James V. DeAmicis was elected to Quincy office on Nov. 3 marking a monumental day for the city and Suffolk. Working tirelessly since March, DeAmicis became the youngest elected official in the history of Quincy at age 19 for a seat on the six-person school committee.

As a recent graduate from Quincy High School, where he was heavily involved in student life, the government major ran for class of 2019 senator in Suffolk’s Student Government Association this fall. Ironically, he failed to win the majority, which he attributed to a campaign geared toward the wrong audience.

In lieu of adapting his personal campaign to reflect Suffolk students needs, DeAmicis chose to fine-tune his platform for the city of Quincy instead where he seemed to have more support.

As an older brother to three siblings in the Quincy school system, DeAmicis’s work is rooted on a personal level first. With the interests of Quincy’s next generation in mind, DeAmicis’s youthful mindset made him stand out against his concerned parent opponents.

“The community approached me,” he said. “They believed that they need someone with a fresh perspective who knows the issues better than anyone else.”

As the Netflix original “Orange is the New Black” gains popularity, some former incarcerated women are trying to fight back and give audiences a reality check. Suffolk students and professors gathered at the C. Walsh Theater on Thursday to hear their stories.

Representing characters from the series were Beatrice Codinani, known as “Esposito,” and Carol Soto, known as “Yoga Jones.” The women shared their thoughts on the show, which is loosely based on a book written by author Piper Kernan.

According to Codinani and Soto, the show has skewed the story depicted in the book, misrepresenting incarcerated women’s reality in order to get more ratings.

“We organized this panel because we realized that the television hit ‘Orange is the New Black’ has raised public interest in the plight of incarcerated women at the same time as it has sensationalized and sexualized their actual
Community gathers in final farewell

Alexa Gagosz
International Editor

Not one seat was left empty for the memorial service of the late NESAD professor Paul Andrade. Deep inside the fourth floor of 75 Arlington St. on Friday night, colleagues, family, students, and friends gathered in remembrance of Andrade’s life and passion for teaching.

“We gather here to celebrate a life of Paul,” said Reverend Amy Fisher. “We come together in grief, acknowledging our human loss. May we, who are in pain this evening, find comfort through this community.”

Dean of the College of Arts and Sciences Maria Toyoda, who was also presenting as one of the speakers at the memorial, explained she never actually met Andrade but understood that he was a loving father, colleague, and professor who was dedicated to all of the work that he touched.

“It’s fitting that we come together in this corner of Suffolk University in New England School of Art and Design where Paul spent most of his time,” said Dean Toyoda. “It’s fitting, in a way, because it’s an innovative, intimate, colorful, crowded, and often chaotic space. And it’s a metaphor for the kind of community that Paul was a part of.”

Said Toyoda after she turned to Andrade’s wife, Shelly, and two children, Nick and Jackie, “Paul played a very central role here in the Suffolk community.” Illustration major Kaelie Martin reflected on Andrade’s teaching philosophy, which can be found on his faculty page, to the audience members and discussed how she started working with him in the woodshop.

“Within 20 minutes of meeting him, he convinced me to quit my job at the Suffolk Call Center and start working for him in the woodshop,” she said. “He had faith in everyone.” Tears filled the audience members’ eyes.

James Helenski, who recently graduated from Suffolk in May, described Andrade as the most important person to have as a mentor during their foundation year at NESAD, especially coming to the school with little experience because of the small fine arts program in their high school.

“To have someone who was so excited about everything you did was refreshing, said Helenski. “Paul treated all of us as equals.”

Senior Lecturer in the Fine Arts and Foundation Studies department Bebe Beard recalled her first teaching job at Suffolk while working with Andrade.

“It was my first teaching gig, and here this guy is dragging trees in from the Boston Common,” laughed Beard. “It was clear from the get-go that he was our wild child.”

Helenski has been filling in as the temporary workshop manager since a week after Andrade was killed in the accident.

“I’m hoping that I will be brought in on a more permanent position, because it’s certainly nice to be in that space again,” said Helenski in an interview with the Journal. “It’s nice to give back to NESAD since my experience here was so transformative.”

Though Andrade’s position will be a challenge to fill, Helenski is prepared to rise to the occasion.

“I’m dedicated to the workshop place,” Helenski said. Helenski created a plaque for the woodshop, which will now be dedicated to Andrade and his teachings. The plaque was presented in front of his family and the rest of the audience members.

“Andrade stuck out the most to me,” said Helenski. “He was genuine with his relationships with his students.”

Black Student Union considers what African American veterans face in recognition of Veteran’s Day

Student and veteran Dwayne Smith (right) hosted a discussion alongside the Black Student Union about how to better serve veterans. He explained post-traumatic stress disorder, describing it as not a disease of adaptation, but as the body’s natural response to shock. Smith used the example of being in a car accident: one would be nervous to ride in a car again. BSU discussed what it means to be an African American veteran, and the strategies communities should utilize to make these veterans feel supported, welcomed, and empowered.

Craig Martin/Journal Staff
Youngest school committee member offers Quincy fresh perspective

According to DeAmicis, door-knocking shows that the candidate is an approachable, dedicated public servant and will work hard if elected. So, in efforts to walk the talk, DeAmicis went to community events and debates to put his face out there and to show the City he cares.

Many community members approached DeAmicis after his win and expressed their excitement. “The Quincy Access Cable Television called me and I went in to be interviewed live that night for 10 minutes about the election and what I plan to do for the city,” he said.

DeAmicis said he plans to use his first year on the school committee as a learning year after his inauguration in January. “I want to learn from the members who have been a part of the committee for a while,” he said. “I want to figure out what the jobs are from the five mentors and then see what I can do to make a difference.”

After that, DeAmicis’s office trajectory will focus strongly on what more the schools can be doing in terms of mental health issues. “Quincy is struggling with services that deal with mental health problems,” he said. “I really want to focus on that.”

“Mental health isn’t a joke, and I want to change people’s minds to help them see that,” he shared.

Of course, DeAmicis will be able to benefit from some of the perks as Quincy’s youngest elected while he’s in office. “I am looking forward to meeting people at community events like the annual tree lighting and Veteran’s Day parade and am really excited to start to make a difference in my city,” he said.

DeAmicis has met with President McKenna many times and said she is excited for his future accomplishments, as McKenna is on the Massachusetts Board of Elementary and Secondary Education.

DeAmicis was still in high school when he first began campaigning for school committee, providing him with strong ideas on what changes he wants to see.
The Suffolk Journal
November 11, 2015

Women of ‘OITNB’ denounce US prison system

From OITNB page 1

-experiences,” said Susan Sered, a Suffolk sociology professor.
Sered described the difficulties incarcerated women face, like being shackled while giving birth and being forcibly separated from their children. Mourning while imprisoned is another hard aspect.
According to Codanni, a woman who was granted permission to go to her brother’s wake was denied at the last moment due to a change in transportation after applying for permission, license plates no longer matched those previously used.
Sered also explained that in Massachusetts, some county jails do not house women, which leads to nearly 60 percent of women who are sentenced to a minimum security facility instead serving that time in a maximum security facility, compared to 1 percent of men.
Soto said she distilled most of the series’ depiction of women’s prison, especially the implication that her character had supposedly killed a child defending her marijuana plans and that she doesn’t know how to do yoga, both of which are false.
She also spoke out against the notion that prison is meant to reform people.
“Let’s be real: the U.S. prison system is a form of social control in an incredibly corrupt society,” Soto said.
The women attempted to correct as many of the erroneous ideas people have of prison as they possibly could. One of the first myths mentioned was visitation rights, which according to Codanni are not “cozy” like in the series.
“Visiting rooms in prison are hellish because there’s young children who want their mom home now. They don’t know why she can’t come home, so there’s a lot of tears both from the kids and fathers and the women themselves,” she said.

One of the bigger myths they all protested was the notion that “cat fights” and divisions between incarcerated women are very common.
“There’s compassion; it’s not all about fights and women hating each other,” Codanni said. “Yeah, when you have a thousand women, there’s going to be people who have feuds. But the solidarity, the compassion women have toward each other, is amazing, and I wish they would show more of that in ‘Orange is the New Black.’”

Another perception they all mentioned was the frequency of sex between incarcerated women. According to Codanni, women caught having sex face extreme measures like being sent to another prison, and since officers are always trying to catch them, it’s not easy to avoid punishment.
“I’m angry at the series for showing what, for everyone in Danbury was an extremely painful situation, as an opportunity to have sex in the showers,” Soto said, referring to the Federal Correctional Institution of Danbury.
The panelists all mentioned the war on drugs in their speeches, clarifying that it is a failed war and that it disproportionately targets the poor, especially those of color. This leads to higher incarceration rates of minorities and is becoming a bigger problem for impoverished women of color as the rates of incarcerated women keep rising.
“We don’t target the drug war communities like Newton (Mass.),” James said. “We don’t target the drug war in more affluent communities of this country where there is just as much, even more drug use and drug sales going on.”
Another point they made regarding war on drugs is that most offenders are imprisoned for drug-related crimes, and they are not violent or a threat to society.
“It’s very important to remember that the biggest crime is the criminal law,” Soto said. “Making a public health problem into a crime is wicked.”
The panelists made sure to stress the importance of restructuring the prison system in the U.S.: “Poverty, trauma, and things that aren’t criminal justice issues, like the illness of addiction; they are issues that are public health issues,” said James, pointing out the many problems.
“We have gone down a slippery slope in this country where we have criminalized poverty and addiction, and that’s what’s criminal.”

News Briefs

Suffolk alumnus makes honored list

Cris DeLuca, BSBA ’01, has been named to the Boston Business Journal’s 2015 “40 Under 40” honorees list. Francesco Daniele, MBA ’06 and a friend of DeLuca’s, made the nomination. Daniele, associate director of employer relations and new business development in the Career Development Center as of May, used a professional perspective when nominating DeLuca, stemming from a personal tour of the Johnson & Johnson Innovation Center, where DeLuca had a part of developing. Deluca said the career department at Suffolk helped him in his success. “Career Services helped me find a co-op position in the financial services industry in downtown Boston. Although I have been working since I was 9 years old, this position was truly my foray into building a career,” he said, according to the university’s website.

Harvard digitizes all American court cases

A new project by Harvard University is digitizing all U.S. court documents on legal readings to be more easily accessed. Harvard is home to the second-largest collection of case law, only following the Library of Congress, containing more than 200 years of content. Technology startup Ravel Law is partnering with the university to make this initiative possible. 40,000 books in the university’s library will be converted over many years into online subject matter. Easy-to-use search engines will soon become available within a database.
China has decided to end its one-child policy, a breakthrough for the strict, 35-year-old law.

China's one-child policy was implemented by the government in 1980 by Chinese leader Deng Xiaoping due to the country's concern for economic growth and overpopulation. The decision was made to limit one child per family.

As a result of the policy, China has sustained the lowest birthrate in the world, according to BBC.

The current population of China is approximately 1.36 billion, and 30 percent of its citizens are over the age of 50. Therefore, the decision to abolish the one-child policy was designed to help improve the balance of the population as well as deal with the aging population, according to the Community Party's Central Committee carried by the official Xinhua News Agency.

For China, it is a question of food and resources. There is a threat that if China's population declines any further they will not be able to maintain their status as a world power, according to BBC.

The government provided financial and employment incentives, made contraceptives more available and fined under the "social upbringing fee" for any who violated the rules, according to a BBC report last week. In some cases, coercive measures such as forced abortions and mass sterilizations were used in order to maintain a reduced birth rate.

Under the social upbringing fee, a family would have two choices: register their children and pay a fee or not register their children. The fee is usually three to nine times as much as the average annual income, so many do not register their second child. If a family does not register an additional child, that child will not be able to go to school or have social insurance, according to multiple reports by the

See POLICY page 6

(Above) Propaganda posters in China about the one-child policy.
**Two-child policy may be too late for families**

**From POLICY page 6**

New York Times in the past few weeks,

Hisory professor and director of the Rosenberg Institute for East Asian Studies Ronald Suleski discussed the consequences unforeseen by the Chinese government when implementing the policy.

"When the one-child policy was first instituted by the Chinese government, it seemed like a rational way to address the problem overpopulation; too many people were being born," said Suleski.

"The Chinese government never realized then the other consequences, such as each family putting all their hopes on only one child, or the decrease in the working-age population that would result."

Debate started in China not long after the policy was introduced.

The ending of this policy can be seen as a small victory to some, but it doesn't hide the reality that China continues to have strict control over the reproductive rights of women. Amnesty International, a global human rights' group, said that "women will remain at risk of coerced or forced abortions" if they have more than two children.

BBC mentioned that "campaigners in China and in the West" against the one-child limit "argued it was a gross violation of human rights and reproductive freedom."

The policy had led to China's gender imbalance due to the fact that the country holds a "traditional preference for male children."

The one-child policy led to "girls being abandoned, placed in orphanages, sex selective abortions, or even cases of female infanticide," according to BBC.

It had been said that this policy prevented as many as 400 million births in China; however, the numbers are debatable.

By 2007, China claimed that only one-third of its citizens were limited to one child as there were some exceptions to the policy, according to reports by Al Jazeera. In rural areas, families were allowed to have two children if the first child was a girl.

By 2013, the rules were further relaxed so that couples where only one parent was an only child could qualify for a second child, said a report by BBC.

Why, at this point, are these strict policies being overturned?

The country itself has the lowest fertility rate in the world, being "well below the rate of 2.1 children per woman required to replace the population across generations," said an recent BBC article.

Essentially, the government's concern about China's economic growth was focused toward the fact that these statistics presented a decline in the number of people of working age. Suffolk University Government Professor and Program Director for Environmental Studies, Dr. John Berg commented on the new policy change in China and how it would be "fragile" if there will be any negative environmental effects from the change.

It would be, said Berg, "if it led to a big population surge."

Suleski believes that the new policy of lifting restrictions causes confusion for the Chinese parents and reflects on the questions that some might be asking themselves.

"Is it too late to have another child? Is it too expensive to raise children in our modern society?"

"They weren't planning to have more children, but now some pressure will start for people to have more children. It would seem a safer option, both for the family and the children."

To comment on China's former one-child policy and how it curbed major environmental issues, concluded Professor Berg, "it cannot explained the environment by suppressing people."

Some disagree. BBC's Beijing correspondent John Sudworth noted a two-child policy will not be enough to "boost the birth rate.

The new two-child policy will not be effective until March, as the "top legislative" has to approve of the change. Until then, the National Health and Family Planning Commission's task is to "uphold the existing laws until the new policy is ratified."
Beirut rocks the House, skips the Blues

Sammie Mayaleh
Journal Contributor

Eagerness emanated from the seemingly endless line of indie-rock enthusiasts as they waited outside the House of Blues on Saturday to catch New Mexico-based band Beirut while on tour with their fifth album, "No No No."

Formed initially in 2006 as a solo project by Santa Fe native Zach Condon, Beirut's music combines the sounds of world music with specific Mexican influences and indie-rock. With a heavy use of brass instruments with the likes of trumpets and trombones, Beirut brings the old sound of traditional Mexican mariachi bands to life while staying true to their youthful and modern indie tone.

Inspired by the success stories of The Decemberists and Neutral Milk Hotel, the six-man group also claim to be ethnographic in their influences, which include Balkan folk and traditional Eastern European music.

Dedicated fans, who had gathered before the event in hopes of obtaining prime audience positions, awaited opening act Hailu Mergia, an Ethiopian keyboardist and accordionist who was originally the organist of Ethiopian jazz group Walias Band.

Joined by a bassist and drummer, Mergia delivered the perfect vibe of jazzy African funk to the enlivened audience. The sexy, lounge-reminiscent music had the audience grooving and dancing to its mystical percussion and synthesized tones.

After a brief set rearrangement and some waiting, Beirut excitedly emerged on stage with an energy that prompted the audience to erupt with loud cheers and inexhaustible clapping.

The audience swayed as blue lights drowned the venue during the more broody songs and jumped and sang along elatedly as upbeat songs rang through the House of Blues.

"Santa Fe," an ode to their hometown, is one of the songs that define the band's original sound. This song specifically demonstrates the beautiful mesh of mariachi trumpets and trombones with a vocally- and lyrically-alternative core.

"You ready for this one, Boston?" frontman Condon shouted before playing one of the band's early songs, "Nantes." The audience roared and danced with all of their strength, recognizing the tune in unison as the opening accordion notes blared.

Fans were seen pushing each other roughly into the barriers in front of the stage as "Nantes" trumpeted mightily and brought the show to an end. Beirut humbly bowed and thanked their electrified audience as they receded backstage, but the audience stomped and clapped wildly, demanding an encore.

After some additional rowdy beseeching from the audience, Beirut obliged and returned to the stage. Ending the show with their legendary hits "The Flying Club Cup" and "Pacheco," Beirut left the audience breathless, ecstatic, and satisfied with their exhilarating show.

Beirut’s "No No No" Tour have included performances on hit shows "Conan" and "The Late Show with Stephen Colbert," according to the band’s website.
Poetry Center buzzes with literary excitement

**Patricia Negron**
Journal Staff

Suffolk’s Poetry Center was almost filled to capacity Wednesday as poets Rebecca Kaiser Gibson and Gary Whited captured the attention of Suffolk students and faculty. The audience leaned in to hear Gibson and Whited, who have both been published in the Salamander literary magazine based at Suffolk and have attended readings at Suffolk in the past.

“We have with us tonight two poets that have been very much a part of this community,” said Fred Marchant, Suffolk professor emeritus of English and director of the Poetry Center. “Community is one of those words that can so easily become a cliché, but to come out in the middle of the winter to a reading by another person, to park in Boston is something that deserves praise.”

Considering that Suffolk is located in the Boston Literary District, harboring a student literary community through events like this one is a great move.

“Listening was a natural reaction with the room’s atmosphere as members of the audience internalized them.”

Gibson read first, captivating the audience with the versatile sounds and rich language of her poems. The words seemed to pop and fizzle as they burst out of her mouth, almost creating a chemical reaction with the room’s atmosphere, as members of the audience internalized them.

She brought with her an opinel, a French knife used by peasants in the 1890s that requires a series of steps to unlock and open.

“The opinel itself has three parts,” Gibson said. “One is this wooden casing that is rigid and enclosing and sort of light, seeming to me to be solid, reliable but with limits. The other is the hinge, where things begin to sort of open up, and I began to look a little differently at the world, and I suppose that’s the center of the manuscript. And then, of course, it opens and does all those things that knives do.”

She used this piece of French history to explain why she chose “Opinel” as the title of her book and how the opinel was an integral theme of her story.

Some of her poems dealt with finding the magical in the mundane, which is why it was the perfect title. Gibson’s poem “Opinel” says that artists also used the knife, meaning that art also comes from something as ordinary as a peasant knife.

Whited read poems from his book “Having LISTENED,” which all connected back to the theme of communication and listening.

As he read, the audience was transported to memories of the farm where he was raised in the plains of Montana. Most of his poems also touched upon the relationship between a father and son.

“So many of the poems are written in response to some experience of listening, some moment of listening,” Whited said. “In my current profession as a psychotherapist, listening is central. And as I look back on my years of teaching philosophy, I realize that listening was at the center of that enterprise: listening to students, listening to philosophical texts, and maybe, most importantly, listening to and with within that context of the classroom, that dialogue.”

Listening was definitely the main theme of the night. Halfway through the reading, Whited said he was thankful that everyone present was listening intently.

Listening was a natural and inevitable reaction to the comfort provided by his poems.

The Poetry Center should consider partnering up with the BLD to help sponsor events off campus and to promote Suffolk readings on campus through the BLD website in order to truly be a pillar of the literary community.

“The English department’s next events at the Poetry Center this semester include a fiction reading by new novelist Maggie Mitchel on Nov. 13 at 3 p.m. and a poetry reading featuring David Ferry, a Distinguished Visiting Scholar at Suffolk, on Nov. 18 at 7 p.m.”

Harry Potter fans excited for spinoff movie, “Fantastic Beasts and Where To Find Them”

Fans of the Harry Potter franchise have been buzzing about the upcoming prequel film “Fantastic Beasts and Where To Find Them.” J.K. Rowling published “Beasts,” a fictional textbook from Hogwarts School of Witchcraft and Wizardry, back in 2001. The so-called “textbook” contains information about different magical animals with notes “handwritten” by Harry Potter, Ron Weasley and Hermione Granger, according to The Examiner. News of a film adaptation has set Potterheads off into a frenzy of excitement. In an interview with Entertainment Weekly, actor Daniel Radcliffe expressed his anticipation and enthusiasm toward the project. “I can barely keep myself in this chair! I am very excited, but I’ve also been asked about it a lot, and I don’t have any information to give, unfortunately,” Radcliffe said. The film will not solely focus on the book’s protagonist Newt Scamander, an expert in magical creatures, but on four heroes who must work together. The film will be released in November 2016 and will be the first of a trilogy, with sequels planned for release in 2018 and 2020. Fans were already excited about Rowling’s announcement from earlier this year that a play titled “Harry Potter and the Cursed Child” was in the works. The play would be a continuation of the seven-book series, set in the same time as the epilogue of the last book. Albus Severus, one of Harry and Ginny’s children, and Harry will be the main focus of the play, according to Rowling. The play will premiere on July 30, 2016 at the Palace Theatre in London just a few months before the premiere of Fantastic Beasts.
A nation led by the KKK?

In response to the release of alleged government officials in the KKK, Americans need to consider who we are putting in charge.

Maggie Randall
Journal Staff

A "hacktivist" (hacking activist) group by the name "Anonymous" released the names of alleged Ku Klux Klan (KKK) members via Twitter on Nov. 2. A good number of those on the list are members of local, state, and federal government.

"Anonymous" announced 57 phone numbers and 23 email addresses supposedly belonging to KKK members, according to the Huffington Post. "Anonymous" revealed the names and information, which was credited to a website called Pastelin.

"Anonymous" said it had collected the names over the course of the last year, using a variety of ways, from interviewing expert sources and "digital espionage" to obtaining publicly-available information, according to BBC.

The Huffington Post reported that the tweet was later deleted, and explained that the aim of the leak was to "[show] ties between the KKK and politicians."

A PBS Investigation explained how the KKK rose from a small confederate group in Tennessee, until it expanded to the secretive organization it is today.

Waves of KKK aggression occurred in the 1870s, 1920s, and during the civil rights movement in the 1950s and 1960s.

Perhaps the racial violence now is another wave of hostile KKK actions.

With the well-known and notorious history of this terrorist group in mind, the question is not whether these government officials actually belong to the KKK, the larger issue is that this group still exists, and they are still terrorizing the entire United States on the platform of white supremacy.

An anonymous group can leak names and point fingers, but this is no solution. It does not solve, for instance, the problem of racism that we see in our prisons everyday.

The KKK has a long history behind them filled with terror and by blaming high elected officials of being sympathizers, it shows just how corrupt and unjust this group is.

The KKK has already left the majority of Suffolk’s students who live on campus will leave university housing and travel for home or relatives. But, what about those who must travel far away for just a five-day break, or worse, have nowhere to go?

Suffolk’s Housing License Agreement does not cover the breaks. Helping students in need.

STAFF EDITORIAL

During Thanksgiving recess, the majority of Suffolk’s students who live on campus will leave university housing and travel for home or relatives. But, what about those who must travel far away for just a five-day break, or worse, have nowhere to go? Suffolk’s Housing License Agreement does not cover the breaks. Helping students in need.

Suffolk’s website does a poor job of explaining how students apply to stay over the recess, and the school itself seems unaccommodating for students with few other options. The school would do right by its students who need a place to stay by making it easier for students to find these policies and apply to stay over breaks. Helping students save money and avoid stress around the holidays, which can be some of the most stressful times of the year.

A little consideration for students far from home will go a long way.

Americans too busy to care about religion

Clevis Murray
Journal Staff

Times are changing. Sex, partying, and drinking is what this young generation does religiously. In the past, religion was the center of most people’s lives. It was a norm in the United States to attend church on Sunday’s and pray daily.

In 2015, society seems to be more accepting that people have different interpretations of life and structured religion seems to be a declining aspect of daily life in the U.S. while in other parts of the world it appears to still be a focus.

"Non-existent really," said sophomore Suffolk student, Mudia West-Idahosa on religion in America.

"In America you have so many others. While in Nigeria, from the moment you’re born, you’re a part of a religion," said West-Idahosa.

Mudia does have a point. Atheism has increased eight percent from 16.1 percent in 2007 to 22.8 percent in 2014, according to the Pew Research Center.

See RELIGION page 10
A WORD FROM SGA

suffolk university

student government association

Hello Suffolk Students,

This week the Student Government Association announced that Kid Ink and Timelines will be performing at this year’s Suffolk University fall concert.

The concert will take place on Wednesday, December 2nd at the Royale Boston. The doors will open at 6:30 p.m. and tickets will be $15.00 each. Every individual student will be able to purchase two tickets and will be allowed to bring a guest.

An announcement with further information about ticket sales will be made soon. This week, the Student Government Association hosted a Commuter Student Social in Somerston 216, where the Commuter Student Task Force of the Student Government Association and other commuters were able to share their experiences either commuting from home or living off campus.

Student feedback in this area is important because it will help the Task Force critically look at how the University serves commuter students and what more can be done to make their experiences better.

The Student Government Association would like to remind all students that their weekly general meetings are open to all students and their questions, concerns, or input is encouraged during our open forums. Student Government Association meets on Thursdays from 1:00-2:15 p.m. in Somerston 116.

Have a great week,

- The Student Government Association

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A video was recently posted on Buzzfeed in which four suicide attempt survivors shared their stories and offered advice to people who are suicidal. Their take-home message? Talk about it.

That same message applies to people who aren't suicidal but want to help prevent it. Underlying factors that lead to suicide are more important to discuss. Talking about suicide without talking about mental health is impossible, though it is a topic that is often stigmatized.

Research by the World Health Organization shows that 90 percent of people who die by suicide have experienced mental illness.

This highlights the importance of public education about suicide and mental illness.

Treatments, including medication and therapy, have a high success rate, but outside encouragement seems to be the most beneficial. If someone is an immediate danger to themselves, it might seem unappealing and scary to be admitted to a psychiatric hospital. However, modern psychiatric hospitals are very different from what most people imagine and how they are depicted in films: as abusive and neglectful haunted houses. It is not exactly a luxurious resort, and being locked up for a few days is no fun, but these establishments can stabilize a suicidal person and have the potential to prevent future attempts by offering long-term treatment.

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The Suffolk Journal

November 11, 2015

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OPINION BRIEF

Police Brutality shown in viral YouTube video

The recent police brutality incident that happened at Spring Valley High School in New York is a profound example of the view the public has about police officers. A female student was allegedly disobeying a teacher's request to put her phone away. After the girl refused, a school police officer came in to "assist" in handling the conflict. However, the way in which this officer approached the situation grabbed the media's attention by storm. The YouTube footage was leaked and portrayed the actions of the officer in which he used excessive force by knocking the girl down, dragging her across the classroom, and handcuffing her. This was unnecessary.
Rams hockey takes the ice at Endicott

Trevor Morris
Journal Staff

Trevor Morris
Journal Staff

Andrew Hanides
Journal Staff

Andrew Hanides
Journal Staff

Rams hockey is off to a solid start in the early season with a winning record of (1-0-2). The team as a whole has been grinding each shift. Finding ways to put the puck in the back of the net each game, the Rams are emerging as a force to be reckoned with on the ice.

Relying on strong defense coupled with solid goaltending, success for the Rams this year seems to be foreseeable. Each game Suffolk has played this season has gone into overtime. While closing the game in regular time has clearly been a struggle, the Rams are competing hard on the ice, setting the team up to be in a solid standing as the regular season progresses.

It was ranked Raymond J. Bourque Arena with over 1,400 fans in attendance, the latest game ended in overtime with a 3-1 tie against the Endicott Gulls. In a game that was dominated by defense, the Rams were able to get on the board early with a goal tallied by forward Luke Miller.

Behind Rams goalie Brandon Smolarek and Gulls goalie Kevin Aldridge each team battled throughout all three periods. After goals from each team in the first period, however, neither team was able to find the back of the net due to each team's respective goalies' quick agility and defensive adjustments.

The goaltending for the Rams has been able to hold their own. Brandon Smolarek has played all three games and boasts 2.20 goals allowed average. He has a total of 115 saves on the season. On Saturday's game against Endicott, stopping 34 out of the 35 shots he faced.

The team has been lead by several key players.

Cherpak had a goal and assist while managing to stay out of the penalty box, unlike some of his teammates who have racked up more than 10 minutes in the box at this point in the season.

Junior forward Stanton Turner along with teammates, sophomore defensemen Shayne Bailey, and senior forward Mike Cherpak have led the Rams offense. Turner has netted two goals along with one assist for a total of three points this season, averaging one point per game, leading the team in scoring at this point. Bailey has had an impact offensively, scoring one goal and tallying an assist, which is impressive as a defensemen.

He has shown the capability of being able to effectively play both sides of the puck.

Coming up Saturday Nov. 14, at 7:00 p.m., the Rams will look to improve their record as they matchup against Curry College, at home. Curry is 0-3-1 on the season.

On Tuesday Nov. 17, at 7:30 p.m., the Rams face off against Wentworth Institute of Technology at Wentworth's Walter Brown Arena, Boston. Wentworth is 3-1 this season.

Based on the early play of the team, it will be exciting to watch them play.

Boston set to face-off against Colorado

Skylar To
Journal Contributor

After a tough road trip the Boston Bruins (7-6-1) will face the Colorado Avalanche (4-9-1) at TD Garden on Thursday night. The matchup will be the second and last time the two teams will meet during the 2015-16 regular season.

The Bruins were 0-3 prior to their first matchup versus the Avalanche. The team was looking to avoid dropping four games straight.

During the first match up, the Bruins were able to shut down the Avalanche offense as goalie Semyon Varlamov was pulled after allowing five goals in the 19 shots he faced during the first two periods of the game.

The Bruins have been taking too many penalties as of late. Currently they are the worst team in penalties in the league currently.

Matt Duchene is starting to find his game and Nathan MacKinnon is coming in hot along with Landeskog, forming a deadly line. However, lines could be in for a change prior to Thursday as Avalanche coach Patrick Roy and Bruins coach Claude Julien have shaken up their lines recently, hoping to spark chemistry - old and new - and production.

MacKinnon is currently on a three-game point streak. He leads the Avalanche with 15 points, which is good enough for 14 most points in the NHL. MacKinnon six goals and nine assists on the season thus far. Three of his six goals were game-winning goals. Look for MacKinnon to be set from presence on Thursday.

Players to watch on the Bruins include Colin Miller and Frank Vatrano. Miller is coming off of a six-game point streak as he tallied five assists and scored his first NHL career goal against the Dallas Stars last Tuesday night.

Vatrano was recalled from the Bruins AHL affiliate Providence Bruins on Friday afternoon. Vatrano finished October with a total of 12 points, scoring 10 goals and tallying two assists for Providence. He appeared in his NHL career debut on Saturday night against the Canadiens and topped off his night with a goal.

The Bruins lead the league at 33.3 percent on their power play. Of the 48 opportunities they had been given, the Bruins capitalized on 16 of them. They have allowed just as much in their penalty kills as they have in opposing goals. They are ranked dead last in the NHL, so the Bruins need to stay out of the penalty box. The Bruins serving penalties late in the game have proven to be difference makers and cost them their road games against the Capitals and Canadiens. The Avalanche is 18.5 percent on the power play. They have had the most power play opportunities (59) in the league and they also have the one of the strongest penalty kills at 81.6 percent.

This is a huge opportunity for the Bruins to move up to second in the Atlantic Division. They will need to score early and often. The defense will need to play physical in order for the Bruins to be successful. If the Bruins continue to play the way they have, then they will put up a great fight on Thursday.
Lady Rams tennis players ace honors

Connor Peterson
Journal Contributor

It was a great week for Suffolk women's tennis. The team brought home the Great Northeast Athletic Conference player of the year and rookie of the year honors. This is the second time in the program's history that the school has received both awards in the same year. The girls also won first team all-conference honors for singles.

The recipients of the awards were sophomore Valentina Medina and junior Aidiana Sagyndykova.

Both ladies were certainly deserving of their respective awards after their impressive seasons. Sagyndykova won player of the year for the second straight year, finishing with a (12-1) record playing in the number one spot. Medina was awarded rookie of year, finishing an impressive undefeated season going (15-0) playing in the number two spot.

When asked about winning back-to-back player of the year awards, Sagyndykova said, "I did not expect that, it was really exciting for me. I was also glad that I could make my family proud. Studying abroad [from Kazakhstan] and also receiving awards is pretty overwhelming."

Overwhelming as it may be, Sagyndykova has handled the spotlight extremely well. When asked what it was like to play with someone as talented as Aidiana, teammate Medina boasted. "[Sagyndykova] is one of the best players I have ever played with. It is unbelievable how well she plays; she is definitely the most important player on the team. That is why she's number one. In addition to that, she is an amazing person, always caring about the team." This is a testament to Sagyndykova's great nature as a person.

Medina has burst onto the scene her sophomore year while she has been playing for 12 years in her home country of Colombia. "I liked it a lot because of the team we had. Everyone played an important role and it made our practices enjoyable and fun. It was an unbelievable experience and I can't wait for next season," Medina said.

As a whole, the team finished (10-5), largely due to the successes of Sagyndykova and Medina. Although the team is losing three seniors this year, they look armed to come back next season improved and ready to face off against other teams in the league. "It was so sad to see our three seniors leave us this year. We've grown so close to each other. I am, however, excited for our season next year. We have a lot of good players, and I also hope that we could win the GNAC conference next year," Sagyndykova said.

With still another season to go for the powerhouse duo, it will be interesting to see what they have in store next.