

Suffolk University

Digital Collections @ Suffolk

Suffolk Journal

Suffolk University Student Newspapers

1985

Suffolk Journal Vol. 40, No. 20, 4/19/1985

Suffolk Journal

Follow this and additional works at: <https://dc.suffolk.edu/journal>

Recommended Citation

Suffolk Journal, "Suffolk Journal Vol. 40, No. 20, 4/19/1985" (1985). *Suffolk Journal*. 1226.
<https://dc.suffolk.edu/journal/1226>

This Newspaper is brought to you for free and open access by the Suffolk University Student Newspapers at Digital Collections @ Suffolk. It has been accepted for inclusion in Suffolk Journal by an authorized administrator of Digital Collections @ Suffolk. For more information, please contact dct@suffolk.edu.

The Suffolk Journal

Volume 40, Number 20

SUFFOLK UNIVERSITY, BEACON HILL, BOSTON, MA / (617) 723-4700 x323

April 19, 1985

Palestinian speaks on the Middle East

by Rich Grealish

The continuing intrusion of the outside world into the Suffolk community took on controversial, not to say hostile, tones this past week.

The International Students Association of Suffolk University had invited a representative of the Palestinian Liberation Organization to speak on campus Thursday, April 11.

The announcement brought many "angry calls" to the office of Suffolk president Daniel Perlman, according to a representative of the office. The protest came from faculty, students and alumni. Despite their demand that the P.L.O. be barred from campus, the president made it clear that "...any student group is free to invite anyone to speak here..." and that this was the case in the present situation.

This would seem to flatly contradict the claim of a student in the Political Science Association that the president had been pressured by alumni into trying to stop the appearance.

Dr. Hasan Rahman is director of the Palestinian Liberation Organization national office in the United States, based in Washington, D.C. He acts as official spokesman for the P.L.O. in this country. He spoke before a full room in the Fenton Building, while outside members of Suffolk's Jewish student association, the Hillel, passed out leaflets condemning the P.L.O. and the Arab community supporting the Palestinians.

"Many political analysts," opened Rahman, "believe that the Middle East can be the start of disaster for the world," and that a potential for World War III would grow worse "unless a just settlement can be reached."

How do Palestinians view the conflict? "The conflict is one of a national-peoples' rights against the colonialist settlers. It is the rights of Palestinians against the Zionist movement."

The Palestinian people feel that their nation has been stolen from them by the British government and turned over to the Zionists.

The British in 1917 had control of Palestine as a colony and unilaterally designated that the state of Israel be formed out of Palestine. At the time Jews in Palestine owned less than 9% of the land in Palestine. Palestinians were given representation in the new government, and no consultation was made. Britain agreed to give control of the government to the Jewish community in the Sykes-Picot Act of 1917, without establishing any borders for it.

"The Zionist movement was founded at the time when there was an expansion of colonial power, especially in Europe. (The Zionists) made it clear that they would be at the service of any colonial power." And since that time, "(each) country with which they have been aligned has been a colonial power — Britain, France and now the United States."

Following the end of World War II, the Western powers realized for the first time the extent of the horrors performed by the Nazis against the Jews of Europe. This realization, according to Dr. Rahman, coupled with the problem of no Jewish homeland, led eventually to the establishment of a Jewish community in Palestine.

What is the situation today?

There are two million Palestinians living in the region. There are another two and one-half million living as refugees in Middle East nations.

dinista government, hoping to justify in their own minds the Reagan administration's proposed funding of the Contras.

"I went down there ready to defend the administration's policy," said John Volario, a self-declared conservative. "But I came back convinced it's the wrong policy."

Volario then showed the standing room only crowd in Sawyer 421 a 20 minute film (edited from about 6 hours of footage) he made of the group's trip.

After a subsequent slide show, discussions and a question and answer session, Prof. Drexler urged the audience to get involved by writing to politicians and "spreading the word" about Nicaragua.

Apparently some people remain unconvinced however. One student from the study group was the subject of an article in her local newspaper in which she described her views of Nicaragua since returning from the study trip.

As a result of that article, she has received anonymous phone calls from people accusing her of being, among other things, a Communist and a traitor.

The weeks events continues on Wednesday with a discussion of apartheid and South Africa.



One of the surest signs that spring has arrived. Fresh-cut flower stands return to Boston street corners.

"Each is denied political and human rights," said Dr. Rahman. "No democracy is a democracy if it excludes people."

"Under present circumstances, the definition of Israel as a purely Jewish state excludes Palestinians. So the issue of citizenship is a person's Jewishness. A theocracy is then in place. So you can see, our situation is parallel to that of the blacks of South Africa, who are denied political representation by the white minority."

But what of the three million Jews now living in the region?

Opening up the political process to

all peoples will stop the discrimination which the government practices now, and "apologists say that this is the destruction of Israel. This is true, but it is not the destruction of the Israeli people. It is secular democracy."

Dr. Rahman said he would like to see the region move from a state of war to a state of peace, a peace allowing Palestinians to return to their land.

For those who seek to learn about the ongoing Israeli-Palestinian conflict, Suffolk's Hillel is sponsoring the appearance of a member of the Israeli embassy on campus in rebuttal sometime before finals week.

Issues dominate International Week

by John Maddock

International Students Week was held here at Suffolk University last week but under a somewhat different format than in past years.

"This years events were different by design," said Abindu Uzoma, President of the International Students Association (ISA).

"We shortened the cultural aspect and changed the overall program to include more issue oriented events," Uzoma, a Nigerian citizen, said.

Uzoma explained that the change was made primarily in order to generate more interest among Suffolk students.

The four day event (April 9-12) began on Tuesday with a presentation by students who had journeyed to Nicaragua on a study trip led by Government Prof. Joseph Drexler during spring break.

Richard Grealish, a Suffolk student who attended the trip, introduced the presentation, which was co-sponsored by the Political Science Association, saying the group went to "see for ourselves" what the Nicaraguan situation was.

Some of the students said they went to Nicaragua very skeptical of the San-

Cassandra Bryan, a member of the South African Support Committee of Massachusetts (SASCM), spoke to a small gathering of about 15 students and faculty in Sawyer 428. The group was made up almost entirely of African students from the Suffolk community.

Bryan, explaining that apartheid means separateness, stressed the contrasting lifestyles of black and white South Africans, pointing out that in the face of apartheid white South Africans enjoy the highest standard of living in the world.

Government Prof. Judy Dushku, the International Student Faculty Advisor, was pleased with the apartheid discussion despite its low attendance.

"What developed was an extremely friendly dialogue and future of Africa," said Dushku. "That's very valuable."

On Thursday came the most controversial of the weeks events. In the first lecture of its kind at Suffolk, Dr. Husan Rahman, Director of the Palestinian Liberation Organization's (PLO) national office in Washington, D.C., spoke on the Middle East and the PLO.

Sources said that some students and administrators at Suffolk were uneasy about a PLO representative coming to the University and that Suffolk had also received phone calls from angry

alumni.

ISA President Uzoma said that arrangements were being made to invite a diplomatic representative from either the Israeli embassy or local consulate to "insure that both views are presented."

While two Suffolk Security Officers stood guard outside Fenton 603, Dr. Rahman lectured to a packed classroom on what he sees as a "Jewish, colonial movement in Palestine."

According to Dr. Rahman, the Israelis can be termed "colonial interventionists" because leaders such as Golda Mier, Shimon Peres and others weren't born in the Middle East.

Dr. Rahman said that another reason is because Israel has traditionally aligned itself with "colonial powers" like Britain and the United States.

In a very pointed and confident tone consistent throughout the more than one hour lecture, Dr. Rahman said, "People should not continue to fool themselves. If it were not for the U.S. then Israel could not survive for one minute in the Middle East."

At one point in the lecture David Chack, Suffolk's Hillel Outreach Director, stood with his infant son in his

(continued on page 2)

LETTERS TO THE EDITOR

Because of the omission of an important line, Prof. Drexler has asked us to run the letter again in its entirety. We regret the mistake.

Dear Editor:

Hats off to Rich Grealish and the Suffolk Journal for the April 5 article which accurately described much of what we observed on our trip to Nicaragua. Articles like this help to correct the enormous amount of misinformation on the situation there.

We returned from our trip just in time to hear President Reagan's latest peace plan. However, rather than being an effort to end hostilities, it represents a ploy to expand the militarism of the region.

The premise of the proposal is that the contras fighting against the government of Nicaragua are a legitimate political opposition. Opposition, yes. Legitimate, no.

Despite a well-orchestrated campaign emanating from the White House and the offices of the State Department, the C.I.A. and the Defense Department to make the contras into "freedom fighters" with valid gripes against the government, Speaker O'Neill's description of the contras as

"butchers" is more accurate. The fact remains that the bulk of the contras are comprised of former members of Somoza's national guard which with assistance from the U.S. tortured, raped, robbed and murdered the Nicaraguan people for decades. Cliches cannot alter the historical record. Miskito Indian and Popular Revolutionary Front dissidents notwithstanding, the only freedom the contras are fighting for is the freedom to restore a Somoza-style tyranny. To make peace contingent on the Nicaraguan government's negotiation of a power sharing arrangement with "La Guardia" is tantamount to asking the victorious Allies at the end of World War II to make room for the Nazis in the reconstituted governments of Western Europe.

From barefoot children in mountain villages and aging women selling grilled meats and tortillas on city streets, to small shopkeepers and intellectuals, one lasting impression we brought back with us from Nicaragua is the almost universal condemnation of the contras. While some segments, particularly the business community, are openly hostile to the government, these disagreements do not mean sup-

port for the kidnapping and killing of children, the destruction of peasant cooperatives and the burning of health clinics — all of which have been favorite targets of the contras.

The Reagan administration has also made peace contingent on new elections. The argument is that the November, 1984 elections were illegitimate — a charge that is designed to fuel the belief that the U.S. is defending democracy there. Yet in comparison with the U.S. sponsored elections in El Salvador and indeed with our own elections, the Nicaraguan elections must be viewed as a model in the exercise of pluralist democracy. Almost 94% of the voting age population (age 16 and up) registered to vote, and 75% of those registered actually voted. This compares respectively with 72% and 53% in the U.S. Moreover, rather than emulating the U.S. and opting for two-party rule, the Sandinistas ruling coalition purposely chose a system of proportional representation which would work to the advantage of smaller parties and maximize representation of the opposition in the national legislature. According to the Latin American Studies Association, a group of U.S. academicians who had been in-

vited by the Sandinistas to officially observe the elections, the main threat to Nicaraguan democracy does not stem from Sandinistas efforts to subvert the electoral process but from "an intensification of U.S.-financed counterrevolutionary activities or by continuation of the three-year old undeclared economic blockade of Nicaragua by the United States."

The Reagan administration knows full well that its proposal could never be acceptable to the Nicaraguan government. It hopes to use the rejection of the proposal to build support in Congress for funding humanitarian aid to the contras for sixty days. At the end of the two month period the remainder of \$14 million in funds will become available to intensify the ongoing slaughter and destruction.

Reasoning minds will reject this plan and ask their representatives in Congress to do likewise. No aid to the contras.

Sincerely,
Joe Drexler
Department of Government

Dear Editor:

As a new student director of Springfest '85, I am surprised to learn of the perceptions that "T.G.M." noted in a letter of April 12, 1985 regarding the production of Springfest '85. I would like to say that this production is fair and of quality precisely because of the lack of selfish individuals. "Selfish" individuals would not have made the sacrifices that the people involved in Springfest '85 have made. They would not have worked as hard, or dedicated as much time as we have to ensure that:

- everyone was made aware of this all-University celebration and provided an opportunity to submit ideas for the production. A letter was sent on February 26th to all 4,203 students of Suffolk University announcing a meeting on March

13th to "gather ideas for this year's production," along with an application. Also, an advertisement was placed in the *The Evening Voice*. (The *Suffolk Journal* was not being published at this time.)

- all ideas submitted were given proper consideration. A memorandum was issued March 15 to all who had applied regarding the ideas that were submitted at the March 13th meeting. It also included an announcement of a "jam session/brainstorming meeting" to "discuss the structure of the show, casting, directing, assignments, etc.". At this point the date for auditions (March 28) was announced.
- all applicants were provided an opportunity "to show off their creativ-

ity and talents." To my knowledge, everyone who applied and was able to make the time commitment required is in Springfest '85.

These elements do not add up to a "biased production," but rather to a Suffolk University community celebration designed, developed, and implemented not by "favorites" or a "clique," but by all.

Finally, I would like to invite the entire Suffolk community to come to Springfest '85 to see the best talent Suffolk University has to offer.

Peace,
Brenda Lee Chalifour
Associate Director of
Springfest '85

Dear Editor:

Mr. Grealish is a mere tool of the Sandinista Government. In his article in the April 5th edition of the *Journal*, he practically tells us to get the U.S. out of Nicaragua, because the residents all claim to be "happy." I'd be "happy" too if there was a threat of death if I did not repeat what I was told to... (In the article, the author said that they had all repeated the same thing... I wonder why?)

Just because a group of Suffolk students go down to the country itself by the country's invitation, doesn't mean that a liberal arts education has trained them to cut through the bull a government can dish out. I don't claim to have any answers or proof, but Mr. Grealish can't claim any, either.

Howard Roark
Suffolk Alumni

To the Class of '87,

I would like to take this opportunity to thank you for your support in the recent election. The message you gave to Mr. Sullivan was clear, that you want a change. We fell short but hopefully Mr. Sullivan got the message. If he doesn't heed the message, you can bet I'll be back.

Thank you for your support

Neil J. Petrocelli
"Neil's For Real"

The Suffolk Journal is often wearied by a lack of support.

However, the Journal staff would like to thank WFSR's DJ Lance Fisher for staying late on Thursday nights.

Fisher provides the staff with music to work by during our tedious newspaper layout.

We thank Fisher for being so considerate.

To the Editor:

I was pleased by the attitude of the articles in the April 12, 1985 edition of *The Suffolk Journal* about sexual abuse. As a victim of rape I am very aware of the guilt that accompanies the attack. To find solace in an explanation, we often blame ourselves. Society often assumes the victim invites attack and has only herself to blame. Sometimes we believe it. How wrong this is will never be fully understood.

Such abuse, even when followed by treatment and counseling, is never struck from one's memory and can

often obstruct future relationships and happiness. Adverse media coverage only fuels the fire of pain and guilt. Those articles were a much welcomed change.

It was comfort to me, and other victims I am sure, to read such an objective and non-condemning analysis.

I thank Dolores Ponte, Linda Tedeschi and *The Suffolk Journal* for such objective and supportive reporting.

Anonymous
Suffolk University
Class of '87

The Suffolk Journal

8 Ashburton Place
Boston, MA 02108
617/723-4700 x.323

Editorial Board

- | | |
|---------------------|------------------------------------|
| Editor-In-Chief | Joseph Mastandrea |
| Assistant Editor | Sandi Miller |
| News Editor | Dolores Ponte |
| Features Editor | Linda Tedeschi |
| Arts Editor | Joe Sicari |
| Music Editor | Avery Bidmead |
| Photography Editors | Rosemary Gaeta
Deborah Mackedon |
| Layout Manager | Doreen Iudica |
| Business Manager | Keith Igoe |
| Advertising Manager | Richard Grealish |
| Circulation Manager | Maria Costa |
| Faculty Adviser | Dr. Gerry Peary |

Staff: Kathy Davies, Mike DeSimone, Mary Lou Dizacamo, Joseph Fitzgerald, Regina Gillis, Emily Hegarty, Marc Johnson, Jim Connaughton.

Typesetting done by
Cool-Comp

(continued from page 1)

arms, saying that he was happy that Suffolk was attempting to present more than one viewpoint on the Middle East.

He also said he was displeased with the fact that Dr. Rahman made no mention of "the rights of the Jews to self-determination."

Finally, on Friday night, the International Students Association held a "A Night of International Excitement," in the Sawyer Cafeteria.

This final event put issues aside and brought culture, food and dance into the spotlight.

Many of the students wore the traditional clothing of their homeland while nibbling on curry chicken from

Guyana, cocktail patties from Jamaica and jolloffy rice from Nigeria.

In addition there was a disc jockey from AM radio station WILD, a Rastafarian band and a pair of belly and Brazilian dancers.

There were also certificates of award presented to international students for work done within the ISA as well as for academic achievement.

Speaking on behalf of the 200 foreign students at Suffolk, ISA President Uzoma thanked Prof. Dushku for her guidance as their faculty advisor.

"It's been my pleasure," Dushku said. "But all of you deserve the credit not me."

"I know the experience of the foreign student in America has not always been a pleasant one in the past, but I think that's changing," she said.

Campus News Notes

PROPOSED BUDGET CUTS WOULD SLASH FUNDS FOR NEEDIEST

If President Reagan's financial aid cuts become law, students from a quarter million families with incomes below \$6,000 a year would lose an average of \$1,160 each, says Allan Ostar, president of the American Association of State Colleges and Universities (AASCU).

An AASCU survey of \$5,616 students suggests 500,000 students with family incomes below the president's proposed \$25,000 aid limit, including 105,000 minority students, would lose aid.

STUDENTS' SEX ATTITUDES: MORE COMMITMENT AND MORE GUILT

U. of Northern Iowa students want more committed relationships and less casual sex, a new study shows.

Of 100 students questioned, 44 said they regretted having sex at all.

LOUISIANA LAW AND MED SCHOOL APPLICATIONS DROP

Law school applications have fallen 15 percent at Loyola of New Orleans since 1983, and five percent at Tulane with another ten percent drop possible by fall, 1985, says Susan Krinsky, Tulane's dean of admissions.

Louisiana State's medical school applications dropped to 631 this year after a ten-year average of nearly 800, adds Dr. D.J. Guidry, med school admissions director.

State educators say the glut of doctors and lawyers, and increasing costs of professional schools are discouraging many applicants, but giving others a better chance for acceptance.

(continued from page 5)

sister who you must be as good as or better; for the brother who you have to make up for; for Uncle Fitz, who has told you since you were two that you are the smartest and luckiest person in the world; for Cousin Selma, who can't wait to tell your parents, "I told you she'd amount to no good"; and of course, for your friends, who all seem to be making it.

At this stage, the weeks before graduation can be the scariest, the most depressing, the most bleak. Nothing seems to be right with your work or with the world. Maybe you haven't thought about it. Maybe you have been procrastinating all along matters concerning your future.

If you're "all stressed up with no place to go," then maybe you should step out of yourself and take a long, hard look. In order to deal with the pent-up rage of having to grow up, you have to open up. Ask yourself, "Who am I earning this degree for, anyways?" "What do I hope to accomplish, and why?" Believe it or not, these questions are all too often ignored. Faced with a shock of potential change, everything else freezes up, and hence, makes you vulnerable to everyone's warped opinion but your own. The thoughts that are your own are the first step in breaking out of the hysteria you may be experiencing, whether ventilated through anger or apathy. Uncertainty is a killer that has few rivals.

So is accepting outside help. The Counseling Center can provide you with answers to your questions, ointments for your aching insecurities and magic for your blues. It's nearby, you won't be deemed mentally unbalanced, and you pay for it with your tuition anyways. If you have any career worries, that's what your advisor is for. But you have to be ambitious enough to reach for help. Because it won't come to you, and you won't be tested on it. Welcome to the real world, kid.

AUDIT SHOWS MED SCHOOL LOANS PAY FOR CARS, DIVORCES AND VACATIONS

Health and Human Services investigators say some medical and dental students, eligible for up to \$80,000 in federal loans, used the money to buy new cars, get divorced and take vacations.

Abuses have nearly bankrupted one of the programs, Health Education Assistance Loan Program, says Inspector General Richard P. Kusserow.

WATT CRITICIZES EVERYONE IN MICHIGAN STATE SPEECH

Former Interior Secretary James Watt, now a college lecture circuit regular, scolded the press for "not being true to the facts," special interest groups for their "liberal leftist politics" and society in general for its selfishness.

Meanwhile, student protestors picketed the lecture, claiming Watt was an inappropriate speaker for the Friends of Natural Resources-sponsored event last month.

"The people in his audience are the same people he has labeled as being Nazi-like," said one protestor.

FIRST-WEEK CLASSES SERIOUS BUSINESS AT THE U. OF GEORGIA

No more sleeping-in the first week of the semester at UGA.

Under a proposed policy, students would be dropped from classes for missing the first two sessions, receive a failing grade and no tuition refund.

"We've got to do something to either get these people out of class or get them to go to class," says Registrar Bruce Shutt.

New drinking laws won't curb student "thrill-seekers"

MADISON, WI (CPS) — Students who drink and drive are stimulation-seekers who are not likely to be deterred by laws raising the minimum legal drinking age, recent research by a University of Wisconsin team suggests.

Instead of trying to curb students' adventuresome habits, counselors should help students find new ways to satisfy their need for thrills, the researchers say.

Their conclusions are based on a study comparing student drinking and driving habits with personality types, says UW psychologist Frank Farley, who along with grad student Sharon McNeely conducted the study.

They found that students most likely to drink excessively and drive tend to be extroverted risk-takers who prefer change and novelty and who are attracted to experimental lifestyles.

"These people tend to reject rules and regulations of any kind," Farley says. "Minimum-age drinking and driving laws are just creating more rules for them to reject."

Although these students are more prone to delinquency, the researchers say, they are just as likely to exhibit positive characteristics, such as creativity.

"These two forces arise from the same group of people," Farley says. "We need to get these people to transfer their interests from one to the other."

"If counselors are aware of the characteristics of extreme stimulation-seekers, they can help channel their energy into the creative potential."

To date, Farley and McNeely have surveyed only a small sample of students. They acknowledge their results may not reflect all students.

But their thesis that the need for stimulation is the key to understanding and controlling drunk driving — the largest killer of those 16 to 24 — is supported by accident statistics.

Farley says those in their late teens and early 20s have the greatest need for stimulation. The plot of traffic accidents follows the same pattern.

The theory, Farley says, explains why many accidents caused by drunk drivers involve night driving, the presence of passengers and speeding.

"Nighttime driving provides little external stimulation, making passengers more likely to divert the driver's attention," Farley explains. "All of those factors maximize the likelihood of a mistake."

Safety regulations such as seat belt laws and speed limits simply prompt the stimulation-seekers to take even bigger risks. Farley says.

Farley says he does not know whether they characteristics of thrill-seekers are genetic or acquired.

But in either case, Farley prescribes trying to channel the thrill-seekers into contact sports, the creative arts or any activity that involves intensity or uncertainty.

Bringing Government Information



Federal Depository Library Program

This program is supported by The Advertising Council and is a public service of this publication.

FOR THOSE WHOSE TOUGHEST SCHOLASTIC ACHIEVEMENT IS PAYING THE TUITION.

It takes more than just a lot of hard work to get through school these days. It takes money. More than people have on hand. So Shawmut offers several tuition loan programs like the Higher Education Loan Plan (HELP), Parent Loans for Undergraduate Students (PLUS), Equity loans and others to meet specific needs.

Get an education on how Shawmut can help you go to school. Ask for complete information. Call 1-800-SHAWMUT.



Shawmut Banks
Look to us for direction.

Members FDIC. Equal Housing Lenders.

SIDETRACKS

Addictions: a way of life for many women

by Sheila Sullivan

With the increasing complexities of contemporary life and the pressures placed on all of us, some people try to avoid dealing with their problems through addictions. These people are looking for ways of coping and caring for themselves.

Many women turn to addictions as a means of solving their problems. As behaviorists and psychologists learn more about addictive behavior, it has become apparent that women turn to addictions more often than men.

On Thursday, April 11th, The Women's Center sponsored a seminar focusing on women and addictions. Many women are addicted to food, drugs, and alcohol. Speaking on this growing problem were Gail Bennett, a current intern at Suffolk University Counseling Center, counselor Melissa Fleming and Nancy P. Hawley. Dr. Alexandra Todd was the moderator for the seminar.

Gail Bennett spoke on children of alcoholics and the effects that an alcoholic mother has on her children. She explains some unfortunate and shocking statistics: about 1/3 to 1/2 of the alcoholics in the United States are women. Over 28 million children grow up in alcoholic homes. Fortunately, there are currently 7,000 treatment centers for alcoholics in this country.

Alcoholics exhibit some noticeable traits, including excessive dependency on others, a lack of self-esteem, severe emotional immaturity and strong feelings of isolation. Many women alcoholics never feel important so they de-

pend on their friends and family for their self-esteem. These women are so emotionally immature that they consistently push aside their problems. They are unable to express either positive or negative emotions because to them, feelings are scary.

Alcoholic women feel a high level of anxiety towards others because they tend to see other people as threatening. They also feel very ambivalent towards authority. Alcoholics isolate themselves in their effort to isolate themselves.

The children of alcoholics are called scapegoats. These children will often act out and rebel because they want to steer the focus off their alcoholic parent; they want the attention for themselves because they are not receiving any from their alcoholic parent. The children of alcoholics also have the highest risk of becoming alcoholics. The children who are forced to take care of their parent often become alcoholics and surprisingly, tend to get involved with an alcoholic later in life and neglect their own feelings.

Most alcoholic women drink alone at home. There is still a stigma for women who want to go to a bar alone. Nancy Bennett asked, "Have you ever noticed that the people sitting around the bar on 'Cheers' are all men?" If women were sitting around the bar you would get a whole different picture. Women alcoholics drink alone after their children go to school. Alcohol seems to take their mind off their loneliness. For women alcoholics, drinking takes over their lives and alcohol becomes their

best friend.

Another painful addiction for women, similar in many ways to alcoholism, is food addiction. Fleming stated, "In this country Americans spend 100 million dollars on diet pills and the majority of the people who purchase the diet drugs are women." She



Speaker Gail Bennett

also explained that 90% of all American women go on at least one diet a year. This country has an unrealistic image of the ideal body for women who feel they must conform to it. Men who are overweight are not looked upon as negatively as their female counterparts are.

Some women are not overweight,

but they have strong addictions to food. They do not have the willpower to control their eating habits. Women often eat to feel something or make themselves feel good and they form a pattern of using food as an escape. Food addiction is similar to alcohol addiction because 80% of the families examined have more than one member of the family that eats compulsively.

The compulsive eater will organize their life around food. These women will often develop either anorexia or bulimia or sometimes both. Anorexia is self-starvation and bulimia involves bingeing, eating huge quantities of food and then throwing them up. Bulimics can not stop eating and at the same time feel guilty about it.

One solution for compulsive overeaters is Overeaters Anonymous. It is a self-help group that emphasizes the non-diet approach to eating. O.A. has no charge and their success rate is encouraging. Fleming said, "30% of all O.A. members have sustained or lost weight." Not surprisingly, 90% of the members are women.

"It is a good sign that women are coming out of the closet and revealing their addictions. It proves that it is really tough to be a woman," said the final speaker, Nancy Hawley, a co-author of the book, *Our Bodies, Our Selves*. She thinks that women should find a support group and work together with other women to help cure their addictions. It is important for women with addictions to know that they are not alone.

A pelvic exam is a must for all women

by Linda Tedeschi

A pelvic examination will provide both yourself and your practitioner essential information about the health of your reproductive system; yet thousands of women avoid or delay pelvic exams. Many women fear that the exam will be painful, especially if they have had uncomfortable exams in the past. Honestly, you probably won't ever relish the idea of having a pelvic exam, but it does help to know what happens during the exam and why.

Most reproductive system problems can be treated if they are detected early, so it is imperative to be realistic about health needs and put fear and embarrassment into perspective.

A gynecologic exam begins with a medical history and general physical examination. The clinician will probably record your blood pressure and weight, listen to heart and lungs, examine your thyroid glands, breasts, and abdomen, and take specimens for routine blood and urine tests.

Now, for your pelvic exam, you will be placed in what is professionally referred to as the *dorsal lithotomy position* (commonly known as the "Awkward Embarrassing Position"). You lie on your back with your feet, at the very end of the table and your legs supported in knee or foot stirrups. Your examiner will sit on a stool between your legs.

The first step in the pelvic examination is inspection of your vulva (the area around the entrance of your vagina). The examiner will check for redness, swelling, or lesions ("lesions" refers simply to any tissue abnormality). Some clinicians will examine the clitoris by pushing back the fold of skin that covers it.

Speculum Examination

Inspection of the lining of the cervix and vagina is the next step in a pelvic exam. A speculum holds the vaginal walls apart so that the examiner can see your cervix and inspect the vaginal lining. Don't fear the speculum. It is only an instrument, which comes in several sizes, that your clinician will choose one comparable with the size of your vaginal entrance. If insertion of the speculum is painful, ask your examiner to stop. She/he is able to readjust its position or switch to a smaller size.

Your examiner inspects the vaginal walls and cervix for redness, irritation, lesions, or unusual discharge. Specimens for lab tests are collected while the speculum is in place. A Pap smear specimen (a wooden or plastic spatula is scraped over cervix to remove a thin layer of cervical cells) gonorrrhea culture sample, and a wet smear preparation for diagnosing infection are often included.

Because gonorrrhea is so common and since both men and women may have gonorrrhea without symptoms, many examiners will perform this routine culture on every patient. Other examiners will perform the test only when there is reason to suspect gonorrrhea. You'll be happy and relieved to know that it doesn't even take as long to have a speculum exam as it does to read about it here.

Bimanual Examination

After lab specimens are obtained, the speculum is removed and the next step in your pelvic exam is a bimanual (both hands) exam. Most practitioners will stand up to perform a bimanual exam. Your practitioner will insert two gloved fingers of one hand into your

vagina and place the other hand on your abdomen. By pressing upward on your cervix and downward on your abdomen, she/he can feel the size, shape, consistency, and location of your ovaries and fallopian tubes. At the end of the bimanual examination, your clinician may insert one gloved finger into your rectum while the other remains in your vagina in order to evaluate the muscular wall that separates the rectum and vagina, and to detect masses or tenderness deep in your pelvis.

A pelvic exam performed on a healthy women should not be painful, but it may be uncomfortable. When the speculum is inserted it causes a strange sensation, especially if you are a virgin. You can make your examination smoother by relaxing all your pelvic muscles until the speculum is removed.

A successful bimanual exam is also much smoother if you are able to relax your abdominal muscles. Deep breathing with your mouth open helps relax these muscles. You might also try tensing all muscles purposely and then relaxing them completely.

If you have pain or tenderness, tell your examiner before, he/she will be especially gentle and thorough in that area.

Make sure to urinate just before you exam. The bladder rests above your uterus, and a full bladder can make the exam uncomfortable for you and more difficult for your clinician.

It is unlikely that your examiner will be able to tell if you have ever had intercourse. If he/she can't so much as insert a fingertip into a vagina, he/she can reasonably conclude you haven't, but most women are quite easy to examine, including "virgins."

If it is your first exam — say so! Ask

the practitioner to go slowly and explain what he/she is doing.

During any type of physical examination, a clinician should explain exactly what he/she is doing and why. This will enable us to learn about our bodies and the chance to ask questions if we are unsure about anything. If your examiner seems rushed or insensitive, consider seeking someone else. Bring a friend with you if you desire more support. With a gentle practitioner who is informative, you will be able to relax more easily during the exam.

If you need any help or require more information, drop down to the Women's Center in Ridgeway Building, room 20 (ext. 327) for a referral.

Information obtained from *My Body My Health The Concerned Woman's Book of Gynecology*.

Summer Work??? TRY TEMP!

- Clerks
- Word Processors
- Secretaries
- Accountants
- Typists
- Data Entry

Long or short-term jobs
Friday PAY • NO Fee

TOP RATES

BOSTON 357-8300
120 Tremont St.
BROOKLINE 734-7199
1330 Beacon St.
CAMBRIDGE 354-7215
1430 Mass. Ave.

Office
Specialists®

Exercise is the key to permanent weight loss

by Joseph Mastandrea

"Most of what we are routinely told about how fat is gained or lost is either wrong, misleading or meaningless . . . standard, "sensible" recommendations to change eating habits and diligently use calorie charts are also no more than elaborate folklore, expressions of faith in a world that ought to exist, but in fact does not," explain William Bennett and Joel Gurin in their book *The Dieter's Dilemma*.

For many, many years people trying to lose weight were told that the only successful way to shed the extra pounds was to eat less. The advice seemed sensible enough and most people found that it was in fact easy to diet for a short period of time, for several days, maybe a week. But then they soon start eating a little more and a little more (unable to stick to a bland, unappetizing regimen) soon finding that they weren't losing much weight.

Some not-so reputable doctors and some even less reputable laymen began pushing imaginative and often unhealthy diet plans to the American public. Even though these diets were bizarre and impossible to stick to, millions of people tried them in their vain attempts to lose weight, and continue to do so today.

Almost every other week, a new diet appears on the front pages of the "Star" and "The National Enquirer" that promises "Lose 10 pounds in 10 days." or "Eat all you want and still lose weight." Diet book authors also show up regularly on television and in magazines selling their books. With so many diets (all written by people who claim to be experts) and just as many misconceptions, it is easy for the American public to be fooled.

Who should we believe? Don't believe any of the perpetrators of those fad diets. Most doctors now agree that low-calorie dieting without exercise (and even with exercise sometimes) can be dangerous and ultimately self-defeating.

Dr. Martin Katahn writes in his book, *Beyond Diet*, "Your body has a wisdom of its own built into it as a result of some two million years of evolution during which time mankind — and what's even more important to the problems of obesity, in which woman-kind, faced periodic famines. . . . When you go on a low-calorie diet, your body doesn't understand your wish to look and feel better; it thinks you are about to starve it to death." When the body senses starvation coming on, it reduces your metabolic rate by as much as 45 percent.

Bennett and Gurin agree, "The body reacts to stringent dieting as if famine had set in within a day or two after semi-starvation begins, the metabolic machinery shifts to a cautious regimen designed to conserve the calories it already had on board." You may be eating less, but the body is also needing less to function. So instead of losing weight, your weight remains steady, or after several days of losing weight, you step on the scale to find that you have seemingly gained it all back overnight.

Unfortunately, you probably didn't lose any weight to begin with. The fluctuation in pounds can be attributed to water. Katahn says, "In the first week of such (low-calorie) diet, more than 70 percent of the load off your scale can be the result of water depletion." You could achieve the same result if you sweated it off or drank diuretic (water-draining) effective liquids as caffeinated coffees or colas.

Most low-calorie diets are nutritionally unsound and so stringent and un-

varied that most people can only follow them for a few weeks at most. Repeated low-calorie dieting (less than a 1000 calories) is self-defeating in the long run. "Repeated dieting may, then, lead to insidious weight gain after the diet is abandoned. In any case, there is no evidence that simple dieting has anything to offer the vast majority of people other than a transitory loss of weight, most of it as fat, but some as protein," Bennett and Gurin conclude.

Repeated dieting is also believed to permanently lower the body's metabolism, or setpoint. If you could eat 2000 calories a day without gaining weight, after trying repeated low-calorie dieting, you may find you can only eat 1700 or 1500 calories now without adding pounds. Your body wants to conserve energy more and more, sensing that starvation (i.e. restricted food intake) may happen again at any given time.

So what is a person to do who wants to lose weight? Exercise. Exercise not only burns calories, it raises metabolism. Scientists have recently concluded that after sessions of aerobic exercise (swimming, running, biking etc.) lasting more than 30 minutes, the metabolism stayed at an elevated rate for many hours afterwards. Your body will continue to burn calories at a slightly faster rate. This theory explains why athletes can literally gorge themselves with food and not gain weight; they are not only continuously burning off the calories, they have raised their metabolisms. (This also explains why many ex-athletes gain a lot of weight after they quit their sport. They are eating the same and exercising much less.)

For best weight-loss and overall fitness results, Katahn believes, "You need to build a capacity for forty to sixty minutes of activity because it is someplace within this period of time that a great majority of people experience the psychological and physical benefits of activity." If you do not exercise often, you must gradually build up to this level. It is important too to exercise at least four times a week and preferably six days out of seven.

So as not to become bored with a set routine, vary your exercise. You can run one day, swim another, bike on the third. Investing in home exercise equipment (exercise bikes, rowing machines, etc.) or attending aerobic dance classes can be relatively inexpensive. If you are determined and committed, joining a health club or exercise salon may be beneficial. (As always, check it out first; there are far too many rip-offs out there and it is easy to be fooled.)

"Activity is your insurance policy. . . . dieting is the surest way to increase your ability to get fat. Dieting will not work unless you are willing to continually deprive or repeatedly starve yourself," Katahn concludes.

Don't diet — but cut out the fatty, high-caloric foods that your body really doesn't want or need. And exercise — done safely and correctly, it can insure for you a lifetime of weight control and good health.

**LOSE
10 lbs.
IN
7 DAYS**

Don't believe it

Body building is for men and women

by Linda Tedeschi

After visiting bodypeople, inc. located at 66 Woodside Avenue, Winthrop, I found that working out isn't just for men anymore. bodypeople, inc. is a personalized fitness center, at which every person is treated individually, according to what they desire to achieve through exercise and weight training.

Joanne McCambell, manager of bodypeople, inc. explained, "We offer freeweights (for the more serious minded athlete) and Nautilus (for toning and shaping) but feel a combination of both is the best fitness program."

Many people feel that weight training results only in large muscles. However, this depends on the individual. A program can be created that will reduce fatty tissue and tone your muscles at the same time.

At bodypeople, inc. both men and women work out and still maintain privacy, with separate lockers, dressing rooms, and showers. In addition, there is a Jacuzzi, sauna, and steam bath. Also, offered at a nominal charge are towels, t-shirts, vitamins, and juices.

McCambell said, "Our trained instructors (including an on-staff physical therapist) will talk with you regarding your goals and then recommend a specific program. We stress a complete physical exam by your doctor before

beginning our program. You will then be given a personalized workout sheet and be closely monitored by our staff."

With the use of Nautilus equipment and the bodypeople, inc. program, one can expect the following results: increased cardiovascular ability and conditioning, increased strength, increased flexibility, increased speed of movement, increased muscle mass, reduced fatty tissue, and improved circulation.

Weight training should be supplemented by some other aerobic activity, such as running, walking, dancing, sport, or even rollerskating.

"With the three new women working here, women have been using the facilities. In fact the more experienced men, have been quite helpful to the newcomers."

In the future, bodypeople, inc. will be expanding to include room for more freeweights. Aerobics and gymnastic program will also be resumed. Upon joining one is asked to sign a general release form. The prices range from five weeks \$59; three months \$115; six months \$195; and one year \$290; Occasional specials are also offered. Convenient hours are Monday, Wednesday, and Friday 7:00 am-9:00 pm; Tuesday and Thursday 9:00 am-9:00 pm; Saturday 8:00 am-4:00 pm; and Sunday 8:00 am-1:00 pm. (Telephone (617)-846-6720).

Countdown to graduation . . .

by Sandra Miller

Hanging onto the ledge of the university by the edge of your fingernails, all you can do is look down. You don't dare look up, because then you would meet the eyes of President Perlman, who is at the moment stamping on your hands to make you let go. . . . hence, you fail to see the outstretched hands, or all the ladders, ropes and pulleys there beside you ready to haul you up. Instead, you resort to closing your eyes and hope that you wake up. . . .

Are you suffering from graduation trauma? Specifically:

Are the top digits of your fingers non-existent?

Have you forgotten to wash your hair for the third successive week?

Do you still remember your dog's name?

Is your best friend's name Jack Daniels? As a student, "college" is synonymous with the word "stress." We've fed it cookies, cultivated it with the highest quality fertilizer, made room for it in our homes and gave it its very own toothbrush. Yes, we are all familiar with it. And if you have made it up to this last semester, then you have probably dealt with it effectively enough. But in these final moments, a new strain has been created:

GRADUATION STRESS

There are only two types of students: The apathetic student, a race that floats through school with no aim but to pass and to sidestep the real world for four years only to apply for graduate school so they won't have to find a job; and the worrier, the other half. Anyone falling in between either of these sub-classes are mutants. Everyone else are people in the real world.

When one hears the word "stress," one thinks of "nervous breakdown." Actually, people don't seem to realize that stress is a very healthy tool. Do you remember every having to study for a pivotal final without yelling at someone? Ever notice that there is a certain theorem that states that the less days you sleep, the higher your grade will be

Statistically, half the people that you shared sweaty palms with in freshman year have since dropped out. And, directly or indirectly, due to stress, the second leading cause of death in the traditional students' age group is suicide. The first (which is also related to stress) is due to accidents.

A student about to graduate is perhaps taking the greatest test exam of her/his life. The pressure to pass, and especially EXCEL, has turned that mortar board that will rest on your head to lead.

Much like puberty, the children among us are, once handed that piece of paper, supposed to transform magically into responsible, successful quiche-eating yuppie adults. "For many people, graduation is the beginning of thinking, "My God, I'm not a kid anymore," said Paul Korn, associate professor of Psychological Services, who works for the University Counseling Center. "There's no more free rides . . . you have to start paying your own room and board."

Meanwhile, the student has changed their major forty times and still hopes to change it with only three weeks left from chemistry to physical education/humanities so they can get the grade they need to go to law school.

The "Honestas et Diligentia" stamped paper is not for one person, either. Realistically, the student is receiving it for their mother, so she can have something to talk about at work; for his father, whose dream of success is being lived through his son; for her Aunt Bessie, who supplied half the tuition; for the government/credit record, who supplied the other half. For the on your term paper? A student who cares about her/his GPA is going to live with some pressure.

Stress probably goes back to man's more primitive origins, when the world was wilder - tiger-eat-wolf-eat-ape days, when one had to fight for one's meals and be prepared to pump that adrenalin at a moment's crucial notice . . . well, you get the hint. Now we fight paper tigers. Such as degrees.

(continued on page 3)

ARTS

Not purrfect Cat's Eye still entertains

CAT'S EYE — An MGM/UA Release. Directed by Lewis Teague. Written by Stephen King. Starring Drew Barrymore, James Woods, Alan King, Robert Hays, Kenneth McMillan, Candy Clark and James Naughton. At the Cinema 57 and suburbs. Rated (PG-13)?

by Joseph J. Mastandrea

Though Stephen King's novels have been best-sellers, their film versions have more often been disappointing than satisfying. Though none of these films have been hailed as classics, *Carrie* and *The Dead Zone* are well-made, often brilliantly acted films. And despite their flaws *Salem's Lot*, *Creepshow* and *Firestarter* are diverting and watchable.

Cat's Eye is the latest film, adapted from Stephen King's works, in this case three short stories. Directed by Lewis Teague, who directed one of the least successful King adaptations, *Cujo*, *Cat's Eye* is easy on the mind. It is entertaining, but nothing about it is outstanding.

Cat's Eye's three stories revolve around a very mobile cat who becomes intricately involved in each of the plots. The cat gimmick is not new; it has been used several times before, most memorably in *The Uncanny*, which was more an all-out horror film than *Cat's Eye*. There are no scenes of graphic violence or bloodshed in *Cat's Eye*; it concentrates on suspense and plot twists.

The first episode stars James Woods as a man who has half-heartedly de-



Drew Barrymore and her feline friend.

cided to stop smoking. Fully knowing he can not do it alone, Woods hopes that the group of Quitters Inc. will help him. Little does he know that Quitters Inc. has an incredibly high rate of success for sadistically bizarre reasons. But Woods is trapped because once you have joined Quitters Inc. you're a member for life.

In the second story, a very rich, very

jealous gambler (Kenneth McMillan) has decided to end his faithless wife's affair with her tennis pro lover (Robert Hays) his own way. McMillan sets up the tennis pro and forces him to become involved in a very unique gambling game. If Hays loses, he will not only lose his shirt, he'll lose his life as well.

A little girl (Drew Barrymore) is men-

aced by an unknown intruder in the last episode. Barrymore invites a stray cat into her home despite strong objections from her mother (Candy Clark). Barrymore has been having nightmares and she swears she can only sleep when the cat is with her. But something killed the pet bird and Clark, of course, blames the cat. Barrymore swears it wasn't. It wasn't...

As in most episodic films, each story in *Cat's Eye* has its strengths and weaknesses. The first episode is the best acted, most original, but the shock ending (for any suspense film fan) is unfortunately routine. Woods is especially convincing, playing a very different character than he is identified with.

The turn-of-events in the second story are predictable and they take away from the overall impact. It is the weakest of the three, though some suspense is generated and McMillan has an actor's field day with his outrageous role.

Though the third episode has liberally borrowed ideas from other stories, it is the most entertaining and its unexpected plot twist is original, refreshing and totally unexpected. The special effects are interesting, but the "villain" is too *Gremlin*-like for its own good.

Cat's Eye resembles a made-for-television more than a feature film. See it at a matinee or when it comes on cable or videocassette because you may feel cheated if you spend four or five dollars to watch it. *Cat's Eye* is good but not great, interesting but at times uninspired.

Function is witty and insightful

A PRIVATE FUNCTION — A movie starring Michael Palin and Maggie Smith, playing at the Nickelodeon Cinema. Not Rated.

by Ken Doucet

A Private Function, the latest film starring Monty Python's Michael Palin, is an interesting and humorous look at the late 1940's English society and their hunger for both status and pork. The film deals with the problems of rural Englishfolk and their problems with postwar meat rationing.

Michael Palin is brilliant in his por-

trayal of Gilbert Chilvers, the wimpy but loveable town chiropodist. Throughout the movie his wife, played by Maggie Smith, tries to force her husband to seek ways to help the couple gain higher status in the community. She badgers him about their nightly dinners of Spam until finally he sees a solution to their social dilemma, when he meets Betty.

Betty is an illegal unlicensed pig that a local farmer is carefully raising for local dignitaries to serve at a royal wedding that is going to take place in the town. Gilbert is called upon to remove a splinter from the prized pig's paw. He

soon discovers the farmer's secret hiding place for the pig, and plots a way to steal her.

After apprehending Betty, Gilbert begins to have second thoughts about slaughtering her, as he becomes attached to the stolen swine. The movie has some slow moments, but mostly it is a lighthearted look at the status consciousness in all of us. The locals find themselves with the problem of finding a butcher who isn't favoring certain customers who are paying them off, or finding the right butcher to pay off. One amusing scene has one of the local butchers being turned in by an

enemy for selling horsemeat as beef, and the entire matter is treated with national security type of importance.

Michael Palin is excellent in this film as the understated Gilbert. This is quite a contrast to much of the material he

has done in the past, but the scene where he is confronted with killing Betty in his kitchen while she is having

serious digestive problems is truly outrageous. This movie is a must for any-

one who enjoys both subtle and outrageous British humor.

A few laughs in this Vacation

FRATERNITY VACATION — A New World Release. Directed by James Frawley. Written by Lindsay Harrison. Produced by Robert C. Peters. Starring Stephen Geoffreys, Sheree J. Wilson, Cameron Dye, Leigh McCloskey, Tim Robbins and John Vernon. At the Sack Beacon Hill and Suburbans. Rated (R).

by Joe Sicari

First there was *Porky's* and then came a string of teen sex comedies — some good (*My Tutor*), some horrible (*Private School*). *Fraternity Vacation* falls somewhere in the middle. Not really that bad, yet not really hysterical. What really makes this film different is its likeable cast especially the star Stephen Geoffreys.

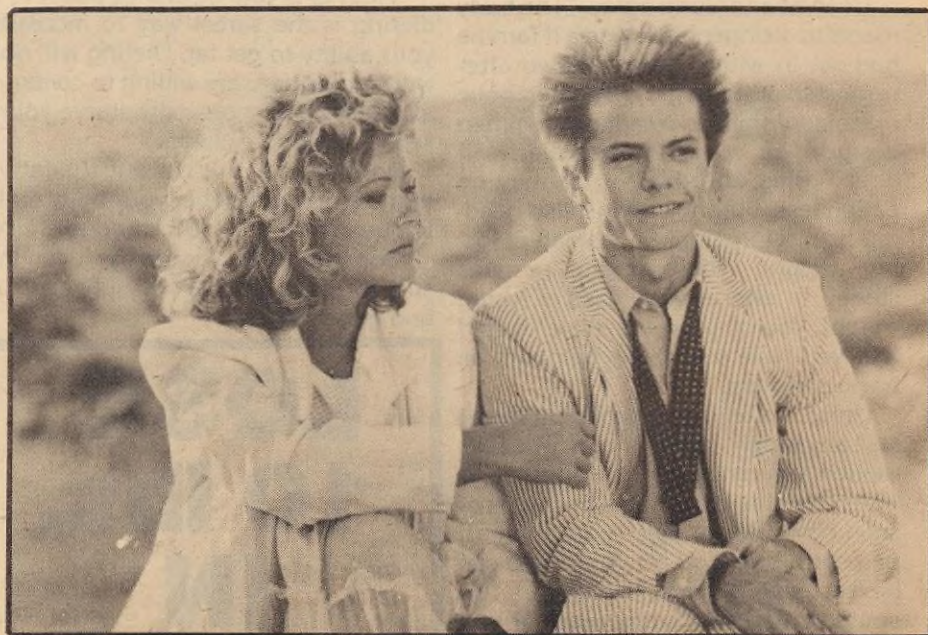
Meet nerdy Wendell Tvedt (Stephen Geoffreys) along with his fraternity brothers Bruce (Tim Robbins) and Joe (Cameron Dye) who head for Palm Springs for some fun and sun. Once there, they meet up with rival fraternity

brothers Charles Lawlor III (Leigh McCloskey) and J.C. Springer (Matt McCoy).

Joe and Charles decide to make a bet to score with Ashley (Sheree Wilson). The problem is Ashley doesn't even know they exist. At the same time, Bruce and Joe try to teach Wendell the points of how to get girls. To their surprise, Wendell picks up the first girl he meets. The only problem is the girl's father is the chief of police (John Vernon). What happens to Wendell from here on out is one mix up after another.

Director James Frawley (*The Big Bus* and *The Muppet Movie*) uses some scenic Palm Springs' locations to good advantage. Lindsay Harrison's story has some real characters for once, and the situations are amusing.

The cast really is fun to watch and Stephen Geoffreys (*Heaven Help Us*) as Wendell steals every scene he appears in.



Sheree Wilson and Stephan Geoffreys share a tender moment in *Fraternity Vacation*.

Fraternity Vacation is far from an hilarious comedy, but as far as this narrow

genre goes, it does have its share of laughs.

MUSIC

SSD plays for the last time at Suffolk

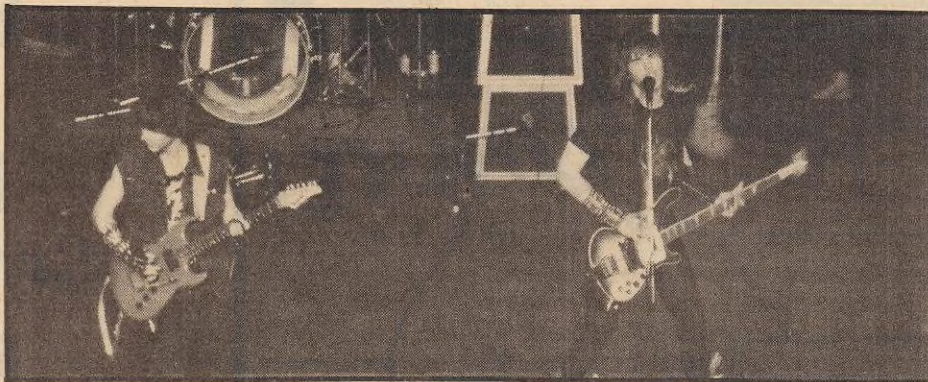
by Mike Macenzie

*"I'm not afraid to die for something
I believe in,
I'm not afraid to die."
— SS Decontrol "War Threat"*

When SSD guitarist Al Barile penned those words for their 1982 debut, "The Kids Will Have Their Say," he probably had no idea it was their music they would die for.

The end began at 7:30 p.m. on April 6 at the Suffolk University Theatre. SSD, once Boston's premiere hardcore thrash band, played for the last time before an audience of over 400 people. The show started off with Lynn's own heavy metal madman Spike Raven. Although their set was on the lengthy side, especially as they were the first band, they did show promise as an upcoming metal outfit. Some of their material is a bit uninspired, but other songs like "Armed and Dangerous" and "Metal Has No Mercy" demonstrated that Spike Raven do have writing talent, and in time, they should prove themselves as an important metal band.

At 9:00 Executioner, fronted by Suffolk's own Marc Johnson, took the stage by storm. It seemed they would be hard-pressed to live up to their eerie introduction featuring colored lights



dancing off a fog-filled stage while the soundtrack to "The Omen" droned in the background; however, they far surpassed their introduction by delivering a non-stop set off all out heavy metal. Executioner came off somewhat better than Spike Raven mainly because they had thrash-metal songs such as "Hell and Back" and "Victims of Evil" as well as slower pounding tunes like "In the Name of Metal." Also their set was not terribly long. Rather than overkilling their music, they left the audience longing for more. Overall, Executioner is the best metal unit I have seen in quite some time.

Finally, at 10:00 SSD started their set, and the crowd was with them from the first chord. SSD played their best show of the year storming through songs including "Break It Up," "On the Road," "Feel the Flame," and the title

track off their second album "Get It Away." "Get It Away" pleased the crowd the most because SSD has not performed any songs off this or their first album since the release of their third LP "How We Rock."

Not playing any of their older material has cost SSD quite a few fans as the new material is more rock oriented and therefore no longer appeals to the hardcore crowd. SSD knew that their audience clamored for Decontrol oldies, but they had too much integrity to return to punk rock. SSD had been through the hardcore scene and they realized that it was time to move in a new direction. The best way for them to go was power rock, and they did this well; however, their fans did not progress with them, and thus "How We Rock," SSD's third album, roadblocked their future.

If they were willing to give the band a chance, the fans would have found that SSD's new material is very good. I personally hated the new album initially, but I gave it a chance and I was not disappointed. The fans wanted SSD to regress, but as the song says, "I'm not afraid to die for something I believe in," and thus far the music they believe in, they died.

The promoter Marc Johnson and everyone else involved in running the show would like to thank Mr. Anderson, Ms. Plotkins, and Mr. Mendez; and we would also like to offer our utmost appreciation to officers Finucane, Caputo, O'Connor and to all of Suffolk's Security Police for their full cooperation throughout the show. Having seen the show, I would say that it was a tremendous success and I hope to see many more in the not-too-distant future.

SSD Discography

"The Kids Will Have Their Say"

1982 X-Claim! Record #1

"Get It Away" 1983 X-Claim Records #3

"Jolly Old St. Nicholas" on "A Boston Rock Christmas" 1983 Modern Method Records

"How We Rock" 1984 Modern Method Records

Note: SSD has an 11 song tape which might be released posthumously.

SPORTS

Sport scene . . .

Baseball . . . Hockey . . .

by Mike DeSimone

Red Sox third baseman Wade Boggs is off to a hot start this season, both at the plate and in the field. We all know that he can hit, but a lot of people still questioned his defensive abilities. In last Saturday's game against the White Sox, Boggs made two excellent plays off the bat of Ron (Swat) Kittle, and also made a couple of gems in the opening series with the Yankees. I can't figure out why management actually thought about trading him and putting a talented but un-proven rookie Steve Lyons in his place. . . . The Sox were also thinking of giving pinch-hitter Rick Miller his release. This would be a mistake because he is the team's only reliable man off the bench. In his first appearance of the season against the White Sox last Monday, he doubled in the ninth inning and eventually scored the tying run, sending the game into extra innings. Over the last few seasons, Miller has been amongst the league leaders in this department. He is also a solid center fielder who can fill in case of injury. . . . Going into spring training, the Philadelphia Phillies were trying to improve on their defense that ranked 11th in the National League in fielding. On opening night at home against Atlanta last season's team showed up. The Phillies committed six errors and their pitching staff allowed nine walks in a 6-0 loss to the Braves. Maybe former relief pitcher Tug McGraw was trying to tell us something while he was throwing out the ceremonial first pitch: He bounced it past catcher Ozzie Virgil. . . . Other Opening Day facts: Yankee pitcher Phil Niekro became the oldest pitcher to start on opening day at age 46, while the Mets Dwight Gooden was the youngest at 21. . . . In San Francisco, Vida Blue, given a third chance by the

Giants after being released from jail on drug possession charges, won the Giants first home opener since 1979. Blue was the starter and winner in that one, also. . . . The best part of the evening for Astro's fans in their team's opening-night loss to the Dodgers was Texas-native Stevie Ray Vaughn singing the National Anthem at the Astrodome. . . . By the time you read this, the Bruins-Canadiens series will be over, but if the B's win it'll be happy, regardless of what they do in the next round. Boston has not beaten Montreal in a playoff series since sometime around World War II. . . . Canadien rookie forward Steve Rooney, who hails from Canton, had a big day on April 13. He scored his first-ever playoff goal in Boston Garden 1:07 into the game against the team he grew up with, leading the Mabs to a 4-2 victory in game 3. Earlier in the day, he married his Canton high school sweet-heart Laura Weaffer. . . . Coming into their opening-round series against the New York Rangers, the Philadelphia Flyers had lost nine consecutive playoff games before sweeping the series. The Rangers played them tough the whole way, losing game 1 in overtime, and actually led in both games 2 and 3. In the third game at Madison Square Garden, the Rangers were leading 3-2, until Flyer center Tim Kerr scored four consecutive goals in the second period, tying an NHL playoffs record. Coming into the game, the 50-goal scorer had tallied but four times in his last 21 playoff games. . . . Bruin center Ken (the Rat) Linesman also tied a playoff record with 4 points in the second period of the B's thrilling 7-6 victory in game 4. . . . By the way, the Suffolk Athletic Department will be holding its annual awards banquet in the cafeteria on May 2.

Successful start for Suffolk's Rams

by Mike DeSimone

They haven't gotten much ink lately, but the Suffolk U. baseball team is having an exceptional season, following up on last year's first ever ECAC tournament berth. Over the holiday weekend, the Rams picked up four victories, leaving them with a 12-4 record this spring.

Last Friday, senior left fielder Joe Clancy's sacrifice fly in the tenth inning was the difference in a 7-6 win over Babson College. John Lourden sent the game into extra innings with a clutch two-run single.

Clancy has been a big surprise this season. The converted third baseman is batting .445 in the leadoff position, and is 11 out of 12 in stolen bases.

Pitcher Mike Marshall went the distance in this one, striking out six and allowing just three earned runs.

Coach Joe Walsh: "It was a game that we didn't play that well in, but we still were able to pull it out. I think that's the sign of a good team."

On Saturday, the Rams got great pitching in a double-header sweep of East Nazarene College.

In the first game, the Rams used four

consecutive singles to key a 3-run uprising that snapped a 2-2 tie into a 7-2 victory. Pitcher Gary Dinardo, a junior from Quincy, went the distance, scattering 5 hits.

In the second game junior Dan Elliot picked up his third victory of the season, allowing just 4 hits, in a 10-0 wipeout.

DH Larry Chabre and Clancy each led the attack with 3 hits and 3 RBI's apiece.

On Patriots Day, Suffolk completed their successful weekend with a 21-10 trouncing of Boston University, in what Coach Walsh, and anyone there, would describe as a "hitters day."

The Rams came out of the gate with a 5-run first inning and never looked back. Jr. John Coviello went 3 for 4, all extra-base hits. He also knocked in 4. John Lourden was another force at the plate, belting four hits and scoring four times. Freshman pitcher Steve McCormick hurled 3 1/3 innings of scoreless relief.

The Rams have a tough double-header coming up against SMU on Saturday, April 20.

SUMMER HELP

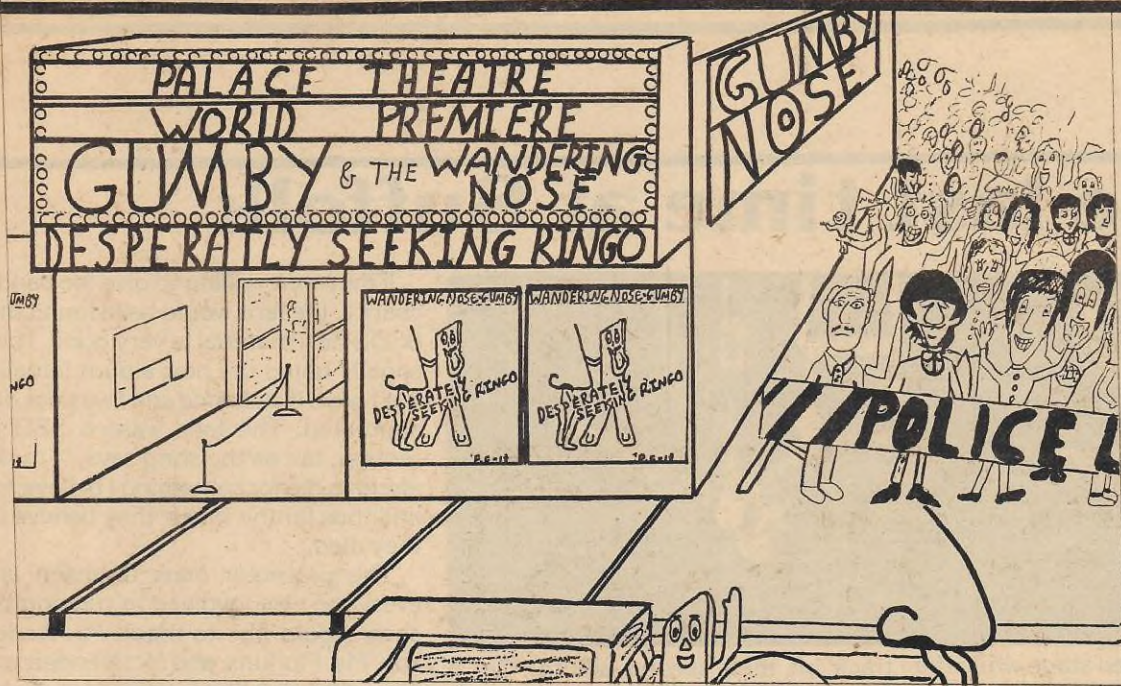
\$7.98 to start

FULL or PART-TIME
No experience required

Apply now — start after exams

Local work

call 391-2359



The Wandering Nose attends the premiere of his first motion picture.

BRUEGGER'S BAGELS

New and exciting bagel bakery
needs counter help.

Excellent pay and atmosphere.
Downtown location.

Shifts are perfect for student schedule.

32 BROMFIELD STREET

Information Link Between the Federal Government and You

- Books, journals, maps, and more
- Selections tailored to local needs
- Dynamic and constantly updated collections
- More than 1,380 locations across the U.S.A.
- Free access

For more information, contact your local library or write to the Federal Depository Library Program, Office of the Public Printer, Washington, DC 20401.

Springfest '85 presents

HAPPY BIRTHDAY, C.L.A.S.!

A 50th Anniversary Revue

A variety show with Suffolk's most talented performers saluting the 50th anniversary of the College of Liberal Arts and Sciences.

FREE ADMISSION ALL INVITED TO ATTEND

FRIDAY, APRIL 26

7 P.M. S.U. AUDITORIUM

During the show's finale, "We Are The World," contributions will be collected for U.S.A. For Africa, a non-profit organization formed to help suffering peoples in Africa and the U.S.A.

A reception sponsored by E.D.S.A. will follow in the Sawyer Cafeteria

I.D. required for the purchase of alcoholic beverages.

WANTED:

PART-TIME TYPIST

60 Words Per Min.

Afternoons Preferred

20-30 Hours Per Week

Rate: \$6.00 Per Hour

Call 742-8616

Your Year for Gold

Now
Save \$25
on 14K Gold
College Rings



Now that it's time to purchase your college ring, think about choosing the finest—a 14K gold college ring from ArtCarved.

Designed and handcrafted for lasting value, an ArtCarved 14K gold college ring is now more affordable than ever. For a limited time only, you can save \$25 on the style of your choice. Stop by to see the entire ArtCarved collection and custom options. Remember, it's your year for gold!

ARTCARVED
CLASS RINGS

April 22, 23 Mon. 10-3
Tues. 10-6 Sawyer Lobby
Date Time Place

Deposit Required. MasterCard or Visa Accepted

© 1984 ArtCarved Class Rings