiring outside companies to set up and run the equipment for them. The TU now takes care of handling the equipment in both Modern and C. Walsh Theater free of charge to Suffolk clubs.

"When someone new comes on board, we teach them everything," President Jacob Athyal said. "Usually, the seniors will teach the freshman, and so on. That way, when we graduate, they will know everything and pass on the information onto the next group."

The TU uses equipment that belongs to the university and shares a budget with the performing arts office.

"Basically how it works is that whoever comes to the meetings has first priority to work the shows," Internal Communications Manager Christina Twombly said. "With each show, we need people to operate lights, sounds, and backdrop. Then we send out the positions that are available for those that weren't able to attend."

"Usually it's a three person show," Athyal said. "One will be on lights, one on sound, and the third will be a technical coordinator."

Members of TU shared that the organization has helped them not only learn how to do the tech work, but also develop their skills and get a better college experience.

"I am a lot more talkative now," Twombly said. "I came in a scared, little freshman, and now I'm taking more of the leadership roles and running my own shows. It has increased my confidence and acting more quickly when something goes wrong. I would not be in the same place without the Techies Union."

Athyal said that TU has benefited him as a broadcast journalism major.

"When I first joined, I wasn’t sure if this was going to be something that was truly for me, but I was wrong," Athyal said. "Not only has it opened an entire new path I can take with this tech experience, but being part of TU requires a lot of decision making as well. Sometimes I go wrong, but I can be expected in the middle of a show, we have to make a decision immediately. When there are people watching on stage and suddenly the stage goes dark and there are 300 people watching. It's a skill you can apply to any part of your life."

Athyal encourages anyone who is interested to join by attending their weekly meetings or finding them on Facebook.

From NECN page 1

A first grade party the clown asked us what we wanted to be and I asked my mom 'what does Natalie Jacobson do? She's an anchor,' she said.

"So, since then I have loved journalism."

Moving on to the juniors, Peter Costanza is a busy guy. As well as being an RA in the Suffolk 10 West dorm, he is also involved in several performing arts office productions and is an alternative spring break leader.

"I could never have a job that is the same from nine to five, a desk job," Costanza said. "Journalism allows me to go out in the world, I get to meet new people, do my job changes daily, tell stories. I love talking to people. It's a great way to network and NECN has been wonderful. We have given us pointers and helped us so much. I am learning from professionals in the field right now so hopefully it will benefit me in the future."

Perez is a member of the Suffolk sports talk show Clash of the Fandoms, as well as a member of Suffolk's finance committee and orientation leader.

"I always had a very burning interest in sports," Perez said. "I played a bunch of baseball through high school, but I felt like I couldn't compete in college and I wasn't recruited or anything. I thought that if I could not be on the field as a player, I might as well be reporting on sports because it is something that I love to do and something that I love to be a part of."

After graduation, Perez hopes to get a job on-air with a smaller market.

"I think this internship is going to help me so much. It is such a great opportunity and I think that if I can't get anywhere else, said Graham, who, like the other three student reporters, is gratefully landing the internship of a lifetime."

"All that we ask for people that want to join is a smile and a positive attitude. No prior experience needed. We do not want to have to hire people from outside, we will teach you everything."

From FOOD page 1

calorie counter on campus. "With Mindful, we are now ordering fresh fruit and vegetables," Lara said. "We don't order these products from anymore, and we also order them daily. Students may notice that we have delivery trucks outside of our door every morning with fresh merchandise."

A map is available in each cafeteria displaying the local farms from which some fruit and vegetables come from around Massachusetts. Mindful also offers more choices for vegan or vegetarian students, with signs that are changed daily displaying the options.

Sodexo promises that this is an approach that focuses on transparency of ingredients, delicious food, satisfying portions and clarity in message so that making "mindful" choices becomes second nature, according to its website.

Another program called "Close to Home" introduced by Sodexo this semester has added hundreds of new recipes from around the world to the menu. Because Sodexo has a large international student population, Sodexo will give these students the opportunity to have "homemade" dishes from their home countries.

Lara said that the company is frequently making changes to improve its business, both locally and abroad. Other recent changes have included mandatory signs displaying all ingredients and nutrition facts of all food served in the halls. Social media has also been set up to facilitate communication between the Sodexo staff and students.

"We are always looking for feedback from our products," Lara said. "We meet with the RAs at the beginning of every year to talk about how we can make our food better. Since they live on campus and they talk to students often, we take their suggestions to improve. Every semester also has new menu cards that students can fill out, and we keep up with our Twitter and Facebook."

Lara advised students to keep up with Suffolk's dining services on social media. To follow Sodexo, tweet @SUDinSuffolk, or go on Facebook.
Home Away from Home program teaches students about new cultures, helps international students adjust

Dani Marrero
Asst. Int’l Editor

As Suffolk welcomes new international students every semester, the International Students Services Office (ISSO) is avidly looking for ways to help students with immigration, registering for classes, and learning about American culture. To facilitate the transition between cultures, ISSO’s "Home Away from Home" program serves new students to ease their steps into Boston, while domestic students learn about cultures and life abroad.

"Home Away from Home fosters supportive relationships and cultural exchange between... students by facilitating the adjustment of new international students into Suffolk University, Boston, and American life in general," the ISSO website said. The program works by pairing two students together, one domestic and one international, for a semester. One of the benefits that Home Away from Home offers is that the domestic student will get in contact with their new friend abroad to go over tips on what they should bring before their flight to the US, as well as answer any questions on choosing classes, living in the residence halls, and making the most of all the services that Suffolk has to offer.

The second goal that ISSO aims to accomplish through Home Away from Home is to use the university's diverse student population to create mutual understanding of all the cultures that are represented on campus. While volunteering for this program helps the abroad, domestic students are exposed to an intercultural friendship. One of ISSO's goals as a department is to create "global thinkers" at Suffolk and this program helps. For some students that are from the US, studying abroad might not always be a feasible option, but Home Away from Home can provide the experience of interacting with a different culture without having to leave the campus, Boston, or the country. ISSO plans several activities throughout each semester for all volunteers in the program, such as contests through Instagram or Twitter where the participants can share pictures of their hangouts in a fun environment. For example, the first event for this semester was to share a picture on Instagram having coffee somewhere near campus. Students were even able to pick up coffee vouchers at the ISSO office in 73 Trenton.

To sign up for the Home Away from Home program, visit www.suffolk.edu/ISSO and complete the application. As a department, ISSO works closely with the group's latest announcements and activities through the hashtag #HOMEAWAYFROMHOME.

Participants in the Home Away From Home program

The partnership begins even before both students arrive on campus. American students will get in contact with their new friend abroad to go over tips on what they should bring before their flight to the US, as well as answer any questions on choosing classes, living in the residence halls, and making the most of all the services that Suffolk has to offer.

The second goal that ISSO aims to accomplish through Home Away from Home is to use the university's diverse student population to create mutual understanding of all the cultures that are represented on campus. While volunteering for this program helps the abroad, domestic students are exposed to an intercultural friendship. One of ISSO's goals as a department is to create "global thinkers" at Suffolk and this program helps. For some students that are from the US, studying abroad might not always be a feasible option, but Home Away from Home can provide the experience of interacting with a different culture without having to leave the campus, Boston, or the country. ISSO plans several activities throughout each semester for all volunteers in the program, such as contests through Instagram or Twitter where the participants can share pictures of their hangouts in a fun environment. For example, the first event for this semester was to share a picture on Instagram having coffee somewhere near campus. Students were even able to pick up coffee vouchers at the ISSO office in 73 Trenton.

To sign up for the Home Away from Home program, visit www.suffolk.edu/ISSO and complete the application. As a department, ISSO works closely with the group's latest announcements and activities through the hashtag #HOMEAWAYFROMHOME.

Bolivia

Heavy rains have displaced over 30,000 families in Bolivia, BBC reported, forcing thousands of citizens to move to community shelters. In some places, such as the province of Beni, entire communities had to be evacuated and civilians rescued after their homes and businesses were flooded. The Bolivian government is currently searching for ways to help the most affected areas and citizens, and President Evo Morales is visiting damaged areas around the country. Twenty-nine people have been found dead, and others are declared missing "after being dragged away by rivers turned into raging torrents by the heavy rainfall," according to BBC.

Syria

In accordance with the Organization for the Prohibition of Chemical Weapons, Syria is working to free the country of toxic agents by March. The program to stop the use of toxic weapons began last year when the Syrian government was accused of using poison gas during a protest that killed 1,400 people, according to CNN. The reports came from Russia's deputy foreign minister, Mikhail Bogdanov, and the OPCW's deputy director, Hisam Mansour, who asked Syria to speed up the removal of the chemicals. The chemical weapons are classified by the CWC as serving "very few or no peaceful uses," and the CWC plans to continue the operation of destroying all "precursors" of the weapons until 2016.

Greenland

The glacier that is believed to have produced the iceberg involved with the Titanic is "moving at the fastest speed ever recorded in the last two centuries," the glacier is believed to be "moving at about four times faster than" in the last two decades, BBC reported. Satellites are used to track the speed of glaciers. Speeds tend to be higher during summer months, while the flow is slowed during the colder part of the year. Dr. Ian Joughin, leader of the study, says they are "seeing summer speeds more than four times what they were in the 1990s on a glacier which at that time was believed to be one of the fastest, and the fastest, glacier in Greenland." As glaciers move at the faster speed, the sea levels are more affected as the massive bodies of ice are thinning. This iceberg would increase sea levels by six meters if it were to completely vanish.
Suffolk branch of Amnesty International brings human rights awareness to campus

Matt Bacon
International Editor

Amnesty International is regarded globally as one of the leading advocates and watchdogs for human rights. The group is one of the oldest human rights groups in the world, and has been responsible for documenting atrocities and rights violations in various conflicts and suppressed nations.

Here on campus, the Suffolk University Amnesty International chapter (SUAI) represents the organization. SUAI aims to educate Suffolk on human rights violations around the globe.

"SUAI functions as the voice for human rights on campus. We aim to foster awareness and open dialogue and discussion of various human rights violations going on locally and abroad," said Theresa Stevens, co-founder and president of SUAI. Stevens, a sophomore international relations major, helped to start the organization last year.

SUAI attempts to facilitate dialogue on campus by engaging in "awareness campaigns." Usually taking the form of tabling around campus, these campaigns aim to ignite discussion on rights violations taking place in countries like Syria, Iran, Russia, and even here in America.

SUAI's parent organization also holds events for the chapter to attend. This past November, the group attended Amnesty International's AIUSA Northeast Regional Conference at Boston University. On March 1, SUAI will be attending a regional conference that is going to bring together all of the college and high school chapters of Amnesty International in the Northeast for a day of networking, organizing and activism.

Students interested in getting involved with SUAI should attend the bi-weekly meetings. The group meets every other Thursday at 12:30 pm in Sawyer 1122.

"Students should be interested in getting involved with SUAI because we are all human and there are so many human rights being violated all over the world, all of the time. It is important to stay aware of these issues and do our best to challenge them through peaceful activism," Stevens said.
Has Egypt gotten better? Examining the effects of the Arab Spring in the country that started it all

Pierre Bono
Journal Staff

On Jan. 25, 2011 Egypt erupted in mass protest and revolution aimed at the removal of longtime strong man and presidential fixture Hosni Mubarak. Citing political turmoil and the rampant abuse of executive powers, Egyptian people took to the street in the hundreds of thousands. Initially refusing to step down, Mubarak did just that several weeks later on Feb. 11, 2011. Hailed as the beginning of positive steps toward further liberalization and political transparency, the Egyptian protesters briefly rejoiced in what appeared to be a resounding victory for those seeking democracy and constitutional reforms. Three years removed from this perceived victory, Egypt has only managed to slip even further into an autocratic, and now religious fundamental, quagmire of what appears to be political regression. Following the delegation of executive powers to the military on an interim basis, and the dissolution of the former Egyptian parliament and constitution, the military promised the Egyptian people a window of six months wherein a new constitution would be ratified quickly and a democratic constitution that was sure to the situation.

Examining the effects of the Arab Spring, Islamic fundamentalists quickly seized the opportunity presented by the power vacuum to pressure and hasten the process of political reestablishment by holding Egypt’s first “democratic elections.” Circumscribing the desire of both secular and democratically inclined majority of Egyptians, those who preferred drafting a constitution prior to elections, the Islamist movement gained political influence and depth of influence that institutions such as a strong military exhibit in times of revolution and political upheaval, pointing specifically to the monopolization of support, resources, and infrastructure that effectively neutralize the efforts of the millions of “average” Egyptians. She brought up the trials and tribulations that Korea experienced as it tried to politically defang its military in the 20th century, strength that are taking place in area of conflict. Chun specifically mentioned the strong civil society that exists in Egypt, comprised of well educated Egyptians and members of trade unions which form the backbone of one of the more industrialized nations in the region. In situations such as the one developing in Egypt she said that “hope lies in civil society, trade unions, etc.” and that “during periods of power vacuums more radical religious groups seize opportunities to secure power where moderate factions fail.”

A large part of this usurpation of revolutionary momentum has to do with the failure of the opposition to create a credible figure-head to not only mobilize but consolidate power. “They didn’t produce any credible opposition leaders and parties,” claimed Chun, the absence of which led to the rampant manipulation of momentum that revolted need to ask themselves seriously, what comes next? The situation in Egypt is far from resolved and many more will suffer, however it is imperative for the Egyptian people to maintain hope and stay resolute in their goals.

On the issue of American and international involvement, or lack thereof, Chun agrees that “there is a need for greater international attention.” Just over three years since the resistance movement erupted, it is tough to look at Egypt and recognize progress. The mood in Egypt seemed failures of the revolutionary goals political landscape vacillated between military and religious nuclei of momentum. Chun dissolved between warring factions and moderated power where the failure of revolutionary goals factions fail.”

Photo courtesy of Wikimedia Commons

Current military leader of Egypt, Abdul Fattah al-Sisi (left), meets with U.S. Secretary of State, John Kerry

February 5, 2014

PAGE 9
Super Bowl Returns - Highlight

Elle Hawkins  Journal Staff

The Super Bowl is an event that brings people together whether they are football fanatics or not. The whole day has something for every age group to enjoy. There is the puppy and kitty bowl for the kids and grandmother's funny commercials for all maturity groups, talented performers and the game for all variations of viewers.

This year the match up was between the Seahawks and the Denver Broncos with the Seattle Seahawks being the underdogs.

The 48th edition started off with enthusiasm and excitement as the coin toss was tossed. Joe Namath ended up having to redo the coin toss because no one called heads or tails before the coin toss was tossed. The Seahawks won the coin toss and the defensive team opted not to defer its coin toss win and let the Broncos receive. Sports analysts thought the Seahawks would want initial possession of the ball to get a head start in the game.

The Seahawks defense worked to their advantage as the Denver Broncos center Manny Ramirez had a bad snap to quarterback Peyton Manning that resulted in a safety for Seattle. The Seahawks went on to take over the first quarter with two field goals giving a 6-0 lead over the Broncos.

As the Seahawks were leading with a score in the 20's, the Broncos had not even put a single point on the board. The teams cleared the field for the highly-anticipated Halftime performance.

This year's halftime show featured Bruno Mars and The Red Hot Chili Peppers. In the past the halftime performance have not always been versatile of different music lovers' genres. Bruno Mars' grand performance gave a good sense of variety to all age groups, as he touched upon a rockstar feel for the honorable set time. There was appropriate dancing and no technical difficulty, which has been an issue in the past including: blackouts, exposed breasts and provocative dancing.

Bruno Mars, one of the younger acts to perform at the Super Bowl, and The Red Hot Chili Peppers have great vocal chords and did an amazing job singing live. Bruno Mars started the show with a drum solo and then the whole set slid back to connect with the rest of the stage. He displayed pure talent during his performance while he sang hit songs including "Locked Out Of Heaven" and "Just The Way You Are." Bruno Mars ended his performance singing "Just The Way You Are" on a small single circle stage, and the audience was shocked when Mars took the stage with ease.

As the third quarter started it seemed like the Broncos might make a comeback; they got eight points on the board. This seemed to anger the Seahawks, who just focused more and worked hard until the end. The Seahawks won the Super Bowl 43-8. As the blue and green streamers fell around their team you could see how proud they were to have won Super Bowl XLVIII. It featured some heartwarming and funny commercials. Some of the best Super Bowl commercials were from Budweiser, Cheerios, Jaguar, Radio Shack, Chesani and Sprint.

Some of the worst commercials were SodaStream, Beats and Ford. As it seemed as if they expected the actors to just sell their commercial without much effort. Some of the notable ones were Don Cheadle, Carrey and Heinze. As always there will be amazing, fair and dull Super Bowl commercials, but that is the fun of it all seeing what companies will come up with next year. So cheers to another great Super Bowl.

Super Bowl XLVIII performance by Bruno M.

Best live halftime performance by Bruno M.

As we all sat down to watch Super Bowl XLVIII, I thought it would be the most grand time to head to Boylston's rather crowded Trader Joe's for pineapple salsa and a few other snacks. An annual occurrence I usually do not care too much for but had the privilege to enjoy my artsy interest by inviting one of my favorite bands to reconcile on the field of MetLife Stadium in New Jersey. Bruno Mars, once a music producer and now a featured performer, reached the highest levels of the stage. After a peaceful shopping trip, I was able to bring lemon Who's Mule cooking with chocolate-dipped to top of my friends already comfortably seated on my living room floor to watch the Super Bowl on the television. Exceeding my expectation, the game was duller than I had anticipated. After grabbing a few cookies and squeezing onto a spot on the couch, I was surprised to find my feet tapping to Bruno Mars'1960s meets Austin Powers' Goldmember ultimate jam session. Earlier in the day, my dad had shared with me that when Mars was a young one he was an Elvis impersonator, following this performance I called him immediately to deliver kudos on his prediction of Hollywood history coming to life for Super Bowl XLVIII.

Mars showed the audience of the widely watched football game that a Halftime performance can go absolutely well when the performers are true talent, gracing the stage in their intense "all-eyes-on-me" type of act. As he danced and sang around the large stage in his stage, he gave a taste of a rocker tune during his song "Treasure," giving it a small tease to introduce his Los Angeles natives as guests to his act. Mars dances across the stage as his nine-man band plays, the energy is apparent as Mars and the members of his band start to sing "Give it Away." With this moment, the Red Hot Chili Peppers grace the stage almost as if they infiltrate the scene. Singer Anthony Kiedis and bassist Flea both jump onto the scene shirtless. Jumping around the stage as if it were any other type of gig, mainly not Super Bowl XLVIII – the band seemed to enjoy its five minutes of headline as they sang along to their hit song "Give It Away" with R&B star Bruno Mars.

As the entire Super Bowl XLVIII – live music is awesome! This short contribution to the halftime performance that I had been looking forward to for days only will seem to continue my excessive day dreams of seeing The Red Hot Chili Peppers play at a house party off Fairfax somewhere. Following this, Mars ended his performance, saying "Thank you."
On Thursday Jan. 30, the New England School of Art and Design (NESAD) at Suffolk University, hosted the annual Stephen D. Paine Scholarship opening reception. Published in 1999 by the Boston Art Dealers Association, this scholarship is designed to support students who are entering their final year in studio art programs at colleges all around the greater Boston area, and NESAD has historically been the host of this exhibition. The exhibit has been orchestrated by gallery director Deborah Davidson and professor Ilona Anderson. The 2013 award recipients, Abbey Campbell, Lindsay Davis, Jillian Freyer, Danika Johnson, Katherine Rich, and Martha Sprague, were selected by juror Treyvor Smith, Curator of Contemporary Art at the Peabody Essex Museum, to receive this scholarship and have their art featured in NESAD’s gallery space.

Lindsay Davis, a senior at the School of the Museum of Fine Arts Boston, spoke about her work which was selected for the exhibition. One of the pieces in particular, entitled "Self-Sufficient" caught my eye in particular. Intricately detailed and made from a wood-block printmaking process, Self-Sufficient depicts a visually distorted human figure that appears to be eating itself. Davis described that this piece was conceived during a time in which she was overly concerned with providing for herself. Self-reliance is undeniably an important life skill, but can become unhealthy and damaging if excessive, which Self-Sufficient describes through the almost surreal depiction of the body consuming itself.

The human body is a timeless artistic vehicle, and Davis’ art not only depicts the body, but utilizes it during the creation process. “These pieces are all very physical. I need to move!” said Davis, as she described diving right into a piece with sweeping arm motions and vigor.

David’s goal as an artist is to one day own a piece of land and build her own home, and in the process create a space where she can invite people who would not normally be exposed to the wilderness come and connect themselves with nature and make art.

Massachusetts College of Art and Design senior Danika Johnson, another art student whose work was selected, uses knitting and weaving as her medium of choice. Both of her pieces in the exhibition, a small infant’s sweater and hat, and three scarves, use morse code in their designs.

“I use morse code in my work to deliver messages that I would normally feel uncomfortable saying in person,” said Johnson. As most people do not know morse code, her voice and messages are heard by only a select few.

"It feels good to express what’s on my mind- even if people do not know morse code, her voice and messages are heard by only a select few."

Photos by William Barry

The lost art of real acting in critically acclaimed films

Benjamin Linarese
Journal Staff

Acting never used to be about money. Good actors were good actors, end of story. Today, Hollywood is self-absorbed and actors act for one reason: money. Last week, Jonah Hill stated that he was paid just $65,000 each. Today, that is upwards of $100,000 to $250,000, but compared to these low budget pictures. Hollywood should make more low-budget films and big-name actors and actresses should lend their names and talent to these low budget pictures.

After all, sometimes what these films yield is pure art. The art of acting, as it used to be.
**MFA Displays Japanese Prints in Printmaking Exhibit**

New to the Museum of Fine Arts is an exhibit portraying the work behind Japanese printmakers of the 20th century. This was a unique period in time where artists were able to break free of more restrictive, market driven printmaking and focus more on their own artistry, resulting in pieces that captivate each viewer with color and cultural flavor.

The exhibit is unique in that along with the prints, original sketches and drawings are displayed alongside each image, creating a "before and after" look at the artistry, while also allowing those who visit the exhibit insight into the creative process of each artist.

The exhibit was inspired by several gifts the museum received of various editions of a few of the works that the museum already had on display. The Assistant for Japanese Prints, Sarah Thompson, saw this as an opportunity to present to the public just how important this movement was in the history of Japanese art.

Another feature of the exhibit is that several prints are displayed in a series, providing viewers with more perspective into the mind of the artist. One series of prints features Yoshida Hiroshi's sailboats, spanning across the entire exhibition. Hiroshi was known as one of the most famous shin hanga printmakers, or the more traditional approach to printmaking. However this is not the only style displayed in the exhibit. The gallery also displays works of the sosaku hanga style, one that is regarded as "creative prints," in which the entire work of the print is produced by a single artist, from the carving of the wood blocks, to the final product.

What makes the exhibit even more special is not what is displayed on the walls, but on the computer in the corner of the room. For the first time in history, prints that the museum was previously not allowed to display due to the works being too light to have been digitized for print to enjoy. The prints are originally donated to the museum by brothers Williams and John Spaulding in 1921 under the agreement that they would never be displayed because of their fragility. Now, after almost a century, the prints have found their way into the galleries. The prints date as far back as 1845, and are a three vibrantly colored scenes of animals, lovers, and battle scenes. Since the pieces are digitized, it also allows guests to zoom in and examine them more closely, letting no intricate detail go unnoticed.

Another impressive feature of the exhibit are the miniatures books and drawings from artist Takeda Takanori. Takanori was known for his elaborate illustrations in children's books, and produced a series of 139 over a span of 30 years. Although the museum does not own the entire collection, it is on view, as they fit perfectly with the exhibit because of Takanori's unconventional method of printing to create the pages.

The exhibit features several other artists with their prints, from masters of original prints. The exhibit will be on display until August 2014.

---

**Comedy Central's Chris Hardwick chats with the Journal**

@Midnight is a new late-night game show that is saturated in internet and comedic culture. Host Chris Hardwick, who is best known as the host of The Talking Dead and The Nerdist puts his panel of comedians through highly funny interactions. Like the show, was able to talk to Chris about the show, its frantic pace and what it means to him as both a comedian and as a person.

Q. What are your expectations for the show? How do you expect it to fare against other web content based shows.

A. I don't consider it to be a web-based clip show. Those usually just have a person standing in front of a green screen and that's it. It's more community based show. It's a show about social media communities like Reddit, Twit­ter, Occupy, message boards, etc, rather than just being a video clip based show.

Q. Could you elaborate on how the point system works? It seems rather arbitrary, or is it just Dumbeldore points?

A. The arbitrary point system of the show is really just that points are given for good things, taken away for bad things. If I love it or the crowd loves it I'll give points. They are partially arbitrary but it's all about having fun.

Q. With everything you have going for you, (Talking Dead, Nerdist, and now @midnight), do you have any time management advice?

A. I do have a huge checklist that takes up a lot of space in my head. Everything is modu­lar though. You have to police yourself to stay on track. On the other hand though, you do have to schedule in leisure time for your sanity. You can ignore what your brain tells you, but you have to your global view on things and your street view. It's really a question of tricking your brain.

Q. How long did it take to de­velop @Midnight?

A. It was a long process. Back in December of 2011, I had pitched an idea to Comedy Central for a new tech infor­mation show. I developed my own version of Attack of The Show. I really loved working on that show and due to G4's lower viewership, the show didn't receive the impact it de­served. It's really an inform­ative show at heart. It didn't quite work out but my friends Tom and Ben had been working on a show too. The show was called Twistedome, and I came in and helped repackage it as an internet show. I spent my summer testing the water and working out all the kinks.

Q. What are your personal views on marijuana?

A. I do not drink or smoke, I tried it when I was younger but when I smoked it just made me paranoid. I feel like it's no worse than alcohol. It's better for someone than popping pills.

Q. Is there a method to the "idi­ocy"?

A. Trolling comedy is a re­presentation to deal with the world. Especially now, with the world we're living in. There are two worlds now, both the phys­i­cal and the internet. We now have the sum total of human knowledge and with that the pros out weigh the cons. We've discovered more greatness and people that would most likely not get there chance; are given the potential to blossom.

Q. Are there plans to have it be like The Nerdist?

A. There is a plan to incorpo­rate more nerd culture but the shows are different. @midnight is more of a straight game show, while The Nerdist is more pop culture and news re­lated. We've just really nipped the tip of the iceberg here.

Q. How is it different that the other shows that you host?

A. Talking Dead is less work, I would say that both shows re­present who I am both as a co­median and who I am as a fan. It's great how everyone's per­sonalities are made out of all these different aspects.

Q. Were you devastated when the G4 channel was canceled?

A. I left a year before it end­ed, but everyone at the chan­nel thought we'd literally get canceled at any moment. The staff was slowly whittled down over time. It's sad but it's a real sense of relief because ev­eryone is doing bigger things and actually achieving their dreams. I am happy for them to go off. I use a lot of G4 people and I keep trying to do what G4 would do and I hope that I am succeeding in that aspect.

Q. How do you get your mate­rial?

A. It's a real collective, we look at what people are talk­ing about; that's an element. What's being talked about on the Internet, that's an element. The thing I love is it feels like a game show and friends hang­ing out.

Q. What has been your favor­ite moment so far?

A. We essentially reunited The State, I think that was a really great moment.

Q. What's being talked about on the internet, that's an element.

A. It's really tough to say. Any­one can say anything they want but you have to think of the consequence. It's really an interesting game to play. It's all about being funny and I feel I am making a point that is important. It's always funny when I say it. It defeats the purpose in all these comedians are apologizing for what they said, I think that all of these other people comment­ing in on a situation that they weren't there for do not help a situation. I think that Sony keeps it in check though.

Q. What can you say is the best moment of your career so far?

A. I don't know how to say, a moment isn't just one moment. It's a collective of great mo­ments. If I had to pinpoint a moment, I would say it would be 2007, you know, this time period has been the best of my career because when I started writing for Wired, later that year. It was a really good time for me.

Q. Can you say there are no good moments in your career so far?

A. It's tough to say. Any­one can say anything they want but you have to think of the consequence. It's really an interesting game to play. It's all about being funny and I feel I am making a point that is important. It's always funny when I say it. It defeats the purpose in all these comedians are apologizing for what they said, I think that all of these other people comment­ing in on a situation that they weren't there for do not help a situation. I think that Sony keeps it in check though.

---

Haley Peabody
Journal Staff

©midnight airs Mondays through Thursdays after The Colbert Report at 12 am on Comedy Central.
The city of Boston has plenty to be proud of. The Celtics, Patriots, and Red Sox have all won at least one world title in the past 10 years. We worked together to overcome a terrible tragedy last April. One thing this city and its college students in particular cannot be proud of is the dramatically high number of sexual assault cases on campuses.

According to a recent report by the Boston Globe, "forcible sexual offenses" on college campuses have risen nearly 40 percent from 2008 to 2012. According to a federal study, 88 percent of college victims do not formally report sexual assaults.

Between Emerson College's Sarah Tedesco coming forward about her own but alleged assault and reports that surfaced about the alleged assault by the Boston University hockey team in 2012, this issue has not been a quiet one, either. That was the same year The Daily Free Press released its April Fool's Disney-themed issue that made fun of rape on multiple occasions.

In the same report, Suffolk University released its sexual assault reports that surfaced about the alleged assault by the Boston University hockey team in 2012. This issue has not been a quiet one, either. That was the same year the Sexual Misconduct: What Every Student Needs to Know pamphlet called "Sexual Misconduct: What Every Student Needs to Know." It describes the different ways students can recognize, report, and seek counsel. For more information, students can visit Suffolk.edu/sexualmisconduct.

On one hand, some will argue that the uptick in reported assaults means that more students are coming forward and letting people know what happened to them. While it is nice to see students like Tedesco feel safe enough to tell their story, this is not a time for victims to feel like they should fill people with pride.

Boston is one of the most college-filled cities in the entire country and therefore needs to be the trend emerging as of late. This was not a letter to her but a letter for her to condemn the dead or shame the adolescent rather than speak out against the man with the deep pockets and heavy influence.

Woody Allen immune to criticism, but not awards

Ally Johnson
Opinion Editor

At the start of Dylan Farrow's letter, published this past weekend, she asks readers what their favorite Woody Allen film is. Before the reader has had a chance to think about this, she goes on to write a detailed piece on the horrors she faced as a child from her adoptive father, director Woody Allen. She speaks of the abuse and the shame it created. Throughout the letter she talks of stomach churning ordeals that she faced until she alerted her mother to what was transpiring. This wasn't just a letter for her but a letter for anyone who has been a victim of sexual assault as well.

She wrote, "what if it had been your child, Cate Blanchett? Louis CK? Alec Baldwin? What if it had been you, Emma Stone? Or you, Scarlett Johansson? You knew me when I was a little girl, Diane Keaton. Have you forgotten me? Woody Allen is a living testament to the way our society fails the survivors of sexual assault and abuse. So imagine your seven-year-old daughter being led into an act by Woody Allen. Imagine she spends a lifetime stricken with nausea at the mention of his name. Imagine a world that celebrates her tormenter."

The letter shines an unflinching and unflattering light not only on Hollywood but on culture as a whole, a culture that would rather play along than face the unpleasant truth.

People are already speaking out about the letter but not in the way one would hope. A writer and glorified fanboy of Allen's, Robert B. Weide, wrote an article for The Daily Beast to defend Allen by casting doubt towards Mia Farrow's intentions and trying to use Allen's widely published neuroses as evidence of his innocence. There has been an outcry of support for the director ranging from actor Alec Baldwin and television personality Barbara Walters to the odd cinema aficionado who do not want to admit that their hero behind Annie Hall and Manhattan may have committed an unforgivable act.

Audiences seem more concerned about actress Cate Blanchett winning an Oscar for the latest Allen film Blue Jasmine than the allegations brought against him.

So, who is standing in Dylan's corner? Who is speaking on her behalf after she was forced to speak for herself? Her family, Mia and Ronan Farrow, have been outspoken about what they claim transpired, but who else? As of now it consists of activists and young Hollywood television stars who are beyond the reach of Allen's weighty influence.

To trivialize the plights of a sexual abuse victim due to the face attached to the accused is repugnant and shows the inherent nature of contempt that society casts on such survivors. The acts that Allen has been accused of are disgusting and vile and I cannot stomach nor fathom how he continues to be applauded by the movie industry and fans alike.

Is the value of his "art" and contribution to film so tremendous that you can prioritize it over the lives of young girls well-being and mental health? It is ominous to see how quiet the movie world is being over the recent reports. When pop star Justin Bieber was at the height of his reckless and obnoxious behavior, celebrities from all walks of life were running to Twitter to make sure their negative opinions were heard. When actor Philip Seymour Hoffman died this past Sunday, there were those in the entertainment industry who had no problem voicing opinions about the death being Hoffman's own fault for having been "stupid" enough to be dealing with drug addiction, an illness.

Yet when Allen — a man held to much prestige, a man who acts credit as having built their careers — he's accused of having molested a 7-year-old girl, the industry goes right-tipped. Unfortu­nately it appears to be easier to condemn the dead or shame the adolescent rather than speak out against the man with the deep pockets and heavy influence.

Allan has never been convicted — yes, true. And, the motto is in fact innocent until proven guilty. However, my mind works in such ways that I am predisposed to believe the girl who has nothing to lose and a painful history rather than the man who has everything to lose and a past riddled with suspicion.

Farrow is courageous beyond comprehension for this letter. I have come to understand that finding compassion in people, certainly as a collective, is hard fought for, but if there is any spared it should be sent to this brave young woman and all those like her. Compassion and kindness should be sent in the way of a young woman who has spent a lifetime quiet down while seeing and hearing the face and voice of her abuser as he is awarded at every turn.
State of the Union address promotes Americanism

Benjamin Linares
Journal Staff

Part of the job of the President of the United States is to inspire, to bring Americans to their feet and to make them feel even more American. The annual State of the Union address is an opportunity to do just that. I am not about to critique President Barack Obama's every view and policy stance, this article would resemble The Lord of the Rings in terms of length and I just do not have that kind of time. However, based solely on the merits of the speech, the way it was written and the message it provided, I believe it was a stylistically beautiful oratory performance. President Obama has always been a great speaker but this SOTU address was direct and uplifting, just as it should have been.

The president urged everyone, Congress, the courts, even the American people, to make 2014 a year of action. I agree with him. Let's quit the partisan bickering and fix some things. He was adamant about fixing education, and stated that, "One of the best investments we can make in a child's life is a high-quality early education." So, let's do it! Let's build more schools, grow alternative education possibilities, hire new teachers, and increase the pay of educational employees. A good education is priceless. Let's make sure that all of our children are getting one.

He also talked about wind-down the war in Afghanistan. This is something that I believe we can make happen. It is time to bring our boys and girls home and focus on nation building here in America. We have the world's strongest and bravest military, but we have spent too much money and lost too many lives fighting a war without an end in sight. We can come to an agreement with the Afghan people and President that will be mutually beneficial.

On education, he stated that, "Nothing on Obama's agenda is going to be easy but, as the saying goes, "Nothing in life that's worth anything is easy." I think we should all thank Remsburg for his service and his compassion. Remsburg overcame his injury, and should inspire us to overcome ours.

So, let's get out there and make a good education is priceless. We can make in a child's life is a high-quality early education," So, let's do it! Let's build more schools, grow alternative education possibilities, hire new teachers, and increase the pay of educational employees. A good education is priceless. Let's make sure that all of our children are getting one. He also talked about wind-down the war in Afghanistan. This is something that I believe we can make happen. It is time to bring our boys and girls home and focus on nation building here in America. We have the world's strongest and bravest military, but we have spent too much money and lost too many lives fighting a war without an end in sight. We can come to an agreement with the Afghan people and President that will be mutually beneficial.

Nothing on Obama's agenda is going to be easy but, as the saying goes, "Nothing in life that's worth anything is easy." I think we should all thank Remsburg for his service and his compassion. Remsburg overcame his injury, and should inspire us to overcome ours.

So, let's get out there and make a good education is priceless. We can make in a child's life is a high-quality early education," So, let's do it! Let's build more schools, grow alternative education possibilities, hire new teachers, and increase the pay of educational employees. A good education is priceless. Let's make sure that all of our children are getting one. He also talked about wind-down the war in Afghanistan. This is something that I believe we can make happen. It is time to bring our boys and girls home and focus on nation building here in America. We have the world's strongest and bravest military, but we have spent too much money and lost too many lives fighting a war without an end in sight. We can come to an agreement with the Afghan people and President that will be mutually beneficial.

Nothing on Obama's agenda is going to be easy but, as the saying goes, "Nothing in life that's worth anything is easy." I think we should all thank Remsburg for his service and his compassion. Remsburg overcame his injury, and should inspire us to overcome ours.

Same love, same rights, same support

Dani Marrero
Asst. Int'l Editor

When Macklemore and Ryan Lewis' single "Same Love" was released in 2012, the song's message spread rapidly across LGBTQ organizations' social media, posted with shared surprise that a mainstream artist could and would create such work. It became an international "anthem" for listeners across the world, reaching top charts in more than one country and performed on popular stages, including the set of Ellen DeGeneres, and most recently, at last month's Grammy's. As Macklemore's attention for his gay rights support has continued to grow since the release of "Same Love," the positive light in which the LGBTQ community has viewed his actions has dimmed, creating an on- line stir at the thought that Macklemore, a straight, white man, could be known as the face of the gay rights movement.

So, what is the outcry all about? The most problematic factor presented in light of this popularity gain is that he does not represent the personal struggles and inequalities that gays and lesbians face, let alone transgender individuals. He is not a minority, his sexuality is not controversial, and he was born and raised in the friendly city of Seattle. Dis­ aprov towards his advocacy is centered on the fact that he has no personal insight on what it is like to live without the rights and social ac­ ceptance that he is rapping for in "Same Love," mak­ ing some in the community feel cheated or robbed of being recognized as the heroes of the movement.

The hip-hop artist is not in any form a pioneer to the movement in the U.S., and as his critics might say, his sup­ port for it has been almost exclusively limited to perfor­ mances and interviews that have branched off of the song that was co-written with Mary Lambert, the singer featured in "Same Love," who identifies as lesbian. With this in mind, to name the rapper the "face" or "leader" of the movement in the U.S. would be to wrong the citizens that have strug­ gled and pushed without being tied on the cover of magazines. However, to undermine Mack­ lemore's actions and promote for us to question the "real" reasons (profit, marketing) be­ hind his performance with Mar­ donna and Queen Latifah does not discredit the help he has provided for the LGBTQ com­ munity. Although he cannot account for personally strug­ gling with the social and po­ litical inequality of being gay, it does not make his support less necessary. He is certainly making a call to begin think­ ing or asking for more initia­ tives. Macklemore can give. Instead, let's see it from the view that we, as the lesbians, gays, bisexuals, transgender, queens, and allies, have accomplished for our voices, in any form, to be injected into our pop culture. The struggle does not belong to only us anymore; the weight is being shared as others are joining, others who do not also have to carry the burden of ine­ quality. Guys, we are doing something right.
Stop-and-Frisk profiles, endangers citizens

David Frederick
Journal Staff

A feeling of severe comfort and safety is something that all citizens of the world should feel while walking around and commuting every day. One of the reasons we should be able to feel such a freedom is because of our great police force, whose completely "just" protocol should act as a catalyst for our current superfluous Stop-and-Frisk programs along major metropolitan areas on the east coast were implemented so that police officers could stop and question hundreds of thousands of faceless citizens yearly for the betterment of their fellow man.

In reality, this practice has been rampant with racial profiling and corrupt dealings. The vast majority of citizens that are unrightfully detained are African-Americans and Hispanics of darker pigmentation. One unfortunate individual that has been harried to the core of disfigurement is Darrin Manning. Manning was a normal 16-year-old boy with no criminal history, straight "A" grades, and he was a star basketball player at his school. The altercation between Manning and the police can be considered a sexual assault because reports are saying that the attack mutilated his testicles, saying they were "literally ruptured. This innocent boy’s life was thrown off track, and all because of the racially motivated intentions of ignorant disciples of the law.

This is by no means the first sign of racism and abuse in the Stop-and-Frisk program. Earlier this year, two police officers mentioned during a conversation that they are told to target black males ages 14 to 21. Rightfully so, this caused an uproar that led to a class action lawsuit. Of the five million or so people that have been stopped, a good amount have been young minorities that, nine out of nineteen times, have walked away without any legal issues. It is beyond me as to why people like Michael Bloomberg support such a failed venture like Stop-and-Frisk. There have been many protests and marches against the practice. To think that the only reason why Manning was harassed is because of how his scarf was blocking his face during the record low temperature in Philadelphia that day. That truly scares me. There should be no excuse for sexually abusing him. The Stop-and-Frisk program was implemented after Terry v. Ohio, a case which made way for an allowance of searches without a search warrant. There is honestly overwhelming evidence against the existence of the policy. The proof is in the pudding, as the principal of Manning’s school gave the students scarfs so that they could stay warm on their commute. Police brutality in this manner will only breed more violence and brutality. Society will only be able to ignore the warning signs for so long. As a young male who has been in these areas countless times, I have never once been harassed and I hate to say it but it can be attributed to the color of my skin. A young boy like Manning may never be able to experience having children because of this kind of brutality.

There is not a quick solution to this problem. Likely, these practices will continue while stories like this sprout up from the woodwork every once and now and then. If nothing more will be done to rectify this, then I believe that we should remember those affected. As hard as it may seem, we must remember that the atrocities that are committed day in and day out, because that is the only way to learn from the past, is already too late for Darrin Manning and the millions of others that have been harassed, but by staying alert and documenting all of these occurrences, we can at least hope for progress.

Dzokhar Tsarnaev deserves to die

Sam Humphrey
Asst. News Editor

Mixed reactions met the Justice Department’s announcement that it would seek the death penalty for Dzhokhar Tsarnaev, one of the alleged terrorists behind the Boston Marathon bombing.

Massachusetts banned the death penalty 30 years ago, Tsarnaev will be tried under federal law. Timothy McVeigh, the former U.S. Army soldier behind the Oklahoma City bombing, was tried in a similar manner and was executed six years after his attacks.

As pundits, journalists and legal experts have already begun to wonder whether the death penalty is worth pursuing, it is important to realize that executing him will have its pros and cons. While almost everyone wanted Dzhokhar and his co-conspirator and brother Tamerlan dead after their identities were revealed, Dzhokhar was caught, almost nine months have passed since the attacks and for some, it may have dulled their wish for capital punishment.

In September, a Boston Globe poll found that only a third of in-state respondents favored the death penalty, while 57 percent favored life in prison without parole.

Several facts about the case stand out as evidence that Tsarnaev is eligible and should receive the death penalty.

First, he will likely face four counts of first degree, meaning willful and premeditated murder. Aside from the three bombing victims, the Tsarnaev’s act and killed MIT campus police officer Sean Collier unprovoked.

Add those to the long list of Thought crimes, use as a weapon of mass destruction and malicious destruction of property resulting in death, and the penalties will add up quickly. If he is not executed, he will likely receive a lengthy sentence of multiple life terms and望着 that do not carry a life-imprisonment mandatory minimum.

If Tsarnaev receives such a sentence and is kept alive, any post-conviction media attention he may be offered could bring back painful memories and anger for survivors of the attack and area residents that see him in the media.

The most compelling reason for Tsarnaev to be executed is the same as the title of my opinion: he deserves to die for his crimes.

He came to America from a hostile and unstable region rife with extremism and violence. He lived in Cambridge, a diverse and progressive town with exceptional public schools and plenty of opportunity, for about the same amount of time as I have. He could not have found a more welcoming home anywhere else in the country.

Yes, and his brother harbored anger and misplaced resentment. Dzhokhar scribbled on the side of the boat he was found in that the attacks were retribution for civilian deaths in Afghanistan and Iraq. While such sentiments are common among jihadists and Islamic extremists, killing innocent people in another country does not honor civilian casualties. His actions likely aroused xenophobia, not sympathy.

Lastly, while some legal experts have said that his age may prevent the judge from finding him guilty of murder, the death penalty, claiming that he was too young to understand the consequences of his actions is absurd. At 20-years-old, he is plenty capable of knowing right from wrong. If he truly believes that killing innocent people in retaliation is morally acceptable, he must be executed.

Hello Students

The Student Government Association (SGA) would like to share some updates from this week!

This past weekend, SGA had its first ever Spring Retreat at the Suffolk Law School, followed by some fun at Kings Bowling Alley in Back Bay. Committee Chairs created plans in order to plan effectively for the spring semester, and also gave ideas that could be implemented in implementing plans as a student body for years to come! The retreat was surely a great time, and we look forward to creating closer bonds with SGA members in the future.

Our SGA meeting took place at NESAD on Jan. 30 during our regular meeting time from 1 to 2 p.m. The purpose of this meeting was to reach out to all our fellow NESAD students in regards to bearing their concerns. It also gave SGA members who have never visited NESAD before, the opportunity to experience where the building was located, as well as to understand the daily commute from the main campus to their classes.

SGA hosted its Commuter Social on Feb. 4 in D311 from 1 to 2 p.m. This social gave commuter students an opportunity to voice their concerns as commuters and to meet new people! Thank you to all who attended the social. We look forward to seeing you all at our future open socials during the semester!

Our weekly meetings are every Thursday in Donahue 311. As always, if you have any questions please do not hesitate to contact us at sga@suffolk.edu.

Have a great week,

Student Government Association
Larry Fitzgerald restructures contract with Arizona Cardinals

Arizona Cardinals wide receiver Larry Fitzgerald is one of the best wide outs in the game right now, and it appears he is taking a pay cut. Fitzgerald restructured his contract in order for the Cardinals to make salary cap space to afford better players. He responded on his Twitter account by saying that the first order of business this was signing a restructured contract to help the Cardinals get better for 2014. He reached one of the more underrated milestones of the season by being the youngest player to record 11,000 receiving yards. He has lacked an elite quarterback since he made it to the Super Bowl with a healthy Kurt Warner. All the rumors are going to start circulating about Fitzgerald’s contract because it is now a more interesting trade token for other teams to go after, so the NFL will be keeping an eye on Fitzgerald.

Syracuse on-top in college basketball rankings

College basketball's competition level is the highest it has been in years. With all the freshman hype, point guard Tyler Ennis and the Syracuse Orange are ranked No. 1 and sit alone undefeated in the college basketball rankings. Syracuse knocked off a high-flying Duke team led by Jabari Parker in a double-overtime win. The rankings are now Syracuse on top, followed by Arizona, Florida, Wichita State, and San Diego State to wrap up the top five. Ennis has been the surprise freshman this season, proving that he can be a floor general who can win games with the help of C.J. Fair and Trevor Cooney. The Orange's schedule is no simple task, they have to face Pittsburgh, Virginia, and Duke again. The ACC is just one of the many difficult conferences that are fighting to stay in the top 25.

Seattle Seahawks destroy Denver Broncos for first title

The Seattle Seahawks are Super Bowl champions for the first time in franchise history. They sent the Denver Broncos home in a blowout win 43-8, executing a dominant performance against the Broncos No. 1 offense. The Seahawks' defense forced four turnovers and scored nine total defensive points, which is included in an opening safety by the Broncos offense on the very first play due to a wild snap by center Manny Ramirez. The other defensive score was a pick-six by the game's MVP linebacker Malcolm Smith, who also had a fumble recovery in the game. With a 22-0 lead at halftime, along with a kick return for a touchdown by Percy Harvin on the second-half kickoff, the game was already won with the Seahawks converting on third downs and getting points on the board early on. The Seahawks controlled every aspect of the game, and now they will enjoy the offseason as Super Bowl champions.

Men's Basketball
1. Albertus Magnus 17-2
2. Johnson & Wales 14-5
3. Saint Joseph's 11-8
4. Lasell 10-8
5. Anna Maria 8-11
6. Suffolk 8-10
7. River 7-12
8. Emmanuel 4-15
9. Mount Ida 4-15
10. Norwich 4-15

Women's Basketball
1. Rivier 16-3
2. Saint Joseph's (Me.) 15-4
3. Emmanuel 13-6
4. Suffolk 10-8
5. Anna Maria 10-9
6. St. Joseph (CT) 10-10
7. Johnson & Wales 6-14
8. Lasell 9-10
9. Norwich 10-9
10. Mount Ida 3-16
11. Simmons 2-14
12. Albertus Magnus 3-17

Suffolk University
Off-Campus Housing Office
Men’s hockey continue 2014 struggle fall short against Johnson & Wales

"We have a great locker room. Guys come to work very hard every day."

- Coach Glionna

The Rams opened the scoring in the first period on a goal by Tim Sprague. Sprague is tied for second on the team in goals scored with seven. Despite an early lead, the Rams would continue to be unkind to their own goal. After being on the power play, Sprague took a penalty that lead to a power play goal for Curry, and the loss of the lead.

The second period got nothing done on the scoreboard, so heading into the final period Suffolk remained down by one.

Forty-seven seconds into the third, Carmen Mastrangelo received a 10 minute game misconduct for a hit to the head of a Curry player. The penalty removed Mastrangelo from the game, and resulted in another power play goal for Curry, who led 3-1. Mastrangelo’s penalty continued his hot scoring streak by tying the game on the power play one again. Back to back tripping calls gave Suffolk around four minutes on the man advantage, and McGinnis was assisted by Jon Stauffer and Mike Cherpa.

The game would go to overtime, where Suffolk would fall 4-3. Although the game resulted in a loss, it gave a lot of the team hope as to what they can do against a high ranked team. Coach Glionna agrees, "Our recent struggles are probably due to a lack of scoring, more specifically our inability to convert on the power play. The ECAC Northeast is a very tough conference so we need to play well every night. We play a very hard nonleague schedule to prepare us for these important games."

Coach Glionna knows the penalty kill has been poor all season, but was starting to come together in recent games. "Special teams have been our Achilles’ heel this year. Our power play has struggled but I thought getting two power play goals against JWU, who at the time was No. 5 in the country on the P.K. was hopefully a sign of us breaking through. Our kill also seems to be improving as they were six-for-six." The leadership is still strong in the locker room and the Rams know they still have to work hard in order to win big games down the stretch. Also, the four goaltenders Suffolk University carry creates a healthy battle between the two.  

“We have a great locker room. Guys come to work very hard every day. The captains do a great job of making sure guys are ready every day. I think all of our goalies bring something to the table. It’s a healthy competition every day in practice. The starter is based on the practices leading up to the game.”

The Rams will next take on Salve Regina at home on Saturday, Feb. 8 at 7 p.m. at Sterns Rink in the North End.

CJ Haddad
Journal Staff

The final stretch of the Suffolk University men’s hockey season is underway. The Rams play their last nine games versus conference opponents, looking to find a way into postseason play. This past week, the men played three games looking to start some momentum in these final games.

On Jan. 25, Suffolk faced off against Curry College, another team trying to find a way to make a playoff appearance. The Rams play their last nine games looking to start some momentum in these final games.

The Rams will next take on Salve Regina at home on Saturday, Feb. 8 at 7 p.m. at Sterns Rink in the North End.
Women's basketball stumbles into first losing streak in a year

The month of February is upon the Suffolk University Lady Rams, and basketball season is heading into the final month of regular season games.

The Lady Rams have shown some inconsistency throughout the past two weeks, but are fighting to stay on their feet. From team captain Jennifer Emmanuel was their biggest positive being that they managed keeping it close. Emmanuel had 16 points, recording 41 minutes of playing time, and 10 rebounds. She shot well, making 11 of 20 and all of her free throws.

The past eight games, the Lady Rams have matched the Lady Rams (10-8) are the only positive being that they managed keeping it close. The Lady Rams fell behind in the second half, even though they managed keeping it close. The Lady Rams faced UMass Boston Beacons Tuesday night.

The combination of Santini and Kelsey Schiebel, combining for eight assists. They also played well on the boards, including Iliana Santini and three blocks. Five players on the Beacons managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams’ conference game at Endicott, which was lopsided with the Rams inactive for the game, which had a final score of 50-38.

Seven games are left in the regular season, after they faced UMass Boston Beacons last night. The pattern of a win following a loss came to an end, as the Lady Rams are on a losing streak. UMass Boston handled their second loss of the season. After they played well on the boards, including Iliana Santini and three blocks.

The Lady Rams fell behind in the second half, even though they managed keeping it close. Ruys scored an impressive 28 points, recording 41 minutes of playing time, and 10 rebounds. She shot well, making 11 of 20 and all of her free throws.

The Lady Rams are on a losing streak. They lost in non-managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams (10-8) are on a losing streak. They lost in non-managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams are on a losing streak. They lost in non-managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams began their campaign in double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams have shown some inconsistency throughout the past two weeks, but are fighting to stay on their feet. From team captain Jennifer Emmanuel was their biggest positive being that they managed keeping it close. Emmanuel had 16 points, recording 41 minutes of playing time, and 10 rebounds. She shot well, making 11 of 20 and all of her free throws.

The past eight games, the Lady Rams have matched the Lady Rams (10-8) are the only positive being that they managed keeping it close. The Lady Rams fell behind in the second half, even though they managed keeping it close. The Lady Rams faced UMass Boston Beacons Tuesday night.

The combination of Santini and Kelsey Schiebel, combining for eight assists. They also played well on the boards, including Iliana Santini and three blocks. Five players on the Beacons managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams’ conference game at Endicott, which was lopsided with the Rams inactive for the game, which had a final score of 50-38.

Seven games are left in the regular season, after they faced UMass Boston Beacons last night. The pattern of a win following a loss came to an end, as the Lady Rams are on a losing streak. UMass Boston handled their second loss of the season. After they played well on the boards, including Iliana Santini and three blocks.

The Lady Rams fell behind in the second half, even though they managed keeping it close. Ruys scored an impressive 28 points, recording 41 minutes of playing time, and 10 rebounds. She shot well, making 11 of 20 and all of her free throws.

The Lady Rams are on a losing streak. They lost in non-managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams (10-8) are on a losing streak. They lost in non-managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams have shown some inconsistency throughout the past two weeks, but are fighting to stay on their feet. From team captain Jennifer Emmanuel was their biggest positive being that they managed keeping it close. Emmanuel had 16 points, recording 41 minutes of playing time, and 10 rebounds. She shot well, making 11 of 20 and all of her free throws.

The past eight games, the Lady Rams have matched the Lady Rams (10-8) are the only positive being that they managed keeping it close. The Lady Rams fell behind in the second half, even though they managed keeping it close. The Lady Rams faced UMass Boston Beacons Tuesday night.

The combination of Santini and Kelsey Schiebel, combining for eight assists. They also played well on the boards, including Iliana Santini and three blocks. Five players on the Beacons managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams’ conference game at Endicott, which was lopsided with the Rams inactive for the game, which had a final score of 50-38.

Seven games are left in the regular season, after they faced UMass Boston Beacons last night. The pattern of a win following a loss came to an end, as the Lady Rams are on a losing streak. UMass Boston handled their second loss of the season. After they played well on the boards, including Iliana Santini and three blocks.

The Lady Rams fell behind in the second half, even though they managed keeping it close. Ruys scored an impressive 28 points, recording 41 minutes of playing time, and 10 rebounds. She shot well, making 11 of 20 and all of her free throws.

The Lady Rams are on a losing streak. They lost in non-managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams (10-8) are on a losing streak. They lost in non-managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams have shown some inconsistency throughout the past two weeks, but are fighting to stay on their feet. From team captain Jennifer Emmanuel was their biggest positive being that they managed keeping it close. Emmanuel had 16 points, recording 41 minutes of playing time, and 10 rebounds. She shot well, making 11 of 20 and all of her free throws.

The past eight games, the Lady Rams have matched the Lady Rams (10-8) are the only positive being that they managed keeping it close. The Lady Rams fell behind in the second half, even though they managed keeping it close. The Lady Rams faced UMass Boston Beacons Tuesday night.

The combination of Santini and Kelsey Schiebel, combining for eight assists. They also played well on the boards, including Iliana Santini and three blocks. Five players on the Beacons managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams’ conference game at Endicott, which was lopsided with the Rams inactive for the game, which had a final score of 50-38.

Seven games are left in the regular season, after they faced UMass Boston Beacons last night. The pattern of a win following a loss came to an end, as the Lady Rams are on a losing streak. UMass Boston handled their second loss of the season. After they played well on the boards, including Iliana Santini and three blocks.

The Lady Rams fell behind in the second half, even though they managed keeping it close. Ruys scored an impressive 28 points, recording 41 minutes of playing time, and 10 rebounds. She shot well, making 11 of 20 and all of her free throws.

The Lady Rams are on a losing streak. They lost in non-managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams (10-8) are on a losing streak. They lost in non-managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams have shown some inconsistency throughout the past two weeks, but are fighting to stay on their feet. From team captain Jennifer Emmanuel was their biggest positive being that they managed keeping it close. Emmanuel had 16 points, recording 41 minutes of playing time, and 10 rebounds. She shot well, making 11 of 20 and all of her free throws.

The past eight games, the Lady Rams have matched the Lady Rams (10-8) are the only positive being that they managed keeping it close. The Lady Rams fell behind in the second half, even though they managed keeping it close. The Lady Rams faced UMass Boston Beacons Tuesday night.

The combination of Santini and Kelsey Schiebel, combining for eight assists. They also played well on the boards, including Iliana Santini and three blocks. Five players on the Beacons managed to score double digits in their win. Olivia Murphy, the tall forward, had 16 points and three blocks.

The Lady Rams’ conference game at Endicott, which was lopsided with the Rams inactive for the game, which had a final score of 50-38.

Seven games are left in the regular season, after they faced UMass Boston Beacons last night. The pattern of a win following a loss came to an end, as the Lady Rams are on a losing streak. UMass Boston handled their second loss of the season. After they played well on the boards, including Iliana Santini and three blocks.

The Lady Rams fell behind in the second half, even though they managed keeping it close. Ruys scored an impressive 28 points, recording 41 minutes of playing time, and 10 rebounds. She shot well, making 11 of 20 and all of her free throws.