Suffolk community mourns the loss of Edie Cook

If there was ever a person who wholly embodied Suffolk’s mission to provide a student-centered experience, it was Edith Cook.

Cook, who was known to friends and colleagues as ‘Edie’, began teaching at Suffolk in 1985. She served as the chair of the Mathematics and Computer Science Department from 2010 until the time of her death.

“She wanted to make sure that we provided students with the tools they needed to be successful. She was right in line with the university’s mission, and not because it was the university’s mission, but because that’s who she truly was” said Jill Eisenberg, director of Tutoring and Success Services.

Eisenberg first met Cook as a student in Cook’s Calculus 1 class. “She was my first college class and I remember being a scared, timid freshman and she made it easier. I really grew to find her advice to be very valuable to me, both on an academic level and a personal level,” said Eisenberg. “I started as her student and went on to become her co-author, confidant and friend.”

Cook is remembered for her love of both mathematics and teaching. “She certainly knew her stuff, she was very smart there was no question there, but she was able to break it down to a level where you could understand it. That was a part of her passion with teaching, to make math more widely accepted. She wanted students to understand why they were doing it and why it was important,” said Eisenberg.

Zuoling Wang came to Suffolk in 2007 as an international student from China. She remembers Cook’s dedication. “When I first came here, my language skills were not very strong, and I had never taken a math class in English before. She was my first professor and I could totally understand her,” said Wang. “When she explained the material she was really straightforward and clear, in a really organized way. She was a great professor.”

Wang took several courses taught by Cook and remembers her for her kindness, patience and unwavering support as she pursued her degree. Wang went on to become an instructor in Suffolk’s math department.

Colleagues and friends remember Cook for her mission in making math accessible for all students. “Long before we had the Center for Learning and Academic Success, she began the first math support center. She and a student started free math tutoring, basically in a closet, because she saw that students needed help and that was just the type of person that she was” said Eisenberg.

In 2014, Cook and Eisenberg began designing a new course together; Math 128 - Math for the Modern World. The course was created in response to the then administration wanting to get rid of
Cook’s legacy

From COOK - 1

the math requirement for students. “It was basically our answer to the issue that a lot of Suffolk students needed to take two math courses because they weren’t ready for the courses that we used to offer. We wanted to create this course to solve the problem, or rather Edie did. It was her creation,” said Ben Deissler, an instructor in the Math Department.

Although Math & Computer Science is one of the smallest departments in terms of students studying the major at the university, it serves one of the largest populations of students because of the math requirement. “She would tell me about how in her early days of being department chair, she was going to these faculty assemblies of 200+ people, and basically having to speak in front of them to fight for the survival of the department. If they got rid of the math requirement, we would struggle to exist,” said Ben Deissler, an instructor in the Math & Computer Science Department.

In the interest of making the course both accessible and affordable, Cook and Eisenberg co-wrote the textbook, while Cook’s daughter Michelle designed the cover art. Around the university, Cook was well known for her PhD dissertation about the mathematics of soap bubbles. “She had this cart that was basically a big cart for making bubbles, and she had these big wire shapes that she would use to give presentations,” said Eisenberg. “I remember her toting that cart around as we went from building to building and office to office. I remember the math club had been a thing in the early ‘90s but we brought it back when I was a student and she was our first presentation.”

Dr. Dan Stefanescu, an acting co-chair of the Math Department, worked alongside Cook for 28 years. He remembers her for her love and dedication to mathematics, the department and the Suffolk community as a whole.

“I fondly remember our chats about teaching and, in particular, those related to teaching techniques and topics in mathematics. I especially appreciated (and resonated with) Edie’s lifelong interest in mathematics and ways to make it exciting and accessible to everyone,” said university.

Cook leaves behind two daughters who many have noted were perhaps the only thing she loved more than Mathematics. The contributions she made to the university and the impact she had on the community will continue to live on. “Edie truly remains in our hearts on so many levels,” said Stefanescu.

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Democrats anticipate a crowded 2020 primary field

Nick Viveiros
Journal Staff

With over a dozen candidates already throwing their hat in the ring, Democrats are expecting a crowded field this primary season.

Senator Elizabeth Warren (D-MA) is one of the most talked-about 2020 contenders. Warren, a former Harvard professor and chair of the Congressional Oversight Panel for the Troubled Asset Relief Program (TARP), has during her tenure brought a fierce populist message to the Democratic Party, which has been more than effective in rallying a strong base. A recent foreign policy speech raised eyebrows and had been seen by some as an indicator of a future bid for the presidency.

On the final day of 2018, Warren announced the formation of an exploratory committee. She announced her candidacy on Feb. 9, 2019, in Lawrence, MA—the site of the 1912 Bread and Roses Strike—flanked by fellow Massachusetts Democrat Joseph Kennedy III. Perhaps the most popular candidate in the 2020 Democratic primary is Senator Bernie Sanders (I-VT). Sanders, the Democratic runner-up in 2016, is credited with initiating a political revolution that moved the party further to the left. Sanders announced his second bid for the presidency on Feb. 19, 2019. He has already picked up the endorsements of major party officials.

Announcement season kicked off unusually early this time around when U.S. Representative John Delaney (D-MD), a businessman, began his 2020 campaign in mid-2017.

Delaney has already spent over $2 million in Iowa and given stump speeches in every early state. Delaney is the founder of two banks he took public, and has been a member of Congress since 2012. He has visited Iowa 20 times since his announcement. There is some internal concern that his low name recognition could hinder his efforts, according to Politico.

In September 2018, New York businessman Andrew Yang announced he will make a bid for the presidency. Yang is the first Asian-American to run for president as a Democrat. Yang stated that he would be receiving endorsements “from about eighty techies,” such as Y Combinator President Sam Altman.

U.S. Representative Tulsi Gabbard (D-HI), a retired Major in the Army National Guard and former Honolulu city councilor, was one of a handful of major Democrats in 2016 to endorse Bernie Sanders. On Jan. 11, 2019, Gabbard told CNN anchor Van Jones that she plans to seek the Democratic nomination in 2020.

Senator Kirsten Gillibrand (D-NY), remembered best for calling for Senator Al Franken’s (D-MN) resignation after allegations of sexual assault and her steadfast approach to the issue, first served as a representative before being elected to the Senate. Her platform may include abolishing Immigration and Customs Enforcement (ICE), as well as a federal jobs guarantee. On Jan. 12, just a day after Gabbard’s announcement, Gillibrand formed an exploratory committee, which she announced on Jimmy Fallon’s late night TV show. Senator Kamala Harris (D-CA), currently serving her first term in the nation’s highest-legislati­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­…
Head of partnering international CUES program speaks on water conservation and security

Kyle Crozier
News Editor

Suffolk University’s Center for Urban Ecology and Sustainability (CUES), strengthened its partnership with Shanghai’s Fudan University on Tuesday, as Professor Xiangrong Wang discussed his exhaustive research on China’s water systems.

Wang, the director for Fudan’s Centre for Urban Eco-Planning and Design, has a vast research background on many subjects. He has worked on 80 research projects, 19 scholarly books, six Chinese patents and 130 academic papers.

The work that Wang discussed with students primarily concerned the study of Taiping Lake, a body of water that contains 25 million cubic miles of freshwater and faces threats from pollution and geological deterioration.

“China is facing a water crisis,” said Wang. “In 2018, the United Nations released a report that says when global warming exceeds 2 degrees Celsius, the number of people who are short of water will increase by 50 percent.”

In order to understand the strengths and weaknesses of Taiping, Wang worked with more than 100 people to keep track of 100 different data points in 18 areas along the many rivers and small lakes that are part of the water system.

His team has been indexing information like the water temperature, pH, color, underwater radiation, cyanide level and 95 other points of data. Wang hopes to increase the ecological sustainability, protections and growth of China’s water.

“I think a lot of the smaller water features like lakes and streams often get overlooked,” said Dakota Ennis, a senior environmental science major who hopes to do this same kind of work after graduating. “I am from Maine, which is full of lakes and rivers and water systems. So it has always been of interest to me to work with a place that focuses on protecting the watersheds.”

Because the movement of water through a land as geologically varied as China can be unpredictable, Wang and his team are using 3D modeling to visualize how the water travels from mountain tops, through rivers and into lakes.

On Tuesday, as Wang attended Suffolk’s inaugural workshop on ecological sustainability this past June, in an attempt to establish academic and research collaborations between Fudan and Suffolk.

These collaborations have been described as including joint research projects, student and faculty exchange programs, that the success of his research shows what can happen when the national government supports pollution control measures that were not as popular just several years ago.

Wang explained during his discussion on Tuesday that the possibility of a younger generation bringing sustainability to the Office of Public Affairs.

“I think it is very important and that we work with schools from around the world on science issues like this,” said Ennis. “Each country is in its own little bubble. While so much is happening here in America, people forget this is happening all over the world. I think when it all gets connected, it makes it easier for people to see and to address real science issues.”

Their research comes at a time when most of the world has put a greater value on protecting natural resources and reducing pollution, while America has taken a few steps away from the global discussion.

“America and China are meeting in the middle with environmental policy right now,” said Ennis. “But American policy may worsen over time. China is moving up with these issues, but America may start moving in the opposite direction.”

Suffolk students look toward Democratic primary

From PRIMARY - 2

Mignola, secretary of the PPE Club, in an interview with The Suffolk Journal. “Regardless of who wins the Democratic nomination, I hope that all the candidates will come together after the fact and help the elected nominee defeat Trump,” said Mignola.

Matt O’Brien, also a junior in the PPE program, is encouraged by the Democratic candidates who have emerged so far.

“I remain hopeful that the 2020 Democratic Primary will be one focused on the issues that unite us, and not the prejudices that divide us,” said O’Brien in an interview with The Journal.

Students said they are being more careful in choosing their candidate after the 2016 election. “As a woman and a Democratic candidate and there are a lot of them - and figure out which of their views align with my own,” said Cat Proton, a junior print journalism major, to The Journal. Senior Ben Chan, a global and cultural communications major, expressed excitement at the possibility of a younger progressive representing the party.

“We need a presidential candidate with fresh ideas that will really shake things up in government in a good, sustainable way.”

- BEN CHAN

“We need a young, strong leader who will speak up in support of all constituents and who creates a plan that keeps everyone on track for the future and making the world a better sustainable place. A person of an older age, like Bernie Sanders is not someone we need. We need a presidential candidate with fresh ideas that will really shake things up in government in a good, sustainable way.”

Connect with Kyle by emailing suffolknews@gmail.com

Connect with Nick by emailing nicholasjviveiros@gmail.com
AIESEC event showcases opportunities abroad

The “Journey to Cultural Exchange” event on Feb. 19, put on by Association Internationale des Étudiants En Sciences Economiques et Commerciales, or International Association of Students in Economics and Management (AIESEC), gave students a taste of the cultures they can experience through the organization’s global internships and volunteer opportunities.

Founded in 1948 to help prevent international conflicts, AIESEC is a nonprofit, non-political organization that works to provide youth around the world with cultural exchange programs and enhanced leadership skills.

Students who attended the event sampled cuisine like Brazilian cochinas and Russian condensed milk while learning about the people there and really making an impact on students going abroad, but also on the international members who come here and the Suffolk community as a whole.

By bringing people to campus, to Boston to volunteer or to work, (Suffolk students) are helping those individuals develop relationships here and in the U.S. work culture,” said Levesque. “Even though we’re a diverse campus, you don’t always have the same level of conversation about what it’s like to work in another country like you do with AIESEC.”

Information sessions on going abroad with AIESEC will be held in room 114 at Somerset from 12:15 to 1:30 p.m. on March 5 and 19 as well as April 2, 16 and 30.

This week in SGA...

The final list of nominated SGA Executive Board candidates:

Candidates for President:  
- Yasir Batalvi, Class of 2020 senator  
- Karine Kanj, Class of 2021 senator  

Candidates for Vice President:  
- Kostas Loukos, Class of 2021 senator  
- Oba Oseghali, Class of 2022 senator  
- Dan Redznak, Class of 2020 senator

Candidates for Secretary:  
- Chessa MacKaenzie, Class of 2022 senator  
- Cat Seaver, Class of 2020 senator

Candidates for Treasurer:  
- Tyler Dahm, SGA secretary  
- Mikey Lloyd, Sawyer Business School senator-at-large  
- George Yeghyayan, Class of 2022 senator

Entrepreneurship in the business school, said the organization can provide an 18-month work opportunity abroad right after graduation for people up to 30 years old.

“Coming from New Hampshire, I didn’t have a lot of opportunity to interact with people who are different than myself and AIESEC really changed that,” said Levesque, who was a part of AIESEC while at the University of New Hampshire in the 1980s.

“It gave me the professional development I wasn’t getting at the time.”

Levesque said the program not only has an impact on students going abroad, but also on the international members who come here and the Suffolk community as a whole.

For those who want to go abroad but don’t have the resources to study abroad, it’s a cheaper alternative and you are really making an impact on the community you go to,” said AIESEC member Sarah Trinh, a senior Asian Studies major at Suffolk.

“You’ll be living in the community, working with the people there and really learning about the life-styles, the cultures and the problems they face.”

The exchanges can last from six weeks to 18 months and are available year round. Each exchange requires students to work toward one of the United Nations’ 17 Sustainable Development Goals for 2030, such as reducing climate change, providing equal education opportunities and eliminating poverty in nearly 20 partner countries.

AIESEC is run entirely by people under 30 and its programs are available to both undergraduate and graduate students. Each program is created by people who live in the country where it takes place in order to address the individual needs of communities across the world.

Allie Hughes, national director of operations for AIESEC in the United States, taught English to underprivileged students in Thessaloniki, Greece through the organization when she was a student at the University of Georgia.

“It doesn’t matter how many previous jobs I have had, my opportunity with AIESEC is so unique and its a conversation point in all of the interviews I have been in,” said Hughes in an interview with The Suffolk Journal. “Sometimes AIESEC is [Suffolk’s] best kept secret and I don’t want it to be like that anymore.”

While an experience abroad through AIESEC cannot be counted for class credit, it can be used to fulfill the global engagement requirement in the Sawyer Business School.

Suffolk’s AIESEC adviser Laurie Levesque, an associate professor of management and entrepreneurship in the business school, said the organization can provide an 18-month work opportunity abroad right after graduation for people up to 30 years old.

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Connect with Caroline by emailing suffolkjournal@gmail.com
Professor inspires student’s passion for drones

Professor Scott Lussier visited Suffolk University’s Center for Urban Ecology and Sustainability (CUES) hosted as part of their Lecture Series on Tuesday to discuss his work at Suffolk and his most recent efforts to get the university involved with drone technology.

As one of the CUES department instructors, Lussier has developed and taught Geographic Information Systems (GIS) courses, while also maintaining the GIS laboratory on campus. A certified and skilled drone pilot, Lussier has brought his knowledge of the fast-growing field to the students and faculty at Suffolk.

Lussier explained how Suffolk started work with drones three years ago, when he and Dr. Patricia Hogan, director of CUES, suggested the idea of the university buying a drone. This idea quickly turned into launching whole classes dedicated to drone instruction, as well as a certification program.

“It took us a little bit to get there,” said Lussier. “We had to deal with the Office of Risk Management, because drones are dangerous things. They can cause the operator damage, they can cause damage to property and other people, and it’s something to be taken seriously.”

Once the drone policy and online procedure forms were in place, Suffolk was ready to start teaching classes. As the only official drone pilot at Suffolk, Lussier is the only person allowed to operate the university’s drones.

“The intention is to have a lot more people, faculty and students flying drones. Having a drone check-out procedure, and having rules in place so we know where everything is, who’s using it and what their purposes are,” said Lussier.

Lussier also explained the seven drone-related courses currently being taught at Suffolk, paying special attention to USE-107 Introduction to Drones. This course covers basic drone functions, as well as learning how to fly safely and legally, taking pictures and videos with drones and preparing the student for the Part 107 Unmanned Operator License Exam.

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“Professor Scott Lussier explains the importance of safety when using drones.”

Sanctuary in Rowley. “I got to place targets on the marsh that got to help with the drone’s geo-location and use GPS units to mark the ground control markers’ locations.”

“Five years ago, no one even thought of this. But now we hear about it all the time, these new ways to use drones. It’s incredible.”

Connect with Shayla by emailing su.suffolk.edu

Shayla Manning / Journal Staff

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Connect with Shayla by emailing su.suffolk.edu
On Jan. 23, Juan Guaido declared himself the interim president of Venezuela. Shortly after, President Trump released a statement declaring Maduro's presidency "illegitimate" and officially recognizing Guaido as the interim president of Venezuela. In the statement, Trump pledged to "continue to use the full weight of United States economic and diplomatic power to press for the restoration of Venezuelan democracy."

Exactly one month later this past Saturday, protesters gathered in The Boston Common in opposition of U.S. involvement in Venezuela, calling it an attack on the country's sovereignty. Among the protesters was Jill Stein, the Green Party's nominee for President of the United States in the 2012 and 2016 elections.

“We can make sure that Venezuela deals with the crisis it’s feeling right now through peaceful means,” said Stein, 2012 & 2016 Green Party presidential nominee.

Dahiana Duarte was on her way home from grocery shopping when she noticed the protest and stopped to show her support. With family from Uruguay, she supported the notion of the U.S. staying out of the country.

“In Latin America, people feel very strongly about the United States not invading, because of their history of supporting dictatorships,” said Duarte in an interview with The Suffolk Journal. “Trump supporting the newly declared President of Venezuela takes the attention away from the bigger picture, instead of focusing on what the real issue is.”

Steve Karian was one of few protesters holding a sign opposing Maduro. "I have always been anti-imperialist and I'm still against any sort of U.S. invasion. It would only mean disaster. But being against U.S. invasion and U.S. imperialism does not mean supporting dictatorships," said Karian to The Suffolk Journal. “If the U.S. goes into Venezuela, Maduro gets an instant victory. He gets an excuse to unite his army and to get international support for his cause.”

Jose Aleman, a volunteer at Boston’s Venezuela Solidarity Committee, attended the protest in solidarity and could have seen waving the Venezuelan flag.

“I’m not only an immigrant, but also a father, and a teacher. I pay my taxes but it doesn’t end there. I could do more,” said Aleman to The Suffolk Journal. "I was telling my son as we were walking here, 'I cannot fix the foreign policy of this government but I can show you how to raise a flag and raise your voice' and maybe that is the only thing we can do for now, but it is a good step, and if you are strong enough to hold a flag and that's all you can do, you've still done something.”

Aleman hoped that the protest would serve as a voice of reason and a display of true American values.

“There will be turmoil until the government does the right thing,” said Aleman to The Suffolk Journal. “The right thing is pretty simple, 'Don't do it to others, what you don't want others to do to you... Don't invade others, if you don't want to be invaded.'”
An opportunity to study abroad is an exciting option for anyone in college. However, volunteering abroad is an option that is often overlooked. When I started college at Suffolk, I had an innate desire to study abroad. I wanted to gain some kind of global experience that I felt empty without. AIESEC gave me the opportunity to do so.

AIESEC, also known as the Association Internationale des Étudiants En Sciences Economiques et Commerciales, or International Association of Students in Economics and Management, is a non-profit, youth-run organization that strives for peace and fulfillment of humankind’s potential. It takes its shape in clubs on college campuses and is available to all students. The group encourages students to step out of their comfort zone and do work that is beyond themselves.

One of my friends knew I was interested in going abroad and referred me to AIESEC. I applied for volunteering opportunities through AIESEC Boston’s many partnered countries like Thailand, Peru, Mexico and Indonesia. I met with representatives from Suffolk’s AIESEC chapter and was astounded that my process of applying to opportunities was facilitated by fellow peers like me. They helped me find the best opportunity that fit my skills and passion.

I finally decided to apply to an opportunity that involved teaching English to young kids in one of the most impoverished communities in Bangkok, Thailand. My journey abroad began once my plane landed in Bangkok. I was immediately welcomed by AIESEC’s enthusiastic ground network. I volunteered at AIESEC’s entity at Thammasat University, which worked quickly to make sure my volunteer experience went as smoothly and comfortably as possible. They had an on-call team for any needs of mine such as translators and travel guides.

I worked on a team five days a week with a non-profit centered around educating children in the community. Through my six weeks working with the children, I felt that I had never had a more worthy purpose. My group also took a week-long trip to a remote village on the east of Thailand to observe an indigenous community and their way of life. Towards the end of the exchange, each volunteer represented the country they came from and shared their culture. We wanted the children to know what life is like outside of their barred community.

It felt like I was working to complete a mission through the service I did. I touched the lives of the kids around me and their genuine appreciation touched me as well. It gave the children an opportunity that they wouldn’t have had otherwise.

Once I returned home, I wanted to further my experience within the organization. I became the vice president of AIESEC Boston. Taking on this role allowed me to give the same experience I had to others seeking a fulfilling journey overseas.

My time volunteering abroad helped me gain skills that I would not otherwise have had the opportunity to develop at home. I learned how to manage myself, manage a team and become a leader.

Hundreds of opportunities are offered through AIESEC that urge youth to step out of their comfort zone and be more than themselves. My exchange was not just a study term abroad and was more than just a trip. Big or small, it was an experience like no other which gave me the ability to make a more powerful impact on the world.
GLOBAL COMMENTARY

Trump terminates Cold War treaty: Nuclear war on the horizon?

Chris Sadrnoori
Journal Staff

In October 2018, President Donald Trump announced that the United States plans to terminate the 31-year-old Intermediate-Range Nuclear Treaty (INF), a landmark deal that signaled the end of the Cold War. The agreement led to the dismantling of thousands of nuclear weapons on both sides, making the world a more safe and stable place. Today, Trump and Russian President Vladimir Putin have accused one another of violating the treaty, thus leading to its unraveling. The consequences of ending a treaty may lead to a dangerous arms race that has not been seen for decades.

In 1987, U.S. President Ronald Reagan and Russian President Mikhail Gorbachev signed the treaty, ending the use of all land-based nuclear weapons with a range of 300 to 3,400 miles. This prevented the USSR from hitting any target in Europe while firing well within its borders. The treaty halted ground-based nuclear warhead production and eased tensions with U.S. allied nations bordering the Iron Curtain.

The U.S. has consistently accused Russia of violating the INF treaty since 2008, when the Obama administration and intelligence team first discovered them to be covertly developing and testing the Novator 9M729 Mobile Missile System (9M729), according to the New York Times. As more and more 9M729’s came into existence, it was clear this was not just a research project. In November 2018, The Director of National Intelligence stated after reviewing several tests, “Russia was able to develop [9M729] that flies to the intermediate ranges prohibited by the INF treaty and launches from a ground-mobile platform.”

According to the U.S. Department of State (DoS), the Russian government has accused the U.S. of violating the treaty by implementing a variety of weapons in Europe, including Aegis missile defense systems in Romania and Poland in November 2018. The DoS asserted their use is for defensive interception only and cannot be equipped with nuclear warheads.

Secretary of State Mike Pompeo believes China and Iran’s missile program are another reason for why the INF treaty does not make sense anymore. According to the DoS, Pompeo said the U.S. should not remain a part of an agreement that limits the ground-based missiles for only U.S. and Russia, when other nations with the same capabilities, do not have such restrictions - namely China and Iran.

Nuclear war has been a looming possibility between these two nations for over 70 years. Yet, the presidents of years past have been able to avoid such a fate, opting for diplomacy instead. While the INF treaty does not cover sea or air launched missiles, it does prevent a mass buildup of nuclear warheads at borders. Tensions escalate dramatically when a nuclear arsenal is on their doorstep, as seen in the Cuban Missile Crisis in October 1962.

The unprecedented bombings of Hiroshima and Nagasaki at the end of the Second World War showed the power of weapons of mass destruction - now they have only become more powerful. Trump and NATO have reason to be worried, as Russia has annexed the Crimean Peninsula in May 2014 and has shown support for Bashar Al-Assad’s regime in Syria with military force, according to CNN. The limit the Russian government will go to is uncertain and raises concern.

Despite Trump’s withdrawal and termination of a slew of major agreements in his presidency, this one may have the most dangerous consequences. The absence of such a treaty as the INF, may trigger another arms race, filling the world with thousands of nuclear weapons, launching a new era of nuclear instability.

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SUFFOLK OVERSEAS

Suffolk sophomore and Politics, Philosophy & Economics major Sarah Stephenson is currently studying abroad at the Suffolk Madrid Campus.

Throughout her travels she’s visited Morocco, Ibiza, Italy, Paris and more!

Parco Del Buen Ritiro in Madrid, Spain

Achakar Beach in Tangier, Morocco

Coast of Ibiza, Spain

Photos courtesy of Sarah Stephenson
The Modern Theatre was taken back in time to the roaring 20’s as Suffolk University’s Performing Arts Office (PAO) put on three performances of “The Drowsy Chaperone,” a musical set inside a comedy, over the weekend. For clarification, from this point on, “The Drowsy Chaperone” will refer to Suffolk’s performance, while “The Drowsy Chaperone” will refer to the musical within the show.

This production takes place inside the living room of a nameless man, hereby referred to as The Man in the Chair. The story follows him as he gushes over the soundtrack of his favorite musical, “The Drowsy Chaperone.” Although he admits he has never seen the musical, “The Drowsy Chaperone” will refer to Suffolk’s performance, while “The Drowsy Chaperone” will refer to the creation of glistening stars on a warm evening.

Although this was only the first or second performance of “The Drowsy Chaperone” for many of the cast and crew members, it was impossible for the audience to tell. The musical was beautifully executed with smooth costume changes and transitions between scenes. All of the performers appeared to be comfortable on stage and unafraid to act ridiculously silly in order to make the crowd chuckle.

“The Drowsy Chaperone” gave the audience a glimpse of Suffolk’s up and coming talent, making it clear that every actor has a bright future in performing arts at the university.

The killer lighting design by assistant stage manager Adriana Cano and light crew Paige D’Ambrosio superbly complemented each scene. For example, when Adolph P. lustfully entered the room and made women swoon, the stage was drenched in red light. When Janet and her groom, Robert, shared a sweet kiss, heart-shaped lights glimmered behind them, creating the illusion of glittering stars on a warm evening.

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Milk Bar and &pizza wow students but not their wallets

Katelyn Norwood  
Journal Staff

A 20-minute train ride on the Red Line will lead you to Harvard Square, and to two of its newest restaurants; Milk Bar and &pizza.

This is the first store-front that both Milk Bar and &pizza have opened in New England, meaning both the owners and customers are getting a special experience from this new location. Milk Bar, owned by Christina Tosi, is based in New York City and &pizza, owned by Michael Lastoria, is based in Washington D.C. Although the restaurant chains are far apart in different cities, it has not stopped the owners from becoming friends and collaborating on the project that is now open in Harvard Square.

The two businesses share one space and, on the day of the grand opening, garnered lines with wait times of two hours in Harvard Square.

FEB. 27, 2019

Sarah Lukowski  
Journal Staff

For Sunday night’s 91st Academy Awards, a hostless show saw a bump in ratings, a shorter runtime and witty and engaging presenters, which raises the question of whether the Oscars are better off without a host.

In December, it was announced that comedian Kevin Hart was going to host the Oscars, but after old controversial tweets of his surfaced, Hart apologized and decided to step down from the position. By February, the Oscars were unable to find a replacement and opted to only have presenters instead of a host. The last time the awards ceremony went without a host was in 1989, which featured an awkward duet between Rob Lowe and Snow White that many filmmakers and actors found embarrassing.

However, this year’s Oscars will be remembered for its successful host-free show. The presenters carried the show similar to the way a host would. The first presenters (former SNL castmates Maya Rudolph, Tina Fey and Amy Poehler, who poked fun at the Oscars) found it to be expected as it only produced free material which is a great perk for customers. Clientele seems to fall in the 20-year-old range.

The setting, while quirky, may not be the ideal for a new study spot, as you can always expect a line and pop music playing.

Overall, Milk Bar and &pizza is worth a visit and a taste. The atmosphere is quirky and upbeat, and the food is unique and new to the area. This new hangout spot has its perks located in Harvard Square, being around great restaurants and shops. Milk Bar is a great place to bring self-proclaimed “foodies,” friends, visitors that are new to the area or to simply snap an Instagram worthy shot. However, with the long flatbread and drink costing $14.25, it felt that neither counter offered student friendly pricing.

The pizza itself took only six minutes to make and tasted fantastic with little mess. The pizzas can be shared between two people or easily devoured by one.

From a student perspective, the establishment is not friendly to a college student’s budget. However, it offers a fun and relaxed setting to hang out with friends and is open until midnight during the week and until 2 a.m. on weekends. &pizza offers free wifi which is a great perk for customers. Clientele seems to fall in the 20-year-old range.

The program had a runtime of around three hours and 15 minutes, meaning that the Oscars rebounced from an all-time low of 26.5 million viewers in 2018 with early numbers reporting a 14 percent increase from last year.

With a host, the show on average is four hours long and is filled with lengthy monologues. The increase of ratings is a positive sign that a host-free show was the right move, along with limiting the length of speeches and musical performances.

“Bohemian Rhapsody” was the big winner of the night, sweeping four awards, including Best Actor for front-runner Rami Malek. “Roma,” “Black Panther” and “Green Book” also picked up three awards each, with “Green Book” nabbing Best Picture.

The show also saw electrifying performances. Adam Lambert kicked off the show with an energized performance of his song medley, and Lady Gaga and Bradley Cooper gave an intimate and tone-down performance of “Shallow” from their film “A Star Is Born,” which was awarded Best Original Song later in the night.

Director Spike Lee took his first Oscar for Adapted Screenplay for his film “BlacKkKlansman,” and Olivia Colman shocked the crowd with her Best Actress win for her role as Queen Anne in “The Favourite,” and gave a charming and emotional acceptance speech.

Sunday night’s Oscars was also the first time in Oscar history that a majority of the acting awards were awarded to people of color. Regina King won Best Supporting Actress for her role in “If Beale Street Could Talk” and Mahershala Ali won Best Supporting Actor for his role in “Green Book.”

Ruth E. Carter, who will give the commencement address to Suffolk’s College of Arts and Sciences at graduation this year, became the first ever African-American woman to win Best Costume Design. Mike Myers and Dana Carvey both lived up to their famous “Wayne’s World” characters to introduce Best Picture nominee “Bohemian Rhapsody,” and surprise presenter Julia Roberts graced the stage to award Best Picture.

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The Museum of Fine Arts reveals its first Frida Kahlo exhibit

Harper Wayne Journal Contributor

Many people know the artist Frida Kahlo for her iconic unibrow, self-portrait paintings and her poetry. Now, for the first time in Boston, the Museum of Fine Arts (MFA) is holding an exhibition, “Frida Kahlo and Arte Popular,” housing not only famous pieces of Kahlo’s art, but also similar pieces she collected and was inspired by.

During a preview for “Frida Kahlo and Arte Popular,” MFA curators and directors explained that the creation of this exhibition is a combined effort by the Museum of Modern Art, the Los Angeles County Museum of Art and the Harry Ransom Center at the University of Texas at Austin, who put pieces up for loan to the MFA.

The Ann and Graham Gund Director of the MFA, Matthew Teitelbaum, explained that while determining how to display the art and collectables, he asked himself, “Art comes out of lived experience and what would Frida Kahlo lived experiences be?”

Layla Bermeo, the Kristin and Roger Sersson Assistant Curator of Paintings for Art of the Americas, gave the tour of the exhibition, which is split into five sections and contains descriptions written in both English and Spanish.

The “Art of the People” section houses two of Kahlo’s iconic paintings, “Dos Mujeres” and “Self-Portrait with Hummingbird and Thorn Necklace.” The two famous pieces, which she painted 12 years apart from each other, displayed close to one another show Kahlo’s artistic maturity as detail and enhanced features were developed by the self-taught artist.

As Bermeo discussed “Self-Portrait with Hummingbird and Thorn Necklace,” she said, “no matter how many mugs you see it on, it’s still amazing once you stand in front of it in person,” which is why it is in the first section of the exhibition.

“Aesthetics of Childhood” displays children something that is apparent in her piece “Girl with Death Mask” in this section, artwork by a friend of Kahlo’s, Rosa Rodolfo, is also presented. Another practice of Kahlo’s was called ex-voto painting, where she would create religious paintings on tin that represented the owner’s thankfulness for miracles and answered prayers. Kahlo’s ex-voto paintings, including “My Grandparents, My Parents and I,” where Kahlo depicted her family as saints, are displayed in the “Painted Miracles” section. Although Kahlo was not religious, she painted ex-votos with a new perspective rather than just from a religious standpoint. Later in her career, Kahlo worked with still life paintings, but gave them humanistic features like a mouth or hair, which creates the section “Living Still Lives.” As described by the MFA, Kahlo “disobeys the categories of inanimate and animate.” Kahlo’s words, “I’m not afraid of death, but I want to live” perfectly embody this section of the exhibition.

To the left of the entrance of the exhibition is “Invented Traditions” where clothes similar to what Kahlo typically dressed in are displayed. Despite coming from a middle class, educated family, Kahlo would often dress in Mexico’s rural and traditional community garments, and these are the clothes she was often photographed in.

Kahlo was often written about as a bedridden and detached item of society due to contracting polio when she was six years old, and then later being injured in a bus accident where she was impaled at the hip. Bermeo explained this was far from the truth while showing the artwork created and collected by Kahlo following both her illness and the accident.

The pieces, both by Kahlo and ones that show popular art, tell the modernist story after the Mexican Revolution, highlighting both the inspiration and the product of the time.

“Frida Kahlo and Arte Popular” is a first time occurrence on the East Coast where the artist’s paintings are shown in a changing, fluid motion from the beginning to end of Kahlo’s artistry. Her work is put next to objects and items that are similar to what she collected when she was alive.

The MFA brought together an exhibition of historical significance that highlights Kahlo’s story as a painter, collector and journey growing as a woman. The exhibition will run from Feb. 27 to June 16 in the Americas Wing of the MFA.

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In celebration of Black History Month, Program Council (PC), Black Student Union (BSU) and the Center for Student Diversity and Inclusion brought spoken poet and Kenyan immigrant Mwende “FreeQuency” Katwiwa to campus for a performance on Feb. 20.

Last year, FreeQuency, who identifies as they/them, became the Women of the World Poetry Slam Champion and in 2017, they delivered a TedTalk about being a Black mother in America. In addition to being a poet, FreeQuency works in reproductive justice with the group Women With A Vision as a community organizer. The poems FreeQuency recited Thursday night expressed their personal thoughts and experiences moving from Kenya to the United States and growing up as a Black person in this country. The poem “lessons on being an African immigrant in America” lists the ways they had to act and the traits they had to change about themselves to blend better into American culture. In the poem, FreeQuency describes having to lose their accent and people joking about their African name, Mwende Kalondu Katwiwa.

The writer explained that most of the inspiration for their poetry stems from events in their personal life. “I use poetry a lot to just process through what it is I’m going through in my own personal life, to help me answer bigger questions,” said FreeQuency. “It’s easier for me to process my thoughts when I’m writing something down rather than just having things race around in your head.”

Another big theme in FreeQuency’s reading was colonialism. One of their poems described the deep faith they had in Christianity as a child, and realizing they could not see themselves in God’s image because every depiction of Jesus showed him with pale skin, light hair and blue eyes. The poet later explains how Christianity was spread to Africa through colonization, and although a new religion was brought to the country, God was not. “It’s easier for me to process my thoughts when I’m writing them because you have to be specific when writing something down rather than just having things race around in your head.”

FreeQuency also dives into personal topics, such as their childhood experience moving into American culture. “I feel like when you should write, you should write about meaning. That’s what I took away. Everything that FreeQuency did tonight had a meaning.”

- BSU Vice President Mardochee Sylvestre

“I like to talk about these things as if they’re so far in our past, but for at least two of us in here, it was a thing that was actually more of a reality,” said FreeQuency while introducing one of their poems. “We like to talk about things race around in your head.”

After FreeQuency’s performance, the event opened into a Q&A session. Students asked for the poet’s advice on how to start writing poetry and how to memorize their work, as well as their writing style, where they find inspiration and expressing emotion through writing.

“I feel like when you should write, you should write about meaning. That’s what I took away. Everything that FreeQuency did tonight had a meaning,” said Vice President of BSU and MC of the event, Mardochee Sylvestre.

The emotional night of literature was a lot for students to digest, but they were able to take away powerful words and ideas.

“It was really cool to see that so many people are actually interested and invested and want to know more about the poet, and I think [the audience] took away a lot about poetry and how they can get started and how they can be more confident as a poet,” said PC Entertainment Chair Jeanette Marzai.

FreeQuency’s performance at Suffolk is part of her Spring 2019 tour. She will be returning to the area on March 20 for a reading at Lesley University.

Connect with Morgan by emailing suffolkarts@gmail.com
Visitor: Have something you passionately endorse or condemn? Come visit us in 930B, Sawyer.
Meetings are every Tuesday at 12:15 pm in our office!

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Level the proposed tackling bill before it gets reviewed

Ryan Arel
Opinion Editor

O’mon, people. Let’s be smart about this.

Recently, Rep. Paul A. Schmid III and 20th Middlesex District State Rep. Bradley H. Jones Jr. have sponsored the bill An Act for No Organized Head Impacts on Schoolchildren, or the NOHITS Act, which seeks to ban tackle football for children in 6th grade and younger in Massachusetts, according to The Herald News and other publications.

Now, nobody is saying playing tackle football is safer than no football at all—I’d argue that rugby, which is still popular in many nations, is worse—but this bill, as it currently stands, is considerably reactionary and short-sighted. It must be stopped or revised so kids can, at the very least, practice tackling on dummies until eighth grade.

Currently, many states mandate kids not to start tackle until middle school or following age 12. Some doctors argue they should not start until age 14 — which would fall around the beginning of labor are not constitutional, as they are currently.

Sammarco states that “this law effectively allows a fetus to demand, up to the moment of birth, including abortions performed on perfectly viable unborn children.” The actual circumstances surrounding an abortion in New York that is supported by the RHA are “that an abortion may be performed by a licensed, certified, or authorized practitioner within 24 weeks from the commencement of pregnancy, or there is an absence of fetal viability, or at any time when necessary to protect a patient’s life or health,” according to Section 2 of the bill.

Breaking that down, an abortion is legal before the six-month mark during a stage when the baby’s mother is not able to survive the pregnancy or when a mother’s life is at risk if the pregnancy is carried to term.

One of the first concepts Sammarco introduces is infanticide, or the definition of a new born. However, Sammarco deliberately left a key phrase from this definition, “within a year of birth,” as defined by The Oxford Dictionary. Abortion, therefore, cannot be considered infanticide because an abortion is not performed on a baby after birth. By labeling abortion as infanticide, Sammarco has begun using one of his first scare tactics to shame the people who receive abortions.

Secondly, the definition of the Reproductive Health Act (RHA) that the New York Senate passed on Jan. 22, 2019 that Sammarco referenced hides key information regarding why the law was passed.

According to the justification section of the bill, “In 1970, New York legalized abortion in some circumstances, thereby recognizing that a woman has a fundamental right to make medical decisions about the course of a pregnancy. Three years later, the Supreme Court of the United States issued its landmark decision in Roe v. Wade.” The bill goes on to say “that the purpose of the RHA is to decriminalize and correct abortion and New York’s laws so they are not unconstitutional, as they are currently.

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~ The Suffolk Journal Staff

The Suffolk Journal's website was the only way for readers to access opinion stories that has since changed. Follow @SuffolkOpinion on Twitter to see the most recent opinion stories.

Rebuttal: The only person who should make decisions about abortions are the patient and doctor

Phoebe Adams
Copy Editor

Last week, an opinion article was published titled “Andrew Cuomo and other Democrats have heartlessly condoned infanticide,” written by Nick Sammarco. Within this article, Sammarco bluntly chooses to ignore definitions that do not suit his needs and relies on scare tactics in order to shame anyone who chooses to receive an abortion.

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Breaking that down, an abortion is legal before the six-month mark during a stage when the baby’s mother is not able to survive the pregnancy or when a mother’s life is at risk if the pregnancy is carried to term.

After the start of the third trimester, potential mothers don’t choose to perform abortion simply because they want to or because they’re concerned for their mental health. Abortions are not performed on fetuses that are already painted nursery walls. A pregnant person has the right to choose their own life over the life of an unborn fetus, and that is a hard choice to make. To threaten prison sentences on people who already have to grieve the death of their wanted child is cruel and unnecessary, but Sammarco did just that.

“If somebody murders an adult based on the belief that they may cause problems to their mental or emotional well-being in the future, they would go to prison. Why is this stance not applied to fully formed humans seconds away from birth?” wrote Sammarco.

The only person who can comment on a person’s right to an abortion for their own wants; the person who’s considering getting that abortion and their primary caregiver.

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Editor’s Word

The newspaper and media industry has been around for centuries with the goal of providing citizens with the facts they need to view the world around them with more clarity. That industry has been rapidly changing, but still holds onto many of the traditional values and practices that it has had since it began.

As our student government electoral process enter the election season, The Suffolk Journal traditionally has chosen to endorse certain SGA candidates. Members of The Journal, past and current, have signed onto these endorsements.

Writers, reporters and journalists are not robots. We are people with feelings, biases and opinions.

However, this year, like the media industry as a whole, The Journal is changing: we will not be publishing or voicing any particular endorsement of any candidate as a collective staff.

We feel that this year, and going forward, we have chosen not to endorse any candidates as we believe it damages our reputation as an impartial news outlet. We believe that the Suffolk community should use our news coverage, word-of-mouth and listening directly to the candidates to decide who they choose to support — not The Journal’s endorsement.

While we recognize that certain members of our staff may endorse or support specific candidates individually, The Journal, as a collective body “declines to comment,” so to speak, on who we support throughout this year’s SGA elections.

~ The Suffolk Journal Staff
Football players should not learn tackling right as they're learning their strength

From FOOTBALL - 14

basic level. Any sport, for that matter, is more safely and better played when you give kids the ability to access all facets of the sport at a younger age. I mean, Tiger Woods was hitting golf balls at age 3, if that tells you anything.

With football, however, it is different being a contact sport and the head trauma that can occur. It’s all about finding the age where kids are young enough to begin tackling, but old enough to do so with the best chance of safety. Instead of banning kids tackling together prior to eighth grade, kids should be still learning tackling earlier than 14 years old. How much younger is unclear and debated, but if not tackling each other, they should at least be learning tackling techniques by using tackling dummies earlier than 14, so when they do put on pads, they’re not completely in the dark about safe techniques.

Maybe I’m wrong, but let’s not forget that those kids are only going to get bigger and they’re only going to get stronger. Oh, and remember that grade of kids who didn’t learn safe tackling techniques at a younger age? That they could’ve learned entering middle school? Well, they’re seniors now. And they’re going to start tackling freshmen who are way smaller than they are. Although they’ve been tackling for four years or so, their freshmen teammates may have only been tackling for one. As seen in recent National Football League (NFL) games, NFL rule changes about how onside kicks are done — which make the kicking team unable to get a running start prior to the kick — have made onside kicks virtually impossible to recover for the kicking team and have taken away one of the most exciting components of nail-biter and playoffs games, citing an increase in safety as the reason. The percent of onside kicks has been sliced by nearly 66 percent, according to an article by USA Today.

Like gun laws, abortion and immigration are topics sparking loud and often-heated debates, but if not tackling for one.

Head trauma is import-

of high interest right now in politics, head trauma in football is one of the hot topics in sports. The late Patriots former tight end Aaron Hernandez — remember him? — suffered from some of the most severe chronic traumatic encephalopat-hy (CTE) ever found in a person his age, according to the Washington Post. CTE contributes to dementia, suicide and other ailments. Should safety matter more than the viewing experience? You bet it does. Does safety matter more than the viewing experience? You bet it does. Should we be concerned about head trauma in NFL and younger kids playing football? Absolutely. Should we change the rules of football to keep people safe? Of course, but with limits to keep viewing experience as good as possible while still addressing safety.

We must be careful in these endeavors. Like balancing when any kid is young enough to tackle but old enough to do so safely, we must be sure to teach kids that tackling is no laughing matter and must be done safely.

There’s a saying in sports called “trust the process,” which means even if you aren’t getting anywhere or making progress, if you keep at it, you’ll get it. We must do the same with our science, research will continue to be done on how to play football safely and how to tackle safely.

If on the other side of this research, years from now, science reveals, no tackling should be done until 14, then great. But muscle memory and tackling safety is important to learn younger as it only gets better as kids get older.

If kids cannot at least learn the techniques earlier, whether on opposing players or not, a surge of injuries is arguably inevitable since they’ll be starting tackling much bigger, much stronger and at a much riper age than they would if they started earlier. This bill, if it were to be passed, will inevitably lead to more injuries and we will embark on years and years of reckless tackling by teenagers.

They say if you don’t want a kid to be disrespectful in their teens, teach them respect as young children. Though on a smaller scale, the same is true here. Introducing kids to tackling later in their careers will only set them up for failure — in their performance and in their mental health.

John Stuart Mill, Winston Churchill and Margaret Thatcher, the U.K. has ditched free expression for the comforts of politically-correct tyranny.

On Feb. 9, The Daily Mail in the U.K. published a story detailing the harrowing detainment of 38-year-old Kate Scottow, a resident of Hertfordshire, England, who was handcuffed in front of her autistic ten-year-old daughter and breastfeeding 20-month-old son, brought into custody and held for seven hours in a single jail cell.

What heinous action warranted such drastic measures? The crime of “misgendering,” or calling a transgender individual by their biologically determined sex instead of their preferred pronouns, precipitated Scottow’s arrest. Stephanie Hayden, a biological male who recently transitioned to identifying as female on social media, reported Scottow to the police.

Scottow’s detainment is a complete departure from the principle of free speech because it criminalizes offensive speech by conflating it with harassment. Scottow was detained by police for harassment under the Equality Act of 2010, which according to Citizens Advice, a governmental help organization in the U.K., includes in its definition of harassment “offensive emails, tweets or comments on social networking sites.” This is a major difference from most harassment laws in the U.S., which do not define offensive speech alone as harassment.

In Massachusetts, for example, a person considered guilty of harassment “willfully and maliciously causes a reasonable person to suffer substantially emotional distress,” according to Massachusetts General Laws Chapter 265 §43A.

Regardless of your views on gender identity or the issues surrounding transgenderism, anyone who purports value in the notion of human liberty or the inalienable right to freedom of speech should find this event deeply concerning. Speech that one finds offensive is completely protected by the First Amendment in the United States, and rightfully so.

If we set the standard of when the government can imprison people for speech at such an arbitrary standard as “offensive speech,” we destroy open debate. Offense is a completely subjective standard and one ripe for abuse by political opponents and tyrannical governments. Somebody reading this column may find something that I write personally offensive, yet I have an inalienable right to continue writing. Offensive speech is speech that you aren’t getting anywhere or making progress, if you keep at it, you’ll get it. We must do the same with our science, research will continue to be done on how to play football safely and how to tackle safely.

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They say if you don’t want a kid to be disrespectful in their teens, teach them respect as young children. Though on a smaller scale, this is no different. Introducing kids to tackling later in their careers will only set them up for failure — in their performance and in their mental health.

The arrest of Kate Scottow is a startling example of this new reality. The arrest of Kate Scottow is a startling example of this new reality. The arrest of Kate Scottow is a startling example of this new reality.

The arrest of Kate Scottow is a startling example of this new reality.

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Track standouts run their way to Regionals

Hannah Arroyo
Sports Editor

In only their second season, Suffolk University Track has flourished into a program that has become well recognized, not only in their conference, but also nationwide.

Combined, the men’s and women’s team have a total of 34 athletes, over 75 percent of them being freshmen. Some of them are runners and others compete in field events such as the shot put.

With a season that began at the beginning of December, many members of the team have worked nonstop to put Suffolk on the board of leaders.

To have folks competing at such a high level this year.

While this was the second time that Weiss and Manfra had gone to Regionals, Kamara and Rodrigues went for their first time. The Lady Rams finished 20th out of 26 teams, but this was the first time that Suffolk put up a team score.

One of the best finishes for the Lady Rams came from Manfra, who finished fourth place in the mile. Manfra was recently recognized as the only Ram to go ever go to NCAA DIII Nationals. Again, her name has come among some of the best DIII runners as she is ranked 11th in the nation for the mile.

“I won’t lie; it’s fun to have fellow coaches from around the country reach out and take notice of what you’ve done that in high school much of his experience has been with outdoor track rather than indoor. “It can be pretty nerve wracking, but at that point you know that you’ve done everything you could have done to prepare and it’s pointless to think about what you might have done differently,” said Csiki-Fejer. “What you do know is that you have a bunch of good practices under your belt and that you’ve been putting in the work throughout the season.”

Csiki-Fejer’s main goal for the end of the season is to break his mile record of 4:17. As he continues his career as a Suffolk athlete it shows that he someday may be a leader for the program.

While the season has nearly come to a close, the team has no offseason as outdoor track will begin in late March. Their first meet is the Bears Invitational on March 23 at Bridgewater State University.

“It’s cool to see that we actually have people following. It’s been fun to make people realize we have a team,” said Manfra in an interview with The Journal. “It’s helping for recruits a lot, which is awesome. I’d love to see this program grow.”

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Emily Manfra took her talents to DIII Regionals where she placed fourth in the mile.

On Feb. 23 the program got to showcase some of its top athletes in the New England Division III Regional Indoor Championships.

On the men’s side, freshman Matyas Csiki-Fejer was the lone Suffolk runner who went to Regionals at MIT. The women’s team traveled to Bowdoin College with junior runners Emma Weiss, Emily Manfra and Mariama Kamara along with freshman Allison Rodriguez who competed in the shot put.

“It’s always great to see the athletes having success,” said head coach Will Feldman in an interview with The Suffolk Journal. “They work extremely hard year round so it’s extremely rewarding when they surpass their goals. We’ve been fortunate to have folks competing at such a high level this year.”

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Remembering Nick Cafardo

Sean Cusing
Asst. Sports Editor

Nick Cafardo died from an embolism on Thursday outside of the Red Sox clubhouse in Fort Myers, FL. He was 62.

Cafardo truly embodied what it means to be a hard working journalist. His success did not just happen overnight; in fact, he did not even learn English until the sixth grade. Cafardo’s journey started in Hanson, MA, where he attended Whitman-Hanson Regional High School as an athlete and band member.

Cafardo later paved his own path to Northeastern University, where he pursued a degree in journalism, he ultimately ended up graduating from Suffolk University. Cafardo did not graduate as an athlete. As a student, he left Suffolk with one semester so he could go cover Major League Baseball (MLB) spring training for the Patriot Ledger. At the time, it was either cover spring training or decline the job at the Patriots Ledger; for Cafardo, the decision to leave school was easy. He later came back to Suffolk and even ended up walking the same year as his son Benjamin Cafardo, who also has attended Suffolk.

“It was very important to Cafardo that he finish his degree so he could graduate with his son,” said Dr. Robert Rosenthal, the chair of the ADPR department at Suffolk, in a recent interview with the Suffolk Journal.

Cafardo went on and covered sports for the Brockton Enterprise and Patriot Ledger before moving onto the Boston Globe in 1989 where he worked for 30 years. With passion and determination, Cafardo rose to be one of the most prominent MLB journalists in the entire country. His column, “Baseball Sunday Notes,” was recognized on a national level for 15 years, as he never missed a week.

Cafardo was versatile, though. Starting in 2001, he covered the New England Patriots for seven years for the Boston Globe where he experienced three Super Bowl victories as a member of the media. After his run in football, Cafardo switched back to reporting on baseball. He did not just cover multi-ple sports, but he covered them in multiple ways. Cafardo often appeared as an MLB analyst on New England Sports Network (NESN), MLB Network and other national and local networks.

“Cafardo was one of the first people to get involved with NESN back in the 1980s, he was very cutting edge,” said Dr. Rosenthal.

Cafardo’s talents surely never went unrecognized. In 1994, Cafardo was named Boston Magazine’s Dave O’Hara Award by the Boston Baseball Writers Association. Cafardo will be remembered as a diligent reporter who passed away while doing what he loved. "Cafardo was a very good human being. He was personable, he treated people well and he mentored young writers," said Dr. Rosenthal.

Cafardo is survived by his wife Leanne Mary, his son Benjamin, his daughter Emilee, his grandchildren Annabella and Noah and his brother Fred.

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After a long, illustrious career as a Suffolk Ram, senior Mike Hagopian will be leaving the team standing alone as the single most prolific shooter from beyond the arc in the school's history.

But the guard from Watertown was looking to leave more than just a legacy during game day. 

"If I could leave one impression here at Suffolk, I want to be remembered as someone who never quit," said Hagopian in a recent interview with The Suffolk Journal. "He's a guy who stays in the gym late and in early to get shots up. That's on his game."

Sophomore guard Brendan Mulson, in a recent interview with The Journal, added to what DiPrizio had said, noting Hagopian's ability to mentor young players.

"Hagopian is a really good guy off the court," said Mulson. "Since day one, him and all the seniors took me in under their wing. I've gotten really close with [Hagopian] and the bond that basketball brings won't be broken for a lifetime. I consider him one of my best friends."

"He didn't miss a game in all four years of playing, and each game gave his teammates all he had to help put us in a position to win," said DiPrizio.

As a captain, DiPrizio believed he has accomplished that through his selflessness as a leader and teammate, as well as commenting on his outstanding work ethic.

"He loves to celebrate the success of his teammates," said DiPrizio in a recent interview with The Journal. "He's a guy who stays in the gym late and gets in early to get shots up. That's on his game."

Hagopian began as a second grader playing biddy basketball. Always ahead of the competition, he was ordered not to steal the ball away from opponents and not to press on defense. On top of that, he was one of the rare kids who could dribble with his off-hand.

"My dad would tell me that it would separate me from the rest, if I can dribble and make layups with my left," said Hagopian.

Hagopian was also a baseball and football player for seven years, before deciding to focus on basketball.

Entering high school at Watertown High with a stature of 5 foot, 3 inches and weighing 100 pounds, Hagopian would make the varsity squad as a freshman despite being smaller than most.

After starting for two years as a junior and senior, Hagopian made enough of an impact to attract the attention of then Rams head coach Adam Nelson, much like many other DIII programs.

"I had over 15 other schools recruiting me," remembered Hagopian. "Ultimately, I did my research on Suffolk's business school and saw how good it was. I loved the location in Boston and I saw it as a place where I could impact greatly. I saw the previous records and thought I could help turn that around."

After four years, Hagopian has netted 233 three-point field goals, good for six more than anyone else in Ram history. On top of that, the four-year starter totaled more than 1,000 career points. Most of all, he was a reliable teammate.

"For however many minutes he's on the court he will give you all he has got from the tip until the last buzzer," said DiPrizio. "He's a guy we knew we could rely on when we needed someone to knock down a shot, a guy we knew could help get us a stop on defense when we needed it the most."

Mulson later added Hagopian's ability to remain composed during crucial stretches of a game will forever have a lasting impression on him.

"[Hagopian] is always calm and never gets too big for the moment, he stays calm when the going gets tough."

Hagopian is looking to continue to play after college, as he has been in contact with teams overseas in hopes of expanding his basketball career.

"I hope that all that I have accomplished, all the work I put in inspires those that come after me. I gave this team everything I had for four years. I hope I am able to leave a legacy behind, and to always be remembered within the school. People will outscore me, I'm sure someone will break the three-point record at some point as well, but no one can take away what I endured through this program. It's truly been a pleasure," said Hagopian.

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HAGOPIAN SHOOTS HIS WAY INTO SUFFOLK HISTORY

Joe Rice
Journal Staff

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