In February, one of the coldest months of the year, 1,700 walkers combated homelessness by attending the annual Winter Walk in Copley Square Sunday.

The Winter Walk campaign centers around raising awareness to end homelessness in Boston. This is the fourth year the walk has occurred after being founded by Paul English and Ari Barbanell.

This year’s walk raised $194,000 through fundraising, as announced at the end of the walk, to give back to partner organizations in Boston that provide support to the homeless community, such as Pine Street Inn and Boston Health Care for the Homeless Program.

Despite the 21 degree weather, walkers started the trek at Copley Square at 9 a.m., making their way through the Boston Common, around the Public Garden and back to Copley Square. Passerbys watched as endless streams of people walked with friends, family and charities on the chilly morning.

Andrew Yang drops out of presidential race

Andrew Yang dropped out of the campaign prior to the release of the rest of the results from the New Hampshire Democratic Primary Election on Feb 11.

Although he didn’t receive the highest results within the primary, this was nevertheless a historic run for the Asian American community.

One of his biggest policies was the Freedom Dividend, a universal basic income of a thousand dollars a month for anyone over the age of 18. The funding would come from taxing big corporations larger amounts. Other issues include medicare for all, human centered capitalism and climate change.

After gaining 1% of the vote in the Iowa Caucus, Yang qualified for the New Hampshire debate. Yang has never held an elective position within the government. However, Yang has been thought of the breakthrough candidate according to ABC news.

After the New Hampshire polls, Yang publicly announced in a video that he would be dropping out of the race. "I am not someone who wants to accept donations and support in a race that we will not win" Yang said, "And so tonight, I am announcing I am suspending my campaign for president.”

Yang has appealed to both sides of the political spectrum, garnering support from fellow candidates and political commentators such as Tucker Carlson.

"[Andrew Yang] The political figure who is making the most sense,” said Carlson.

Yang’s followers, or the “Yang Gang” have been heavily supportive regarding his decision to drop out of the race. Recent tweets on the twitter hashtag “yanggang” have been flooded with support for Yang and all that he has done on his campaign.
Flu season at Suffolk in full effect

With flu season in full effect, students across campus are trying to stay healthy. Kailey Bibber, a sophomore, said the recent outbreak of the coronavirus we should instead of overreacting to the media. “Although the coronavirus has killed a lot of people in a short period of time, I think it's super important to keep in mind how many people that the flu kills every year,” said Bibber. “Keeping yourself healthy in general is a top priority for all of us and instead of overreacting to the coronavirus we should just be conscious of staying healthy in general.”

Staying healthy during the flu season is more than covering a cough and hand washing. Getting enough sleep, eating healthy foods, and exercising are key factors to staying healthy throughout the winter season. According to the Center for Disease Control (CDC), those testing positive for the influenza virus, commonly known as the flu, have risen to 29.8% just this week. About 35 people out of every 1,000 will be hospitalized for the flu this year.

Paul Heinzelmann, medical director of Counseling Health and Wellness (CHW), clinical instructor at Harvard Medical School and staff physician at Massachusetts General Hospital, said students at Suffolk can take precautionary steps to stay healthy during the winter months. “Getting a flu shot, washing your hands frequently with soap and water for at least 20 seconds and avoiding touching your face and mouth, while minimizing close contact with those who may have the flu by staying three to six feet away, (can help keep you healthy)” said Heinzelmann.

Students on campus have their own remedies for getting through the flu season. Even if infected with the flu, there are precautions that can be taken to get healthy quicker. Celia Mendoza, a freshman on campus, said she works to strengthen her immune system while living in such close proximity to other students in the dorms. “Funny enough, I actually drink a lot of tea. To strengthen my immune system, I take zinc vitamins as much as I can. My roommates and I live so close together it's super important to try and stay healthy,” said Mendoza.

It was also estimated that only 37.1% of people got their flu shot last year. Although the shot doesn’t prevent the flu, it lowers the chance of getting the flu with other precautions, such as washing hands and not sharing food or beverages.

The CDC estimates that 34,157 died from the flu last year alone. Influenza is one of the annual leading causes of death globally. The number of deaths could easily be prevented by simply being cautious around staying clean and healthy.

CHW offers flu shots as well as treatment of acute illnesses in its office on campus. The center is located on the 5th floor of 73 Tremont Street, and flu shots are covered by the students SSHIP insurance and are only 20 dollars without it.

A blast from the past...

[Left] In October 1977, Temple Street, home of Suffolk’s former Archer Building and Donahue Building, underwent construction. [Right] Temple Street is under construction again as the Archer Building is being turned into an apartment building.
People walk as homelessness rises in Massachusetts

From WINTER - 1

“We’re currently freezing for one day, but others don’t have the opportunity to go home and get warmer,” said Zachary Robinson, a Northeastern student-volunteer at the event.

A 2010 report from the National Coalition for the Homeless found that 700 people experiencing or at risk of homelessness are killed from hypothermia annually in the United States.

“Even volunteering for this event, we get free hand warmers and hats. We’re being treated like ‘oh we’re going to be out here for two hours,’ like ‘oh we’re going to be out here for two hours,’” said Maddocks. “Standing out here in the cold, we are reminded how hard it is to stay adequately warm, which is part of the point of the walk.”

Massachusetts is trying to combat the issue of homelessness through active change, such as creating initiatives to combat youth homelessness and connecting homeless people with mental health issues to hospitals and housing programs.

According to WBUR, Massachusetts is one of the four states that offers shelter for more than 95% of its homeless population.

The “right to shelter” law in the state requires state and local officials to provide shelters to those who request it. Through the Winter Walk, funds are raised toward local organizations combating homelessness, especially in Boston.

After making their way back to Copley Square, walkers shared a meal as they listened to stories of resilience. Dennis spoke about his story, and how he has been sober and off the streets for 20 years thanks to the Boston Rescue Mission, an organization that provides community, food and services to those without a home. Each Saturday, he does outreach in the Boston Common, making sure the homeless are safe and bussing them to outreach organizations.

“There is hope out there, because I’m an example of hope. I’m an example that it can be done” said Dennis. “The Mission gave me a purpose in life to go out and help people in need. I do it every single day.”

The two-mile walk was personal for other participants, too. Savannah Howland walked for her friend Star Littlefeather, a woman who visited her mom’s consignment shop and had suffered with homelessness. Despite barely having enough for herself, she was always helping out others in need and giving away what she had.

“I don’t know a lot about the homeless community in Boston or in general, but it’s really important to be willing to learn and be willing to help in whatever ways we can,” said Howland.

Boston City Councilor at-Large Annissa Essaibi George, who declared Feb. 9 as the official Winter Walk day in Boston, took the stage afterwards to congratulate the hard work being done by the volunteers and walkers.

“I just wanted to make sure with the tools that I have, to scream it from the rooftop. How special of a morning this is, how special of an event this is, to spend time with each other here in the great city of Boston,” said Essaibi-George.

The official banner is held by volunteers during the Winter Walk in the Boston Common.

Kathelyn Norwood / Asst. News Editor

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3 FEB. 12, 2020

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SUFFOLK UNIVERSITY
BOSTON
The Iowa caucuses came to a screeching halt Monday, Feb. 3, on a night marked by confusion and controversy toward the Iowa Democratic Party. Months, even years, of anticipation for last Monday night were further delayed after an app used to report the result of the caucuses had a technical glitch. Close to complete results did not come until Thursday, when 100% of results, which are still in question, left the caucuses without an official winner.

“One was up until 1:30 a.m. waiting for these results, and they had the audacity to not even release all the data yet,” said Avery Gallagher, class of 2023 English major, about her experience waiting for the results last Monday night into Tuesday morning.

A caucus is a meeting of local members of a political party where members register their preference for a candidate. The Iowa caucuses feature multiple rounds of caucusing called alignments. A candidate must receive votes from at least 15% of those participants present in the first alignment in order to remain viable for second, usually final alignment. If a chosen candidate falls short of the 15% mark, their supporters are free to join another candidate and continue for a second alignment, while the supporters of those who initially reached the victory threshold stay locked in. The night ends with state delegates going to caucuses based on the number of people who caucused for each.

The actual results of the Iowa caucus are fairly inconsequential, with only 41 delegates coming from the state. The big thing about the Iowa caucuses is that it creates momentum for the candidates who do well there.

In past elections, Iowa has been a springboard for candidates to not only attract attention from voters, but from donors and the media. A win in Iowa in some cases can make or break a campaign, as it determines a campaign’s health moving forward in the primary season. Every Democratic candidate who won the Iowa in the past five elections has also won the party’s nomination.

Iowa polls before the caucuses showed mixed results, with most polls showing former Vice President Joe Biden or Vermont Senator Bernie Sanders in the lead. A USA Today/Suffolk University poll had Biden polling at 25%, with Sanders and former South Bend, Indiana Mayor Pete Buttigieg polling at 19% and 18% in a poll from late January. On average, Biden and Sanders were both polling at 22%, with Buttigieg trailing at 18%, according to The New York Times.

For the highly anticipated Des Moines Register poll had its results abruptly canceled Feb. 3, just a few days before the caucuses. The Buttigieg campaign also raised concerns about Buttigieg's name being left out of at least one polling phone call, according to The New York Times; an early sign of the chaos and confusion that was soon to come.

The results of the caucuses were due to be released Monday, Feb. 3 around 8:00 p.m. EST. A technical glitch, as well as inconsistencies and confusion caused by an ill-tested app used by the Iowa Democratic Party, which many party volunteers were unfamiliar with, caused results to be delayed almost a full day, according to The New York Times.

In the midst of the confusion, all of the major candidates gave pseudo victory speeches as their goodbyes to Iowa. Fe. 4, with the candidates already shifting focus onto New Hampshire, the Iowa Democratic Party released 62% of precincts results, which saw Buttigieg lead Sanders by a slim margin of 26.9% to 25.1%, followed by Massachusetts Senator Elizabeth Warren at 18.3%, Biden at 15.6% and Minnesota Senator Amy Klobuchar at 12.6%, according to The New York Times.

The results that slowly came in over the next few days were called into question after Democratic National Committee Chair Tom Perez called for a “re-canvas” of the results the Thursday.

Sunday night, the Iowa Democratic Party released a statement that Buttigieg would take 14 pledged delegates to the Democratic National Convention to Sanders’ 12. Sanders had declared victory in Iowa in the past weekend, as it was evident he won the popular vote by more than 2,000 votes.

Chair of Suffolk’s government department, as well as Washington Post Contributor, Rachael Cobb said, that the final results are "a ‘wash,’ since Buttigieg and Sanders can both say they did well.

Cobb’s article advocates for getting rid of caucuses, as she explains they are run mainly by party volunteers with no oversight from a government entity, when most primaries do receive government oversight. She said in the article that the elimination of caucuses will expand the electorate, make results more representative and eliminate challenges associated with caucuses.

Cobb also said that early primary states like Iowa and New Hampshire are small and unrepresentative of much of the Democratic Party’s racial demographics in general, and therefore are not true gauges of a campaign’s strength.

Caucuses are unrepresentative and have all these problems with inclusion, which is a big issue for the ‘party of inclusion,’ Cobb said, referring to the Democrats.

Despite all the confusion, Buttigieg had a surge in polling in New Hampshire after his strong performance in Iowa, as the Boston Globe/WBUR/Suffolk University poll had Buttigieg polling at 22% with Sanders at 24%. Saturday however, Buttigieg dropped to 19% against Sanders 27% after the final N.H. primary poll from the Boston Globe/WBUR/Suffolk University poll was released Sunday night.

Cobb said she is not sure how long lived this momentum will be for Buttigieg, due to his poor polling in states further down the primary schedule.

The Iowa caucuses is the rear view mirror now. Candidates, voters and most of the media have moved on, their focus drawn away by the State of the Union last Tuesday, the New Hampshire Democratic debate this past Friday and the New Hampshire primary Tuesday.

The Spring 2020 Student Government Association elections started Monday, Feb. 3, when eight current SGA members were nominated as candidates at the association’s Feb. 6 meeting.

Every current senator is up for reelection. However, anyone can run for a senator seat so long as they are an undergraduate student in good academic standing, will be at the Boston campus during their term and have not been removed from SGA.

Current SGA members can run for a board position if they have served as an SGA member the semester prior to and during the spring else can be good academic standing, be a full-time student on the Boston campus, and have not been removed by SGA.

Nominations for e-board positions will be announced at SGA’s Feb. 6 meeting. The next and final round of nominations will be announced at the Feb 13 meeting. Election packets for those who were nominated and for those seeking to run for a senator seat can be picked up in the Student Leadership and Involvement office.

SGA Public Relations co-chair and class of 2022 Senator Karine Kan was running for president, as is current President of SGA and class of 2021 member Karine Kan. Vice president candidates so far include first-semester Gamma Sigma Alpha Senator at-Large Juan Pastrana, who is also a member of the class of 2023.

In other news, the Suffolk University Legal Association received more than $5,000 for the Housing and Facilities Committee. The funding was approved by the SGA Senate after debate.
**COMICS**

**Comics by Hunter Berube / Journal Staff**

@hunterberube

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**WANTED:**

BY COLLEGE STUDENTS

- SLEEP
- WATER
- COVER LETTER??
- Veggie Veget Veggie
- FRENCH NOTES FROM THURS.
- Ability to poop whenever
- Tums
- SLEEP, please
- I'll finish this tomorrow
- Patience

**REWARD:** $Y2 CAN O' BEANS FROM Sept.

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**Just wait, I have the best elevator pitch.**

**Okay, you're in charge of the school's funny's page.**

**Anything you want...**

**Just no jokes about the food.**

---

**Lift could not be allocated.**

---

**I have way too many classes.**

---

**Runny to class! I'm late!**

---

**Uh... what ya' doin'?**

---

**S&B: Huh?**

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Annual AAA Showcase brings culture and comedy to Suffolk

Walking into Modern Theatre, there was a sea of red. Heads turned to take in the detail, customs and showcase that filled the auditorium. There was a sense of excitement, mystery and education as the audience began to fill in the seats. What came next was a night that would be remembered for years to come.

The Asian American Association (AAA) put on a show for the Suffolk community, with their annual spring showcase. The night consisted of rich culture, hearty laughter and diversity this past Friday, Feb. 8.

The event’s highlights have changed over the years from worldwide actors — such as Ronny Chieng, to this year’s stand-up comedian Elliot Chang. The event started off with various groups from all over Boston expressed their native roots through dance and routines. Various groups were featured from MIT, BU and more. AAA, a 20-year-running club, has flourished into becoming the largest cultural group on campus. Their showcase is dedicated to showing all sides of Asian culture, including the areas that most people aren’t familiar with.

“The main point of the show is to promote cultural awareness and inclusivity. Even though we are a cultural club, we like to have fun presenting it, especially on Lunar New Years,” said AAA President Brandon Wong. What many may know as Chinese New Year is also known as Lunar New Year. It is typically celebrated starting on the first new moon of the lunar calendar and ending on the first full moon of the monthly calendar. The time period is usually around 15 days and is often symbolized with red as the color because it is known to represent fortune and good luck.

The yearly event enjoys bringing world traditions to the Suffolk community. What is known as the “lion dance” was performed by various students. This is an expression of Asian culture where the movement of lions is mimicked to bring luck and fortune to its peers. It is performed around this time to celebrate the important traditions that take place.

Several dance groups took the stage to perform various types of dances, including K-POP, traditional styles and more. The event was hosted by Wong and junior Anna Nguyen, who kept the audience upbeat with amusing jokes and commentary. The audiences gave standing ovations throughout the show.

But the night wasn’t complete without the hilarious and talented comedian Elliot Chang. Being the biggest act of the night, Chang’s comedy routine focused on how growing up as an Asian American has shaped him into the person he is today.

The witty banter was well accepted by the audience. Chang’s message evolved into a very direct and hysterical comedy, emphasizing the importance of being oneself, no matter the limitations or expectations brought upon by others. He talked about growing up with the pressure brought on by Asian parents and how children may at times feel confused and torn between Asian and American culture. He assured the audience that it’s okay to feel lost or discouraged; what matters most is how you choose to continue your life.

The Suffolk community expressed their gratitude for every aspect of the showcase. The hardworking AAA E-board members, performers, staff and more committed to the success of this show. For those that missed this year’s showcase, you can mark it down on your calendars for the next one.

HELP WANTED:
Interested in foreign policy, global climate, or have an international perspective to share? Contact the world news team! suffolkworldnews@gmail.com

SUFFOLK CLIMATE WATCH

The bees are no longer buzzing

Olivia Acevedo
Journal Staff
@oliviaacevedo12

Bees have been threatened by global warming for some time now, but researchers have recently found that the number of North American Bumblebees has dropped by 50% within the last century, according to the Washington Post. This wildlife loss has been known as “Climate Chaos.”

This drop has been prevalent across the globe. Since bees serve as key pollinators of plants, vegetables and fruits, their drifting numbers disturb the biodiversity in that area.

Pesticide use and habitat loss continue to contribute to this loss of life. A 2017 study done by the Center for Biological Diversity, found that after looking at more than 1,400 bee species, more than half of them are at nearly a quarter risk of extinction.

The New York Times reports that the biggest declines have occurred in areas where temperature rises were the highest in historical range, serving as an indicator of climate change. Since the hair on a bee’s body allows it to heat up internally, warmer weather puts them at risk.

Areas of Mexico and Spain have witnessed more intensive declines due to substantially warmer weather. Cooler areas in northern regions have increased, but they have yet to make up for the loss that has occurred in southern territories, according to the Washington Post.

Since 2006, approximately 10 million beehives ($2 million) have been lost, according to Green and Glowing. Normally, beekeepers are used to losing 5-10% of their bees annually, but in the last ten years or so, those numbers have spiked to 30%.

Various species have been able to adapt to the changing climate, but many others have not. According to Time, the butterfly is an insect that has learned to adjust to the sudden warmth by flying to Earth’s poles. Although bees have the same ability they struggle with this solution because of their difficulty establishing homes in new locations.
London stabbings lead to UK terror convicts controversy

A man was shot dead by police in London last Sunday after a terror-realted stabbing left three people injured, according to The New York Times. Sudesh Mamoor Faraz Amman, 20, armed with a knife and a hoax explosive device strapped to his chest, stabbed two people in Streatham, South London. The attacker was shot dead by undercover police shortly after the attack, which ISIS claimed responsibility for.

Amman was recently released from prison in January, halfway through a three year and four month sentence for encouraging terrorism in May 2018. Despite the damage done by Amman, only one of the victims from the stabbing received a life-threatening injury. The other was treated for non-threatening wounds according to the BBC.

A third person was wounded by broken glass while police officers shot and killed Amman, putting an end to his stabbing spree. This attack comes just months after a similar case in November, when Usman Khan, 28, stabbed and killed two people near the London Bridge, also wearing a fake suicide bomb vest. Khan was also released early from a 16-year jail sentence, only serving eight years for his involvement in a planned terrorist attack at the London Stock Exchange.

These incidents have sparked debates in the UK about how terrorism convictions are handled. The British government has proposed extending prison terms for terror-related convictions in addition to blocking early prison releases, according to The New York Times. However, there is a law that prevents the British government from toughening a punishment mid-sentence, from the European Convention on Human Rights. It has been debated whether a longer prison term really helps offenders, as some evidence has shown offenders become more radicalized while in prison, according to The New York Times.

London mayor Sadiq Khan and numerous other citizens have expressed criticism in regard to motivations that led the terrorist incidents taking place. Khan expressed concern over how much safety he can assure the public, doubt about the way prisoners are reformed and worry that those released may still be a danger to the public, in an interview with the BBC.

Knife crimes are a growing problem in London and the U.K. as strict gun laws have made knives a more commonly used weapon for all kinds of attacks, not just terror-related incidents. Knife violence rose steadily from 25,000 offenses in 2015 to almost 45,000 in 2019 according to the BBC.

Suffolk student Amar Mann, a sophomore entrepreneurship major originally from greater London, explained that in light of the recent terror-incidents, he has given a lot more thought to the rise in knife-related crimes. “It is on my mind when I’m visiting family from different parts of London, as their neighborhood isn’t as safe as mine,” said Mann.

The attacks in London have raised questions about how those at Suffolk would feel about the possibility of those with terror-related charges walking the streets of their own city. May Winter, a global terrorism expert, was appalled by the idea of those with terror convictions getting released early. “That’s absolutely ridiculous, that’s poor governance. That’s unjust, especially when there are people in prison that should be considered to be released early,” Winter said.

The U.S. has faced a similar dilemma, when in May 2019 John Walker Lindh, known as the ‘Amer- ican Taliban,’ was due to be released from prison. Lindh was the first American to face charges related to the war on terror. President Trump said he tried to stop Lindh’s release, however, there was no way to legally keep him in prison so he was released on parole on May 23, 2019, 17 years into a 20-year sentence.

Tuesday Feb. 5, 2020 saw the Terrorist Offender Bill released to British Parliament. The bill calls for terrorist offenders to be released only by the approval of a parole board and after serving at least two-thirds of their sentence. The bill would apply to current inmates as well as future offenders. The bill would not allow sentences for those currently incarcerated to be altered retrospectively.

Part of the aim of the bill is to block the release of Mohammed Zahir Khan on Feb. 28, 2020, who would be halfway through a four and a half year sentence for encouraging terrorism in May 2018.

London Police have noticed an increase in knife violence as gun laws get more strict

WORLD NEWS BRIEF

Coronavirus exceeds 1,000 deaths

The death toll of the 2019 coronavirus threatening much of China and the world population has surpassed 1,000. The number of deaths reached 1,016 on the morning of Feb. 10, with 42,638 confirmed cases in China, Chinese officials said. The World Health Organization announced it had chosen a name for the new virus — COVID-19. The acronym stands for coronavirus disease 2019.

The virus has rapidly spread through East Asia with hundreds of confirmed cases in Japan, South Korea, Taiwan, Vietnam and Thailand, according to The New York Times. Numerous countries, including the United States, have evacuated their citizens from infected areas in China.

One of the 167 U.S. citizens evacuated from Wuhan, China, to the U.S. have been confirmed with the coronavirus. They have been taken to a hospital near Marine Corps Air Station Miramar in San Diego, where the virus is being further monitored, according to The New York Times.
Mardochée Sylvestre, a junior sociology major, wanted to experience a laid back semester before jumping into full time studying. She chose to go to Madrid, Spain, for a semester to challenge herself with learning a new culture and language. This semester in Spain has taught Mardochée that to experience the most, you have to leave your comfort zone and be willing to try something new.
Spring Showcase blends humor and drama

“Little Dog,” “Flicker,” and “Rodéo,” three one-act plays written and directed by Suffolk students, hit the Sullivan Studio Theatre on Feb. 7 as part of this year’s Spring Showcase.

While the shows were each different in terms of plot, setting and characters, they all drew upon common themes of acceptance, self-identity and vulnerability, navigating contemporary issues. Each show packed a punch in its own unique way through the writing, directing and especially acting.

In Liv Joan’s “Little Dog,” life-long friends Allison (Courtney Langlais) and Holly (Madlynn Bard) reunite at the Little Dog Cafe after being apart for nine years. Together, they share fond memories from their childhood while trying to come to terms with lost time and seemingly unrequited feelings. The two-woman cast lent a personal touch to the performance and drew the audience directly into the intimate dynamic between the characters.

Both Langlais and Bard provided deeply emotional performances by conveying the complex mix of anguish and happiness that Allison and Holly experienced after being apart for so many years. The actresses also provided the audience with clever and subtle humor periodically to lighten the mood. Overall, “Little Dog” was the perfect example of the evolution of true connection, despite the barriers of distance and time.

Similar to “Little Dog,” Ma’chel Martin’s “Flicker” told the story of two childhood friends, Daniel (Ryan Stack) and Anthony (Mason Lafferty), who hike through the woods and stop to camp for the night. As the sun starts to set and their banter dies down, Anthony and Daniel begin to chip away at more serious issues like their romantic endeavors and their careers.

Both Stack and Lafferty struck the perfect balance between sincerity and humor as they ate Cape Cod chips, drank Sam Adams and stoked the campfire. The apparent camaraderie between the two actors worked to further communicate the close relationship between Anthony and Daniel.

With a slightly different tone than both “Little Dog” and “Flicker,” Micaleen Rodger’s “Rodéo,” directed by Justin Peavey, transported the audience directly into the world of the Wild West, setting the scene in an old saloon where bullfighter Sam (Mitch Strack) and his pals Roy (Robert Stevenson), Bill (Sung Hee Lee) and Shane (Courtney Bouchard) discuss the idea of bullfighting in a good ole Western drawl.

The cast kept the audience laughing and stomping as they spouted lines from classic Westerns, belted Dolly Parton lyrics and duked it out in the middle of the saloon. Despite the frequent jokes and hilarious characters, “Rodéo” also conveyed themes of friendship and being true to one’s self that blended perfectly with the message of the showcase as a whole.

This year’s edition of Spring Showcase was nothing short of heartwarming and hilarious, displaying the enormous talent of the actors, writers, directors, stage crew and technical crew.
The 92nd Academy Awards on Sunday night consisted of many firsts, sweeps and surprises, with “Parasite” making history as the first foreign language film to win Best Picture at the coveted ceremony.

“Parasite,” directed by Bong Joon Ho, is a South Korean thriller that has been a crowd favorite during this year's award season. “Parasite” won three other Oscars in addition to Best Picture, including Best Director, Best Original Screenplay and Best International Feature Film.

The groundbreaking film seems like it almost defies Hollywood with its added irony by depicting class discrimination and greed as the poor Kim family slowly overtakes the wealthy Park family. “Parasite” taking home the prestigious Best Picture award will almost defies Hollywood with its added irony by depicting class discrimination and greed as the poor Kim family slowly overtakes the wealthy Park family. "Parasite," directed by Bong Joon Ho, is a South Korean thriller that has been a crowd favorite during this year's award season. "Parasite" won three other Oscars in addition to Best Picture, including Best Director, Best Original Screenplay and Best International Feature Film.

The actor finished his speech mentioning his late brother River Phoenix, who won his first Oscar, in 2003. His performance confused fans and "Parasite’s" monumental win is a defining moment in the Academy’s 92 year history which has previously favored American films. "Parasite’s” victory has started a new era of cinema and may have begun a period of change for the academy.

Some other recognizable awards of the night included the beloved "Toy Story 4" for Best Animated Feature Film, and the World War I drama "1917," which was favored for Best Picture, ended up winning Best Cinematography, Sound Mixing, and Visual Effects. Greta Gerwig’s magical adaptation of “Little Women” was awarded Best Costume Design, and Tarantino’s Hollywood love letter “Once Upon a Time in Hollywood” nabbed Best Production Design in an unusually competitive category. Additionally, "Joker" composer, Hildur Guðnadóttir, collected an Oscar for Best Original Score, breaking the academy’s 22 year streak of honoring male composers.

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Without a host for the second year in a row, the award show heavily relied on powerful performances. Elton John sang “(I’m Gonna) Love Me Again” from his biopic "Rocketman” which won Best Original Song later in the night.

Eminem performed a surprising rendition of his song “Lose Yourself” from the film "8 Mile” that won an Oscar in 2003. His performance confused fans and celebrities alike in the audience, including actress Idina Menzel, who had a shocking look on her face that instantly became a meme and director Martin Scorsese appeared to have fallen asleep.

"Parasite’s" monumental win is a triumph for international cinema and a defining moment in the Academy’s 92 year history which has previously favored American films. "Parasite’s” victory has started a new era of cinema and may have begun a period of change for the academy.

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The actor finished his speech mentioning his late brother River Phoenix, who won his first Oscar, in 2003. His performance confused fans and "Parasite’s" monumental win is a defining moment in the Academy’s 92 year history which has previously favored American films. "Parasite’s” victory has started a new era of cinema and may have begun a period of change for the academy.

Some other recognizable awards of the night included the beloved "Toy Story 4" for Best Animated Feature Film, and the World War I drama "1917," which was favored for Best Picture, ended up winning Best Cinematography, Sound Mixing, and Visual Effects. Greta Gerwig’s magical adaptation of “Little Women” was awarded Best Costume Design, and Tarantino’s Hollywood love letter “Once Upon a Time in Hollywood” nabbed Best Production Design in an unusually competitive category. Additionally, "Joker" composer, Hildur Guðnadóttir, collected an Oscar for Best Original Score, breaking the academy’s 22 year streak of honoring male composers.

Without a host for the second year in a row, the award show heavily relied on powerful performances. Elton John sang “(I’m Gonna) Love Me Again” from his biopic "Rocketman” which won Best Original Song later in the night.

Eminem performed a surprising rendition of his song “Lose Yourself” from the film "8 Mile” that won an Oscar in 2003. His performance confused fans and celebrities alike in the audience, including actress Idina Menzel, who had a shocking look on her face that instantly became a meme and director Martin Scorsese appeared to have fallen asleep.

"Parasite’s” monumental win is a triumph for international cinema and a defining moment in the Academy’s 92 year history which has previously favored American films. "Parasite’s” victory has started a new era of cinema and may have begun a period of change for the academy.
‘Detroit Red’ brilliantly showcases Malcolm X’s humble beginnings and local roots

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There wasn’t always a Malcolm X. No one regarded the youngster from Michigan, nick-named Detroit Red, as a leader. Instead, he was another kid hustling in the streets of Boston and New York for some pocket change. Little did he know that he was simply wrapping up one chapter of his life to make way for a much bigger one.

“Detroit Red” gives the audience a glimpse into the early days of the civil rights activist before his name was plastered across mass media, and later history textbooks. The play’s world premiere has been staged at ArtsEmerson since Feb. 1.

The play follows young Malcolm X during his time living in Roxbury, working odd jobs like selling sandwiches on a train cart to make enough cash. No matter what city he lived in, however, he faced the same racism and unfairness in his day-to-day life. The show underlines the tough experiences he underwent that later became the foundation for his activism and beliefs.

The three person cast was remarkable as they delivered continuous superb and intense acting. Brontë England-Nelson and Edwin Lee Gibson took on a variety of roles and personas, shifting into different characters naturally throughout the show. From gut wrenching monologues to comical one-line jokes, the feelings they portrayed were felt in every seat of the theater.

The actor who stood out the most was Eric Berryman, whose gutting performance never dwindled as he consistently brought the room to a standstill. Berryman showed Malcolm’s transition from seeing violence and money as a way to earn a living to a way to earn respect. The raw emotions that radiated off him were felt from front row to back of the theater.

But the show wasn’t entirely supported by the actors. The poetic script balanced haunting monologues with dialogue and history about Malcolm’s upbringing and early years. The gripping story had a solid flow that held the audience’s attention throughout the whole play.

“Detroit Red” also dispersed film clips of the actors and Boston streets recorded by Emerson College students. The videos were projected over a mesh screen, overlapping with the live actors on stage. Close-up shots of Berryman allowed the audience to see beads of sweat coat his forehead and wide eyes bulge from his sockets. The unique mix of technical elements combined with the live performance added another layer to Berryman’s acting.

The Robert J. Orchard Stage was the ideal venue for the play to debut, considering the show highlights Malcolm’s time living in Roxbury, as well as references to other local neighborhoods that only true Bostonians would catch.

With a brilliant script delivered by a small yet exceptionally talented cast, “Detroit Red” is not one to miss. “Detroit Red” will play at the Emerson Paramount Center Robert J. Orchard Stage until Feb. 16. Tickets can be purchased online, by phone or in person at the box office.
global superstar Taylor Swift released her Netflix documentary “Miss Americana” on Jan. 31, giving fans an intimate look into her life from a teenager to the release of her seventh album, “Lover.”

The documentary, directed by Lana Wilson, follows Swift’s journey into love and politics. Viewers watch as she grounds her position as a world-class performer and declares that she’s done being polite and keeping her political views to herself.

The title of the documentary is based on “Miss Americana and The Heartbreak Prince” from her most recent album, “Lover.” The song, written by Swift, is about the crazy world of politics set in a metaphorical high school. This song is key in understanding Swift voicing her opinions unapologetically and properly reflects the content of the documentary.

“Miss Americana” relies less on concert clips and more on behind the scenes glimpses into Swift’s life with her family, friends and of course her beloved cats. We see Swift in the studio recording some of her songs, including “Brendon Urie, “Getaway Car,” from her sixth album “reputation,” and “The Man,” which calls out inequality between men and women.

Viewers see footage of Swift backstage, at her home, on planes and in cars all discussing the current events going on in her life. There are also candid scenes where Swift pushes her heart out to Wilson about her captivating life journey while providing great wisdom and authenticity.

Swift, who has been cast as an American sweetheart since her emergence into the country music scene as a teenager, used to hold back from discussing her political opinions because she thought it was right for a young woman to look pretty and not voice her beliefs.

“Part of the fabric of country music is not push your politics on people,” Swift said in one of the interviews with the filmmaker.

There is an emotionally intense part in the film where Swift appears distraught discussing politics with her parents. In the scene, Swift wanted to declare her stance on politics and call out Tennessee Senator candidate at the time, Marsha Blackburn, who goes against many of Swift’s liberal views. Swift’s songwriting and political debut at the MTV Video Music Awards to highlight the media’s response to Swift’s musical and political declaration, the film shows Swift and her team all clinking glasses to “the resistance.” The post went on to receive a positive response from her fans.

Swift is a great communicator and a natural storyteller who has mastered the skill of living proudly and boldly through her songwriting and personal conversations. She has always been a good person despite what the media paints her out to be and the documentary accurately displays her courage to be vulnerable.

Most notably, there is a personal scene in the documentary where Swift discusses trouble with her self image. Swift explained, while showing the camera a paparazzi photo, that sometimes it was hard for her to look at pictures of herself because she would criticize her appearance, usually opting to stop eating and over-exercise.

However, Swift comes to the realization in the film about how important food is to her and that she feels much better being a size 6 instead of a size 00.

“Now I realize, no, if you eat food, have energy, you can do all these shows,” said Swift in the film. “Which is a really good revelation because I’m a lot happier with who I am.”

This candid look into Swift’s eating disorder shows viewers that she has daily battles too. She also touched upon Swift’s feud with Kanye West. It shows clips of West interrupting Swift’s acceptance speech for Best Female Video during the 2009 MTV Video Music Awards to highlight the media’s response to West’s 2016 song “Famous,” which calls Swift a derogatory term and resulted in her being “canceled” on social media.

This backlash of public opinion caused Swift to go into hiding for a year while she worked on her sixth album, “reputation,” and began dating British actor Joe Alwyn, a relationship she still keeps hidden from the media.

There is even a small scene where Swift runs to Alwyn after a show. It’s a precious moment that shows viewers the pair formed an unconditional love for each other away from the media’s eye.

Even if you’re not a huge fan of Swift, viewers will still find themselves being in awe of the singer’s genuineness and proud of her for being a role model for so many.

Swift put away her polite, American sweetheart persona and exchanged it for a brave, confident and badass identity in a world where women are often told to sit still and look pretty. Swift was born to be a star as we see her successful day-to-day life in this new documentary that shows a balance between her enthralling and hectic life as a performer to a loving friend and daughter who values the quieter moments.
"My vote won't make a difference" Tell that to Julia Mejia, who won a seat on the Boston City Council by a single vote. It’s been four years since the last presidential election and now, two months into the new year, primary elections have begun to flood the news. It’s almost impossible to check Twitter or Facebook without reading something new about a particular candidate or state. A college as diverse as Suffolk University is destined to be a massive melting pot for political views and stances. Being surrounded by other people your age plays a large part in the way in which a young person’s mind will sway. For many students who have only recently turned 18 years old, 2020 is the first year they are eligible to vote. This is why it is important for us as individuals to be able to formulate and express our own opinions. College is such an interesting time in our lives as we adjust to an increase of responsibilities that come in adult life and survive as an independent person, while simultaneously being forced to meet all new people in the process. It can be hard for someone to develop concrete views on certain issues while attempting to retain all the new people in their life. It’s very tempting to simply agree with the viewpoints of others while formulating your own. It is important to listen, consider and respect opposing opinions. However, every body thinks and lives differently, therefore the only person who can properly construct your beliefs is yourself. Are you a Trump supporter? That’s fine. But just because you support him doesn’t mean he is the only one who should be able to determine your beliefs and values. You are the only person who can properly construct your beliefs is yourself. Are you a Trump supporter? That’s fine. But just because you support him doesn’t mean he is the only one who should be able to determine your beliefs and values. You are the only person who can properly construct your beliefs is yourself.

Your vote matters

As I walk down Tremont Street, returning from class, I often hear a random man calling me a name—“Bitch!” This is a common occurrence that many women experience. If we are not immune to this name yet, it is very easy to get hurt by it. When people become distressed, their natural reaction is to lash out and hurt others in retaliation. It is important to recognize and acknowledge when someone is striving to hurt us. Ultimately, we cannot change the connotation of these words to some thing positive, we can take them back. If we do that, the torture they inflict in our hearts evaporates. Take the words and reclaim them as our own. This proves true if you give those words power, allowing them to distract you. You are the only one who should be able to determine how words affect you.

What makes these words harmful? Is it that someone negatively used them; or is it because you’ve only ever seen them used negatively? Resentment arises when you allow them to upset you. If we can change the connotation of these words to something positive, we can take them back. If we do it in our hearts evaporates. Take the words and reclaim them as our own. The words are used every day to make women feel less than human. Name-calling should feel instinctively wrong because of the emotional pain that it causes people. We feel pain in our minds like we feel pain in our bodies, but can we change that mental pain that we feel? It is not the words that hurt us, but our perception of those words. If you tell me you admire how I look, it makes me feel positive about myself. I perceive you’re thinking positively about me. Deep down inside, I need to believe I am beautiful. I validate that by the words that others say. If I know that “hurting people hurt people,” why would I give someone that much control? “How’d you know I was a bitch?” Once we take those words back, we take that power back. I am no longer outraged when those words are hurled at me. When I took back that word, no one could use it against me ever again. Never allow someone to take control over you. Language and the way we use it affect everything. This is why we have to do what we can and take the power from as many hurtful words as we can. We can finally be free from the people who are attempting to make others hurt. We all say, “Sticks and stones may break my bones but words will never hurt me.” We all know that’s not true. We’re hardened to feel emotional pain as well as physical pain and any way we can combat that, we must. Some people use these words for good and others use them for evil, but you can always receive them as good.

"Who you callin' a bitch?"

Rayna Cason
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As I walk down Tremont Street, returning from class, I often hear a random man calling me a name—“Bitch!” This is a common occurrence that many women experience. If we are not immune to this name yet, it is very easy to get hurt by it. When people become distressed, their natural reaction is to lash out and hurt others in retaliation. It is important to recognize and acknowledge when someone is striving to hurt us. Ultimately, we cannot change the connotation of these words to something positive, we can take them back. If we do that, the torture they inflict in our hearts evaporates. Take the words and reclaim them as our own. This proves true if you give those words power, allowing them to distract you. You are the only one who should be able to determine how words affect you.

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Sodexo needs to earn their grade

Sodexo has a grade A vegan report card. Does it deserve it?

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Most of the menus that are used within the dining halls across campus have one option for plant-based diets. Sometimes when workers are asked what ingredients are in specific foods, they are unable to give accurate information. This is not the workers’ fault, but with 16.4 million people across the country living with a plant-based lifestyle, how could Sodexo’s dining hall only offer one option? Boston has some of the best food in the country, and a lot of places offer a multitude of options for those with dietary restrictions, yet Sodexo only offers meat substitutes that are overly processed, defeating the purpose of a plant-based diet. Although it is possible for some students to eat off-campus, the inability to refund meal plans is disappointing.

Also, adding diet-based accommodations to the list of meal preparation the workers already have increases their workload without increasing the time they have. Adding more diet-based items to the menu will be increasingly taxing on the workers.

It is apparent that Sodexo isn’t well informed on different plant-based options. Bringing in some sort of presentation to educate the company on the meat industry and sustainability may result in more students choosing a plant-based diet. Students would be more willing to try new foods and reduce their meat consumption if the options available were easily accessible, nutritious and tasted good.

One of the biggest misconceptions regarding the vegetarian and vegan communities is the thought that the entire diet is pasta, bread and just carbohyrdates in general. Substituting the correct amount of protein daily is difficult when all that’s offered is fried food. The lack of fresh vegetables, protein substitutes and full meal options is low when compared to the options for students without dietary restrictions.

Climate change is a hot topic in modern society and amongst progressive cities. Now more than ever, it is likely that people will start choosing a plant-based diet. Instead of offering multiple meat options, could Sodexo try harder to offer plant-based options? Plant-based meals are often cheaper and could save the university money if more were prepared instead of meat-based meals. According to the People for the Ethical Treatment of Animals (PETA), the vegan report card – implemented in 2015 – started with just 18 schools meeting all requirements for vegan options. Now, there are over 150. They also estimate that 70% of people globally are trying to reduce or eliminate their meat consumption because of their awareness of the impacts on their health and the environment. Considering the amount of money that students are required to pay for a meal plan, the consideration for vegetarians and vegan substitues needs to be re-evaluated.

The majority of students that are committed to the vegetarian or vegan lifestyle take this into consideration when applying to schools and may possibly change their decision to go to Suffolk, knowing that these options aren’t available.

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“You’ve been summoned.” Yeah – me and Jury Duty? We go way back. Well, not necessarily.

Jury duty: your civic frustration

Jury duty is a weekday position. This is something that you don’t get to choose. I have to wake up at 7 a.m. and get to the courthouse. It’s always on a weekday, never on a weekend. I would like to have the ability to sleep once in a while. Since the first day, I know I will be getting up at 7 a.m. daily for seven years. That is my life sentence. I’m in a super long trial, more than 3 years into the future. Don’t get me wrong, I am able to get the day off and relax while helping to decide the fate of an alleged criminal sounds like the scene in Ted 2 – where Ted goes to court to sue for his permanent return. Although, the Lowell Superior Court showed no sign of a smart-mouth bear nor a charming Mark Wahlberg – huge bummer. But how can I relax knowing I’m missing class and going to have to make up for that lost time? On top of that, not knowing exactly when the trial will end means I’m missing more than just one day of school. What if I’m stuck in another McMartin Preschool Abuse Trial, the longest case in American history, lasting seven years! At that point, I should just get a degree in law.

The point is, college students should be among the few who are excused from being summoned. Stephen Rykola, a business management and entrepreneurship double major at Suffolk University, was summoned to court in April. He thinks college students shouldn’t be summoned with the amount of work that fills their schedules. “I also feel that we shouldn’t have to be summoned because of the amount of weight that a class can hold,” said Rykola. “Being summoned in college could severely hurt academic performance.”

As of now, piling your plate with classwork, jobs, internships and any other sports or club activities is not a strong enough reason to get out of jury duty. One way students can get out of it is how most of them get through the school year – procrastination. Postponing your juror service to a date you are not in school is acceptable in all states. Call the number on the postcard sent to you to reschedule. Just remember, jury duty is a weekday position; there are no trials held on the weekends. Also, make sure to keep up with the online portal. That portal is where you find out about cancellations and the status of your summons. This can save you from having to wake up at 7 a.m. and going all the way to court before realizing it was canceled because of snow.

32 million people are summoned each year. About 60 applicants are pooled, but no more than 12, and on occasion only six, are needed to fill a jury box. If you are summoned, you better show up on your scheduled court date. Absence in most states results in a $1,000 fine. Go to the courthouse and meet with the judge. Explain your situation and hope they empathize with you. Sometimes you won’t even have to ask, some will understand. Having been pardoned in January right before the end of winter break, I speak from first-hand experience.

My closing remarks will highlight the wisdom my Lowell Superior Court judge shared as I was pardoned. “Here’s what we’re gonna do. You’re gonna go to school, study hard, get good grades, get a great job and then I’ll call you to be on my jury. Okay?” Your honor, say no more.
Suffolk security officer reflects on son’s national title at LSU, possible NFL future

If you walked past Bakary Traore on his Sunday shift at the Smith Residence Hall, you would never know that you’re looking at the father of an NFL prospect and a national champion football player. The security guard’s son, Badara Traore recently became a national champion as a right tackle for Louisiana State University (LSU).

Badara played high school football at Matignon High in Cambridge before beginning his collegiate career at ASA College in Brooklyn. Before transferring to LSU, Traore was the top rated junior offensive line prospect in the country, while being ranked as the sixth overall junior player in the nation. LSU was one of 20 teams that Badara had offers from coming out of high school, along with schools including Auburn. Bakary wanted his son to be an LSU tiger from the start. In regards to the 20 schools in question, Bakary said he told Badara to go to LSU when coaches were visiting their home. Coach Ed Orgeron of LSU even visited the family’s home in Hyde Park. Badara played in 12 games this season for the Tigers, seeing action on special teams, and started for three games. He played a total of 241 snaps his senior year. During his junior year he took 228 offensive snaps, again seeing action on special teams. In his two starts that season along with other appearances, he had seven knockdown blocks. Bakary was fortunate enough to travel to Louisiana to watch his son play in the national championship game. He flew to Baton Rouge on Dec. 20 before heading to New Orleans for the Jan. 13 game versus the Clemson Tigers.

Bakary sat next to Joe Burrow’s father, Jim, during the game. The Heisman winner Burrow is projected to be the No. 1 overall pick in the 2020 NFL draft. Burrow had a historic performance, passing for five touchdowns and 463 yards while rushing for an additional score. Burrow now owns the Football Bowl Subdivision (FBS) single season passing touchdown record with 60 in the 2019-2020 season.

Bakary described Joe Burrow as “quiet” after meeting him, contrasting him with his father who he says was going nuts during the game. The game wasn’t all fun for LSU however. “The game was so scary,” said Bakary.

Clemson was winning in the second quarter, and Bakary said that the LSU fans were quiet and even concerned they might lose. The LSU offense soon ignited, led by Burrow and Badara’s offensive line. The Clemson Tigers had a 17-7 lead during the second quarter, but by halftime LSU had a 28-17 lead, fueled by three total touchdowns from Burrow in the quarter.

The LSU Tigers maintained their lead for the rest of the game, with any hope of a Clemson comeback being diminished by a Trevor Lawrence fumble with four minutes left in the game.

Following the final seconds, “Everyone was screaming,” said Bakary. He took a picture with his son before going back to the team’s hotel to celebrate. He met Joe Burrow, Justin Jefferson, Clyde Edwards-Helaire and many others. They all called him dad, acknowledging he was Badara’s father.

“After they win I take the hat from him,” said Bakary. Badara also handed his father his celebratory cigar. Badara joined his team on their Jan. 17 trip to the White House, as guests of President Trump who was also in attendance at the National Championship game.

Bakary was born in Mali himself, and Badara’s mother is from Guinea. Badara became the first member of his family to graduate from college in December. A June 2019 story in The Advocate on Badara said that graduating from college was ‘his parents’ goal for him when they moved from Africa to pursue ‘the American Dream.’ Badara’s American Dream is far from over. He is currently training in Fort Worth, Texas for the NFL Combine, and subsequently the NFL Draft in April. Bakary plans on attending the event, which will take place in Las Vegas.

Bakary Traore (#74) next to LSU quarterback Joe Burrow
Rams swing their way into 2020 season

It’s that time of year again. The decorated Suffolk men’s baseball team is gearing up for the start of the 2020 season with their eyes set on redemption.

Following last year’s heartbreaking loss to Johnson and Wales in the Great Northeast Athletic Conference (GNAC) tournament, the Rams aim to reload and capture their 5th conference championship in six years.

Suffolk comes in adding pitchers Caleb Piwnicki and Michael James onto the roster following the departures of seven seniors.

Current team captain and shortstop Rich Gilbride alleviated concerns about possible inexperience.

“There are a lot of freshman pitchers but I do feel very confident in our pitching staff, they’ve been putting in a lot of work,” said Gilbride. “I think the leadership on the pitching end is there, and I’m very confident that they’re going to do what needs to be done.”

As one of the leaders on the team, Gilbride feels that he needs to lead by example. He said he wants to come back stronger following the painful end of last season and make sure the Rams have the best chance at winning another championship.

“I’m here to help all those younger guys develop into players,” said Gilbride. “Hopefully some of them can just jump into the lineup and contribute as a freshman because we’re going to need it.”

When it comes to how successful the Rams have been over the latter half of the decade, one can’t look much further than their manager. Coach Anthony Del Prete has been the mastermind behind the team’s prosperity. During his six seasons as the skipper, Suffolk has won the GNAC title five times and gone 73-15 against opposing conference teams.

“Sometimes that can come through as a little bit of tough love but at the end of the day that’s kind of what we need as a team.”

In terms of competition this year, it was unanimous among the team leaders that St. Joseph’s and Johnson and Wales are potential roadblocks on Suffolk’s return to glory. Last year, both teams vied for the top seed in the GNAC tournament but were unable to catch up to the Rams.

One important key to success in this upcoming season is for the Rams to continue their dominance at home. The Rams stand at 28-6 over the last three seasons when playing at East Boston Memorial Park.

When asked why the Rams are so great at home, pitcher Parker Browne alluded to the environment surrounding the field.

“It’s definitely a shock to people that this is where we play,” said Browne. “It’s right in the middle of the city. We definitely try to use that to our advantage.”

The Rams open up their season later this month on Feb. 28 against UMass Boston on the road.

The team then travels to Florida to play in The RussMatt Central Florida Invitational about a week later. Their first home game is set for March 18 against Curry College.

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