Stress management important during finals

by Heather A. Swails

With final exams only a few weeks away, the need to deal effectively with increased levels of stress arising from anxiety, fear of failure, and similar problems is becoming more important in order to maintain normal physical, mental, and emotional health.

Recent studies have shown that stress levels in college students are on the rise as a result of increased pressure on them to succeed or to make the grade. "While college always has proffered its share of knots and knocks, campus counselors believe the situation is worse now because today's student deals with greater competition for fewer jobs," stated an article published in the January 10, 1989 issue of USA Today entitled "Collegians Carry the load of pressure to prosper." By Marco R. Della Cava.

What are the consequences of too much stress? The article named only a few: "More (are) ups of ulcers and rashes; more serious, rather than social, drinking; more suicides."

According to Paul Korn, a psychologist at the Suffolk University Counseling Center, students should take special care in managing their time around finals in order to keep stress from becoming a problem.

"Don't wear yourself out," he said, adding that students should be sure to get plenty of sleep and food, and that they should "take time out to play.

If you find yourself experiencing tension, migraines, headaches, or other changes in behavior, it is important to seek help. The Suffolk University Counseling Center is a good resource for students who are experiencing stress.

Stress management strategies can help students manage their stress levels and perform better on exams. These strategies include time management, relaxation techniques, and seeking support from friends and family. It is important to take care of oneself during finals season in order to avoid burnout and perform at one's best.

(continued on page 9)
Cutting the red tape of financial aid

Last week, one Suffolk student came to the Journal with a story to tell. Evidently, she had gone to register for her spring semester courses under the premise that her financial standing with the university was squared away.

As many of you may already know, before registration forms are processed, the university has to have received the first semester tuition in full, and that's all well and good. When the student above mentioned went to register she was told that she could not do so because her financial aid, coming from outside the university, had not yet come through. She was further told that she could not register until the financial aid came through. They estimated that it would probably be a couple of weeks.

Okay, so this student is supposed to sit around waiting for the university to receive her financial aid while her position in classes needs to graduate is being displaced by other students. As you can guess, she was not too thrilled about this prospect, nor to mention the fact that she was left in the dark as to exactly how long it would be before she could register officially. This kind of delay is ridiculous and, although it most likely isn’t the fault of the university, it should be remedied so that all students, not just some or most, may register at the same time and have a relatively equal chance of getting into classes they need. (This would be especially pressing for upperclassmen who are preparing for graduation).

We do not pretend to understand the workings of outside financial aids but perhaps the university can do something to keep the students who depend on these outside financial aids (such as the student above mentioned), from having to wait on some company outside of the university to mail the documentation.

(CPS)—It was going to be a show of student opposition to the United States’ military intervention in the Middle East. But only about 20 University of Illinois-Champaign students showed up to protest at the Sept. 5 rally.

The lukewarm turnout was, in fact, typical of student anti-war demonstrations that have been held nationwide since President Bush announced Operation Desert Shield, in which he sent 40,000 U.S. troops to defend Saudi Arabia against a possible Iraqi invasion. Rallied generally have been sparsely attended and energetically held.

Student Desert Shield opponents say the vaunted campus anti-war movement, born in the days of Vietnam, will come to life soon.

Pols Show Opposition

Even while student dissatisfaction with U.S. intervention in the affairs of the Nicaraguan and El Salvadoran government seems to be more justifiable in the Middle East,” said Rice University political science professor Richard Stoll.

National polls do show younger people (18-to-29 year olds) consistently are the most critical of U.S. policy on the issue, although a majority still supports the government.

The younger segment of the population has been the group “least supportive” of military intervention, said Leslie McAneny of the Gallup Organization.

What’s more, a smaller percentage (68 percent) of the younger segment approved of sending troops than did the middle age-group (81 percent) and older people (74 percent).

During the course of the Vietnam War, while public support for U.S. involvement steadily decreased, young people were actually more supportive of the war than their older counterparts, Stoll said.

Stoll doesn’t foresee much student opposition to Desert Shield without “a combination of American casualties in conjunction with a military stalemate and a resumption of the draft.”

Waiting For Body Bags

Anti-war students have indeed tried to rally support by offering the prospect of Woodshed.

About 50 students at the University of Colorado at Boulder and about 300 University of California-Berkeley students separately protested Aug. 30, each with speakers casting the conflict as a matter of “dying for oil profits. They called on Americans to solve the crisis by decreasing their energy consumption.

At Illinois, protesters carried signs that asked “Die for OIL?” and “Why Wait For the Body Bags?”

“The U.S. saw the Iraqi invasion of Kuwait as a rare opportunity to gain a long-sought military foothold from which to dominate world oil production and intimidate Iraq into abandoning its production and oil prices into the hands of the oil-producing nations,” contended a flyer handed out by the anti-war group.
Op-Ed

Captain Avatar

Suffolk Politics

Opinions advocated by Captain Avatar in his columns are not necessarily the opinions advocated by the editors and staff of the Suffolk Journal.

by Captain Avatar

Well boys and girls (just like Freddie), I'm back from the Middle East, to be exact. Sorry to disappoint the few who thought I was gone forever. I've been working on an idea that would definitely benefit our guys (and gals) in Saudi Arabia but it's still in the planning stages. More on this idea will be put forth in later columns.

Ever since my first day at Suffolk, I've had a very difficult time understanding a unique concept; the Student Government Association (S.G.A.). Believe me, several students I spoke with at Suffolk (from all classes, races and genders), my crew, and I all have trouble understanding just what purpose the S.G.A. serves.

Of course, what would society be without some bureaucracy taming the hell out of us, with nothing to do but all form committees, debate, and on top of that, tell us what to do? Well, that's the S.G.A. Remember that activity fee you paid? That's Suffolk's version of a tax and that's what the S.G.A. has control over and they decide where and how much to spend. Have you seen some of the characters that comprise the S.G.A.? Talk about some winners.

From experience, I can tell you about a recent meeting of the S.G.A. It ran something like a kangaroo court. It was orchestrated by King Ron (Vining) and Queen Lisa (Masciarelli). These two really have things in hand. Apparently, they control the whole show, if you say something controversial, they take it out of order (in other words, you're obviously not special like us, so shut up). In the event you ask a specific question, they refer you to some obscure committee and ask you to ask the same question at the time of their next general meeting. It's a classic case of two power-hungry individuals seizing control of an entity and running it any way they want.

Supposedly, the S.G.A. is governed by a Constitution. Try telling that to King Ron and Queen Lisa. They constantly referred to it when telling someone by what authority they can do something, but they couldn't back up their references to the S.G.A. Constitution, nobody at that meeting knew which Constitution the Queen was referring to.

As the meeting dragged on, one member of the S.G.A. made a comment "out of order." As is the typical response of the unashamed, gloriously partial, ungracious president of the S.G.A. responded, and I quote, "Remember who you are talking too!" Now that comment was treated like a big joke, but it wasn't the first time such a comment was made.

In fairness to the S.G.A., various students really tried to make a positive effort towards the goal of making Suffolk a better university. For example, there is Mark Cheffro, the John Silber of the Junior Class. He asks questions once in a while and can be very blunt. In other words, you know what he means, you just hate the way he asks the questions. Another noteworthy individual making a difference in S.G.A. was Dan Jaehnig, VP of the Junior Class. He asked a lot of specific questions and really got involved in the somewhat faulty process, for example, there seems to be a major controversy over how much money the S.G.A. had carried over from last year. Dan constantly inquired about a sum of money left in a rollover account. He was met with "out of orders," or "ask the Finance Committee" or a bunch of bullshit to keep him quiet. My crew feels, as I do, that he's trying to make a difference. Unfortunately, he's got the deck stacked against him. Good luck, Dan, fighting the King and Queen of the S.G.A.!

Finally, I want all of you freshmen to pay special attention. You want to know why I blasted all of you in my first column? One simple reason. Her name is Chris Vincent, Vice President of your Class. When an issue came up about a meeting a meeting indoors in the C. Walsh Theatre, she stated, and I quote, "I second that motion, baby!"

Now, I've never met you, Chrisly, but it's comments like that that completely legitimize my commentary in my first column. Thanks for growing me right! You Freshmen should also know you have one hell of a Representative. Her name is Tammy Collins and she's fighting to learn just how the system works. I've never met her, but it's obvious she's working very hard to learn just how anything gets done around here. She's a gem and if you Freshmen do nothing else while you reside here at Suffolk, make sure that when you become Juniors, you reelect Tammy Collins. She's fighting with King Ron and Queen Lisa.

At the SGA

by Lisa Masciarelli
President, SGA

At the budget talks are in session at the State House, S.G.A. is working on the Student Activities Fee Budget. For the past three weeks Student Government has been debating on how to appropriately distribute the funds to Beacon Yearbook, Council of Presidents, Program Council and S.G.A.

While the discussions have been occurring, one point continued to recur; How do we effectively monitor the funds that are being spent?

This is a major concern not only for S.G.A. but for myself. The Finance Committee of S.G.A., along with recommendations from other clubs and organizations, students and advisors will be developing a manual of effective monitory policy and procedures. The reason for this stem from concerns that students have about their student activities fees need to be appropriate and accordingly. This is good fiscal practice for all of the clubs and organizations.

On Tuesday, November 20, the Finance Committee will be presenting an amended budget to S.G.A. to vote on. If you have any questions or concerns, please contact S.G.A. or come to the S.G.A. meeting.

The S.G.A. constitution is coming to a close. The Constitutional Revision Committee is taking final recommendations from the membership and it should be approved by S.G.A.'s last meeting of the semester on December 4.

In the coming weeks, S.G.A. will be reporting on the new Athletic Building on Cambridge Street, Class Elections for next year, the final budget tabulations and other issues.

Planning for Spring Break: Florida or Cancun

Thinking about where you’re going to spend Spring Break yet? Before you make plans, Program Council has already made some arrangements for students to spend Spring Break in Panama City Beach, Florida, or Cancun, Mexico.

Suffolk’s Spring Break will be from March 10 through March 16. Students who are interested in going to either Panama City Beach or Cancun need to make a deposit by December 14.

Panama City Beach

Panama City Beach offers you the gift of both worlds. It features the beaches and water that you expect of the Caribbean; and the partying and atmosphere and the value of Florida. Panama City Beach is 27 miles of pure white sand, crystal clear water and 100% Spring Break Paradise!

Cancun

Cancun, the HOT NEW SPRING BREAK CAPITAL OF FLORIDA. In Panama City, the prices are right and the partying and entertainment is endless. Stretching along twenty-seven miles of beautiful white-sand and Caribbean blue water, this Gulf Coast resort is fast becoming famous for its fabulous waterfront clubs.

Another reason for the incredible growth on Panama City Beach is the local attitude toward Spring Break. They love it! The beach club pool and tanning decks are crazy with contests and entertainment all day and all night long. Clubs host Volleyball contests, rent wave runners, Hobie Cats, wind surfers and fantastic entertainment.

Panama City Beach

Panama City Beach gives you the best of both worlds. It features the beaches and water that you expect of the Caribbean; and the partying and atmosphere and the value of Florida. Panama City Beach is 27 miles of pure white sand, crystal clear water and 100% Spring Break Paradise!

Things to do in Panama City Beach, Florida

Besides the non-stop action and incredible variety of watersports, there is plenty to do in Panama City. Things to do include bus tours to the famous Shipwreck Island, Striper Amusement Park / Shipwreck Island. Rated one of Florida’s Top Ten Attractions.
Career choice: Beginning a lifelong process

by Betsy McDowell, Assistant Director of Career Services

The process of choosing a career direction is one that most people will go through at least once, if not more, throughout the course of their work lives. It may even be more useful to look at this process of career choice as a cycle—a process which you will probably go through several times in your life, and which you will always be in at any given point in your career.

Outlined below are the steps of the Career Choice Process. As you look through these steps, it may be helpful to try to identify the step you are in currently. Once you have identified that step, you can examine the other steps of the cycle to see what additional knowledge or information you need to make an informed career choice.

**STEP 1—SELF-ASSESSMENT:** This is the process of identifying and defining your skills, interests and life and work values. You can do this by taking vocational tests, attending workshops and doing self-assessment exercises, and working individually with a Career Counselor.

**STEP 2—IDENTIFYING CAREER OPTIONS:** This is the stage where you gather information on several career fields and functions that are of interest to you. You try to determine if any of these fields are appropriate for further exploration (see Step 3). You use publications, annual reports and periodicals which can be found in a career resource library.

**STEP 3—EXPLORING YOUR OPTIONS AND GATHERING WORLD OF WORK INFORMATION:** This is the process of obtaining more detailed information about the options you've identified by talking to professionals in the fields that you've chosen. You will begin to compare who you are (from the self-assessment you've done) with the world of work.

**STEP 4—TESTING YOUR CHOICES:** Now you may wish to gain first hand experience in your chosen field through an internship or co-op experience.

**STEP 5—TARGETING YOUR JOB OBJECTIVE:** The time has come for you to make a final evaluation of your experience and your knowledge of self and the world of work and to formulate a clear job objective. You may wish to speak with a career counselor at this time if you are having difficulty with decision-making.

**STEP 6—PREPARING AND IMPLEMENTING THE JOB SEARCH:** Develop a strong and effective resume. Learn to write a powerful, individualized cover letter. Create a plan of action using networks, mail and phone campaigns and a wide range of resources (newspapers, headhunters, professional publications, business associations, job fairs, community agencies, etc.) for your job hunt. Prepare to interview persuasively.

**STEP 7—ASSESSING YOUR JOB SATISFACTION:** Once you are settled in your new job (it's probably important to give yourself about 6 months to be sure you are really settled in), you will naturally begin to assess your level of satisfaction there. You will be able to better analyze the new job's appropriateness because you will now have an understanding of the self-assessment and decision-making process. If the job is a positive experience, you should make note of what factors are proving to provide career satisfaction. If the job is not working out, you may need to begin the Career Choice Cycle again in order to ensure that your next career move is a positive one.

As you can see, you are somewhere in the cycle at all times. Even if you are happy in a job, you are constantly assessing your level of satisfaction with that job. And, keep in mind that this 7-step process is not necessarily always a long one. As you advance in your career, you may find that your knowledge of self and the world of work has developed so that you are able to progress through some of the steps in the cycle quite quickly.

It is important to remember that in today's highly competitive job market, employers are seeking out candidates who are focused, and clear about their job objective. Don't sell yourself short by failing to take the time to really know who you are and why YOU are the right candidate for the jobs you are seeking. Your career success depends on it, and knowing the Career Choice Cycle can help you achieve that success!!
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MARK YOUR CALENDARS...
10th Anniversary
Holiday Treelighting Ceremony
Thursday, December 6th....
Temple St./Alumni Park
5:30 p.m.
Reception to follow in Sawyer Cafe

HOLIDAY EVENTS
HOLIDAY TREELIGHTING CEREMONY
10th Anniversary
Thursday, December 6, 1990
5:30 P.M.
Temple St. / Alumni Park
Reception to follow in Sawyer Cafe

HOLIDAY RATHSKELLAR
Friday, December 7, 1990
3-6 p.m. Sawyer Cafe
Valid Suffolk ID REQUIRED
Valid proof of age required to drink

HOLIDAY PARTY
Thursday, December 20th
SHERATON BOSTON GRAND BALLROOM
9 p.m. – 1 a.m.
SUFFOLK ID OR PICTURE ID WILL BE REQUIRED TO ENTER EVENT
ONE GUEST PER STUDENT
$5.00 STUDENT / $6 GUEST
Tickets go on sale Dec. 3rd
in the Sawyer Cafeteria

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Mount Snow
When It Comes To Mountain Skiing, No One Else Is Close.
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Early each morning, the line begins forming in front of 84 Beacon Street in Boston's Back Bay and snaking around the block until well after midnight. They come by the thousands, on foot and by car, to pay respects to the place where they've seen the sights and heard the stories of what the theme song meant by a place known as the Bull & Finch Pub.

Unfortunately, some of those visiting the site have no idea that they're about to just take pictures. According to Doyle, customers often help themselves to Bull & Finch silverware, glasses, ashtrays—even the "Cheers" flag which flies in front of the building. In fact, say Doyle and Travers, they've both been offered upwards of $200 for their Bull & Finch work shirts by souvenir-hungry tourists.

For owner Tom Kershaw, the popularity of "Cheers" has had a dramatic impact on his business, which sells food and beverage sales triple since the series made its 1982 debut. In addition, Kershaw's bar sells official "Cheers" memorabilia, ranging from T-shirts to coffee mugs, which generates a whopping $7 million in annual revenue. The kind of interest consumer is not only good for the Bull & Finch—it's good for Boston.

"Boston gets a tremendous amount of exposure from 'Cheers,'" explains Massachusetts Film Board official Terry McCormick. "I'd say that 95% of our customers are tourists," Doyle observes. "They come in here looking as if they've reached the top of Mount Everest—it's really sort of a spiritual experience for them. At first, all they can do is just stand and stare, but later on, they start talking pictures of the place."

From Mary Tyler Moore's triumphant top-toss to the burning map of the Pen­ner­osa ranch, show opens get America's favorite TV series off to a running start. But since gaining fame as the interior of our bar has been considered "different." Glen, when the open was first run for the net­work, had some people actually asked me, 'Where do you keep the studio audi­tion?'

"Everybody comes in and asks, 'Where's Nora? Where's Diane? Where's 'Cheers' Water Tower?'" says he Woody-true, Travers. "Most of them are dis­pointed because the interior of our bar looks nothing like it does on television, but some people have actually asked me, 'Where do you keep the studio audi­tion?'"

Veteran employee Eddie Doyle, who's been serving up drinks and无限screws at the Bull & Finch for the last 13 years, says that the bar's clientele shift over the years, from regulars, like those portrayed by "Cheers" stars, to the bar's more recent customers who are trying to soak up some of the atmosphere—and magic—of their favorite TV show.

"We've got a tremendous amount of exposure from 'Cheers,'" says Edward Van Halen and Stevie Nicks to members of the "Cheers" cast, most notably Tom Selleck, who did some hands-on waitressing at the pub while researching her role as Carla. Eddie Doyle also remembers the sight of the city's population, which is a mix of white collar workers like Norm, govern­ment employees like Sam, professional couples like Lilith and Frasier, and young singles like Woody and Rebecca. "Like its TV counterpart, the Bull & Finch has attracted its share of celebrity visitors over the years," Doyle says. Eddie Doyle remembers the sight of the city's population, which is a mix of white collar workers like Norm, govern­ment employees like Sam, professional couples like Lilith and Frasier, and young singles like Woody and Rebecca. "Like its TV counterpart, the Bull & Finch has attracted its share of celebrity visitors over the years," Doyle says. Eddie Doyle also remembers the sight of the city's population, which is a mix of white collar workers like Norm, govern­ment employees like Sam, professional couples like Lilith and Frasier, and young singles like Woody and Rebecca. "Like its TV counterpart, the Bull & Finch has attracted its share of celebrity visitors over the years," Doyle says. Eddie Doyle also remembers the sight of the city's population, which is a mix of white collar workers like Norm, govern­ment employees like Sam, professional couples like Lilith and Frasier, and young singles like Woody and Rebecca. "Like its TV counterpart, the Bull & Finch has attracted its share of celebrity visitors over the years," Doyle says. Eddie Doyle also remembers the sight of the city's population, which is a mix of white collar workers like Norm, govern­ment employees like Sam, professional couples like Lilith and Frasier, and young singles like Woody and Rebecca. "Like its TV counterpart, the Bull & Finch has attracts its share of celebrity visitors over the years," Doyle says. Eddie Doyle also remembers the sight of the city's population, which is a mix of white collar workers like Norm, govern­ment employees like Sam, professional couples like Lilith and Frasier, and young singles like Woody and Rebecca. "Like its TV counterpart, the Bull & Finch has attracts its share of celebrity visitors over the years," Doyle says. Eddie Doyle also remembers the sight of the city's population, which is a mix of white collar workers like Norm, govern­ment employees like Sam, professional couples like Lilith and Frasier, and young singles like Woody and Rebecca. "Like its TV counterpart, the Bull & Finch has attracts its share of celebrity visitors over the years," Doyle says. Eddie Doyle also remembers the sight of the city's population, which is a mix of white collar workers like Norm, govern­ment employees like Sam, professional couples like Lilith and Frasier, and young singles like Woody and Rebecca. "Like its TV counterpart, the Bull & Finch has attracts its share of celebrity visitors over the years," Doyle says. Eddie Doyle also remembers the sight of the city's population, which is a mix of white collar workers like Norm, govern­ment employees like Sam, professional couples like Lilith and Frasier, and young singles like Woody and Rebecca. "Like its TV counterpart, the Bull & Finch has attracts its share of celebrity visitors over the years," Doyle says. Eddie Doyle also remembers the sight of the city's population, which is a mix of white collar workers like Norm, govern­ment employees like Sam, professional couples like Lilith and Frasier, and young singles like Woody and Rebecca. "Like its TV counterpart, the Bull & Finch has attracts its share of celebrity visitors over the years," Doyle says.

Although he cannot recall the origin of every photo in the open, Bryant distinctively remembers the stories behind two of them. "There's a shot of a bartender holding up a newspaper with the headline ‘We Win’ on it, which was taken when the Brooklyn Dodgers won the pennant in 1947," says Bryant. "Also, one of my favorites is the last image [three men], which was taken when the Castle/Bryan/ Johnsen open for 'Cheers,' which was the first of many high-profile title sequences that the firm has produced for shows like ‘Family Ties,’ ‘Moonlight­ing’ and ‘Street Blues,’ was not a hit with everyone."

Explains Bryant, "About a year after ‘Cheers’ went on the air, we heard that many of the producers were in trouble with the network, NBC hated it and wanted it to drop it because it was too different. Glen, John, Ken and Rhea Perlman’s comedy producers, had to fight to keep it in!"

In 1982, when Jim Burrows asked Academy Award-winning production designer Richard Sybert to do the "Cheers" set, there was only one catch: He hadn’t designed a set for a television show in 25 years. Despite that quarter­century hiatus, Sybert accepted the assignment—and earned an Emmy nomination for his work.

"I’d never been to the Bull & Finch Pub in Boston," says Bryant. "But I saw a couple of ‘Wayne’s World’ the kind of feeling that the Cheers bar needed to have. Working with two assis­tants, I completed the project in about six weeks."

Sybert points out that the set which ended up on the air differed in one significant respect from his original design. "I thought it would be interesting to put the entrance to the bar on the back stage," he explains. "I wanted to see the characters walk toward the audience. But the producers, having worked on ‘Taxi’ and so many other shows, convinced me that the entrance needed to be on stage right.

Physically the ‘Cheers’ set is 80 feet long and approximately 2.5 feet high, a bar itself, which is constructed from real wood and brass, measures 17 feet by 17 feet and is placed on a platform for easy movement during scene changes. According to Sybert, he felt ‘Cheers’ was destined for greatness from the beginning. The designer, who counts among his film credits ‘Dick Tracy,’ ‘China­town,’ ‘Who’s Afraid of Virginia Woolf?’ and ‘Reds,’ says he’s still a big ‘Cheers’ fan.

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News

SGA (continued from page 1)

SGA posed to expel a member

The Student Judiciary Review Board (S.J.R.B.) announced that it will be deliberating on the impeachment of junior representative Jason Carter. The announcement was made by Vice President of the S.G.A. Executive Board and President of the S.G.A.'s Fraternal Organization Kapelos during the regular meeting of the Student Government Association on November 13th. Kapelos stated that the S.J.R.B. would be meeting following the S.G.A. meeting and that Jason Carter was invited to speak at the meeting to explain his position.

The reason for the removal of Carter is that he is in violation of the S.G.A. attendance policy. The S.G.A. attendance policy states that the removal of an officer can be conducted via two consecutive meetings per semester which Carter freely admits that he guilty of.

"Jason has missed two consecutive meetings and they have been unexcused," said Kapelos. "It's in the constitution that, after you have missed two consecutive meetings, you are in violation of the constitution and that's what has to come before S.J.R.B."

Kapelos also said that the meeting of the S.J.R.B. would be open for any students who wished to attend could have input on the matter.

When representative Mark Cheffo asked Kapelos if she knew which article and section of the S.G.A. constitution the provision fell under, she replied, "No, not exactly."

President Lisa Masciarelli interjected and explained that the provision fell under an amendment to the S.G.A. constitution on attendance, which was approved by the S.G.A. during the fall semester of 1990. According to her, she had not been informed of the amendment by the Student Government Association requires all committees to file reports documenting their activities during the spring semester. According to John J. Dennis, Secretary of the S.G.A., the article in the constitution requiring reports "hasn't been enforced."

The finance committee is currently working on a detailed report of all fiscal aspects of the S.G.A. It is hoped by the S.G.A. members that this report will answer many of the questions that they have concerning the finances of the student government.

Dr. David G. Pfeiffer of the Public Administration Department in Suffolk University's School of Management, Dean Richard I. McDowell announced November 2.

BOSTON—Dr. David G. Pfeiffer of Boston has been appointed chairperson of the Public Administration Department in Suffolk University's School of Management, Dean Richard I. McDowell announced November 2.

A nationally recognized authority on disability issues, he is former chair of the National Implementation Advisory Committee and from 1977 to 1980 served as consultant to the White House Conference on Handicapped Individuals.

Pfeiffer has been a leader in advocating management practices and public policies enabling disabled persons to take part in business and governmental activities. He's been a member of the Suffolk faculty since 1974. He was graduated from the University of Texas at Austin with a bachelor of arts degree and received a master of arts degree from that institution as well and a Ph.D. in political science from the University of Rochester.

He also holds a master in divinity degree from the Episcopal Theological Seminary of the Southwest.

Pfeiffer received a law degree from Suffolk University after serving as an assistant professor of political science at Northeastern University and an instructor at the University of Rochester.

He was named professor at Suffolk in 1981. His teaching experience includes visiting lecturerships at Harvard School of Public Health, the Urban Affairs program at Boston University and at UMass Boston.

The line budget of $14,340. When Ron Vining was asked to comment on this he didn't know where those figures came from and said he would have to look into them. Vining was also asked about the $48,000 account. He said that he found out about that account on October 11th and informed the appropriations committee about a week later. He further stated that he found out about the account from Director of Student Activities Donna Schmidt and that he discussed it with her and the appropriations committee and that they decided that $24,000 should be taken out to supplement the budget.

Vining also stated that he had no knowledge of this account previous to this semester.

Many members wanted to vote on the additional allocations to the budgets individually. Members Tammie Cullen, Kathy Kiley, Mark Cheffo, and Dan Jaehnig wanted to do this primarily because they felt that the Beacon Yearbook deserved and needed more money.

"If people didn't want it that way, we could have removed the allocation from the committee and done each one separately...some one could have made the recommendation to remove the allocation committee," said Vining after the budgets were approved.

On November 13th that is exactly what the S.G.A., legislative body did. Led by Dan Jaehnig, the allocation of an additional $24,000 was repealed and sent back to the student council and from 1977 to 1980 served as consultant to the White House Conference on Handicapped Individuals.

He has been a leader in advocating management practices and public policies enabling disabled persons to take part in business and governmental activities. He's been a member of the Suffolk faculty since 1974. He was graduated from the University of Texas at Austin with a bachelor of arts degree and received a master of arts degree from that institution as well and a Ph.D. in political science from the University of Rochester.

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He was named professor at Suffolk in 1981. His teaching experience includes visiting lecturerships at Harvard School of Public Health, the Urban Affairs program at Boston University and at UMass Boston.

The line budget of $14,340. When Ron Vining was asked to comment on this he didn't know where those figures came from and said he would have to look into them. Vining was also asked about the $48,000 account. He said that he found out about that account on October 11th and informed the appropriations committee about a week later. He further stated that he found out about the account from Director of Student Activities Donna Schmidt and that he discussed it with her and the appropriations committee and that they decided that $24,000 should be taken out to supplement the budget.

Vining also stated that he had no knowledge of this account previous to this semester.

Many members wanted to vote on the additional allocations to the budgets individually. Members Tammie Cullen, Kathy Kiley, Mark Cheffo, and Dan Jaehnig wanted to do this primarily because they felt that the Beacon Yearbook deserved and needed more money.

"If people didn't want it that way, we could have removed the allocation from the committee and done each one separately...some one could have made the recommendation to remove the allocation committee," said Vining after the budgets were approved.

On November 13th that is exactly what the S.G.A., legislative body did. Led by Dan Jaehnig, the allocation of an additional $24,000 was repealed and sent back to the student council and from 1977 to 1980 served as consultant to the White House Conference on Handicapped Individuals.

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YAH, You! The one
reading the paper.

They do?!
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Simple....
Join the Staff!....

The Suffolk Journal
"Don't be a Turkey! Write for the Journal!"
Dr. Clare Winslow was almost one hundred percent certain that it was going to happen, and soon. Nobody would listen to her warnings. They didn’t really think that it would actually happen. After all, Dr. Winslow, seismologist for the United States Geological Survey in Los Angeles, California, had been wrong the last time—nothing had happened.

Having worked on a system for predicting major earthquakes for years, Dr. Winslow, with the aid of her team, did what she could to give advance warning. The Big One was going to hit L.A. hard and, without forewarning, hundreds of thousands of people would die. She knew very well that movement along the Park-Elysium fault which ran under the heart of the city would wreak havoc. And then, it happened.

This was the story presented to viewers of NBC last week when the network aired “The Big One.” It seems that it was aired just in time for a real “Big One” that is predicted to occur in the central Midwest on or around December 3.

December 3, it turns out, is the day one scientist has predicted a giant, destructive earthquake (the “Big One”) will happen through the central Midwest. While earthquakes are notoriously difficult to predict, many residents clearly are worried.

The countdown began when Dr. Iben Browning, a 72-year-old climatologist who lives in New Mexico, predicted there is a 50-50 chance of an earthquake of at least 7 magnitude on the Richter scale occurring along the New Madrid fault on December 3, give or take two days.

The earthquake that struck the San Francisco area last October measured 7.1. Browning focused on the increasingly unstable, 120-mile New Madrid fault, which starts in southern Illinois and continues through southeast Missouri, northwest Tennessee and northeast Arkansas. It caused two major earthquakes in 1811 and 1812. Both were stronger than 8 on the Richter scale.

More recently, tremors of 4.6 and 2.6 respectively originated on the fault on September 26 and October 30, shaking up many Missouri residents. While earthquakes in the area may not be unusual, what is unusual is how seriously Midwest residents are taking this prediction.

As a result of Browning’s forecast, at least nine school districts in Arkansas, Missouri and Kentucky are giving students December 3 and 4 off.

Those who aren’t panicking note that Browning bases his predictions on the cyclical forces of tides and gravity, which he notes, will be particularly strong for 48 hours before and after December 3.

Agnew’s group said it found no evidence to support Browning’s claim to have predicted the California quake.

“We can only infer that successes claimed before that time were retrospective, that he found after the fact that certain earthquakes occurred during times of his ‘danger periods,’” the group’s report said.

“A lot of people have looked for tidal evidence for earthquakes, but have found no consistent pattern,” Agnew added.

“I’m not betting the farm on an earthquake occurring on December 3,” said Linda Dillman, program specialist for Southeast Missouri’s Center for Earthquake Study.

But “we are due for a damaging earthquake,” she added.

Indeed, both Dillman and Agnew warn that even a balmy December 3 should not deter people from preparing for an upheaval at some point in the near future.

“The worry [people] should have is a long-term worry,” Agnew said.

If the past is any guide, that might not happen.
Aussie students compare U.S. to land "down under"

by Sandra Giannato

Because Suffolk is host to many international students, we will be featuring some of these wonderful attendants of our school in the upcoming issues of the Suffolk Journal. Hopefully, what we can learn from these students will truly benefit all of us.

Leela Nayanar is an MPA student here at Suffolk who began her studies in September, 1990.

Nayanar came to Boston from Sidney, Australia. Although she was born in Deenham, Cheshire, England, her family heritage is from East India. Back home in Sidney, where Nayanar spent the past 19 years, she is a lawyer. "This is why I decided to come to Suffolk to pursue my law degree," said Nayanar. Nayanar is in the mentor program here at Suffolk. Olivine Derridinger, a senior, is her mentor. Nayanar likes the program and said, "It's nice to have a contact here at school that you can ring-up [phone] if you need help. Also, being in the same class and the same study group with Olivine has been very helpful to me (too much) because I am able to see her every week.

"By being in the same class it gave us a chance to suffer together and get to know each other better. I would definitely advise all Suffolk students to take on a mentor. You will not only make a new friend, but also learn about a new culture, which can be very rewarding," said Derridinger.

Besides being in the mentor program, Nayanar is working in the Bellotti Learning Center tutoring students in English, History and Government. For a few hours each week she also works in the Law Library.

Nayanar thinks that American students are more enthusiastic about school than students in Australia. "I see students come to class from 7:10 p.m. and act as though they were just beginning their day. They participate in class and are very active, although many have just finished a full day's work. "Students here in the U.S. pay more tuition in public University is $250 and less than $2000 a year in a private school. This includes a Masters Degree and a Ph.D. There is a central administration for all colleges. Students apply through it and must pick a first and second choice. The Administration then places all students. Also, the marking system is different in Australia. There is no cumulative average or letter grades. All marks are based on a pass, credit distinction, and high distinction," she said.

Because Australia's summer is opposite our winter, the student's vacation is during January and February, and the school year begins on March first.

Nayanar was surprised to see students putting on make-up and applying hair-spray in the girl's room. She's just starting to get used to the large sandwiches they make in the U.S.—only one piece of meat and one piece of cheese is used to make a sandwich in Australia. Also, she must get used to the weather here in the states because the coldest weather in Australian winters—which include June, July and August—is 60 degrees.

Another student who, like Nayanar, is also from Sidney, Australia, is Carla Pasqualini. She is also in the Mentor Program and began studying here at Suffolk in September, 1990.

Pasqualini is pursuing a Liberal Arts Degree and is an English Major. She is currently studying 17th Century English, American Literature, English Literature, and Government.

Both students agree that Australia is definitely more laid-back than the United States. The most difficult thing they both encountered was the fact that "Australians drive on the wrong side of the road."

Although there are many differences between the two countries, both Nayanar and Pasqualini are truly enjoying their stay here in the U.S., as well as their studies at Suffolk.

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S.U. Hockey falls to Stonehill 75

by Doris Picarello

There are games when first periods tell the story. Tuesday night's B.U. Rams vs. Stonehill Chieftains game was one of those.

The first period was dominated by the Chieftains. They went up 4-1 on a Suffolk team that came out sluggishly and would play catch-up hockey all night.

The Chieftains' first goal by Kevin Flynn came at just 5:09 into the first period. Dan Finn and Jason Hefferman received assists.

Stonehill's second goal came only one minute and 24 seconds into the second period. Gruning scored his second and fifth goal in the second period assisted by Horan and Gold. The second goal came on a two man advantage for the Chieftains.

The first period ended for the Rams as badly as it began when Steve Morris received a minor for having hand on puck and scoring in (net). The second period will begin with a 58 second powerplay for the Chieftains.

The Rams were able to get their first goal of the night, the Chieftains scored their third goal by Paul Santuosso from Hefferman and Finn at 9:02 of the first.

Brian Gruning will put the Rams on the board with his third of the game, and scored two goals. Paul Santuosso and Jason Hefferman will receive one assist and Brian Horan will receive three assists on Gruning's goals.

Suffolk skaters ice Nichols

Suffolk's hockey team opened its season with a bang last Saturday as it whipped Nichols College 1-0. According to Suffolk coach Bill Burns, "the team experienced first game jitters" throughout most of the first period, despite an early goal by Brian Horan at 2:57 into the game. At the end of the first period, Suffolk led 1-0.

Things apparently fell into place, however, as Mike Bragen scored two goals and Matt Mansfield scored one after only a minute into the second period. Coach Burns also praised his team's "excellent defense" and said "our goaltender couldn't have been better." Suffolk's goalie, Jim Ignazio made an impressive 33 saves.

They 'put it away in the second' and added the final touches in the third, according to Burns. Horan scored two more while Jim Fitzgerald, Sean O'Driscoll and Brian Gruning each scored for Suffolk.

To further emphasize how well Suffolk played defensively, they were down two men for four penalty minutes and one man for five minutes and only gave up one goal the entire game.

When asked about the prospects for the rest of the season, Coach Burns said, "The team has a good, positive attitude. We are setting our goals high. We are looking to make the ECAC playoffs, and anything beyond that is gravy." Suffolk plays 85% of its games against other ECAC North Conference teams. The remainder are played against a few teams from the ECAC South Conference. The top six teams in the north conference usually make the ECAC playoffs.

The Rams had a two man advantage in the third, the two man advantage of the game, but once again were unable to capitalize.

The Chieftains' Scott Crowley, tight defense and the sluggish start of the Rams in the first defeated the Rams Tuesday night.

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Ski season opens in Vermont, Maine

KILLINGTON, Vermont—The Eastern ski season got off to another early start this year as central Vermont's Killington Ski Area opened for the 1990-91 season on Saturday, October 27. This early opening is traditional for Killington, having been the first Eastern ski resort to open for the season for the past 28 years. Topping that record, Killington has been the first ski area in the country to open for the past two years, opening on October 19 in 1989 and October 13 in 1988. Killington has maintained October opening dates for 16 of the past 17 years.

After testing the snowmaking system on September 17, snowmaking crews waited for cold temperatures to return to begin making snow for opening. Snowmakers took to the slopes of Killington on Thursday night, October 25, and by Saturday, when Killington officially opened, 12 to 14 inches of machine-made snow were visible on the Chieftains' Joe Santilli and Paul Santuosso in the third period.

The Rams were unable to get within less than two goals to the Chieftains. The Rams were able to keep the puck in the Chieftains' end for most of the second period, but were unable to beat Crowley. John O'Toole, Sean O'Driscoll, and Brian Horan each had great chances to score in the second, but came up empty against Crowley.

The case of the "unhinged net" may have helped to cause the demise of the Rams in the second period. Two goals were scored and two goals were disallowed because of an "unhinged net."

But, one must wonder if the "unhinged net" was intentional...there seemed to be a case of an "unhinged net" quite a bit of the second period as the Rams put the pressure on Crowley and the Chieftains defense.

The Chieftains came back in the third and scored two goals. Paul Santusosso, Jason Heffernan and Dan Finn, the second of the night, from Paul Santuosso and Jason Hefferman (assist for the night).

Sean O'Driscoll will score his first powerplay goal for the Rams at 12:41 of the third period assisted by Horan and Gold and his second powerplay goal with just two seconds left in the game from Brian Donovan.

The Rams' Jim Ignazio made big saves on the Chieftains' Joe Santilli and Paul Santuosso in the third period.

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